

UNDERSTANDING TELEPSYCHOLOGY: OVERVIEW AND LOGISTICS OF VIDEO-BASED SERVICES

Presenter: Jonathan Perle, Ph.D., ABPP

**Friday, May 15, 2020 ♦ 10:00 a.m. – 12:00 p.m.
Zoom Webinar**

Conducting synchronous telepsychology services can be challenging due to a variety of provider, patient, and location-specific considerations. While many modalities are available, videoconferencing-based services have become some of the most commonly used technology-based strategies. Understanding the logistics related to appropriate practice can foster ease of use, provider comfort, and positive patient outcomes. This program outlines key research informing video-based practices, as well as logistics of the practice itself.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Jonathan Perle, PhD., ABPP is an early career clinical psychologist and professor. He has experience working within diverse clinical settings (e.g., medical centers, primary care, schools, university clinics) and roles (e.g., interdisciplinary, multidisciplinary, outpatient, inpatient). In addition to his current responsibilities that include teaching, supervising, mentoring, and conducting research, Dr. Perle provides both face-to-face and virtual psychological care at a multi-specialty practice. Beginning in his graduate education and spanning throughout his career, Dr. Perle has studied, written about, and taught about telehealth modalities. Combined works have resulted in multiple peer-reviewed publications, articles in national periodicals, professional presentations, collaborative projects, and his design and implementation of one of the first recognized telehealth-specific doctoral-level courses for clinical psychology students. Dr. Perle has also been recognized as a psychological innovator by the American Psychological Association's *Monitor* for his work designing an evidence-based and HIPAA-compliant smartphone application related to parent management training. In addition to serving as a reviewer for multiple journals, he serves as an editorial board member for both the *Journal of Technology in Behavioral Sciences* and the *Journal of Adolescent and Family Health*.

PROGRAM OBJECTIVES

Participants will be able to:

- Identify and describe at least three pertinent logistic factors related to providing video-based services.
- List at least two platforms suggested to be HIPAA compliant and appropriate for the provision of video-based telehealth services.

PROGRAM AGENDA

10:00am – 10:20am	Introduction and broad overview of synchronous online therapies
10:20am – 10:40am	Overview of videoconference-based telepsychology
10:40am – 11:30am	Videoconference logistics to consider in practice, including system configuration, audio and visual performance, room setup, and documentation
11:30am – 11:40am	Problem-solving challenges
11:40am – 12:00pm	Questions and answers

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CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/21.

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All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

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