

---

## CURRICULUM VITA

---

**Jessica L. Tinstman Jones, Ph.D., NCC, RMHCI**

Email: [Jessica.TinstmanJones@nova.edu](mailto:Jessica.TinstmanJones@nova.edu)

Phone: (954) 262-5606

---

### EDUCATION

---

May 2021

**Doctor of Philosophy (Ph.D.) in Education**

Counselor Education and Supervision (*CACREP accredited*)

University of Central Florida

Department of Counselor Education & School Psychology

Dissertation Title: *The Predictability of Children of Military Families' Levels of Resilience, Help-Seeking Attitudes, and Caregiver Relationships to Their Suicidality Scores Using Structural Equation Modeling*

Dissertation Chairs: Glenn W. Lambie, Ph.D.; Laurie O. Campbell, Ed.D.

December 2017

**Specialist of Education (Ed.S.) and Master of Education (M.Ed.)**

Counselor Education and Supervision (*CACREP accredited*)

University of Florida, Gainesville, Florida

Department of Educational & Human Sciences

Academic Advisor: Kristina DePue, PhD

May 2015

**Bachelor of Science (B.S.) and Bachelor of Art (B.A.)**

Majors: Psychology and Sociology

Minor: Educational Studies

University of Florida

College of Liberal Arts and Sciences

---

### PROFESSIONAL CREDENTIALS AND CERTIFICATES

---

**National Certified Counselor (NCC)**

*Effective Feb. 2022 – Feb. 2027*

**National Board of Certified Counselors (NBCC)**

Certification ID: 1644440

**Registered Mental Health Counselor Intern (RMHC-I)**

*Effective Sep. 2022 – Sep. 2027*

**Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling**

Intern License Number: IMH23013

**Disaster Mental Health Counseling**

*Effective March 2022*

*(Completed 31-Hour Credential Course)*

**Mental Health Academy**

Certificate Number: vEnG8

**Working with Trauma: Interventions That Foster Resilience**

*Effective September 2022*

*(Completed 20-Hour Credential Course)*

**Mental Health Academy**

Certificate Number: 83aGa

## ACADEMIC POSITIONS

---

### **Assistant Professor, Counseling**

**Nova Southeastern University (Ft. Lauderdale, FL)**

*(April 2022-Present)*

**College of Psychology**

Responsibilities include teaching graduate-level counseling courses and supervising counselors-in-training in their clinical practicum and internship experiences for the Department of Counseling. Additional tasks consist of professional and university service, participation in research, preparing and presenting course materials, facilitating discussions, assignments, and assessments, maintaining student records, and holding regular office hours for students.

### **Visiting Lecturer, Counselor Education**

**University of Central Florida (Orlando, FL)**

*(August 2021 – May 2022)*

**College of Community Innovation & Education**

Responsibilities include teaching graduate-level counseling courses and supervising counselors-in-training in their clinical practicum and internship experiences for the Department of Counselor Education and School Psychology. Additional tasks consist of preparing and presenting course materials, facilitating discussions, assignments, and assessments, maintaining student records, and holding regular office hours for students.

### **Adjunct Professor; Graduate Instructor**

**University of Florida (Gainesville, FL)**

*(August 2016 – August 2018)*

**College of Education**

Responsibilities included teaching face-to-face undergraduate human growth and development courses. Additional responsibilities included preparing and presenting course lectures, preparing and evaluating course assignments and assessments, maintaining student records, facilitating student discussion and participation in research and volunteer experiences, and holding regular office hours for students. Began position as a graduate teaching assistant and instructor of record before being hired as an adjunct post-graduation.

## TEACHING EXPERIENCE

---

### **Nova Southeastern University**

#### **PYCL 0511: *Introduction to Counseling Techniques (Face-to-Face and Hybrid)***

Course Instructor, Summer 2022, Winter 2023, Summer 2023, Fall 2023, Winter 2024

#### **PYCL 0512: *Human Growth and Development (Face-to-Face and Online)***

Course Instructor, Fall 2022, Winter 2023

#### **PYCL 0570: *Ethical, Legal, & Professional Issues for Counselors (Face-to-Face and Online)***

Course Instructor, Summer 2022, Fall 2022, Winter 2023, Summer 2023, Fall 2023, Winter 2024

**PYCL 0635: *Group Theory and Practice (Face to Face)***

Course Instructor, Fall 2022

**PYCL 0660: *Community Mental Health (Face-to-Face and Online)***

Course Instructor, Summer 2022, Fall 2022, Winter 2023, Summer 2023, Fall 2023, Winter 2024

