

**Isabel A. Thompson, Ph.D., LMHC**  
**Associate Professor**  
**Nova Southeastern University**

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**EDUCATION**

<b>Ph.D. Counselor Education and Supervision</b> University of Florida, Gainesville, FL <i>CACREP-accredited program</i> Mental Health Counseling	August 2012
<b>M.A. Counselor Education</b> University of Central Florida, Orlando, FL <i>CACREP-accredited program</i> Mental Health Counseling	May 2006
<b>Graduate Certificate in Marriage and Family Therapy</b> University of Central Florida, Orlando, FL	May 2006
<b>B.A. Literature/Hispanic Language and Culture</b> New College of Florida, Sarasota, FL	May 2002

**LICENSES, CERTIFICATIONS, & TRAINING**

<b>Qualified Supervisor</b> State of Florida - MH#11460	March 2024
<b>CACREP Team Member</b> Council for the Accreditation of Counseling & Related Educational Programs American Counseling Association Annual Conference, Cincinnati, OH	March 2013
<b>Licensed Mental Health Counselor</b> State of Florida - MH#11460	October 2012
<b>Cultivating Emotional Balance Teacher Training Certificate</b> Santa Barbara Institute for Consciousness Studies, Phuket, Thailand	August 2010
<b>PREPARE/ENRICH Marriage Preparation and Enrichment Certificate</b> University of Central Florida, Orlando, FL	June 2005

**Yoga Teacher Training Certificate**  
Sivananda Yoga Ashram, Paradise Island, Bahamas

January 2001

### **ACADEMIC POSITIONS**

**Associate Professor**

**January 2019-present**

College of Psychology

Nova Southeastern University, Fort Lauderdale, FL

Responsibilities include scholarship and research, teaching, supervision, and service in the clinical mental health counseling program and the counseling profession. In the arena of scholarship and research, specific activities include conducting research and preparing manuscripts and other publications. Teaching responsibilities consist of teaching courses in the Department of Counseling including traditional face-to-face semester courses, hybrid weekend intensive courses, the Residential Institute for the online program, fully online courses, and supervision courses. Service responsibilities include engaging in service and leadership at the departmental, college, university, state, and national levels.

**Assistant Professor**

**August 2012-December 2018**

College of Psychology

Nova Southeastern University, Fort Lauderdale, FL

Responsibilities include conducting research, scholarly writing, teaching, supervision, and service in the mental health counseling program, and the field of Counselor Education. Serving on departmental and college-wide committees, including the admissions review committee, the curriculum committee, and the professional standings committee. Teaches traditional face-to-face semester courses, hybrid weekend intensive courses, and fully online courses.

### **GRADUATE COURSES TAUGHT**

Counseling Theories and Practice (PYCL 0502)

Research and Evaluation for Counselors (PYCL 0507)

Introduction to Counseling Techniques (PYCL 0511)

Human Growth and Development (PYCL 0512)

Human Sexuality (PYCL 0582)

Career and Lifestyle Assessment (PYCL 0631)

Social and Cultural Foundations (PYCL 632)

Group Theories and Practice (PYCL 0635)

Couples and Family Counseling Strategies (PYCL 0645)

Community Mental Health (PYCL 0660)

Case Conceptualization and Treatment Strategies (PYCL 0666)

Practicum Supervision (PYCL 0680)

Internship Supervision (PYCL 0681)

Continuing Internship Supervision (PYCL 0682)

## RESEARCH AND SCHOLARSHIP

### BOOKS

**Thompson, I. A.,** Teixeira, V. B., & Thompson, E. S. (2024). *Counseling for peripartum depression: A strengths-based approach to conceptualization and treatment*. Routledge.

### REFEREED PUBLICATIONS

Roseman-Halsband, J. L., **Thompson, I. A.,** Thompson, E. S., Hames, E. & Pandya, N. (2019). Cultivating Relationships in Medicine. *Alternative and Complementary Therapies*, 25 (5).

Rose, J. S., Kocet, M. M., **Thompson, I. A.,** Flores, M., McKinney, R., & Suprina, J. (2019). Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling's best practices in addressing conscience clause legislation in counselor education and supervision. *Journal of LGBT Issues in Counseling*, 13 (1), 2-27.  
<https://doi.org/10.1080/15538605.2019.1565800>

**Thompson, I. A.** (2019). Pregnancy and delivery. pp. 689-691. In J. Ponzetti (Ed.), *Macmillan Encyclopedia of Families, Marriages, and Intimate Relationships, Volume 2*. Macmillan.

Roseman-Halsband J. L., Winkel A. F., **Thompson I. A.,** & Carson C. (2018). Physician wellness. *Alternative and Complementary Therapies*, 24 (2).  
<https://doi.org/10.1089/act.2018.29157.jlr>.

