

**CAMELLIA A. WESTWELL, PSY.D.**

**Licensed Psychologist # PY 6451**

**Florida Supreme Certified Family Mediator**

Phone: (321) 213-2223  
Email: cwestwell@cfl.rr.com

**EDUCATION**

**Nova Southeastern University, Ft. Lauderdale, Florida.**

Psy.D, Clinical Psychology  
September 1995-August, 2000  
GPA: 3.9

**Nova Southeastern University, Ft. Lauderdale, Florida.**

M.S. Clinical Psychology  
September 1995- December 1996  
GPA: 3.9

**Rollins College, Winter Park, Florida.**

M.A. Counseling Psychology  
September 1992- May 1995  
GPA: 3.9

**Florida Tech, Melbourne, Florida.**

B.S. Psychology With Honors  
December 1989- March 1992  
GPA: 3.4

**CLINICAL WORK EXPERIENCE**

**Veterans Health Administration (VHA) Outpatient Clinic, Viera, Florida - February 2004-Present**

Staff psychologist in a Mental Health Clinic. Provide individual and group therapy to Veterans, Reservists, and some Active Duty Service Members. Provide evidenced based therapies including Prolonged Exposure, Seeking Safety, and Interpersonal Psychotherapy for Depression. Also provide individual psychotherapy and groups for Military Sexual Trauma and Anxiety. Experienced in group therapy for depression and trauma. Treat a variety of conditions including mood disorders, psychosis, anxiety, pain, grief, and marital/family issues. Have served on committees including the Women's Health Committee and a committee aimed at implementing mental health into primary care clinics at the VA. Experience serving as an evaluator for Compensation and Pension Claims for war veterans. Additionally responsible for the development and implementation of the Mood Enhancement Program. Education on PTSD provided to Brevard SWAT, NASA, and Legal Services of Orlando.

**Adjunct Faculty, Nova Southeastern University, College of Psychology - October 2002 to Present**

Hired as adjunct faculty to teach psychology courses to graduate students (Masters, Specialist and Doctorate levels) Classes include Child and Adolescent Psychopathology, Diagnoses and Treatment of Children and Adolescents, and Developmental Psychopathology.

**NASA Critical Incident Stress Debriefing Team- Kennedy Space Center, Florida - October, 2005 to 2008** Volunteer professional team providing behavioral health services to Kennedy Space Center staff and their families in the event of a disaster. Provide services in the area of critical stress management, debriefings, group interventions and individual therapy as needed.

**Private Practice, Melbourne, Florida- October 2005- 2012**

Private practice setting working with adults, children, adolescents, and couples. Consultation work with Contracting agencies at the Kennedy Space Center including Boeing, NASA and United Space Alliance. Community education provided at local school board events.

**Private Practice: Parwati Maddali, M.D. P.A. Rockledge, Florida- April 2004- October 2005**

Private practice setting working with adults, children, adolescents, and couples.

**Qualified Independent Evaluator, State of Florida- February 2004- 2009**

Serve as an Independent Qualified Evaluator for the State of Florida. Perform Initial Suitability Assessments and 90-Day Follow-Up Assessments for adjudicated children in residential treatment facilities to determine the suitability of this level of care and the appropriateness of treatment. Prepare reports for the courts and consult with the caseworkers, attorneys, treatment facility staff, family members, and courts as required.

**Nova Southeastern University, College of Psychology- Specialist Program in School Psychology- Program Administrator August 2003-March 2004**

Hired to expand, develop and oversee a graduate level degree program. Responsible for the program operations, development, training and monitoring. Supervise core faculty, adjunct faculty and site managers across the state of Florida in field-based sites. Develop procedures, address program issues, hire and train staff, monitor admissions, address marketing and recruitment, and work on obtaining accreditation from various bodies. Additionally responsible for the evaluation of faculty and courses, monitoring of practicum and internship set-up, remediation of students, ordering of equipment, program budget, and addressing staff and student concerns.

