
College of Psychology
Nova Southeastern University
Maxwell Maltz Building
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EDUCATION

Nova Southeastern University (NSU) | Fort Lauderdale, Florida
Doctorate in Clinical Psychology, 2015 – 2021
Concentration: Psychodynamic Psychotherapy

Nova Southeastern University (NSU) | Fort Lauderdale, Florida
Master of Science in Clinical Psychology 2015 - 2018

Nova Southeastern University (NSU) | Fort Lauderdale, Florida
Master of Science, General Psychology, 2013- 2015

University of Jordan | Amman, Jordan
Bachelor of Science, Physical Education, 08/1991-05/1995

CLINICAL EXPERIENCE

Unicorn Children's Foundation Developmental Assessment Clinic | Fort Lauderdale, FL
Postdoctoral resident
September 2022— August 2023

- Responsibilities: Lead teacher in Starting Right, an early intervention, parent-child class serving children ages 18-36 months exhibiting delays in language and social skills. Collaboratively work with teacher assistants and parents on developing goals to improve the child's social, independent, academic, behavioral, and communicative functioning.
- Complete intake interviews and conduct developmental evaluations for children ages 18 months to seven years of age suspected of having a developmental delay or autism spectrum disorder utilizing gold-standard assessment tools.
- Supervise practicum students and provide them with training in the administration, scoring, and interpretation of various psychological assessments
- Provide seminars to the community on a variety of topics related to autism.

Complete Neuropsychology PC | Brooklyn, NY
Clinic Coordinator/ Postdoctoral Fellow
October 2021 — April 2022

- Coordinator: Actively participates in Interdisciplinary Team Meetings and case consultations with doctors, nurses, guardians, and attorneys, for three assisted living facilities in Brooklyn (Signature Senior Living, Belvedere Senior Living, The Waterford On The Bay).
- Manages and maintains a caseload of patients with higher severity disorder such as patients experiencing chronic homelessness, patients experiencing severe and persistent mental illness, and polysubstance abuse.

- Provides (and trains) psychological services and assessment, neuro-psychological/cognitive rehabilitation.
- Provides (and trains) behavioral interventions and crisis evaluations to assess safety concerns, reduce rehospitalization; recommendations are provided to staff to address specific challenging patient behaviors/presentations.
- Provides (and trains) integrated care for newly transitioned patients, in regards to issues related to lifespan development including bereavement, adjustment difficulties, health-related concerns, and functioning and independence changes.

Maimonides Medical Center | Brooklyn, NY

July 2020 — June 2021

Psychology Intern

- Outpatient services: Provided individual psychotherapy to adult and child/adolescent outpatients. Treatment modalities vary with client diagnosis, needs, and capacities.
- Inpatient services: Rapid assessment and diagnosis in the inpatient unit, leading 5-6 adult groups per week, work with an interdisciplinary team of psychiatrists, social workers and nurses.
- Emergency Room: Rapid assessment and diagnosis in the psychiatric emergency room for adult and children
- Supervision: Provided weekly individual supervision for psychology extern
- Intakes: Weekly adult and child intake assessments
- Testing: Administered adult and child assessment batteries composed of strategically selected tests
- Administration: Participated in weekly supervision meetings, clinical & testing seminars, and case conferences
- Teaching: Teaching a course in case studies for Schizophrenia Across Cultures
- Researcher: Conducting research in assessing psychosis

Harvard University | Cambridge, MA

04/2019 / Externship

Humanitarian Response Intensive Course (human rights, livelihoods, Sphere standards, international humanitarian law)

- Rapid Assessment
- Water, Sanitation and Hygiene
- Shelter and Site Management
- International Humanitarian Law
- Budgeting and Finance
- Monitoring & Evaluation
- Food Aid and Nutrition
- Media Training
- Personal and Team Security

ChildNet | Fort Lauderdale, FL

2018 – 2020

Psychology Practicum Intern

- Provide therapeutic services to individual adults and children, family and couples, therapeutically-supervised visitations for families

- Working with sexually abused children and family violence
- Work with an interdisciplinary team of social worker, guardians, foster parents and attorneys
- Other responsibilities include but are not limited to testifying in court as an expert-witness trainee, report writing, and psychological assessment.