**Thompson, I. A.,** Wolf, C. P., Mott, E., Baggs, A., Thompson, E. S., Callueng, C., & Puig, A., (2017). *Luna Yoga: A wellness program for female counselors and counselors-in-training*. *Journal of Creativity in Mental Health*, 13(2), 169-184.  
<https://doi.org/10.1080/15401383.2017.1348918>

**Thompson, I. A.,** Amatea, E. S., & Thompson, E. S. (2014). Personal and contextual predictors of mental health counselors' compassion fatigue and burnout. *Journal of Mental Health Counseling*, 36 (1), 58-77. doi:10.17744/mehc.36.1.p61m73373m4617r3

Wolf, C. P., **Thompson, I. A.,** Thompson, E. S., & Smith-Adcock, S. (2014). Refresh your mind, rejuvenate your body, renew your spirit: A pilot wellness program for counselor education. *Journal of Individual Psychology*, 70 (1), 57-75.  
doi:10.1353/jip.2014.0001

Wolf, C. P., **Thompson, I. A.**, & Smith-Adcock, S. L. (2012). Wellness in counselor preparation revisited: Promoting individual well-being. *Journal of Individual Psychology, 68* (2), 164-181.

Amatea, E. S., **Thompson, I. A.**, Rankin-Clemons, L., & Ettinger, M. L. (2010). Becoming Partners: A school-based group intervention for families of young children who are disruptive. *Journal of School Counseling, 8* (36).

## INVITED CONTRIBUTIONS

**Thompson, I. A.** (2015). Case Study 7 – I Feel Exhausted. In Herlihy, B. & Corey, G. *ACA ethical standards casebook* (7th Ed). (pp. 187-188). Alexandria, VA: American Counseling Association.

## MEDIA & INVITED INTERVIEWS

Johnson, B. (2022, October 12). Engaging with self-care awareness month on campus. Isabel A. Thompson interviewed with wellness research team on self-care for Nova Southeastern University student newspaper. *The Current*, p. 5.  
[https://nsuworks.nova.edu/nsudigital\\_newspaper/750/](https://nsuworks.nova.edu/nsudigital_newspaper/750/)

Bray, B. (2019, April). Bundle of joy? Isabel A. Thompson interviewed for her expertise on maternal mental health for an article in *Counseling Today, 61* (10), 30-35.

Shallcross, L. (2012). Where east meets west. Isabel A. Thompson interviewed about integrating eastern approaches for cover story in *Counseling Today, 55* (4), 28-27.

Shallcross, L. (2009, November). On the cutting edge. Isabel A. Thompson and colleagues' research on wellness and self-care profiled in *Counseling Today, 52* (5), 32.

## INVITED PUBLICATIONS

**Thompson, I. A.** (2017, March). Member Contribution column: What's Next? Helping Students Navigate Doctoral Degree Possibilities. *Florida Association of Counselor Education and Supervision (FACES) March Newsletter*.

**Thompson, I. A.** (2016). My body is mine, yet for a time it was yours. *Be Still 1*, (1).

**Thompson, I. A.** (2012, November). Coping with stress. *Wellness at CPS, 1* (2).

## **AD-HOC REVIEW EXPERIENCE**

Ad-hoc reviewer for manuscripts submitted to *Teaching and Supervision in Counseling*, the official journal of the Southern Association for Counselor Education and Supervision.

Ad-hoc reviewer for manuscripts submitted to *International Journal of Yoga Therapy*, a peer-reviewed journal for yoga therapists, practitioners, and professionals.

Ad-hoc reviewer for manuscripts submitted to *Mindfulness*, a peer-reviewed journal dedicated to mindfulness theory, research, and practice.

Ad-hoc reviewer for manuscripts submitted to *PLOS ONE*, a multidisciplinary peer-reviewed Open Access journal.

## **INSTRUMENT DEVELOPMENT**

Developed the *Perceived Working Conditions Scale* (PWCS) to assess counselors' perceptions of their working conditions, as part of dissertation research at the University of Florida in 2012.

**Thompson, I. A., & Thompson, E. S. (2016).** Manual for the *Perceived Working Conditions Scale* (PWCS). Unpublished manual.

## **THESIS COMMITTEE EXPERIENCE**

Cohen, T. (2024). *Internal Family Systems: A Scoping Review*. Serve as second chair on directed study, Nova Southeastern University, Fort Lauderdale, FL.  
First Chair: Donna Hillier, PsyD  
Second Chair: Isabel Thompson, PhD

Webb, K. (2017). *Mediating Variables in Occupational Stress Levels in Australian Psychologists*. Served as the external evaluator for psychology master's thesis, Charles Sturt University, Australia.