**PYCL 0680: *Counseling Practicum (Face to Face)***

Course Instructor and Clinical Supervisor, Winter 2023

## **University of Central Florida**

**MHS 6401: *Techniques of Counseling (Face-to-Face Modality)***

Course Instructor, Spring 2022

**MHS 6702: *Ethical and Legal Issues in Counseling (Face-to-Face Modality)***

Course Instructor, Spring 2022

**MHS 6803: *Practicum in Counselor Education (Hybrid Modality)***

Course Instructor and Clinical Supervisor, Fall 2021 (2 sections), Spring 2022 (2 sections)

**MHS 6830: *Counseling Internship (Hybrid Modality)***

Course Instructor and University Supervisor, Fall 2021

**MHS6421: *Foundations of Play Therapy (Face-to-Face and Virtual Modalities)***

Graduate Teaching Assistant and Discussion Leader, Spring 2019, Summer 2019, Spring 2021  
*Course Co-Instructor: Dr. Dalena Dillman Taylor*

**MHS 6938: *Trauma, Grief & Loss (Virtual Modality)***

Guest Lecturer, Summer 2020, Summer 2022

Topic: Complicated grief and loss following a suicide death

*Course Instructor: Dr. Viki P. Kelchner*

**MHS 6420: *Foundations of Multicultural Counseling (Virtual Modality)***

Co-Instructor, Summer 2020

*Course Co-Instructor: Dr. Richelle Joe*

**MHS 6500: *Group Procedures and Theories in Counseling (Virtual Modality)***

Co-Instructor, Spring 2020

*Course Co-Instructor: Dr. Stacy Van Horn*

**MHS 6466: *Foundations of Trauma & Crisis Counseling (Hybrid Modality)***

Co-Instructor, Fall 2019

*Course Co-Instructor: Dr. John T. Super*

**MHS 6830: *Counseling Internship (Face-to-Face Modality)***

Guest Lecturer and Supervisor, Fall 2019

Topic: Supervision of Counseling Internship with Focus on Crisis Counseling Settings

*Course Instructor: Dr. Tiffany Schiffner*

**MHS 6803: Practicum in Counselor Education (Face to Face Modality)**

Co-Instructor and Clinical Supervisor, Fall 2019

Course Co-Instructor: Dr. John T. Super

**MHS 6401: Techniques of Counseling (Face-to-Face Modality)**

Co-Instructor, Summer 2019

Course Co-Instructor: Dr. John T. Super

**MHS 6500: Group Procedures and Theories in Counseling (Face-to-Face Modality)**

Graduate Teaching Assistant and Group Counseling Leader, Spring 2019

Course Supervisor: Dr. Viki P. Kelchner

**MHS5005: Introduction to the Counseling Profession (Face-to-Face Modality)**

Graduate Teaching Assistant and Group Counseling Leader, Fall 2018, Spring 2019

Course Instructor: Dr. W. Bryce Hagedorn and Dr. Dalena Dillman Taylor

## University of Florida

**EDF 3110: Human Growth and Development (Face-to-Face and Hybrid Modalities)**

Course Instructor, Summer 2018, Spring 2018, Fall 2017, Spring 2017, Fall 2016

**PSY 2012: General Psychology (Face-to-Face Modality)**

Undergraduate Teaching Assistant, Fall 2014

Course Instructor: Dr. Hsiao-Wen Liao

**PCO 4930: Introduction to Counseling Psychology (Face-to-Face Modality)**

Undergraduate Teaching Assistant, Spring 2013

Course Instructor: Dr. Carrie Torrey

---

## RESEARCH AND SCHOLARSHIP ACTIVITIES

---

### Research Interests

---

- Experiences of Suicidality and Crises and Associated Mental Health Outcomes
- Mental Health and Suicidality of Military Members, Veterans, and their Families
- Mental Health Effects of Bullying, Cyberbullying, and Academic Incivility
- Youth Suicidality and Educator Training
- Crisis Intervention Service and Training Efficacy

### Professional Publications

---

#### *Articles in International and National Refereed Journals*

12. **Tinstman Jones, J. L.**, Campbell, L. O., Stickl Haugen, J., & Sutter, C. C. (Accepted, Pending Revisions). Academic incivility and bullying as risks for suicide, self-destructive behaviors, and harm to others. *Discover Psychology*.

