

# MICHELE L. WOLFMAN, Psy.D

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## AREA OF SPECIALITY

- Sexual Abuse
- Posttraumatic Stress
- Mental Illness
- Suicide
- Self-Mutilation
- Malingering
- Substance Abuse
- Forensic Issues

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## EXPERIENCE

01/13- Present

NOVA SOUTHEASTERN UNIVERSITY, Davie, Florida

*Adjunct Professor/ On-line*

- Developed curriculum, syllabus, student presentation format, and on-line exams for on-line course titled: "Best Practices for the Mentally Ill in the Criminal Justice System"
- Developed curriculum, syllabus, student presentation format, and on-line exams for on-line course titled: "Psychological Evaluations of Competencies, Syndromes, and Sanity Issues."
- Capstone Thesis Mentor to guide students in the writing of their thesis and prepare them for graduation.
- Conduct monthly live chats.
- Correspond with students and faculty on a regular basis.

01/03-Present

BROWARD SHERIFF OFFICE, Pompano Beach, Florida

***Licensed Psychologist PY8301/Mental Health Treatment Supervisor***

***Supervisor: Timothy Ludwig, Ph.D.***

Responsibilities include:

- Brief Adjustment counseling and Crisis Intervention.
- Individual therapy with emphasis on co-occurring disorders, anger management, relaxation techniques, and sexual abuse trauma.
- Development and facilitation of several groups relating to Mental Illness, Substance Abuse, Stress Management, Relapse Prevention, Harm Reduction, Domestic Violence, and Medical Issues.
- Assistance in the development of the pre-doctoral internship with Nova Southeastern University.
- Develop and monitor an In-Patient program unit focusing on social skills and behavioral issues.
- Supervision of mental health specialists, post-doctoral, doctoral level interns, and practicum students.
- Liaison between Broward Sheriff's Office and Nova Southeastern University
- Board member for Florida Assertive Community Treatment team (FACT team) in partnership with Henderson Mental Health Center.
- Monitor inmates in need for referral to the Mental Health Misdemeanor Court.
- Provide in-service training to civilian and/or detention staff on issues related to working with mentally ill and suicidal inmates.
- Assist with Crisis Intervention Training of certified detention staff.
- Develop mental health programs and supervise treatment staff working in the Mental Health units focusing on criminal and mindfulness, DBT, CBT, addictive thinking, domestic violence, coping skills, and behavioral issues.

8/01 - 8/02

FEDERAL CORRECTIONAL INSTITUTION, Tallahassee, Florida

***Psychology Intern***

Responsibilities included:

- Medical Consultations between psychiatrist and psychology department
- Providing individual and group therapy for FDC-Tallahassee.
- Individual therapy with emphasis on self-inflicted violence, sexual abuse trauma, and relaxation

**EXPERIENCE** (continued)

- techniques
- Crisis Interventions, Drug Abuse Education screenings
  - Facilitating several groups relating to Living Free, Non-Residential Drug Abuse Education, Drug Abuse Education, Trauma, and Process group focusing on victims of sexual abuse
  - A&O orientations and screenings, and administering and scoring psychological evaluations
- 8/01 - 8/02 TALLAHASSEE MEMORIAL BEHAVIORAL HEALTHCARE, Tallahassee, Florida  
**Psychology Intern**  
Responsibilities included:
- Administering and scoring psychological evaluations
  - Report writing and provide feedback to individuals on their test results
- 4/99 - 8/01 BROWARD CORRECTIONAL INSTITUTION, Pembroke Pines, Florida  
**Psychologist Specialist**  
Responsibilities included:
- R & O Intake Screening, Crisis Intervention, and Brief Adjustment counseling
  - Confinement Evaluations, and facilitator of several groups pertaining to anger management, self-esteem, relaxation, and process group -- a group focusing with victims of sexual abuse
  - Case Management, and individual therapy with emphasis on self-inflicted violence, sexual abuse, eating disorders, suicide prevention, stress management, homosexual and bi-sexual relationships.
  - Designated Sex Offender Treatment Specialist for the prison, including preparing Jimmy Ryce packets, and sex offender screenings required by the State
  - Teaching Suicide Prevention to staff members of the DOC
  - Administration and scoring of psychosocial evaluations.
- 8/98 - 4/99 FEDERAL DETENTION CENTER, Miami, Florida  
**Student Intern - Practicum**  
Responsibilities included:
- Brief Adjustment counseling, intake screening, and report writing.
  - Administration and scoring of psychosocial evaluation.
  - Training on forensic evaluation including Rogers Criminal Responsibility Assessment Scale, and SIRS
- 1/98 - 8/98 BROWARD INTENSIVE HALFWAY HOUSE, Pompano Beach, Florida  
**Student Intern - Practicum**  
Responsibilities included:
- Individual therapy with emphasis on gang involvement, anger management and impulse control.
  - Administration and scoring of complete psychological evaluations.
  - Facilitator of several groups pertaining to anger control, social skills, and relaxation.