Hernandez, T. E. (2016). *Understanding the Relationship between Breastfeeding and Peripartum Depression*. Served as second chair on directed study, Nova Southeastern University, Fort Lauderdale, FL.  
First Chair: Jessica Valenzuela, PhD  
Second Chair: Isabel A. Thompson, PhD

Sincore, J. (2015). *Sexual Assault and Secondary Victimization of Female College Students: Prevalence, Risk, and Consequential Developmental Challenges*. Served as second chair on directed study, Nova Southeastern University, Fort Lauderdale, FL.  
First Chair: Ralph E. (Gene) Cash, PhD  
Second Chair: Isabel A. Thompson, P

## PROFESSIONAL PRESENTATIONS

### REFEREED NATIONAL PRESENTATIONS

**Thompson, I. A., & Karl, S.** (2025, March). *Enhancing your personal and professional self: Integrating spirituality and worldview into self-care practices*. Paper accepted for presentation at the American Counseling Association Annual Conference, Orlando, FL.

Tinstman Jones, J., Leopold, P., & **Thompson I. A.** (2025, March). *Processing and navigating trauma, grief, and loss from global conflicts and humanitarian crises*. Paper accepted for presentation at the American Counseling Association Annual Conference, Orlando, FL.

**Thompson, I. A.,** Wang, N., & Thompson, E. S. (2024, May). *Removing barriers to parental mental health: Meeting the need for counseling services during pregnancy and after birth*. Paper presented at the Association for Humanistic Counseling virtual conference.

**Thompson, I. A.,** Thompson, E. S., & Teixeira, V. B. (2022, October). *Implementing a strengths-based approach to wellness for pregnant women and new mothers*. Paper presented at the American Counseling Association 2022 Virtual Conference Experience.

**Thompson, I. A.,** Perez, A., Teixeira, V., Thompson, E. S., & Jerome, J. H. (2021, October). *Integrating maternal mental health and wellness into counselor education and supervision*. Paper presented at the Association for Counselor Education and Supervision Conference, Atlanta, GA.

Paro, C., & **Thompson, I. A.** (2017, October). *Assessing counselor dispositions: Exploring best practices in counselor education*. Roundtable presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.

**Thompson, I. A.,** Hernandez, T., & Valenzuela, J. (2017, March). *The transition to motherhood: Breastfeeding and peripartum depression*. Paper presented at the American Counseling Association Annual Conference, San Francisco, CA.

**Thompson, I. A., & Sincore, J.** (2016, April). *Sexual assault: What counselors need to know to prevent secondary victimization*. Paper presented at the American Counseling Association-Canadian Counselling and Psychotherapy Association Annual Conference, Montreal, Quebec, Canada.

**Thompson, I. A.,** Jungersen, T., & Thompson, E. S. (2015, October). *Critical incidents in teaching: A trauma-informed approach to managing student self-disclosure*. Roundtable presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

- Perez, A., Guerra, S., Grabois, B., Alvarez, J., Turcoane, C., Aronson, B. G., & **Thompson, I. A.** (2014, March). *Psycho-educational services for Nicaraguan coffee farm workers: Results of a mixed-methods exploratory study*. Paper presented at the American Counseling Association Annual Conference, Honolulu, HI. (16% acceptance rate).
- Jungersen, T., Walker, L., & **Thompson, I. A.** (2013, October). *Training counselors for work with intimate partner violence trauma*. Paper presented at the Association for Counselor Education and Supervision Conference, Denver, CO.
- Ray, S., Jungersen, T., **Thompson, I. A.** & Jones, K. D. (2013, March). *Spiritual implications of changes in DSM-5 criteria: An exploration of client impact*. Paper presented at the American Counseling Association Annual Conference, Cincinnati, OH.
- Daniels, M. H., Thompson, E. S., & **Thompson, I. A.** (2012, October). *Addressing the achievement gap: Evidence-based strategies for transforming counselors' work with poor and financially disadvantaged families*. Paper presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, UT.
- Puig, A., Baggs, A., Mixon, K. A., & **Thompson, I. A.** (2012, March). *Beyond words: Integrating creativity and mindfulness into group work*. Paper presented at the American Counseling Association Annual Conference, San Francisco, CA.
- Mixon, K. A., & **Thompson, I. A.** (2011, October). *Strength based family-school involvement approach to school counselor curriculum*. Paper presented at the Association for Counselor Education and Supervision National Conference, Nashville, TN.
- Thompson, E. S. & **Thompson, I. A.** (2011, March). *Cultivating emotional balance: A merging of eastern and western approaches to managing emotions*. Paper presented at the American Counseling Association Annual Conference, New Orleans, LA.
- Thompson, I. A.**, Wolf, C. P. & Thompson, E. S. (2010, March). *Wellness works: Quantitative and qualitative results of a wellness program provided for counseling graduate students*. Paper presented at the American Counseling Association Annual Conference, Pittsburgh, PA.
- Wolf, C. P., Mott, E., **Thompson, I. A.**, Baggs, A., & Puig, A. (2010, March). *Using yoga to improve wellness: Exploring the effects of a four-week Luna yoga program on female counselors and counselors-in-training*. Poster presented at the American Counseling Association Annual Conference, Pittsburgh, PA.
- Davis, E. S., Thompson, E. S., **Thompson, I. A.**, & Hurley, A. (2009, March). *Leading by example: The effects of a student-to-student mentoring program in counselor education*.