**Citrus Health Network, Clinical Psychologist/Program Administrator- Department of Psychology, Miami, Florida September 2001- August 2003**

Licensed Clinical Psychologist for a community agency in Dade County. Responsible for training psychology doctoral residents, interns and staff, on-call for crisis response shifts (24 hours a day) for residential and crisis units, and program administration and development. In addition, serve as the Clinical Supervisor of a Family Safety program on contract with the Department of Children and Families (DCF). Served as a liaison between the agency, DCF, and Dependency Court. Conduct court-ordered family meetings with the DCF Dependency Court legal team, DCF caseworkers, and family

members to determine the status of at-risk children with histories of abuse/neglect. Clinical Director: Ana Rivas-Vazquez, Ph.D.

**Interventionist, Hacienda Girls Ranch, Melbourne, Florida**

**January 1999-August 1999**

Provided on-site group and individual therapy for physically and sexually, abused females aged 5-17. All individuals had been removed from their families by DCFS and were awaiting reunification foster-care placement. Several females had victimized and perpetrated sexual abuse. Supervisors: Tanya Johnson, LMFT, Barry Hensel, PH.D  
Hours: 960

**Forensic Assistant, Plantation Psychological Services, Plantation, Fort Lauderdale, Florida. July 1998- December 1998.**

Duties include assisting in the evaluation of child sexual abuse allegations that are being prosecuted. Responsible for the examination and analyses of testimony provided by abuse victims, caretakers, law enforcement, and medical personnel. Responsible for objectively evaluating material that considers the child's behaviors, psychological symptoms, interpersonal relationships, developmental levels, and ability to be influenced through leading questions and suggestibility. Supervisor: Dennison Reed, Psy.D.  
Hours: 160

**Independent Study: Assessment Trainee, Circles of Care, Melbourne, Florida. September 1997-May 1998**

Administered psychological test batteries to children and adolescents ages 7 to 17 in a community mental health center setting. Youths were referred for aggressive behavior, suicidal gestures, academic difficulties, and affective symptoms. Responsible for testing, scoring, interpretation, and report writing. On Site Supervisor: Roger Keyser, Ph.D. Faculty Supervisor: Diann D. Michael, Ph.D.  
Hours: 230

**Clinician, Broward County Jail, Ft. Lauderdale, Florida. August 1997-May 1998**

Duties included providing assessment and group therapy to drug-addicted inmates who are already sentenced or awaiting sentencing crimes that include murder, battery, assault, armed robbery, auto theft, and violation of probation. Administered pre and post psychological assessments to measure the effectiveness of the treatment program that involves assessing the males to recognize anger cues and utilize anger management techniques. Supervisor: Vincent Van Hasselt, Ph.D.  
Hours: 120

**Assessment Consultant, Nova Youth Counseling, Davie, Florida. March 1997-July 1998**

Hired as an Assessment Consultant for a federally funded clinical research program designed to develop and evaluate treatments for drug-addicted youths that are diagnosed with Conduct Disorder. Responsible for conducting intensive psychological assessments and drug-screenings in order to determine diagnoses and eligibility for treatment.

Supervisor: Nathan Azrin, Ph.D.  
Hours: 68

**Child and Adolescent Interventionist, Circles of Care In School Program, Palm Bay, Florida.  
March 1995-September 1995**

Duties included providing counseling to youths ages 5-12 in school. Provided individual, group and family counseling both on-site and in-home for clients who were diagnosed with ADHD, Major Depression, Enuresis, Oppositional Defiant Disorder, and physical/sexual abuse. Provided supervision and consultation in classrooms with teachers.

Supervisors: Barry Hensel, Ph.D.  
Hours: 720

**Interventionist, Circles of Care Children and Family Clinic, Merritt Island, Florida.  
December 1994-March 1995**

Hired as an employee following master's internship. Continued working with assigned cases, initiated therapy involvement with sexually abused children in the Families in Recovery Program, and assisted in developing a program for a local ADHD Clinic.

