Arie T. Greenleaf, PhD, LMHC

CURRICULUM VITAE

Professor, Department of Counseling, College of Psychology, Nova Southeastern University
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(954) 262-5610 • agreenle@nova.edu

EDUCATION

2011	**Ph.D.**, Counselor Education and Supervision, The University of Iowa
2007	**M.Ed.**, Community Counseling, Clemson University
2002	**B.A.**, Political Science, The University of Wisconsin–Madison

ACADEMIC APPOINTMENTS

2022–Present	**Professor**, Mental Health Counseling, College of Psychology, Nova Southeastern University
2021–2022	**Professor**, School Counseling, College of Education, Seattle University
2017–2021	**Associate Professor**, School Counseling, College of Education, Seattle University
2013–2017	**Assistant Professor**, School Counseling, College of Education, Seattle University
2011–2013	**Assistant Professor**, Counselor Education, College of Education and Health Professions, The University of Arkansas–Fayetteville

Adjunct Appointments

2014–2015	**Adjunct Instructor**, School Counseling, College of Education, American Public University
2009–2011	**Adjunct Instructor**, College of Education and College of Liberal Arts and Sciences, The University of Iowa

LICENSURE AND CERTIFICATION

Licensed Mental Health Counselor (LMHC), State of Washington. License MHC.LH.61468326

Certified Hypnotherapist (CHT), State of Washington. Certification HP60809111

PUBLICATIONS

30. Greenleaf, A. T. (2025). Beyond the fragmented self: Theory and practice of Deconstructive Inquiry. *Psychology of Consciousness: Theory, Research, and Practice.* https://psycnet.apa.org/doi/10.1037/cns0000442

29. Greenleaf, A. T. (2025). Predicting $\varkappa$ in collapse dynamics. *International Journal of Quantum Foundations, 11*(4), 738–771.

28. Greenleaf, A. T. (2025). A litmus test for plant consciousness: Pattern-temporal synergy in a relation-first ontology. *Communicative & Integrative Biology, 18*(1). https://doi.org/10.1080/19420889.2025.2563993

27. Greenleaf, A. T. (2025). Collapse is relational: Testing the temporal structure of quantum decoherence. *International Journal of Quantum Foundations, 11*(4), 643–663.

26. Roessger, K. M., & Greenleaf, A. T. (2025). Learning to support science: Gender differences in how scientific literacy mediates formal education's effect on U.S. adults' public support for science. *Frontiers in Education, 17*(10). https://doi.org/10.3389/feduc.2025.1556464

25. Greenleaf, A. T., & Reese, R. (2024). Nurturing minds with nature: Incorporating Ecodaemonia theory into comprehensive school counseling programs. *Professional School Counseling, 28*(1). https://doi.org/10.1177/2156759X241259977

24. Greenleaf, A. T. (2024). Postmodernism. In S. B. Dermer & J. R. Abdullah (Eds.), *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy.* Thousand Oaks, CA: Sage Publications. https://doi.org/10.4135/9781071808023.n414

23. Greenleaf, A. T., Williams, J. M., Roessger, K., Leibsohn, J., Jiwoo, P., & Walther, B. (2023). "Put on your walking shoes": A phenomenological study of clients' experience of walk and talk therapy. *Journal of Creativity in Mental Health, 19*(3), 352–367. https://doi.org/10.1080/15401383.2023.2247318

22. Graham, M., Siller, A., & Greenleaf, A. T. (2023). Crisis intervention: Role of the school counselor related to prevention and response. In C. Edwards & M. Graham (Eds.), *Foundations of School Counseling: Innovation for Professional Practice.* New York: Springer Publishing Co.

21. Greenleaf, A. T., Williams, J. M., Roessger, K. M., & Motsenbocker, J. (2019). Effects of a rite of passage ceremony on veterans' well-being. *Journal of Counseling & Development, 97*(2).