Paper presented at the American Counseling Association Annual Conference, Charlotte, NC.

Thompson, E. S., & **Thompson, I. A.** (2009, March). *Wellness across ethnicity and gender: What impact does a 15-week online course have on wellness, creativity and mattering?* Paper presented at the American Counseling Association Annual Conference, Charlotte, NC.

Ray, S., Robinson, E. H., Robinson, S., Hayes, B. G., Curry, J., Limberg, D., **Thompson, I. A.**, & Welsh, L. (2005, April). *Assisting school counselors in building alliances that promote best practices in character education.* Presented at the American Counseling Association Annual Conference, Atlanta, GA.

### REFEREED REGIONAL PRESENTATIONS

Kazdan, A., Spencer, M. K., & **Thompson, I. A.** (2024, March). *Working toward cultural humility: More than just the classroom.* Poster presented at the 5<sup>th</sup> CSI Florida Networking Conference, Orlando, FL.

**Thompson, I. A.**, Thompson, E. S., & Talbott, C. (2019, October). *Burnout prevention for counselors in training.* Paper presented at the Florida Counseling Association Annual Convention, Tampa, FL.

Paro, C., **Thompson, I. A.**, Coleman, K., & Silva, J. (2017, October). *Using a mindfulness approach with unsheltered individuals: Current trends, lessons learned, and implications for counselors.* Poster presented at the Florida Counseling Association Annual Convention, Orlando, FL.

**Thompson, I. A.**, Clemons, L., & Ettinger, R. (2009, November). *Family-school stories: Results from a school-based family intervention.* Paper presented at the Florida Counseling Association Convention, Miami, FL.

**Thompson, I. A.**, Thompson, E. S., & Wolf, C. P. (2008, November). *Wellness works: Self-care strategies for counselors.* Paper presented at the Florida Counseling Association Annual Conference, Daytona Beach, FL.

Thompson, E. S., **Thompson, I. A.**, & Limberg, D. (2005, May). *Counselor self-care, leisure and flow.* Paper presented at the Counselor Institute for School and Mental Health Counseling. University of Central Florida, Orlando, FL.

Robinson, E. H., & **Thompson, I. A.** (2004, June). *Ethical caring and natural caring: An imperative for the schools.* Paper presented at the Consortium for Social Responsibility and Character in Education Conference, University of Central Florida, Orlando, FL.



## REFEREED LOCAL PRESENTATIONS

Petion, A. R., Hyun, J. H, **Thompson, I. A.**, & Leopold, P.J. (2024, April). *Faculty's professional development on DEI through a book club*. Presented at Nova Southeastern University's Diversity Summit.

## INVITED PRESENTATIONS

**Thompson, I. A.**, & Wang, N. (2023, November). *Impostor Syndrome*. Continuing education presentation for the NSU Department of Physical Therapy's Alumni/Community Partners Day.

Leopold, P.J., **Thompson, I. A.**, & Tintzman-Jones, J. (2023, October). *Global conflict & humanitarian crisis webinar*. Presented at Nova Southeastern University's Department of Counseling Student Center.

**Thompson, I A.**, & Cesaire, A. (2023, June). *Losing your expected parenting journey*. A psychoeducational presentation for parents with infants in the NICU, Tiny Tots in Transition to Home Program at HCA Florida University Hospital, Davie, FL.

Thompson, E. S., & **Thompson, I. A.** (2023, May). *Psychology of testing*. Presentation for Nova Southeastern University's physical therapy doctoral program students.

**Thompson, I. A.**, Cesaire, A., & Cabaleiro, I. (2023, March). *Losing your expected parenting journey*. A psychoeducational presentation for parents with infants in the NICU, Tiny Tots in Transition to Home Program at HCA Florida University Hospital, Davie, FL.

**Thompson, I. A.** (2022, October). *Losing your expected parenting journey*. A psychoeducational presentation for parents with infants in the NICU, Tiny Tots in Transition to Home Program at HCA Florida University Hospital, Davie, FL.

**Thompson, I. A.**, & Thompson, E. S. (2021, October). *Mindfulness and self-reflection for well-being*. Presented for Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine, for the NSU COM Wellness Lunch Series for faculty and staff, Fort Lauderdale, FL.

Thompson, E. S., & **Thompson, I. A.** (2021, July). Presented on Wellness for the AIM High Camp, a program of Community Education and Lifelong Learning at Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine.