Expert Witness Trainee

03/18/2019

Qualified in Judge Izquierdo's 17th Judicial Circuit Court of Florida as an expert witness in "Child Trauma"

Child Protective Services | Broward County Sheriff Department, FL

2018 – 2019

Psychology Trainee

- Participated in weekly meetings by public child welfare agencies to discuss child-on-child sexual abuse cases presented by investigators.
- Assessing the case by asking investigators questions to get sufficient evidence to support the case for child maltreatment and provide information for referral for psychological evaluations or treatments.

Intensive Psychodynamic Psychotherapy Center (IPPC), Psychology Services Center, NSU | Fort Lauderdale, FL

2017-2018

Psychology Practicum Intern

- Provided diagnostic and in-depth treatment services to adults with moderate to severe characterological disorders. Treatment emphasized the use of a variety of psychodynamic techniques including ego-psychology, self-psychology, object relations and others. Goals of therapy included: increase the patient's understanding of the etiology and motivation of symptomatology, the dynamics that maintain the symptoms that interfere with their productivity, and the realization of their inherent potential.

TEACHING EXPERIENCE

Contributing Faculty- PhD Clinical Psych – Walden University Online | Minneapolis, MN

02/2024- present

Graduate level instructor - Nova Southeastern University | Fort Lauderdale, Florida

10/2022- present

Adjunct Professor

Course: Counseling the Culturally Diverse Theories and Practice (Winter 2024)

Course: Assessment for Counseling (Summer 2023- current)

Course: Projective Personality Assessment (Winter 2023)

Course: Child and Adolescence Intervention (Fall 2022)

Course: Behavioral Science (Fall 2019-2020)

Graduate Teacher Assistant

Guest Lecturer: Counseling Arab and Muslim Americans (2017-2019)

Graduate Teacher Assistant

Maimonides Medical Center, Psychiatry Resident Program | Brooklyn, NY

11/2020 –12/2020

Graduate Teacher

Course: Schizophrenia Across Cultures

HONORS AND AWARDS

Humanitarian of the Year Scholarship

Nova Southeastern University, 08/2019

College of Psychology

Student of The Year Award (STUEYs)

Nova Southeastern University, 03/2019

College of Psychology

Friend Of Refugee Award

Refugee Americorps Initiative, 05/2018

Church World Services for Refugees (CWS)

College of Psychology Dean's Award

For Collaborative Work with the Kingdom of Jordan, 03/2018

Nova Southeastern University

INTERNATIONAL HUMANITARIAN OUTREACH EXPERIENCE

Eswatini-South Africa Outreach

07/2023 *Organizer*

- Joined NSU team under the auspices of U.S.-based NGO S.O.H.O. to provide mental health prevention and intervention strategies to children in orphanages and schools.

Kingdom of Jordan Outreach

03/2023 *Organizer*

- Organized and coordinated a humanitarian trip to Jordan to provide mental health service and assessment to adults, families and children in the Syrian Refugee Camps in Amman, Jordan.
- Provided psychoeducation for parents of children with special needs. Conducted workshops for social workers who provide assistance for sexually-abused children and family violence.
- Completed psychological assessment for academically-delayed children in schools and a teachers' workshop for dealing with discipline issues.

Australia Outreach

12/2019 *Organizer*

- Humanitarian trip to Australia to provide mental health assistance for aboriginal communities and local mental health professionals working with them.
- Psychological assessment and recommendations, addiction and suicide screening.

Kingdom of Jordan Outreach

03/2018 *Organizer*

- Organized and coordinated a humanitarian trip to Jordan to provide mental health service and assessment to adults, families and children in the Syrian Refugee Camps in Aqaba, Jordan.
- Provided psychoeducation for parents of children with special needs. Conducted workshops for social workers who provide assistance for sexually-abused children and family violence.
- Completed psychological assessment for academically-delayed children in schools and a teachers' workshop for dealing with discipline issues.
- Provided assessment using Universal Nonverbal Intelligence Test 2 (UNIT 2) for children/adolescence

Swaziland-South Africa Outreach

08/2017 *Student trainee*

- Joined NSU team under the auspices of U.S.-based NGO S.O.H.O. to provide mental health prevention and intervention strategies to children in orphanages and schools.