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**EDUCATION**

CARLOS ALBIZU UNIVERSITY, Miami, Florida

- Psy.D Doctoral Program - Graduated: 12/02
- Masters of Science - Graduated 11/98

FLORIDA ATLANTIC UNIVERSITY, Boca Raton, Florida

- Bachelor of Arts in Education - Graduated 4/93

ROCKLAND COMMUNITY COLLEGE, Suffern, New York

- Associate of Arts in Early Childhood Education - Graduated 5/90

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**PROFESSIONAL AFFILIATIONS & HONORS**

- *Meritorious Service Award* by Broward Sheriff's Office
- *Certificate of Appreciation* by Mental Health Association of Broward County

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**PROFESSIONAL AFFILIATIONS & HONORS (Continued)**

- *Certificate of Commendation* by Broward Sheriff's Office
- Florida Psychological Association
- *Certificate of Appreciation* by Broward Sheriff's Office
- *Recognition Award* by Bureau of Prisons- Federal Correctional Institution
- Phi Sigma Omicron- Honor society awarded by SUNY Rockland Community College
- *Volunteer Recognition Award* by Florida Department of Juvenile Justice

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**PROFESSIONAL WORKSHOPS ATTENDED**

- 3-Day Primary Certificate Practicum in Rational-Emotive & Cognitive Behavior Therapy
- Crisis Intervention Training (CIT)
- Clinical Supervision: Models and Skills to Create an Intentional Learning Environment
- CJS Security Awareness Training
- Suicide Detection and Prevention in Jails and Prisons
- Using Clinical Supervision to Address Problems of Professional Competency
- Beyond Good and Evil: The Soul of the Psychopath
- Best Practices in Group Therapy in Adolescents with Sexually Problematic Behavior
- The Risk of Sexual Abuse of Children (ROSAC)
- Contemporary Issues of Mental Illness
- Police/Community Trust: Local and National Perspective
- Violence Risk Assessment
- Foundations in Disaster Mental Health
- Using Motivational Interviewing Strategies and Techniques to Help Patients Change Risky/Problem Behaviors.
- Personality Disorders Trainings
- 16 Hour Critical Issues in Clinical and Administrative Supervision
- Violence Knows No Boundaries: Sex Crimes and Offenders
- Cognitive Behavior Therapy (CBT) for Suicide
- What is HIV?
- Cultural Competency Training
- 2011 Baker Act Training
- Aggression Control Techniques Training
- Preventing Medical Errors in Behavioral Health
- Ethics and Professional Boundaries
- CPR/AED Recertification for Civilians
- Human Diversity
- Prison Rape Elimination Act (P.R.E.A)
- Direct Supervision
- Mental Health/Suicide Prevention
- Inmate Manipulation
- EEO, Non-discrimination and Harassment
- Recovery Management
- Grief and Bereavement
- Psychopharmacology
- Gang Identification Training
- Florida Systems of Care Co-Occurring Meeting
- Ethical Management for Management/Supervisors: L.E.A.D. with Integrity
- All-Star Leadership Academy
- Baker Act and Crisis Intervention Training
- Substance Abuse Trends Across the Life Span and Across Culture

**PROFESSIONAL WORKSHOPS (Continued)**

- Dialectical Behavioral Therapy
- National Recovery Month: BSO Retreat: Improving Clinical Practice Through Teamwork
- Get Motivated Seminar
- The Business of Psychology
- Contingency Management
- Salvador Minuchin: Family Therapy
- Bridging Theory to Practice Clinician Competencies for Implementation of the CCISC Model
- Codecat Training for Supervisors
- Journey to Cultural Awareness: A Resource Fair
- Raising the Bar for Patient Outcomes- Mixed Episodes in Bipolar Disorder: Trapped Between Two Worlds
- Implementation of the CCISC Model from a Systems Perspective
- CO-FIT100: CCISC Outcome Fidelity & Implementation Tool
- Assessing Program Readiness: Using the Compass and Codecat
- Motivational Enhancement Therapy/Cognitive Behavioral Therapy
- Preventing Medical Errors
- Domestic Violence I-Child Abuse
- Managing the Mentally Disordered Inmate: Legal & Practical Applications
- Mental Health Training
- Advances in the Treatment of Depression
- Cognitive Behavioral Therapy & Motivational Enhancement Therapy Training Workshop
- Massage Therapy: Use in a Hospital Setting
- Acupuncture for Body, Balance, and Naturally Good Health
- Heart Transplant: That Was Then
- Case Studies of Spine Trauma, Cervical, Thoracic, Lumbar, and Review Spine and Neuro Anatomy
- Training of Interpersonal Psychotherapy Training
- Current Legal and Ethical Issues
- Administration and Scoring of the MacCAT-CA
- Houses of Healing Programs for Prisoners
- Alzheimer's Disease
- Basic Intracranial Pressure Monitoring
- Meeting the Challenge of a Changing Health Care Environment
- Behavioral Analysis of Violent Crime Scenes
- Personality Characteristics of the Psychopathic Personality
- Sexual Offenders: Identification, Management and Treatment
- The Creative Bridge to Self-Enhancement
- Dreams and Psychoanalysis: A Call for Return to Dreams
- Gentle Strategies for Survivors of Rape, Trauma, Incest and Abuse

**FACILITATOR/ PANELIST FOR WORKSHOPS**

- Crisis Intervention Training: Training BSO Sworn Staff
- A Closer Look at Self-Injurious Behaviors: A focus within Correctional and Hospital Settings
- Understanding Co-Occurring Psychiatric and Substance Use Disorders: A One-Day Interactive Training Workshop
- A Basic Introduction to Co-Occurring Psychiatric and Substance use Disorders: A One-Day Interactive Training Workshop
- Community Resource Fair- A Journey to Cultural Awareness
- Cognitive Impairment Screenings
- Working with Mentally Ill Inmates within a Correctional Setting
- Systems Transformation: From Separate to Parallel to Integrated: Broward County's Experience with System Transformation, 2006 National Gains Center Conference, Boston, MA.
- Self-Mutilation: A Dialogue on Cutting
- **Panelist:** Recovery and Resiliency Across the Life Span and Across Cultures, Broward MH/SA Coalition