- Thompson, E. S., **Thompson, I. A.**, Uribe, C., & Ivey, C. (2020, November). *Working with clients to cultivate life balance through mindfulness-based self-care*. Continuing Education presentation presented through Nova Southeastern University's College of Psychology.
- Thompson, I. A.**, Thompson, E. S., Ivey, C., & Uribe, C. (2020, September). *Contemplative approaches to self-care for healthcare professionals*. Presented for Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine, for the NSU COM Wellness Lunch Series for faculty and staff, Fort Lauderdale, FL.
- Thompson, E. S., & **Thompson, I. A.** (2018, July). *Mindfulness and wellness*. Presented for Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine, for the NSU COM Wellness Lunch Series for faculty and staff, Fort Lauderdale, FL.
- Thompson, I. A.**, & Thompson, E. S. (2017, June). *Mindfulness, relaxation, and wellness*. Three experiential sessions presented at the Association for the Advancement of International Education/International School Counselors Association - AAIE/ISCA International Counseling Institute, hosted at Nova Southeastern University, Fort Lauderdale, FL.
- Thompson, I. A.** (2017, March). *Mindfulness in medicine*. Presented for Nova Southeastern University's College of Osteopathic Medicine Humanism in Medicine class, Fort Lauderdale, FL.
- Thompson, I. A.** (2016, April). *Mindfulness: An introduction*. Presented for Nova Southeastern University's College of Osteopathic Medicine panel on Integrative Medicine, Fort Lauderdale, FL.
- Thompson, I. A.** (2016, January). *Mindfulness: An overview*. Presented for the Faculty Wellness Series of Nova Southeastern University's Division of Integrative Medicine, Fort Lauderdale, FL.
- Thompson, I. A.** (2014, March). *Burnout prevention*. Presented for the Counseling Student Organization Specialty Speaker Series at Nova Southeastern University, Fort Lauderdale, FL.
- Thompson, I. A.** (2011, April). *Counselor self-care: A contemplative approach for developing mental balance*. Presented at the Chi Sigma Iota Beta Chapter Professional Development and Leadership Day, University of Florida, Gainesville, FL.
- Thompson, I. A.**, & Thompson, E. S. (2008, April). *On the spot self-care: Simple wellness strategies for counselors*. Paper presented to Chi Sigma Iota Beta Chapter's Professional Development and Leadership Conference, University of Florida, Gainesville, FL.

## WEBINARS

- Thompson, I. A.**, & Wang, N. (2024, May). *Managing fear and anxiety of childbirth and parenthood*. Webinar presented for the March of Dimes.
- Thompson, E. S., **Thompson, I. A.**, Ivey, C., & Uribe, C. (2021, April). *Self-Care isn't selfish: What research and experience say about helping others*. Shark Chat webinar presented for Nova Southeastern University community and general public.
- Thompson, E. S., & **Thompson, I. A.** (2015, April). *Wellness strategies, burnout prevention, & mindfulness - Part 1*. Webinar presented for the Military Families Learning Network
- Baggs, A. S., & **Thompson, I. A.** (2015, April). *Wellness strategies, burnout prevention, & mindfulness – Part 2*. Webinar presented for the Military Families Learning Network.

## WORKSHOPS AND TRAININGS

- Thompson, E. S., **Thompson, I. A.**, & Banks, J. B. (2019, December). *Mindfulness for self-Care: An everyday practice for the helping and healing professions*. Training presented at Nova Southeastern University as part of the Mindful South Florida educational events.
- Thompson, I. A.** (2017, September). *Mindfulness: An introduction*. Training presented for the Counseling Student Organization at Nova Southeastern University, Fort Lauderdale, FL.
- Thompson, I. A.** (2012, October). *Caring for the self: Self-care as relationship building*. Training presented to the School for Humanities and Social Sciences Faculty, Nova Southeastern University, Fort Lauderdale, FL.
- Locascio, A. S., & **Thompson, I. A.** (2012, June). *Focus matters*. A training presented to Head Start Program teachers of Alachua County, FL.
- Thompson, I. A.**, Shader, K., Lenex, E., Rechtman, R. P., Mixon, K. A., & Puig, A. (2012, April). *Encourage creativity and healing retreat*. Day-long retreat offered to counseling students and community members at the University of Florida. Gainesville, FL.

## GRANTS

- Thompson, E. S., **Thompson, I. A.**, & Valley-Gray, S. (2019). Burnout prevention wellness programs in clinical training preservice experiences. President's Faculty Research Development Grant. Role: Co-Principal Investigator. Amount: \$3,000.
- Paro, C., **Thompson, I. A.**, & Kanzki-Veloso, E. (2018). Using a mindfulness approach with unsheltered individuals. Funded by Nova Southeastern University's College of Psychology. Role: Principal Investigator. Amount: \$3,140.

