

DISENTANGLING TRAUMA AND OBSESSIVE-COMPULSIVE DISORDER: IMPLICATIONS FOR ASSESSMENT, CONCEPTUALIZATION, AND TREATMENT

Presenter: Caitlin Pinciotti, PhD

**Friday, March 5, 2027 ♦ 12:00pm – 2:00pm (ET)
Zoom Webinar**

Trauma and Post-traumatic Stress Disorder (PTSD) are highly prevalent among individuals with Obsessive-Compulsive Disorder (OCD), yet remain underassessed and undertreated in specialty care settings. Trauma and PTSD can intersect with OCD and disrupt evidence-based treatment for OCD in a number of ways. This webinar will address these intersections and will provide concrete clinical recommendations for assessing, conceptualizing, and treating them within the context of evidence-based treatment.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Caitlin Pinciotti, Ph.D. is a licensed clinical psychologist and assistant professor in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine. She is an expert in the treatment, assessment, and study of obsessive-compulsive disorder (OCD), trauma, and posttraumatic stress disorder (PTSD). She has treated individuals with these co-occurring concerns at all levels of care ranging from outpatient to residential, and has published over 100 peer-reviewed articles on these topics. She currently serves as Training Faculty for the International OCD Foundation, and co-Chair for the IOCDF's Trauma and PYSD in OCD Special Interest Group.

PROGRAM OBJECTIVES

By the end of this presentation, participants will be able to:

- Differentiate similarly presenting and functioning symptoms of OCD and PTSD
- Describe common OCD-trauma intersections

PROGRAM AGENDA

12:00pm – 12:25pm	Definitions and prevalence
12:25pm – 12:50pm	Conceptualization
12:50pm – 1:10pm	Differential diagnosis
1:10pm – 1:35pm	Assessment
1:35pm – 2:00pm	Treatment considerations

For additional information on continuing education policies, please visit our website at <https://psychology.nova.edu/ce>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

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All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

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