India Medical Camp Outreach

1/2016 *Student trainee*

- Joined a team of NSU medical students and faculty on a trip to India to work with the tribal people of Danga and the surrounding areas in Gujarat.
- Provided psychological screening and basic assessment for all the transfers from the hospital, psychoeducation for patients and assisted in substance abuse cases and general mental health problems.

LOCAL COMMUNITY OUTREACH VOLUNTEER EXPERIENCE

Florida Initiative for Suicide Prevention (F.I.S.P) | Fort Lauderdale, FL

Plantation General Hospital & Coral Spring Medical Center

12/2017 – 2022

Group facilitator

- Support Group Facilitator to members of the community experiencing grief and loss due to suicide of family member; allowing group members to develop safe, secure bonds with each other, thereby improving their healing process. Lead discussions to help members better recognize suicide attempt signs and incorporate clinical techniques to deal with the emotional pain of loss.

AmeriCorps Initiative | Fort Lauderdale, FL

05/2018 – 12/2019

Group facilitator

- Support Group Facilitator for refugee families suffering from PTSD and other co-morbid symptoms, adult and children.
- Provide workshops and seminars for coping mechanisms and ways to integrate within the U.S. communities.
- Advisor and program coordinator for mental health services.

The Broward Area Refugee Task Force (RTF), Florida Department of Children & Families (Refugee Services Program) | Fort Lauderdale, FL

12/2017- 02/2020

Volunteer

- Participants are representatives of various government agencies, private not-for-profit organizations and mutual assistance associations who meet twice a month to increase awareness of the refugee populations, share best practices, build collaborations between agencies. Meeting participants also receive updates, information and clarification on new federal and state regulations and policy changes pertaining to refugees.

SYMPOSIUMS & PRESENTATIONS

“Prescriptive Authority around the Globe 2023” Beth Rom-Rymer, PhD., Oraib Toukhly, Psy.D. Symposium presented at the APA 2023 convention, Washington DC.

“Creating and Maintaining Diversity Within Graduate Clinical Psychology and Counseling Program” John Lewis, Ph.D., Oraib Toukhly, Psy.D., Tara Jungerson, Ph.D., Vaida Kurseviciene, M.S., Carly Paro, M.S., Adriana Wilson, M.S. Symposium presented 32nd International Congress of Psychology. Prague, Czech Republic, July, 2021.

“Arab Women’s Changing Attitudes About Marriage and Divorce” Oraib Toukhly, M.S., Alex Cuc, Ph.D. & John Lewis, Ph.D. Poster presented at the XXXVIth International Congress on Law and Mental Health, Rome, Italy, July 2019.

“Cultural and educational adjustments of Syrian children refugees in Jordan” Oraib Toukhly, M.S. & Melody Schmaltz, B.A. Poster presented at the XXXVIth International Congress on Law and Mental Health, Rome, Italy, July 2019.

“Traditional and Modern Bedouin Identity Narratives: A Case study” Oraib Toukhly, M.S., Luke Hendren, & Alex Cuc, Ph.D. Poster presented at the 11st International Congress of Clinical Psychology, Granada, Spain, October 2018.

“Indigenous Psychotherapy with Bedouins in Jordan” Oraib Toukhly, M.S. & John Lewis, Ph.D. Poster presented at the 11st International Congress of Clinical Psychology, Granada, Spain, October 2018.

“Immigration and well-being over time: Middle Eastern immigrants living in the United States” Oraib Toukhly, M.S. & Alex Cuc, Ph.D. Poster presented at the 31st International Congress of Psychology, Japan, July 2016

PUBLICATION

Kibler, J.L., & Toukhly, O. (2023). Trauma experiences, posttraumatic stress disorder symptoms, and psychological well-being of Syrian refugees in Jordan and the United States. *Traumatology*.