Supervisors: Barry Hensel, Ph.D.  
Supervisor: Maritza, Cooper, Ph.D.  
Hours:

**Group Facilitator, Crisis Unit, Circles of Care, Melbourne, Florida. December 1992-  
September 1994**

Responsible for designing and implementing groups in two adult inpatient psychiatric facilities: a crisis stabilization unit and a geriatric inpatient ward. Responsible for crisis stabilization, and group therapy. Several group formats were designed for clients diagnosed with affective disorders, anxiety disorders, eating disorders, substance abuse disorders, schizophrenia, and terminal illness. Provided lectures on depression, addiction, AIDS, stress management, and anger management.

Supervisor: Barry Hensel, Ph.D.  
Hours: 432

**Mental Health Technician, Crisis Unit, Circles of Care, Melbourne, Florida. March 1992-December  
1992**

Duties included assisting with the supervision and stabilization of clients. Duties included admitting and interviewing voluntary and involuntary clients, assisting with hygiene and grooming, monitoring suicidal clients, and assisting with recreational activities. Training in verbal and physical intervention and CPR. Hours: 1,154

**Undergraduate Psychology Trainee, CPC Palm Bay Hospital, Palm Bay, Florida.  
June 1991-October 1991**

Duties included the evaluation of children, adolescents, and their parents through interview and observation of group therapy in a private, inpatient facility. Served as an advocate for children experiencing mood disorders, eating disorders, anxiety, substance abuse, cult membership, and abuse.

Supervisor: Janice Buffalo, Psy.D.  
Hours: 37

## **GRADUATE CLINICAL PRACTICUM EXPERIENCE**

### **Psychology Resident, Citrus Health Network, Miami, Florida September 2000- August 2001**

Supervisor for the Intensive Therapeutic On-Site Services Program (TTOSS). from September 2000 to April 2001. Responsible for supervising 15-18 clinicians who provide ITOSS services in academic and home settings. Supervision occurred in individual and group formats on a weekly basis.

Provided education, consultation, and feedback to clinicians regarding assessment, conceptualization and treatment of children. On-call for clinician emergencies

Supervisors: Ana Rivas-Vazquez, Ph.D.

Thomas Bonner, Ph.D.

Rafael Rivas-Vazquez, Ph.D.

Hours: 2000+

### **Psychology Intern, Nova Southeastern University Community Mental Health Center, Fort Lauderdale, Florida**

#### **August 1999-August 2000**

Worked as a Psychology Intern at an APA approved site. Providing assessment and therapy in the General Child/Adolescent Track and the General Adult Track, while concurrently obtaining specialty training in the Trauma Resolution Integration Program. Generalist training allows for further development of skills treating affective, anxiety, behavioral, and psychotic disorders, while specialty training addresses the assessment and treatment of single incident trauma, physical and sexual abuse, dissociative disorders, posttraumatic stress disorder, depression, anxiety, suicidality and Axis II disorders in individual and group formats. Utilize Linehan's Dialectical Behavior Therapy. Facilitate a skills group for men and women. Addressed problem-solving, assertion, and crisis management. Supervise doctoral student clinicians and present cases to further learning. Obtained training in Traumatic Incident Reduction (TIR).

Supervisors: Ronald Levant, Ed.D. (Dean)

Steven Gold, Ph.D.,

Veronica Salcedo, Psy.D.

Philinda Hutchings, Ph.D.

Hours: 2000

### **Psychology Trainee- Practicum Elective, University of Miami, Jackson Memorial Hospital-Renal Dialysis, Miami, Florida**

#### **August 1998-April 1999**

Duties include providing chair-side evaluations and therapy with outpatients diagnosed with End Stage Renal Disease, HIV, and hypertension. Patients referred are experiencing psychological conditions that include Major Depressive Disorder, Dysthymia, Panic Attacks, and Adjustment Disorders. Patient ages range from 18 to 65. Additionally responsible for completing psychological testing and psychological reports for adult outpatient referrals from the general population.

On Site Supervisor: Efrain Gonzalez, Ph.D.

