

# **UNDERSTANDING TELEPSYCHOLOGY: INTRODUCTION TO THE ETHICS AND LEGALITY OF TELEHEALTH SERVICES**

***Presenter: Jonathan Perle, Ph.D., ABPP***

**Friday, May 8, 2020 ♦ 10:00 a.m. – 12:00 p.m.  
Zoom Webinar**

Frequently referred to as telepsychology or telebehavioral health, the integration of technology with mental healthcare services has seen rapid expansion in usage. To ensure successful utilization, providers must be aware of the logistics of the mediums utilized. This introductory program outlines key research-informed aspects of the use of telepsychology components in clinical practice, with an emphasis on the ethical and legal considerations required to foster appropriate and secure practice. Common pitfalls and safety planning will also be discussed.

*Level of Curriculum Content: Intermediate*

## **Zoom at a Glance**

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

## ABOUT THE PRESENTER

**Jonathan Perle, PhD., ABPP** is an early career clinical psychologist and professor. He has experience working within diverse clinical settings (e.g., medical centers, primary care, schools, university clinics) and roles (e.g., interdisciplinary, multidisciplinary, outpatient, inpatient). In addition to his current responsibilities that include teaching, supervising, mentoring, and conducting research, Dr. Perle provides both face-to-face and virtual psychological care at a multi-specialty practice. Beginning in his graduate education and spanning throughout his career, Dr. Perle has studied, written about, and taught about telehealth modalities. Combined works have resulted in multiple peer-reviewed publications, articles in national periodicals, professional presentations, collaborative projects, and his design and implementation of one of the first recognized telehealth-specific doctoral-level courses for clinical psychology students. Dr. Perle has also been recognized as a psychological innovator by the American Psychological Association's *Monitor* for his work designing an evidence-based and HIPAA-compliant smartphone application related to parent management training. In addition to serving as a reviewer for multiple journals, he serves as an editorial board member for both the *Journal of Technology in Behavioral Sciences* and the *Journal of Adolescent and Family Health*.

## PROGRAM OBJECTIVES

Participants will be able to:

- Identify and detail at least three common ethical and/or legal considerations for telehealth-based practice.
- Describe considerations with cross-state telehealth-based practice.

## PROGRAM AGENDA

10:00am – 10:10am	Introduction
10:10am – 10:40am	Background, terminology, and utility of telehealth services
10:40am – 11:30am	Ethical and legal considerations
11:30am – 11:40am	Problem-solving challenges
11:40am – 12:00pm	Questions and answers

**For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/ce>**

## CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

**Clinical social workers, mental health counselors, and marriage and family therapists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/21.

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/21.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

## ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

## NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: [apaaccred@apa.org](mailto:apaaccred@apa.org), Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation). The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers two programs, (1) the M.S. in School Counseling and (2) the Psy.S. in School Psychology, for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), [www.ncate.org](http://www.ncate.org). This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

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