

Considering Developing A Telehealth Practice – 7 Factors to Consider*

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Consideration	Specific Questions
General and organization-specific:	<ul style="list-style-type: none">• Why incorporate technology at all?• Is tech integration in line with the company/practice's mission?• What is my overall goal?• How will I measure goals?• Is it clinical only, or will it include research and training?• What is my timeline?• What are ethical and legal considerations for my practice, state, and federal guidelines?• How will technology be integrated into preexisting services?
Treatment-specific:	<ul style="list-style-type: none">• Which assessment services will be offered?• Which treatment services will be offered?• Which consultation services will be offered?• Which supervision services will be offered?• Which education services will be offered?
Need-specific:	<ul style="list-style-type: none">• Are there local clinicians who can provide telehealth services?• Do local providers prescribe psychotropic medication if indicated?• Are there local options for case management and financial assistance?• Are there liaisons with schools or employers if needed?• Are there formal structures for crises before and after discharge?• Who are stakeholders in that community?
Population-specific:	<ul style="list-style-type: none">• What is the intended audience in terms of age, conditions, etc.?• Is technology appropriate for the population (e.g., cognitive issues)?• Do I have access to the desired patient group to develop the practice?• What populations will be excluded?
Technology-specific:	<ul style="list-style-type: none">• What resources would I need?• Am I comfortable with day-to-date operation of technology?• Do I have access to rapid and responsive technical assistance?• Will the technology still be advantageous in 5-10 years?• How much time will be needed to learn and teach technology?
Administrative-specific:	<ul style="list-style-type: none">• Does my location have the needed organizational structure and support?• Who is accountable for the system and practice?• How comfortable am I with the business and billing aspects of a practice?• Do I have access to legal to update informed consent?• How will new referrals be fostered?• How can opposition to or fears about such services be minimized?
Financial-specific:	<ul style="list-style-type: none">• How much financial risk can I comfortably undertake?• How much to set-up?• How much to maintain?• How much to update/upgrade?• How much to train?• Will I have access to adequate patient base to support my costs?

*Adapted from works by:

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