

The below resources are recommended for the following Directed Study projects:

1. A critical literature review
2. an empirical study
3. a case study
4. a treatment manual

Bem, D. (1995). Writing a review article for *Psychological Bulletin*. *Psychological Bulletin*, 118(2), 172-177.

Bem, D. J. (1987). Writing the empirical journal article. In M. P. Zanna & J. M. Darley (Eds.), *The complete academic: A practical guide for the beginning social scientist* (pp. 171-201). New York: Random House.

Craske, M. G. & Barlow, D.H. (2007). *Mastery of your anxiety and panic: Therapist guide* (4th ed.), New York, NY: Oxford University Press.

Sampl, R., & Kadden, R. (2001). Motivational enhancement therapy and cognitive behavior therapy for adolescent cannabis users: 5 sessions, cannabis youth treatment (CYT) series, volume 1. Rockville, MD: Center for Substance Abuse Treatment and Mental Health Services Administration. BKD384.