11. Campbell, L. O., **Tinstman Jones, J.**, Sutter, C.C., & Stickl Haugen, J. (2023). The development of the Academic Incivility Scale for higher education. *Learning Environments Research*. <http://dx.doi.org/10.1007/s10984-023-09478-6>
10. **Tinstman Jones, J. L.**, Campbell, L. O., Stickl Haugen, J., & Sutter, C. C. (2023). Coping Responses for Academic Incivility Scale: Development, validation, and implications. *College Student Journal*, 57(2), 101-112.
9. Campbell, L. O., Frawley, C., & **Tinstman Jones, J. L.** (2023). Incivility Indicators Instrument (i3): Development and initial validation. *Journal of Academic Ethics*. <https://doi.org/10.1007/s10805-023-09477-5>
8. Sutter, C. C., Stickl Haugen, J., Campbell, L. O. & **Tinstman Jones, J. L.** (2022). School and electronic bullying among adolescents: Direct and indirect relationships with sadness, sleep, and suicidality. *Journal of Adolescence*. <https://doi.org/10.1002/jad.12101>
7. Stickl Haugen, J., Sutter, C. C., **Tinstman Jones, J. L.** & Campbell, L. O. (2022). Teachers as youth suicide prevention gatekeepers: An examination of suicide prevention training and exposure to students at risk of suicide. *Child & Youth Care Forum*. <https://doi.org/10.1007/s10566-022-09699-5>
6. Sutter, C. C., Stickl Haugen, J., Campbell, L. O. & **Tinstman Jones, J. L.** (2021). Teachers' motivation to participate in anti-bullying training and their intention to intervene in school bullying: A self-determination theory perspective. *International Journal of Bullying Prevention*. <https://doi.org/10.1007/s42380-021-00108-4>
5. Campbell, L. O., Sutter, C. C., Watkins Escobedo, S., Lambie, G. W., Howard, C., & **Tinstman Jones, J. L.** (2021). The influence of a computer-adaptive reading program on fourth-grade students' reading achievement scores. *The Journal of Literacy and Technology*, 22(2). [http://www.literacyandtechnology.org/uploads/1/3/6/8/136889/jlt\\_v22\\_2\\_cambell\\_sutter\\_escobedo\\_lambi\\_howard\\_jones.pdf](http://www.literacyandtechnology.org/uploads/1/3/6/8/136889/jlt_v22_2_cambell_sutter_escobedo_lambi_howard_jones.pdf)
4. Stickl Haugen, J., Sutter, C. C., **Tinstman Jones, J. L.**, & Campbell, L. O. (2020). The Teacher Expectations and Values for Suicide Prevention confirmatory factor analysis and validation. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 42(3). <https://doi.org/10.1027/0227-5910/a000706>
3. **Tinstman Jones, J. L.**, Campbell, L. O., Stickl Haugen, J., & Sutter, C. C. (2020). Cyberbullying considerations for school counselors: A social media content analysis. *Professional School Counseling*, 23(1), 1-12. <https://doi.org/10.1177/2156759X20919365>
2. Campbell, L. O., **Tinstman Jones, J.**, & Lambie, G. W. (2020). Online academic incivility among adult learners. *Adult Learning*. <https://doi.org/10.1177/1045159520916489>
1. Stickl Haugen, J., Sutter, C. C., **Tinstman Jones, J. L.**, & Campbell, L. O. (2020). School district anti-bullying policies: A statewide content analysis. *International Journal of Bullying Prevention*, 2, 309-323. <https://doi.org/10.1007/s42380-019-00055-1>

**Book Chapters**

3. **Tinstman Jones, J. L.**, & DiLorenzo-Garcia, A. (In Review; Anticipated publication 2023). Honoring the cultural norms and experiences of military, veteran, and law enforcement clients. In C. Stark, K. B. Rogalla, J. Tapia-Fuselier, & K. Bunch (Eds.) *Professionals' Guide to Trauma-Informed Decision-Making*. Springer Nature.
2. DiLorenzo-Garcia, A., **Tinstman Jones, J. L.**, Haile, G. W., Coffman, E., Haley, A. S., & Alker, B. (In Review; Anticipated publication 2023). Reflecting meaning. In S. K. Butler & M. A. Shillingford-Butler (Eds.) *INTROsectionality: Becoming a Culturally Competent Counselor*. Cognella.
1. Campbell, L. O., **Tinstman Jones, J.**, Sutter, C.C., & Stickl Haugen, J. (In press). Tweet others as you wish to be tweeted: Analyzing cyberharassment of public figures. In R. Hartshorne, V. Benson, & J. McAlaney (Eds.) *Handbook of social media in education, consumer behavior, and politics*. Elsevier.

