

# **RECENT ADVANCES IN OUR UNDERSTANDING AND MANAGEMENT OF ADHD**

***Presenter: Russell A. Barkley, Ph.D.***

**Friday, October 20, 2017 ♦ 5:00 p.m. – 8:00 p.m.  
Fort Lauderdale, Florida**

ADHD is one of the most common childhood behavioral disorders, affecting up to eight percent of the school-age population and accounting for the largest proportion of children referred to mental health programs in this country. Clinicians are becoming increasingly aware that ADHD in childhood does not disappear over development and that many individuals with the disorder in childhood will continue to manifest the disorder into adulthood. The disorder will persist into adolescence in up to 80 percent or more of the cases diagnosed in childhood, and up to 65 percent of these cases followed into young adulthood. ADHD is also among the most impairing disorders being routinely treated in child and adult outpatient mental health centers, adversely affecting nearly every major domain of life activities studied to date. It is therefore imperative that mental health, medical, and educational professionals have as much up-to-date knowledge of this persistent childhood disorder and its treatment as possible.

This presentation will provide current information on three major advances in understanding the nature of ADHD and its management. First, it will review Dr. Barkley's current theory of ADHD as a disorder of executive functioning and self-regulation as well as its implications for managing the disorder. Second, it will discuss the adult outcomes of children with ADHD and the impairments identified in the numerous major life activities studied to date. And third, this presentation will briefly review the most effective evidence-based treatments for ADHD in children and adults as well as new and promising experimental treatments for the disorder.

## ABOUT THE PRESENTER

**Russell A. Barkley, Ph.D.** is a clinical professor of psychiatry at the Virginia Treatment Center for Children and Virginia Commonwealth University Medical Center, Richmond, VA. He is a Diplomate (board certified) in three specialties, Clinical Psychology (ABPP), Clinical Child and Adolescent Psychology, and Clinical Neuropsychology (ABCN, ABPP). Dr. Barkley is a clinical scientist, educator, and practitioner who has published 23 books, rating scales, and clinical manuals numbering 41 editions. He has also published more than 270 scientific articles and book chapters related to the nature, assessment, and treatment of ADHD and related disorders. He is the founder and Editor of the bimonthly clinical newsletter, *The ADHD Report*, now in its 25<sup>th</sup> year of publication. Dr. Barkley has presented more than 800 invited addresses internationally and appeared on nationally televised programs such as *60 Minutes*, *the Today Show*, *Good Morning America*, *CBS Sunday Morning*, *CNN*, and many other programs on behalf of those with ADHD. He has received awards from the American Psychological Association, American Academy of Pediatrics, American Board of Professional Psychology, Association for the Advancement of Applied and Preventive Psychology, American Professional Society for ADHD and Related Disorders, New England Educational Institute, the Wisconsin Psychological Association, and Children and Adults with ADHD (CHADD) for his career accomplishments, contributions to research in ADHD, to clinical practice, and for the dissemination of science. His websites are [www.russellbarkley.org](http://www.russellbarkley.org) and [ADHDLectures.com](http://ADHDLectures.com) .

## PROGRAM OBJECTIVES

Participants will be able to:

- Explain Barkley's theory of ADHD as a disorder of executive functioning and self-regulation
- Describe the implications of this theory for management of ADHD and its executive function deficits.
- Discuss the various adult major life activities found to be impaired in longitudinal studies of children diagnosed with ADHD followed into adulthood
- List the implications of these findings for life course management of the disorder
- Compare the major evidence-based treatments for ADHD, and newly emerging and promising experimental therapies for ADHD.

## PROGRAM AGENDA

4:30 p.m. – 5:00 p.m.	Registration
5:00 p.m. – 6:00 p.m.	ADHD as a disorder of executive functioning - Implications for management
6:00 p.m. – 7:00 p.m.	Adult outcomes of children with ADHD - Impairments and management
7:00 p.m. – 8:00 p.m.	Advances in treatments for ADHD
8:00 p.m. – 9:30 p.m.	Reception

## PROGRAM LOCATION

Nova Southeastern University  
Rose & Alfred Miniaci Performing Arts Center  
3100 Ray Ferrero Jr. Blvd.  
Ft. Lauderdale, FL 33314

For maps and directions to the Health Professions Division, please visit our web site at <http://www.nova.edu/miniaci/directions.html>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

**For additional information on continuing education policies,  
please visit our web site at  
<http://psychology.nova.edu/continuingeducation/index.html>**

## CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

**Clinical social workers, mental health counselors, and marriage and family therapists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/19

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/19.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

**All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

## ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service for its students and the community. The college offers three American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology; Psy.D. in School Psychology); a specialist program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The college also has two APA-accredited doctoral internship programs.

## NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University. • Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs. • The College of Psychology Doctor of Philosophy in Clinical Psychology (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association (APA). The College of Psychology Doctor of Psychology in Clinical Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology in School Psychology (Psy.D.) program is accredited by the commission on Accreditation of the American Psychological Association. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program. Questions related to the programs' accreditation status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation American Psychological Association, 750 1st Street, NE, Washington, DC 20002, phone: 202-336-5979, E-mail: [apaaccred@apa.org](mailto:apaaccred@apa.org), [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation). The college's degree programs in school counseling and the specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers three programs, (1) the M.S. in School Counseling, (2) the Psy.S. in School Psychology, and (3) the Psy.D. in School Psychology for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler College of Education as follows: The Abraham S. Fischler College of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), [www.ncate.org](http://www.ncate.org).