20. Ratts, M. J., Santos, K. A., & Greenleaf, A. T. (2019). Career counseling without borders: Moving beyond traditional career practices of helping. In D. Capuzzi & M. D. Stauffer (Eds.), *Career counseling: Foundations, perspectives, and applications* (pp. 97–115). Taylor & Francis. https://doi.org/10.4324/9781315166797

19. Williams, J. M., Greenleaf, A. T., Barnes, E. F., & Scott, T. (2018). High achieving, low-income students' perspective of how schools can promote the academic achievement of students living in poverty. *Improving Schools Journal, 22*(3).

18. Ratts, M. J., & Greenleaf, A. T. (2018). Multicultural and social justice counseling competencies: A leadership framework for professional school counselors. *Professional School Counseling, 21*(1b), 1–9. https://doi.org/10.1177/2156759X18773582

17. Ratts, M. J., & Greenleaf, A. T. (2018). Counselor-Advocate-Scholar Model: Changing the dominant discourse of counseling. *Journal of Multicultural Counseling and Development, 46*(2), 78–96.

16. Roessger, K. M., Greenleaf, A. T., & Hoggan, C. (2017). Using data collection apps and single case designs to research transformative learning in adults. *Journal of Adult and Continuing Education, 23*(2), 206–225.

15. Greenleaf, A. T., & Roessger, K. M. (2017). Effectiveness of care farming on veterans' life satisfaction, optimism, and perceived loneliness. *Journal of Humanistic Counseling, 57*(2), 86–110. https://doi.org/10.1002/johc.12046

14. Greenleaf, A. T., Ratts, M., & Song, S. (2016). Rediscovering classism: The humanist vision for economic justice. *Journal of Humanistic Psychology, 56*(6), 646–664.

13. Williams, J. M., Greenleaf, A. T., Barnes, E. F., & Owens, T. (2016). Photovoice as a teaching tool for client advocacy. *Journal of Counselor Leadership and Advocacy*, 1–13. https://doi.org/10.1080/2326716X.2015.1124816

12. Greenleaf, A. T., Williams, J. M., & Roessger, K. (2015). The health outcomes of connecting with nature: Evidence to guide counselor education. *Journal of Health and Human Development, 1*(1), 63–78.

11. Greenleaf, A. T., Williams, J. M., & Duys, D. K. (2015). Awareness of counselor trainees on clients' social barriers. *Journal of Counselor Practice, 6*, 22–32. https://api.semanticscholar.org/CorpusID:53642717

10. Greenleaf, A. T. (2014). Making the best of a bad situation: Career counseling young adults in the aftermath of the Great Recession. *Journal of Employment Counseling, 51*(4), 158–169. https://doi.org/10.1002/j.2161-1920.2014.00049.x

9. Williams, J. M., Greenleaf, A. T., Albert, T., & Barnes, E. F. (2014). Promoting educational resilience among African American students at risk of school failure: The role of school counselors. *Journal of School Counseling, 12*(9), 1–34. https://files.eric.ed.gov/fulltext/EJ1034726.pdf

8. Greenleaf, A. T., Bryant, R. M., & Pollock, J. B. (2014). Nature-based counseling: Integrating the healing benefits of nature into practice. *International Journal for the Advancement of Counselling, 36*, 162–174.

7. Greenleaf, A. T. (2013). Gardens and well-being. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (pp. 2399–2405). Netherlands: Springer. https://doi.org/10.1007/978-3-031-17299-1_3967

6. Williams, J. M., Greenleaf, A. T., & Duys, D. (2013). Client problems and the causal attributions made by counselors-in-training. *Journal of Counselor Preparation and Supervision, 5*(2), 6–17. https://doi.org/10.7729/51.0032

5. Greenleaf, A. T., & Bryant, R. (2012). Perpetuating oppression: Does the current counseling discourse neutralize social action? *The Journal for Social Action in Counseling and Psychology, 22*, 141–157. https://doi.org/10.33043/JSACP.4.1.18-29

4. Williams, J. M., & Greenleaf, A. T. (2012). Ecological psychology: Potential contributions to social justice and advocacy in school settings. *The Journal of Educational and Psychological Consultation, 22*, 141–157.