**White Papers**

1. Campbell, L. O., Sutter, C. C., Lambie, G. W., & **Tinstman Jones, J.** (2019). *Measuring the predictability of Istation Indicators of Progress Early Reading (ISIP-ER) scores on Renaissance STAR Reading® scores*. University of Central Florida. [www.ucf.edu/mirc](http://www.ucf.edu/mirc)

**Papers Presented at Refereed Conferences** (\*Notes student contributions)**National and International Presentations**

17. **Tinstman Jones, J. L.**, DiLorenzo-Garcia, A., & Haley, A. S. (2023, October 14). *Communities in crisis: Empowering students for engagement in crisis intervention* [Conference session]. Association for Counselor Education and Supervision (ACES) Conference. Denver, CO.
16. DiLorenzo-Garcia, A., **Tinstman Jones, J. L.**, & Haley, A. S. (2023, April 1). *How to help: Crisis response to gun violence and mass shootings*. [Conference session]. American Counseling Association (ACA) Conference & Expo. Toronto, CA.
15. DiLorenzo-Garcia, A., **Tinstman Jones, J. L.**, & Haley, A. S. (2023, April 1). *Suicide ideation after a mass shooting: Stories and journeys of survivors* [Conference session]. American Counseling Association (ACA) Conference & Expo. Toronto, CA.
14. **Tinstman Jones, J. L.** (2022, October 17-21). *Supporting our military-affiliated clients through culturally competent care*. [Conference session]. American Counseling Association (ACA) Virtual Conference & Expo.
13. **Tinstman Jones, J. L.** (2022, April 7-10). *Protective factors against suicidality for adults raised in military families* [Conference session]. American Counseling Association (ACA) Conference & Expo. Atlanta, GA.

12. **Tinstman Jones, J. L.**, DiLorenzo-Garcia, A., & Haley, A. S. (2021, October 10). *The world is in crisis: Supporting students in the work ahead* [Conference session]. Association for Counselor Education and Supervision (ACES) Conference. Atlanta, GA.
11. **Tinstman Jones, J. L.**, DiLorenzo-Garcia, A., & Haley, A. S. (2021, September 24). *World in crisis: Evaluating present practice to enhance future crisis counseling*. [Conference session]. European Branch for the American Counseling Association (EB-ACA) Conference. Virtual.
10. **Tinstman Jones, J. L.**, Campbell, L. O., Stickl Haugen, J., & Sutter, C. C. (2021, April 9-12). *Youth bullying as a risk for self-destructive behaviors: Call for awareness and advocacy* [Conference paper session]. American Educational Research Association (AERA) Annual Meeting, Virtual.
9. Campbell, L. O., Hilaire, B., Gao, X., **Tinstman Jones, J. L.**, Laguardia, E., & Heller, S. (2021, March 29-April 2). *Beyond the mask: Examining affect* [Poster presentation]. Society for Information Technology and Teacher Education (SITE) 32<sup>nd</sup> Annual Conference. San Diego, CA.
8. **Tinstman Jones, J. L.**, Haley, A. S., & DiLorenzo, A. (2021, March 18-21). *Breaking through barriers to provide effective crisis support* [Conference session]. American Counseling Association (ACA) Conference & Expo. Orlando, FL.
7. DiLorenzo-Garcia, A., **Tinstman Jones, J. L.**, & Hilaire, B. (2020, April 16-19). *Grief unbounded: Exploring experiences of grief and the role of counselors internationally* [Poster presentation]. American Counseling Association (ACA) Conference & Expo. San Diego, CA, United States. (Conference canceled)
6. Sutter, C. C., Stickl Haugen, J., Campbell, L. O., & **Tinstman Jones, J. L.** (2020, April 17-21). *Linking school policies to bullying - Implications for improving the collaboration between researchers and educational stakeholders* [Paper presentation]. American Educational Research Association (AERA) Annual Meeting, San Francisco, CA.
5. Campbell, L. O., **Tinstman Jones, J. L.**, Sutter, C. C., & Stickl-Haugen, J. (2019, November 7-9). *Culturally responsive anti-bullying policies* [Conference session]. International Bullying Prevention Association Conference. Chicago, IL.
4. **Tinstman Jones, J. L.**, & Campbell, L. O. (2019, November 7-9). *Fostering online civility in academic environments* [Conference session]. International Bullying Prevention Association Conference. Chicago, IL.
3. Campbell, L. O. & **Tinstman Jones, J. L.** (2019, October 21-25). *Mitigating instances of cyberbullying in online academic learning environments* [Conference session]. Association for Educational Communications & Technology (AECT) International Conference, Las Vegas, NV.

