AFTER THE LOSS: SUPPORTING CHILDREN AND FAMILIES FOLLOWING A DEATH

Presenters: Peter Willig, LMFT, FT; Susana Blanco, Ph.D.; Mindy Cassel, Ph.D., CT; Kathy Kramer, LCSW, CT

Friday, April 27, 2018 + 9:00 a.m. – 12:00 p.m. Fort Lauderdale, Florida

This presentation will focus on the developmental impact of a death experience, manifestations of grief, research findings, standards of care, and factors relevant to working with bereft children and families. Clinicians, educators, community professionals, caregivers and others working with grieving children/families will benefit from the content and skill development offered through this seminar. Goals include assisting mental health Professionals with client, family system, and self-focused care in the face of loss. Educational information will be provided about bereavement among children and families, as well as tools and resources available for helping those experiencing loss.

PROGRAM LOCATION

Nova Southeastern University Carl DeSantis Bldg. (H. Wayne Huizenga School of Business & Entrepreneurship) Knight Auditorium – Room 1124 3301 College Avenue Ft. Lauderdale, FL 33314

For maps and directions to the Carl DeSantis Bldg., please visit our web site at <u>http://www.nova.edu/cwis/campusmaps/maincampus.html</u>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

ABOUT THE PRESENTERS

Peter Willig, LMFT, F.T. is the chief operating officer of the Children's Bereavement Center® (CBC). He is a licensed marriage and family therapist and a fellow in thanatology with over 25 years of clinical experience working with individuals and groups, including children, adolescents, couples, and families. Mr. Willig began his work with children and families at Miami Children's Hospital Department of Psychiatry and has worked with the CBC since its inception. He is responsible for oversight and facilitation of CBC programming, orientations, research, the CBC Training Institute, and Community Outreach programs.

Susana Blanco, Ph.D. is an educator and psychologist in private practice. Dr. Blanco has trained with the Children's Bereavement Center and has served as a group Facilitator in our peer support programs. She earned her master's degree in Marriage and Family Therapy from the University of Miami and her doctoral degree from the University at Albany, State University of New York. She completed her clinical internship at Boston Medical Center in the Center for Multicultural Training and her post-doctoral training at Edith Nourse Veteran's Hospital in Bedford, MA. In addition to having worked as a full-time academician at the doctoral level, she has conducted research, co-authored journal articles, and presented at national and international conferences on a variety of topics.

Mindy Cassel, Ph.D., C.T. is the chief executive officer and co-founder of the Children's Bereavement Center® (CBC). She is a licensed psychologist and thanatologist. Serving as executive director since 1999, she oversees CBC's operations, management, strategic planning, financial development, and expansion. Dr. Cassel's professional career in the Miami community spans more than 30 years, during which time she has worked with individuals, families, and children in the areas of loss, trauma, rehabilitation, and life transition.

Kathy Kramer, LCSW, C.T. is the director of program and training for the Children's Bereavement Center®. Ms. Kramer has been working in the mental health field for 15 years, 8 of which have been with the CBC. As the Program Director, for the CBC, Ms. Kramer coordinates, implements, and supervises all peer support groups for children, teens, young adults, and adults. Ms. Kramer leads the training and supervision of all CBC volunteers, interns, and facilitators. Additionally, she conducts community trainings and presentations and is responsible for research initiatives exploring the effectiveness of peer support groups on children and adult functioning after loss.

PROGRAM OBJECTIVES

Participants will be able to:

- Describe grief theories including attachment, the dual process model, and state theory as they relate to grief work and a healthful grief experience.
- List the developmental aspects of a grief experience as well as manifestations of loss (physical/behavioral/cognitive/social/emotional) in children and families.
- Discuss research findings focused on the measurement of adjustment, functionality, and continuing bonds and social support as markers of a healthy grief experience.
- Analyze the well-being of the patient and caregiver, with experiential training scenarios to build competence in dealing with loss
- Discuss the importance of self-care in facing patient and personal loss.
- Apply varied modalities and approaches for introducing a healthy discussion of loss with families.
- List helpful strategies/modalities, local/national resources, referral processes, and a community based model of grief support that addresses cultural/family dynamics in South Florida.

PROGRAM AGENDA

8:30 a.m. – 9:00 a.m.	Registration and refreshments
9:00 a.m. – 9:30 a.m.	Introduction / Objectives review
9:30 a.m. – 9:45 a.m.	Loss and Inventory Exercise
9:45 a.m. – 10:15 a.m.	Grief Theories
10:15 a.m. – 10:30 a.m.	Manifestations of Loss
10:30 a.m. – 11:00 a.m.	Research findings in grief response
11:00 a.m. – 11:30 a.m.	Guidelines for working with grieving families
11:30 a.m. – 11:45 a.m.	Resources review
11:45 a.m. – 12:00 p.m.	Questions and Answers

For additional information on continuing education policies, please visit our web site at

http://psychology.nova.edu/continuingeducation/index.html

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/19

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/19.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service for its students and the community. The college offers three American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology; Psy.D. in School Psychology); a specialist program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The college also has two APA-accredited doctoral internship programs.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University. • Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs. • The College of Psychology Doctor of Philosophy in Clinical Psychology (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association (APA). The College of Psychology Doctor of Psychology in Clinical Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology in School Psychology (Psy.D.) program is accredited by the commission on Accreditation of the American Psychological Association. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program. Questions related to the programs' accreditation status should be directed to the Commission on Accreditation. Office of Program Consultation and Accreditation American Psychological Association, 750 1st Street, NE, Washington, DC 20002, phone: 202-336-5979, E-mail: apaaccred @apa.org, www.apa.org/ed/accreditation. The college's degree programs in school counseling and the specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers three programs, (1) the M.S. in School Counseling, (2) the Psy.S. in School Psychology, and (3) the Psy.D. in School Psychology for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler College of Education as follows: The Abraham S. Fischler College of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org.

Registration Form AFTER THE LOSS: SUPPORTING CHILDREN & FAMILIES FOLLOWING DEATH Friday, April 27, 2018

NAME:			DEGREE:		
ADDRESS:					
СІТҮ:		STATE:	ZIP:		
TELEPHONE (work):					
EMAIL ADDRESS:					
Please email me abo	out future workshops:	yes 🗆 no			
CHECK ALL THAT APP	<u>LY</u> :				
psychologist	□ psychologist □ school psychologist □ mental health counselor				
□ social worker	\Box marriage and far	nily therapist			
□ other					
License #		State			
NSU CENTER FOR PSYC	HOLOGICAL STU	DIES:			
□ faculty	\Box adjunct faculty	□ part-time core faculty	□ full-time staff		
□ doctoral student	□ master's student	\Box specialist student	□ CPS alumnus		
WORKSHOP FEES:					
Advanced Registration (By April 18) \$45.00		□ Regular/On-Site \$60.00	Registration (After April 18)		
□ check/monev ord	er pavable to Nova So	outheastern University			

TO REGISTER WITH A CREDIT CARD, PLEASE VISIT OUR WEBSITE AT http://psychology.nova.edu/continuingeducation/index.html

MAIL CHECKS TO: Nova Southeastern University College of Psychology ATTN: Suzanne O'Sullivan 3301 College Avenue Fort Lauderdale, Florida 33314-7796

<u>REFUND AND CANCELLATION POLICY</u>: A full refund or a full credit for another program will be issued for cancellations received no later than one week prior to each workshop date. Credit toward another program will be awarded for cancellations after that date. The university reserves the right to cancel the program due to low registration.