Wolf, C. P., Mott, E., **Thompson, I. A.**, & Baggs, A. (2009). Using yoga to improve wellness: Exploring the effects of a four-week Luna yoga program on female counselors and counselors-in-training. Funded by Chi Sigma Iota & the University of Florida Center for Spirituality and Health. Role: Co-investigator. Amount: \$680.

Davis, E. S., Thompson, E. S., **Thompson, I. A.**, & Hurley A. (2008). Leading by example: The effects of a student-to-student mentoring program in counselor education. Funded by Chi Sigma Iota. Role: Co-Investigator. Amount: \$400.

Wolf, C.P., **Thompson, I. A.**, & Thompson, E. S. (2008). Refresh your mind, rejuvenate your body, renew your spirit: A wellness program for future counselors. Funded by Chi Sigma Iota. Role: Co-Investigator. Amount: \$500.

Thompson, E. S. & **Thompson, I. A.** (2008). Wellness across ethnicity and gender: What impact does a 15-week online course have on undergraduate wellness, creativity, and perceived mattering? Funded by Chi Sigma Iota. Role: Co-Investigator. Amount: \$600.

## **GRANT PROPOSALS**

Hyun, J. H, **Thompson, I. A.**, Petion, A. R., & Leopold, P.J. (2024). *Wellness of Counselors in Training: Self-care Skills for Ethical Practice*. Grant proposal submitted for consideration for the President's Faculty & Research Development Grant Role: Co-Principal Investigator. Unfunded.

**Thompson, I. A.**, & Karl (Ray), S. (2016). The impact of therapist model of therapy on burnout and compassion fatigue. Submitted for consideration for the President's Faculty & Research Development Grant (fiscal year 2017), Nova Southeastern University. Role: Principle Investigator. Unfunded.

**Thompson, I. A.**, Hibel, J., & Ray, S. (2013). The impact of therapist model on the need for self-care: A mixed methods study. Submitted for consideration for the President's Faculty Research & Development Grant (fiscal year 2014), Nova Southeastern University. Role: Principle Investigator. Unfunded.

## **PROFESSIONAL SERVICE**

### **Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)**

#### **State Divisions Committee Co-Chair (2019-present)**

Duties include co-leading the Divisions Committee, serving as a liaison between state and national leadership, developing a strategy to enhance communication between ASERVIC state and national leadership, compiling state reports, and providing guidance to states that are interested in developing an ASERVIC state division.

**ASERVIC Secretary (2016-2019)**

Duties included serving on the national ASERVIC board, attending all virtual and face-to-face board meetings, completing the meeting minutes for virtual and face-to-face ASERVIC Board meetings, and writing official ASERVIC correspondence as assigned by the ASERVIC President.

***ASERVIC/ALGBTIC Joint Taskforce on the Ethical Implications of Working with Sexual and Affectional Minorities (2016-2017)***

Served as a member on the Association for Spiritual, Ethical and Religious Values in Counseling and Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling Taskforce. Duties include participating in regular videoconference meetings to discuss current issues of inclusion, diversity, spirituality and religion as they effect the LGBTQ+ community. Serve as an author on a position paper to help counselors, counselor educators, and counseling supervisors effectively and ethically address state-level 'conscious clause' legislation.

**ASERVIC Conference Presentation Reviewer (2017)**

Duties included reviewing conference presentation proposals according to rubric for assessing proposal quality.

**ASERVIC Listserv moderator (January 2013-October 2016)**

Duties included managing listserv membership, moderate listserv content, resolve any technical problems, add new members to the listserv.

**American Counseling Association (ACA)**

**ACA Conference Presentation Proposal Reviewer (2013, 2017, 2018)**

Reviewed and rated conference presentation proposals as assigned by American Counseling Association Conference organizers.

**Florida Counseling Association (FCA)**

**FCA Ethics Committee Member (2020)**

Assisted with ethical questions that FCA members submit to the committee.

**Chi Sigma Iota International Honor Society, Beta Chapter, University of Florida**

**Co-chair Professional Development Committee (Spring 2008)**

Organized professional development conference, including reviewing presentation proposals and creating the conference schedule.

**Treasurer (2008-2009)**

Served as a board member and handled all fiduciary matters for CSI-Beta Chapter for term of service.