2. Wilson, N. C., Russell, B., Rendon Finnell, L., Tabet, S. & **Tinstman Jones, J. L.** (2019, October 10-13) *Mind the gap: The absence of education and supervision related to working with family systems impacted by trauma* [Conference session]. Association for Counselor Education and Supervision (ACES) Conference. Seattle, WA.
1. **Tinstman, J. L.** & Haile, G. M. (2019, July 6-7). *Spirituality in crisis and suicide experiences and healing* [Poster presentation]. ASERVIC Annual Conference, Colorado Springs, CO.

### ***State and Regional Refereed Conferences***

20. **Tinstman Jones, J. L.** & DiLorenzo-Garcia, A. (2023, September 30). *Youth bullying: Exploring and building resilience for survivors* [Poster session]. 74th Annual FCA Convention. Tampa, FL, United States.
19. DiLorenzo-Garcia, A., & **Tinstman Jones, J. L.** (2023, September 30). *Prepare and respond: Crisis counselors' resilience and support* [Conference session]. 74th Annual FCA Convention. Tampa, FL, United States.
18. **Tinstman Jones, J. L.**, DiLorenzo-Garcia, A., & Haley, A. (2022, November 8-13). *Crisis ahead: Building bridges between crisis counseling training and practice* [Pre-conference session]. NARACES 2022 Conference. Pittsburgh, PA.
17. Haley, A., DiLorenzo-Garcia, A., & **Tinstman Jones, J. L.** (2022, November 8-13). *From the classroom to the field: Early career counselor educators' experiences during a pandemic* [Conference session]. NARACES 2022 Conference. Pittsburgh, PA.
16. **Tinstman Jones, J. L.**, DiLorenzo-Garcia, A., & Haley, A. (2022, November 3-5). *Don't be shocked: Preparing counselor education students for crisis work* [Roundtable session]. SACES 2022 Conference. Baltimore, MD.
15. DiLorenzo-Garcia, A., Haley, A., & **Tinstman Jones, J. L.** (2022, November 3-5). *Early career counselor educators' experiences during a pandemic: Implications and lessons learned* [Roundtable session]. SACES 2022 Conference. Baltimore, MD.
14. **Tinstman Jones, J. L.** & DiLorenzo-Garcia, A. (2022, October 1). *Supporting military mental health: Suicide response for military families.* [Conference session]. 73rd Annual FCA Convention. Virtual.
13. DiLorenzo-Garcia, A. & **Tinstman Jones, J. L.** (2022, October 1). *Crisis aftercare: Addressing suicide ideation after a mass shooting.* [Conference session]. 73rd Annual FCA Convention. Virtual.
12. Haley, A., DiLorenzo-Garcia, A., & **Tinstman Jones, J. L.** (2022, April 23). *Crisis Ahead: Promoting Excellence in Crisis Response and Advocacy* [Conference session]. 10th Annual Chi Sigma Iota Pennsylvania Statewide Conference. Villanova, PA.
11. DiLorenzo-Garcia, A., **Tinstman Jones, J. L.**, Haley, A. S., & \*Hoyo, A. (2021, September 30-October 2). *Cultivating rapport: Counseling clients through crisis* [Conference session]. 72nd Annual FCA Convention, Virtual.



10. **Tinstman Jones, J. L.** (2021, February 20). *Providing culturally competent care to military clients* [Conference session]. 3<sup>rd</sup> Annual CSI Florida Statewide Conference, Virtual.
9. **Tinstman Jones, J. L., & Campbell, L. O.** (2021, February 20). *Fostering resilience and preventing life-threatening outcomes of youth and adulthood bullying* [Conference session]. 3<sup>rd</sup> Annual CSI Florida Statewide Conference, Virtual.
8. **Tinstman Jones, J. L., & Campbell, L. O.** (2020, October 2-3). *Responding to incivility: Supporting higher education students' coping* [Poster presentation]. 71st Annual FCA Convention, Tampa, FL.
7. **Tinstman Jones, J. L., Haley, A. S., & DiLorenzo, A.** (2020, January 24-25). *Preparing counselors to help clients heal: Crisis and trauma intervention* [Conference session]. 12<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.
6. DiLorenzo, A. & **Tinstman Jones, J. L.** (2020, January 24-25). *Mourning and meaning: Approaches for helping clients through grief and loss* [Conference session]. 12<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.
5. **Tinstman Jones, J. L. & Campbell, L. O.** (2020, January 24-25). *Advocating for students: Social media & cyberbullying* [Conference session]. 12<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.
4. **Tinstman Jones, J. L. & Super, J. T.** (2019, October 4-5). *Revising suicide and violent behavior interventions with stages of change* [Poster presentation]. 70th Annual FCA Convention, Tampa, FL.
3. **Tinstman Jones, J. L., Wilson, N. C., Haley, A. S. & Haile, G. M.** (2019, October 4-5). *Crisis competence and counselor wellbeing* [Poster presentation]. 70th Annual FCA Convention, Tampa, FL.
2. **Tinstman, J. & Super, J. T.** (2019, January 25-26). *Moving from SLAP to SLAPS with stages of change* [Conference session]. 11<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.
1. **Tinstman, J. & Campbell, L. O.** (2019, January 25-26). *Counteracting cyberbullying: A counselor's approach* [Conference session]. 11<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.

