The recognized use of play in therapy dates to the early part of the 20th century and the psychoanalytic school. Ensuing decades have brought expansion to the theory and practice of play therapy, with contemporary clinicians representing a broad range of theoretical orientations and clinical applications. Over the last thirty years, a body of qualitative and quantitative research, including meta-analytic study has grown, guiding and informing the discipline of play therapy, which is now taught in universities across the world and practiced in a wide variety of settings by clinicians of many disciplines. Most interestingly, play therapy has now been effectively utilized to assist clients facing significant challenges, such as loss and those imposed by Autism Spectrum Disorder. This didactic and experiential workshop will offer mental health clinicians and trainees the opportunity to learn about the research, theories and practical applications of play therapy, with additional focus on application with these challenges populations.

PROGRAM OBJECTIVES

Participants will be able to:

- Discuss the importance of play in human development
- Describe how play and play therapy have been incorporated into different theoretical models of treatment
- Analyze the research supporting the clinical applications of play therapy
- Apply play therapy to complex clinical issues including grief and loss, and Autism Spectrum Disorders
- Demonstrate and apply certain play therapy techniques
About the Presenter

Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S, is a professor of counselor education at St. Thomas University in Miami, Florida, where he directs the mental health counseling program and teaches a variety of graduate and undergraduate courses. He has a private practice in Fort Lauderdale, where, as a Diplomate in Clinical Child and Adolescent Psychology, he specializes in working with children, teens and families. Additionally, he is Chairman of the Board of Directors of the Association for Play Therapy. Dr. Rubin’s books include Using Superheroes in Play Therapy and Counseling, Play-based Interventions for Children and Adolescents with Autism Spectrum Disorders and the textbook Diagnosis and Treatment Planning for Mental Health Professionals: A Popular Culture Casebook Approach. He also chairs the Mental Health and Illness in Popular Culture division of the Popular Culture Association. He obtained his doctorate in clinical psychology from Nova University.

Program Location

Nova Southeastern University
Center for Psychological Studies
Maltz Psychology Building, Room 2057
3301 College Avenue
Fort Lauderdale, Florida 33314-7796

For maps and directions to Nova Southeastern University’s main campus, please visit our web site at http://www.nova.edu/cwis/campusmaps/maincampus.html. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

Program Agenda

8:30 a.m. – 9:00 a.m. Registration and refreshments
9:00 a.m. – 9:30 a.m. Play and Human Development
9:30 a.m. – 10:00 a.m. History of Play Therapy
10:00 a.m. – 11:00 a.m. Research in Play Therapy
11:00 a.m. – 12:00 p.m. Models of Play Therapy
12:00 p.m. – 1:00 p.m. Lunch
1:00 p.m. – 2:00 p.m. Models of Play Therapy (cont.)
2:00 p.m. – 3:00 p.m. Techniques of Play Therapy
3:00 p.m. – 4:00 p.m. Ethics and Resources in Play Therapy

For additional information on continuing education policies, please visit our web site at http://cps.nova.edu/programs/continuingeducation/workshops.html
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Psychologists: Nova Southeastern University’s Center for Psychological Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

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All mental health professionals will receive 6 continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state’s rules and regulations for more information regarding your continuing education requirements.

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NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

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