Faculty Supervisor: Robert Lane, Ph.D., ABPP

Hours: 880

### **Psychology Trainee, Family Violence Program, Nova Southeastern University Community Mental Health Center August 1997-July 1998**

Duties included providing intakes and individual outpatient counseling to female victims of domestic violence suffering from conditions that include PTSD, Major Depression, Generalized

Anxiety, substance abuse, and personality disorders including borderline, dependant, narcissistic, and histrionic. Facilitated group therapy with court-ordered and self-referred male batterers who have a history of violent behaviors in interpersonal relationships. Utilized the Duluth Model for group intervention. Provided crisis intervention and parent training when required.

Supervisor: Vincent B. Van Hasselt, Ph.D.

Hours: 905

**Psychology Trainee, Child and Adolescent Depression Program, Nova Southeastern Community Mental Health Center August 1996-July 1997**

Duties included providing individual and family outpatient assessment and psychotherapy to children, adolescents, and adults who were diagnosed with mood disorders and expressing suicidal ideation, plan, or intent. Utilized a primarily cognitive-behavioral orientation. Disorders treated include Major Depression, Dysthymia, Bipolar I, PTSD, Panic Disorder, Separation Anxiety, Enuresis, ADHD, and Conduct Disorder. Performed weekly intake evaluations using the K-SADS. On-call for clients considered a suicide-risk. Responsible for lethality assessments, and crisis intervention. Modified and applied a cognitive-behavioral group protocol for children ages 8-12.

Supervisor: Diann D. Michael, Ph.D.

Hours: 680

**Counseling Trainee, Circles of Care Children and Family Clinic, Merritt Island, Florida, August 1994-November 1994**

Practicum required for Master's degree in Counseling. Duties included providing individual, group, family, and conjoint outpatient assessment and psychotherapy for children, adolescents and families. Conditions included Major Depression, Conduct Disorder, Oppositional Defiant Disorder, ADHD, eating disorders, and learning disabilities.

Supervisors: Barry Hensel, Ph.D.

Hours: 90

**Counseling Trainee, Wuesthoff Hospital, Rockledge, Florida, February 1994-July 1994**

Practicum required for Master's degree in Counseling. Duties included providing intensive outpatient counseling services to substance-dependent adults ages 40- 75 to fulfill requirement for master's degree. Services included individual, group, conjoint, and family therapy.

Faculty Supervisor: Barry Hensel, Ph.D.

Hours: 60

**COMMUNITY SERVICE**

**NASA Critical Incident Stress Debriefing Team- Kennedy Space Center, Florida - October, 2005 to present** Volunteer professional team providing behavioral health services to Kennedy Space Center staff and their families in the event of a disaster. Provide services in the area of critical stress management, debriefings, group interventions and individual therapy as needed.

**Covenant House, Fort Lauderdale, Florida**

**July 2000-April 2001**

Volunteer staff member in this facility housing runaway teenagers. Responsible for helping with recreation and activities. Provide youths with Sunday evening dinner outings.

**Advocate, Childcare Association of Brevard, Cocoa, Florida.**

**June 1991-June 1992**

Member of the Parent Connection Program. Responsible for providing emotional support, education, and transportation to pregnant teenager and their families.

**Advocate, The Haven, Brevard County, Florida.**

**January 1989-October 1990.**

Assisted with childcare and behavioral modification programs in a shelter that housed sexually abused children ages 2-12 awaiting foster-care placement.

**RESEARCH**

**Westwell, C.A., Johnston, F., Rivas-Vazquez, R., Van Hasselt, V.B., & Rivas-Vazquez A. (In Progress) Sexual Assault: incidence and prevalence among women seeking services in two community agencies.**

An examination of the incidence and prevalence of sexual assault in women seeking services at two community mental health centers located in two different counties. One sample of women are entering an Assessment center located in Dade county while the other sample are entering a program for victims of violence. Research attempts to examine the prevalence of sexual assault, presence of Posttraumatic Stress Disorder, cultural variables, and perceptions of the assault.