WORKSHOP PRESENTATIONS

Hidden Bruises | Cairo

12/2023 (Zoom)

- Hosted by Woman Development Organization (WDO) on Human Right day to understand the power and control in relationship and the Battered Woman Syndrome

Trapped In A Freeze Response | Kuwait

12/2023 (Zoom)

- Examining different types of freeze response and introducing techniques to bring patient out of their freeze response

Suicide Prevention Didactic | Brooklyn, NY

9/2020

- Presenting the warning signs to avoid the most common mistakes clinicians make in suicide assessment and how to handle a suicide call

Location: Maimonides Medical Center.

Battered Woman Syndrome Didactic | Brooklyn, NY

8/2020

- Introducing the Battered Woman Syndrome term and the psychological effect of domestic violence, symptoms , interviewing and treatment.

Location: Maimonides Medical Center.

Mental Health Awareness Among Haitian Refugees | Fort Lauderdale, FL

12/2018

- Provided workshop for Haitian refugees, exploring signs of distress. Discussed psychological education about mental illness symptoms as well as coping skills strategies.

Location: World Church Services (WCS) for refugees, Broward, Florida.

Cultural Integration and Assimilation in the USA | Palm Beach, FL

11/2018

- Interactive discussion of immigrant experiences: culture shock, changes/reversals in gender roles, other difficulties of the acculturation process which can contribute to the development of mental health disorders. Difficulties in the relationship between the parents strategies to learn to integrate into the new culture.

Location: Okeechobee Boulevard Branch Library, Palm Beach, Florida

Youth and Teen Suicide Prevention and Awareness Training | Tampa, FL

09/2018

- Peer-based training that includes empowering teens to learn to use life skills. The presentations and trainings are built to increase help seeking behaviors and links between peers and caring adults.

Location: Radiant Hands Tampa. Tampa, FL

Raising Positive Children in Difficult Times | Tampa, FL

09/2018

- Provided workshop for Syrian refugees in Tampa to explore warning signs for parents about their children behavior and the difficulties in the adjustment of parents and children of PTSD.

Middle Eastern Woman Empowerment | Tampa, FL

05/2018

- Workshops to empower women and families of immigrants by providing them with spiritual, emotional, educational, and financial support with the goal of helping them to achieve more independence. Encouraged and enabled women and families to contribute individually and collectively in strengthening their community as a whole.

Location: Radiant Hands Tampa. Tampa, FL

Mental Health Awareness “Recognizing Trauma” | Tampa, FL

06/2018

- Provided an intensive workshop for Syrian refugees about understanding mental illness, breaking down stigma and supported refugees in taking action to help community change. Introduced guidelines about recognizing Post Traumatic Stress Disorder (PTSD), symptoms and interventions.

Location: Okeechobee Boulevard Branch Library, Palm Beach, Florida

Student Ambassador Speaker | Fort Lauderdale, FL

09/2018

- Representing the Doctoral Program of the College of Psychology to present details about international humanitarian work and its positive impact on students.

Location: Nova Southeastern University

Representative of College of Psychology for Black History Month | Fort Lauderdale, FL

02/2018

- Black History Month news at NSU

*Location: Nova Southeastern University, Fort Lauderdale, Florida***LANGUAGES SPOKEN:**

Arabic (speak and understand 11 Arabic dialects)

PROFESSIONAL AFFILIATIONS

Southeast Florida Association for Psychoanalytic Psychology

12/2018 - current

Local chapter – Division 39/ American Psychological Association (SEFAPP)

Society of Personality Assessment (SPA)

01/2021- current

Humanitarian Global Outreach and Research Organization (HGO)

09/2018 - current

Nova Southeastern University

President/Founder: Oraib Toukhly, M.S.

American Psychological Association (APA)

08/2015 - current

Division 39 (Psychoanalysis Psychology)

Division 52 (International Psychology)

Division 55: Society for Prescribing Psychology