## **PROFESSIONAL MEMBERSHIPS**

American Counseling Association (2004-present)  
Association for Counselor Education and Supervision (2008-present)  
Association for Humanistic Counseling (2024-present)  
Southern Association for Counselor Education and Supervision (2008-present)  
Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (2018-present)  
Association for Spiritual, Ethical, and Religious Values in Counseling (2008-present)  
Florida Counseling Association (2004-present)  
Florida Association of Counselor Education and Supervision (2016-2018)  
Florida Association for Spiritual, Ethical, and Religious Values in Counseling (2016-present)  
Chi Sigma Iota International Honor Society, Beta Chapter, University of Florida (2008-2012)

## **COMMUNITY SERVICE**

### **Tiny Tots in Transitions Program (July 2022 – present)**

Collaborating with faculty from the NSU College of Healthcare Sciences and other colleges to develop programs to meet the needs of parents with infants in the Neonatal Intensive Care Unit at HCA Florida University Hospital. Serving as a provider of counseling-related parent education programs for parents who have infants in the NICU.

## **COLLEGE OF PSYCHOLOGY SERVICE**

### **Sabbatical Review Committee**

#### **Committee member (October - November 2022)**

Review applications for sabbatical from College of Psychology faculty who applied for sabbatical and committee provided rank recommendations to the Dean's office.

### **Professional Standings Committee**

#### **Committee Member (August 2017 - present)**

Duties include serving on the College of Psychology's committee to review student academic and behavioral issues pertaining to their professional standing in their program of study.

### **Continuing Contract/Promotions Committee**

#### **Committee Member (January 2019-May 2019; September 2020-December 2020)**

Duties include reviewing faculty documentation related to teaching, research, and service; providing recommendations to the committee; and preparing documentation regarding continuing contract/promotion recommendations.

### **College of Psychology Online Programs Taskforce**

#### **Committee Member (January 2017 – December 2017)**

Duties include attending taskforce meetings, reviewing current practices and instructional design across online programs, contributing to the development of best practice guidelines for online program delivery across programs in the College of Psychology.

## **DEPARTMENT OF COUNSELING SERVICE**

### **Counseling Student Organization**

#### **Faculty Co-Adviser (August 2016 – August 2020)**

Duties include providing guidance and support to student leaders and the board members of the Counseling Student Organization. Developing a service agenda for the year in concert with the board and the co-advisor. Co-lead, organized and coordinated the following events:

American Foundation for Suicide Prevent Walk, November 2017

Thanksgiving food drive, November 2017

Practicum and Alumni Panel, March 2018

Co-lead collaboration and service with the Saint Laurence Chapel and Shelter to provide a mindfulness-based workshop for participants and conduct a qualitative research study.

### **Student Review and Retention Committee**

#### **Committee Chair (September 2019-May 2020)**

#### **Committee Co-Chair (September 2023-present)**

#### **Committee Member (September 2022-May 2023)**

Duties include developing recommendations for Department of Counseling policy and procedures for student remediation that extend beyond the parameters of an academic or clinical course and providing support to faculty for the annual review of students.

### **Department of Counseling Full-time Faculty Search Committee**

#### **Committee member (August 2016 – May 2018; August 2020-May 2020)**

Duties include reviewing application materials as assigned, aiding in the development of interview schedules for candidate full-day interviews, serving as the onsite coordinator as scheduled, contacting references as assigned, interviewing candidates via phone, videoconferencing, and in person, as well as voting on final selections. This committee was actively searching for five (5) simultaneous searches for fall 2017 and six (6) simultaneous searches for fall 2018, and three (3) for the following year.

### **Department of Counseling Full-time Faculty Search Committee**

#### **Onsite Coordinator (January 2017 – May 2018)**

Duties include greeting the candidate, hosting the candidate throughout the day, introducing the candidate for their colloquium presentation and trouble-shooting any problems that arise for three (3) full-day interviews in 2017 and seven (7) full-day interviews in 2018.

### **Residential Institute Committee**

#### **Committee Chair (February 2018 – May 2019)**

Duties include leading committee meetings and establishing task goals for developing the curriculum and syllabus for the Residential Institute as part of PYCL 511 Techniques of Counseling for the online program.

**Diversity, Equity, Inclusion, Belonging and Wellness Committee (September 2021-May 2022; September 2023-present)**

Duties as committee member include providing recommendations for and facilitating policy development, training opportunities for faculty and students, and institutional/program evaluation efforts in alignment with the Department of Counseling's aspirational values.

**Master's Program Admissions Committee  
Committee Member (August 2013 – present)**

Duties include reviewing admissions applications on an ongoing basis according to admissions standards.

**Master's Program Readmissions Committee  
Committee Member (March 2018 - present)**

Review readmission application files on an ongoing basis.

**Master's Program Curriculum Committee  
Committee Member (August 2013 – May 2017; August 2018 – May 2019; September 2022-Dec 2022)**

Duties include aiding in the review of the mental health and school counseling programs, including creating key performance indicators for the curriculum in alignment with national standards, reviewing existing literature and instruments to assess counselor dispositions, and developing a dispositional assessment for use at Nova Southeastern University with a sub-committee.

**Admissions Task Group  
Committee Member (September 2022 – May 2023)**

Developing recommendations for revised admissions review protocols in collaboration with the Department Chair and Offices of Admissions and Recruitment.