**Research Assistant, Center for Offender Rehabilitation-Nova Southeastern University, Florida.**

**August 1997-May 1998**

Responsible for administering instruments and scoring data given to inmates at Broward County Jail to assess their condition before and after a 16-week non- directive group designed to address anger management. Study aims to compare non-directive and directive group therapy with inmates. Instruments given include the Novaco Anger Index, Buss Durke Hostility Index, Wolpe Lazarus Assertiveness Scale, and Beck Depression Inventory.

Supervisor: Vincent Van Hasselt, Ph.D.

**Directed Study: "Are Attributions Regarding Rape Victims Gender Based- A Critical Review of the Literature"-Completed April 1998**

Completed a critical literature review that involves examining gender differences in attitudes regarding rape. Examined literature from 1974 to the present. Concluded that the available research does show clear gender differences. Found that male subjects were more likely to blame the victim, more likely to hold her responsible, and more likely to see the victim as causing the crime.

Supervisor: Philinda Hutchings, Ph.D., ABPP

**PUBLICATIONS**

Westwell, C. A. (1998, Winter) A difficult lesson. Psych and So1 9(2), p.15

Westwell, C. A. (1998) Treatment of Marital Rape: A Cognitive Processing Approach. Psychotherapy in Private Practice, 17(2), 63-77.

Stevens, R., Westwell, C. A., & Chenail, R. (1998) Stepfamilies and Therapy: A Model for Treatment. Psychotherapy in Private Practice (In Press)

## **PRESENTATIONS /SEMINARS**

Legal Services of Orlando, Orlando Florida : PTSD in Veterans -2015

VA Orlando- Intern Professional Developmental Didactic- 2012

Guardian Ad Litem Program- Domestic Violence- 2012

Brevard County Law Enforcement and SWAT- Interventions with Veterans 2012

Florida Tech Doctoral Students – Working with Veterans and their Families: 2011

United Space Alliance (Kennedy Space Center)- Transition and Stress Management: 2011

School Board of Brevard County Guest Speaker: Effects of Divorce of Children: 2008

2008 Veteran Health Administration: Stress Management , 2004 to 2009

Symposium on Mental Health in the Schools- American Psychological Association- Accepted, August 2004

Treatment of Domestic Violence- Citrus Health Network, November 2001 Treatment of Marital Rape- Citrus Health Network Inc.-July, 2001

Westwell, C. A. (1998) Broward Community College, Women Investigating New Goals and Services (WINGS) The Benefits of Assertiveness Training and Self-Expression

Allen, S., Gonzalez, S., Vakili, S., & Westwell, C. A.(1998) American Psychological Association (APA) **106th** Annual Convention — Police Safety

Symposium. Measuring the Personality Variables Associated With Successful Hostage Negotiators. Allen, S., Gonzalez, S., Vakili, S., & Westwell, C. A.(1998) American

Psychological Association (APA) **106th** Annual Convention — Poster Session. Measuring the Personality Variables Associated With Successful Hostage Negotiators.

Westwell, C. & Stevens, R. (1998) Florida Association of Marriage and Family Therapists (FAMFT) Stepfamilies and Therapy- A Model for Treatment.

## **EDITORIAL ACTIVITIES**

Reviewer: Aggression and Violent Behavior-2002 to 2004

Reviewer: Journal of Family Violence- 2002 to 2004

Reviewer: Helping Children at Home and School, 2nd Edition, Bethesda, MD:

NASP Publications- November 2003



## **PROFESSIONAL ORGANIZATIONS**

Florida Psychological Association (FPA)- Secretary 2012 -2014

Florida Psychological Association (FPA)-Chair - Distinguished Psychologist Awards Committee 2012

Florida Psychological Association (FPA)-Member of the Distinguished Psychologist Awards Committee 2011 to present.