#### ***Invited Local and Community Presentations***

5. **Tinstman Jones, J. L.** (2022, September 13). *Supporting our troops: Navigating the crisis of veteran suicide*. Alachua County Crisis Center Virtual Symposium, Gainesville, FL.
4. **Tinstman Jones, J. L.** (2021, November 16). *Crisis management: Counseling in a world in crisis*. Chi Sigma Iota Fall 2021 Talk Series, Orlando, FL.
3. **Tinstman Jones, J. L.** (2021, September 20-22). *Suicide prevention and wellness for military families*. Alachua County Crisis Center Virtual Symposium, Gainesville, FL.

2. **Tinstman Jones, J. L.** (2021, September 20-22). *Promoting resilience and preventing life-threatening outcomes of youth bullying*. Alachua County Crisis Center Virtual Symposium, Gainesville FL.
1. **Tinstman Jones, J. L.** & DiLorenzo-Garcia, A. (2019, November 21). *Crisis intervention*. Chi Sigma Iota Fall 2019 Talk Series, Orlando, FL.

### ***Occupational Training***

3. **Tinstman, J.** (2015-2017). *Helping skills*. Program presented each semester at Graduate and Undergraduate Department of Housing staff training at the University of Florida in Gainesville, FL.
2. **Tinstman, J.** (2015-2017). *Crisis protocol*. Program presented each semester at Graduate and Undergraduate Department of Housing staff training at the University of Florida in Gainesville, FL.
1. **Tinstman, J.** (2015-2017). *Confrontation*. Program presented each semester at Graduate and Undergraduate Department of Housing staff training at the University of Florida in Gainesville, FL.

### **Social and Popular Media**

---

#### ***Podcasts***

1. Campbell, L. O. & **Tinstman Jones, J. L.** (2019, November 8). Research Report. In Magid, L. & Gallagher, K. (Producers). *Connect Safely: International Bullying Prevention Association*. [Audio Podcast]. <https://www.connectsafely.org/ibpa/>

### **Research Position Experience**

---

#### **Graduate Research Assistant**, University of Central Florida

July 2018-May 2021

Research for Innovations in Education Group  
Department of Educational and Human Sciences  
*Supervisor: Dr. Laurie O. Campbell*

#### **Undergraduate Research Assistant**, University of Florida

May 2013-May 2015

Life Satisfaction and Excellence Lab Member, Study Team Leader, Fundraising Chair  
Department of Psychology  
*Supervisor: Dr. Martin Heesacker*

#### **Undergraduate Research Assistant**, University of Florida

January 2013-May 2014

Assistant in Study of Effects of Verbal Praise and Incentives on Canine Behavior  
Department of Psychology  
*Supervisor: Dr. Erica Feuerbacher*

**Undergraduate Research Assistant**, University of Florida

August 2013-January 2014

Assistant in Study of Attitudes and Behaviors of Court Judges

Department of Sociology

*Supervisor: Dr. Marian Borg*

**Undergraduate Research Assistant**, University of Florida

January 2013-September 2014

Assistant in Study of Life Satisfaction and Calling in Retired Adults

Department of Psychology

*Supervisor: Dr. Carrie Torrey*

---

**CLINICAL AND SUPERVISION EXPERIENCE**

---

**Registered Mental Health Counseling Intern**, Cadenza Counseling

February 2023-Present

Provides individual tele-health counseling services to clients ranging from middle childhood to late adulthood. Maintains a regular caseload of 15-20 clients and provides intake, assessment, diagnosis, intervention, and treatment planning services. Therapeutic interventions focused on supporting clients through significant life transitions, processing and healing from trauma, and treatment of symptoms of depression, anxiety, substance abuse, and grief.