**Faculty Content Lead**

Serve/served as faculty content lead for the following courses:

**PYCL 666 – Case Conceptualization and Treatment Planning (August 2024-present)**

**PYCL 631 – Career and Lifestyle Assessment (January 2017 – May 2019; January 2021-August 2021)**

**PYCL 511 – Techniques of Counseling (January 2017-August 2022)**

**PYCL 660 – Community Mental Health (May 2019-August 2020; September 2022-August 2023)**

**PYCL 660 – Case Conceptualization and Treatment Planning (September 2023-present)**

Aid in curriculum review, development of Key Performance Indicators, mentor to new faculty members, provide consultation to adjunct faculty at all stages of the educational process, including book selection, syllabus development, as well as issues that arise throughout the term.



## PROFESSIONAL EXPERIENCE

**Doctoral Level Teaching Assistant** January 2009-April 2010  
Counselor Education Program  
College of Education  
University of Florida

- Group Supervision in School Counseling (SDS 7820)
- Developmental Counseling over the Lifespan (MHS6480)
- Family-School Intervention (SDS 6938)

**Graduate Assistant Instructor** August 2011- May 2012  
Educational Psychology Program  
University of Florida, Gainesville, FL

- Human Growth and Development (EDF 3110)

**Graduate Assistant Instructor** August 2008-December 2011  
Counselor Education Program  
University of Florida, Gainesville, FL

- Mindful Living: A Course on Spirituality for Everyday Life (MHS 3930)
- Stress and Anxiety Management (SDS 3482)

**Assistant Admissions Coordinator** May 2009-June 2010  
Counselor Education Program  
University of Florida, Gainesville, FL

**Doctoral Research Assistant** August 2007- May 2009  
Counselor Education Program  
University of Florida, Gainesville, FL

## CLINICAL SUPERVISION EXPERIENCE

**Group and Triadic Supervisor** January 2013-present  
Mental Health Counseling Program  
College of Psychology  
Nova Southeastern University

**Individual and Triadic Supervisor** August 2008 - May 2011  
Counselor Education Program  
University of Florida, Gainesville, FL

**Group Supervisor**

Counselor Education Program  
University of Florida, Gainesville, FL

January-April 2010

**CLINICAL EXPERIENCE**

**Counselor**

LCS Integrative Counseling & Consulting, Gainesville, FL

May 2010-Aug 2012

**Counselor/Case Manager**

Drug Free Communities Support Program  
CDS Family and Behavioral Health Services, Inc., Gainesville, FL

February - December 2007

**Student Services Specialist**

Oak Park School/Community Education Partners, Pinellas Park, FL

February 2006 – January 2007

**Counselor Intern**

Community Education Partners, Orlando, FL

August 2005- January 2006

**Counselor Intern**

Marriage and Family Research Institute  
University of Central Florida, Orlando, FL

May –August 2005

**OTHER PROFESSIONAL EXPERIENCE**

**Yoga Instructor**

Counselor Education Wellness Program, University of Florida

October 2009-March 2010

**Yoga Instructor**

Wellness Research Center  
University of Central Florida, Orlando, FL

January-April 2005

**Graduate Research Associate**

University of Central Florida, Orlando, FL

August 2003 – April 2005

**Accreditation Researcher**

Writing Resource Center  
New College of Florida, Sarasota, FL

May- July 2003

May-July 2002

## **HONORS AND RECOGNITION**

Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)  
Service Award - Secretary 2016-2019

Faculty Greeter, Nova Southeastern University Commencement Ceremony, June 2018

Faculty Marshall, Nova Southeastern University Commencement Ceremony, June 2017

Nominee for the Glen E. Hubele National Graduate Student Award, October 2012  
American Counseling Association

Thompson, I. A. (2011, October). Travel grant for ACES Conference Presentation: Strength based family-school involvement approach to school counselor curriculum. Funded by the Graduate Student Union Counsel, University of Florida. Amount \$250.

University of Florida Alumni Pre-Doctoral Fellowship, August 2007- August 2011  
College of Education, University of Florida, Gainesville, FL

Nominee for University of Florida Distinguished Faculty Award, April 2011  
University of Florida, Gainesville, FL

Robert O. Stripling Scholarship, April 2011  
Future Counselor Educator & Contributor to the Field  
College of Education, University of Florida, Gainesville, FL

Outstanding Doctoral Student Award, 2010  
Chi Sigma Iota, Beta Chapter, University of Florida, Gainesville, FL

David and Brian Marshall Memorial Scholarship, 2010  
Counselor Education Program, University of Florida, Gainesville, FL

Thompson, I. A. (2010, March). First Author Travel Grant for ACA presentation. Funded by the University of Florida School of Human Development and Organizational Studies in Education. Amount \$500.