Florida Psychological Association (FPA)-Chair of the Bylaw and Policy Review Committee 2011-to present

Florida Psychological Association (FPA)-Bylaw and Policy Review Committee 2010-2011

Florida Psychological Association (FPA) - Brevard County Chapter Representative, Board Member, 2009 to present

Florida Psychological Association (FPA) Co-Chair of the Bylaws and Policy Committee (2004 to 2007)Florida

Psychological Association (FPA) Co-Chair of the Bylaws and Policy Committee (2004 to 2006)Member-

American Psychological Association (APA)

Florida Psychological Association (FPA) - Key Psychologist, 2002, 2003

Florida Psychological Association (FPA) - Brevard County Chapter Representative, Board Member, 2003 to 2006

Broward Psychological Association-Membership Committee Chair, 2002, 2003

Broward Psychological Association-Benefits Committee Member, 2002

## **CERTIFICATION /TRAINING**

Licensed as a Clinical Psychologist in State of Florida — September, 2001

Florida Supreme Court Certified Mediator 2002

NASA- Trained in Eye Movement Desensitization and Reprocessing Therapy

VA Training: Prolonged Exposure (PE) Therapy; Seeking Safety; Motivational Interviewing;

Interpersonal Psychotherapy for Depression (IPT-D)

## **AWARDS**

Outstanding Contributions to Psychology in the Public Interest- 2013

Distinguished Service Award 2011-Florida Psychological Association

Distinguished Psychologist 2010-Florida Psychological Association

Florida Psychological Association- What A Woman Award in Recognition of Services to Psychology, 2006

Florida Psychological Association- Key Psychologist of the Year, 2003

Florida Psychological Association- Outstanding Early Contributions to Psychology, 2003

**REFERENCES**

Available upon request

## **DOCTORAL ACADEMIC TRAINING**

### **Assessment**

Clinical Interviewing- Dr. Celeste Derecho

Intellectual Assessment- Dr Charles Golden

Behavior Assessment- Dr. Vincent Van Hasselt

Objective Personality Assessment- Dr. William Dorfman

Projective Personality Assessment- Dr. Bady Quintar

Assessment of Child Sexual Abuse- Dr. Dennison Reed

Integrated Report- Dr. Charles Golden

Independent Study: Assessment of Children- Dr. Diann Michael

### **Intervention**

Systems/Family Therapy- Dr. Robert Kabacoff

Dynamic Therapy- Dr. Robert Lane

Case Conceptualization- Dr. William Dorfman

Treatment of Rape Trauma Syndrome- Dr. Philinda Hutchings

Advanced Treatment of Couples and Families- Dr. Mitchell Gordon

Child and Adolescent Intervention- Dr. Helen Orvaschel

Seminar in Eclectic Psychotherapy- Dr. Barry Schneider

Interventions in Depression-Dr. Helen Orvaschel

### **General**

Adult Psychopathology- Dr. Timothy Moragne

Developmental Psychology: Child and Adolescent- Dr. Eric Wagner

Developmental Psychology: Gerontology- Dr. Betty Badger

Professional Issues and Ethics- Dr. Eugene Shapiro

Social/Cognitive Bases of Behavior- Dr. David Barone

Child and Adolescent Psychopathology- Dr. Pamela Hall

Cross Cultural Psychology- Dr. John Lewis

Psychobiology- Dr. Doil Montgomery

Psychopharmacology- Dr. Leonard Gralnik

### **Research**

Research Design- Dr. Alfred Sellers

Intermediate Statistics With Lab- Dr. Alfred Sellers

Directed Study- Dr. Philinda Hutchings

Research Practicum- Dr. Vincent Van Hasselt

**MASTER'S DEGREE IN COUNSELING-ACADEMIC TRAINING (1992-1995)**

Orientation: Theory and Practice of Mental Health Counseling  
Fundamentals of Research and Assessment  
Group Dynamics and Process  
Legal Professional and Ethical Issues in Counseling  
Theories of Personality  
Social and Multicultural Issues in Counseling  
Counseling Processes and Skills  
Human Sexuality  
Theory and Practice of Group Counseling  
Abnormal Psychology: Diagnosis and Assessment  
Theory and Technique of Family and Relationship Counseling  
Human Growth and Development  
Consultation Skills  
Practicum  
Individual and Group Assessment and Treatment Planning  
Family and Relationship Modalities  
Lifestyle and Career Development  
Addictive Disorders  
  
Counseling Internship  
Master Therapist Series