*Supervisor: Dr. Josephine Rodriguez, LMHC, LMFT, MCAP, NCC, QS*

**Registered Mental Health Counseling Intern**, South Florida Arts & Counseling

October 2022-February 2023

Provides individual tele-health counseling services to clients ranging from middle childhood to late adulthood. Maintains a regular caseload of 25+ clients and provides intake, assessment, diagnosis, intervention, and treatment planning services. Therapeutic interventions focused on supporting clients through significant life transitions, processing and healing from trauma, and treatment of symptoms of depression, anxiety, substance abuse, and grief.

*Supervisor: Dr. Josephine Rodriguez, LMHC, LMFT, MCAP, NCC, QS*

**Mental Health Counseling Supervisor**, Nova Southeastern University

January 2023-Present

Provides group and triadic supervision to practicum-level, mental health counselors-in-training working with clients in the South Florida community.

**Registered Mental Health Counseling Intern**, South Florida Arts & Counseling

September 2022-February 2023

Provided individual and family-based tele-health counseling services to clients ranging from middle childhood to late adulthood. Maintained a regular caseload of 25-30 clients and engaged in intake, assessment, diagnosis, and treatment planning. Therapeutic interventions focused on treatment of depression, anxiety, substance abuse, and grief.

*Supervisor: Dr. Josephine Rodriguez, LMHC, LMFT, MCAP, NCC, QS*

**Mental Health & School Counseling Supervisor**, University of Central Florida

August-May 2022

Provided group and triadic supervision to practicum and internship-level, mental health and school counselors-in-training working with elementary-aged clients at a Title 1 elementary school or adolescent and adult clients of the Community Counseling and Research Center.

**Mental Health Counseling Supervisor**, University of Central Florida

January-May 2020

Provided face-to-face and virtual triadic supervision services to practicum-level, mental health counselors-in-training who were working with the community-based adolescent and adult clients of the Community Counseling and Research Center.

*Supervisor: Dr. Dayle Jones.*

**School Counseling Supervisor**, Hamilton Elementary School

August-December 2020

Provided group and triadic supervision services to practicum-level, school counselors-in-training who were working with elementary-aged clients at a Title 1 elementary school.

*Supervisors: Dr. John T. Super and Dr. Dayle Jones.*

**Mental Health Counseling Intern**, Community Counseling and Research Center

July 2018-December 2018

Provided counseling services to community-based adolescent and adult clients of the CCRC. Maintained a regular caseload and engaged in assessment, diagnosis, and treatment planning. Therapeutic interventions focused on treatment of depression, anxiety, and suicidality.

*Supervisor: Dr. Gulnora Hundley*

**Crisis Intervention Consultant**, University of Florida Housing

July 2015–December 2017

Provided intervention and support services to housing residents and staff members enduring crisis situations. Implemented and presented training programs for skill development to housing staff. Assisted in training new staff members. Therapeutic interventions focused on crisis response pertaining to depression, suicidality, and sexual assault.

*Supervisor: Dr. Meggen Sixbey*

**Mental Health Counseling Intern**, Shands (Vista) Psychiatric Hospital

December 2016-August 2017

Individual, family, and group counseling to children, adolescents, and adults at a hospital-based psychiatric unit. Collaborated with medical professionals, assessed lethality and harm concerns for Baker Act clients. Therapeutic interventions focused on treatment of acute psychiatric concerns, including depression, bipolar disorder, addictive behaviors, and suicidality.

*Supervisors: Dr. Lucy Marrero and Dr. Yanel Casanova*

**Mental Health Counseling Intern**, Eastside High School

August-December 2016

School-based individual and group counseling services to students at a Title I high school.

Therapeutic interventions focused on treatment of depression and anxiety and support through career decisions and personal distress.

*Supervisors: Dr. Lucy Marrero and Dr. Yanel Casanova*

**Crisis Interventionist**, Alachua County Crisis Center

August 2013-December 2015

Individual community-based tele-health crisis intervention to community-based and National Suicide Hotline callers. Therapeutic interventions focused on provision of immediate crisis response and support and treatment related to high-risk lethality concerns, depression, and anxiety.

*Supervisors: Jan Greene and Ashley Bobroff*

**AWARE Ambassador**, University of Florida Counseling and Wellness Center

August 2013-May 2015

Served as a member of the undergraduate outreach arm for the UF Counseling and Wellness Center, connected students with campus-based counseling resources, and mentored students.

---

## PROFESSIONAL DEVELOPMENT AND SERVICE

---

### Professional Affiliations

---

American Educational Research Association (2020-present)

Chi Sigma Iota (CSI), Upsilon Chi Chapter (2018-present)

Southern Association for Counselor Education and Supervision (SACES; 2018-present)

Association for Counselor Education and Supervision (ACES; 2018-present)

Counselor Education Doctoral Student Organization (CEDSO; 2018-2021)

Military and Government Counseling Association (MGCA; 2018-present)

International Bullying Prevention Association (IBPA; 2018-present)

Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC; 2017-present)

Technology Capstones for Teacher Education (UCF; 2018-2021)

American Psychological Association (APA; 2017-2018)

Florida Psychological Association (FPA; 2017-2018)

Florida Counseling Association (FCA; 2017-present)

Florida Association of Counselor Education & Supervision (FACES) Division (2017-present)

Florida Association for Spiritual, Ethical, and Religious Values in Counseling (FASERVIC; 2017-present)

Gainesville Commission on the Status of Women, Inc. (2017-2018)

American Counseling Association (ACA; 2016-present)

Chi Sigma Iota (CSI), Beta Chapter Membership (2016-2018)

Psi Chi, Psychology Honors Society (2013-2015)

AWARE, University of Florida Counseling and Wellness Center (2013-2015)

University of Florida Psychology Honors Club (2012-2015)

## **Leadership and Service Positions**

---

### **Nova Southeastern University (NSU)**

#### ***College of Psychology***

Department of Counseling, Faculty Course Lead for Group Counseling (2023-Present)  
Department of Counseling, Curriculum Committee, Member (2023-Present)  
Department of Counseling, Application Review Committee, Member (2023-Present)  
Department of Counseling, Student Success Committee, Member (2022-Present)  
Department of Counseling, Faculty Student Advisor (2022-Present)

### **Florida Counseling Association (FCA)**

#### ***Florida Association for Spiritual, Ethical, and Religious Values in Counseling (FASERVIC)***

President (2023-Present)  
President-Elect (2022-2023)

### **Association for Specialists in Group Work (ASGW)**

#### ***2024 ASGW Conference***

Proposal Reviewer

### **American Educational Research Association (AERA)**

#### ***2022 AERA Annual Meeting***

Proposal Reviewer (Division E – Counseling and Human Development,  
SIG – Adolescence and Youth Development, SIG – Stress, Coping, and Resilience)

### **Military and Government Counseling Association (MGCA)**

#### ***Journal of Military and Government Counseling (JMGC)***

Journal Reviewer (2021-Present)

### **Association for Counselor Education and Supervision (ACES)**

#### ***2021 ACES Annual Conference***

Proposal Reviewer

### **University of Central Florida**

#### ***Counselor Education Doctoral Student Organization***

Doctoral Student Mentor (2019-2021)

#### ***Technology Capstones for Teacher Education Semesterly Program***

Teacher Leader and Process Coordinator (2018-2021)

#### ***Counselor Education Doctoral Student Organization***

Secretary (2019-2020)

***Annual Counseling Conference Co-Chair and Research Coordinator***

Conference Co-Chair and Research Coordinator (2019-2020)

Conference Session Proposal Reviewer (2018-2020)

***Digitally-Mediated Team Learning***

Chapter Reviewer and Assistant Editor for “Digitally-Mediated Team Learning: Foundations and Perspectives” Book (2021)

Volunteer; Workshop on Digitally-Mediated Team Learning (National Science Foundation; 2019)

**Chi Sigma Iota Honor Society**

***Upsilon Chi Chapter***

Vice President (2019-2020)

**University of Florida**

***Counseling and Wellness Center (CWC) Awareness Wellness Ambassadors Reaching Everyone***

AWARE Ambassador, Outreach Committee, and Student Mentor (2013-2015)

***Life Satisfaction & Excellence Lab (UF)***

Study Team Leader and Fundraising Chair (2013-2015)

**Professional Awards and Recognitions**

---

April 2023 (*Finalist*)

The Professional Counselor Dissertation Excellence Award

December 2020 (*Nominated - Finalist*)

University of Central Florida Order of Pegasus Award

August 2020

Military Suicide Research Consortium Dissertation Grant Recipient (*Award Amount: \$2,000*)

2017

Presidential Volunteer Service Award

2016

Joseph and Lillian A. Damon Scholarship II (*Award Amount: \$5,000*)

2011-2013

University of Florida Dean’s List

2011

Florida Academic Scholars Scholarship