3. Wood, S. M., Greenleaf, A. T., & Thompson, L. M. (2012). Promising practices for school counselors working with students of military families. *Counseling Today, 55*(2), 50–54. https://ctarchive.counseling.org/2012/08/promising-practices-for-school-counselors-working-with-students-of-military-families/

2. Portman, T., Fonsecz-Irizarry, L., Getachew, M., Greenleaf, A. T., & Laroco, R. (2010). *eGranary Digital Library evaluation: Qualitative analysis.* WiderNet. Retrieved May 21, 2010, from http://www.widernet.org/sites/default/files/eGranaryEval_06A-PortmanQualitative.pdf

1. Greenleaf, A. T., & Williams, J. M. (2009). Supporting social justice advocacy: A paradigm shift towards an ecological perspective. *The Journal for Social Action in Counseling and Psychology, 2*(1), 1–14. https://doi.org/10.33043/JSACP.2.1.1-14

BOOK AND PREPRINTS

Book

Thought and Freedom (unpublished manuscript).

Preprints

Greenleaf, A. (2025). *Composition without composites: A relational dissolution through refinement mereology.* Zenodo. https://doi.org/10.5281/zenodo.17870354

Greenleaf, A. (2025). *Truth as coherent constraint: Refinement, grain, and grounding.* Zenodo. https://doi.org/10.5281/zenodo.17871951

Greenleaf, A. (2025). *The relational universe: How consciousness reveals the organizational grammar of reality.* Zenodo. https://doi.org/10.5281/zenodo.16397586

KEYNOTE ADDRESS

Greenleaf, A. T. (2020, June). *While we were distracted…* Keynote address on the risks of school closures on students' mental health at the House System Institute: Virtual Symposium, Seattle, WA. https://vimeo.com/432625236

PODCAST

Greenleaf, A. T. (2019, August 1). *How ancient rite of passage ceremonies offer new hope of healing for United States military veterans.* Headspace and Timing Podcast. https://veteranmentalhealth.com/hst132/

INVITED BOOK REVIEW

Greenleaf, A. T. (2020). Review of *Introduction to Clinical Mental Health Counseling: Contemporary Issues* by J. C. Watson & M. K. Schmitt. Sage Publishing.

GRANTS AND FUNDED RESEARCH

Funded Grants

2012–2015 Higgins, K., Greenleaf, A. T., & Kissinger, D. *The Razor C.O.A.C.H. Program.* The Walton Family Foundation. **Funded: $1,450,500.**

2015 Greenleaf, A. T. *The effects of care farming on post-war veterans' well-being and symptoms of PTSD and depression.* Seattle University. **Funded: $7,000.**

2012–2013 Greenleaf, A. T., & Ganio, M. *Green exercise as a modality to enhance talk therapy.* University of Arkansas. **Funded: $15,000.**

Financial Gift

2016 Greenleaf, A. T., & Roessger, K. *The effects of care farming on post-war veterans' well-being and symptoms of PTSD and depression.* Gift from Peter Chiarelli, Four-Star General, Vice Chief of Staff of the United States Army, Multi-National Corps – Iraq. **Funded: $25,000.**

Grants Submitted, Not Funded

2015 Ratts, M. J., & Greenleaf, A. T. *Making the invisible, visible: Contextual factors contributing to LGBTI courtesy stigma.* NIH R03, Research. Requested: $200,000.

2014

Greenleaf, A. T., & Roessger, K. *The effects of care farming on post-war veterans' well-being and symptoms of PTSD and depression.* NIH R15, Research. Requested: $253,000.

Ratts, M. J., Song, S., Greenleaf, A. T., & Cowan-Pitre, C. *Teacher-Advocate-Scholar Model: A quasi-experimental study.* American Association of Colleges for Teacher Education. Requested: $30,000.

Greenleaf, A. T. *Exploring the efficacy of care farms in the Seattle area: An exploratory trip to The Netherlands.* Seattle University, Research. Requested: $2,000.

PRESENTATIONS AND TRAINING WORKSHOPS

51. Greenleaf, A. T. (2026, October). *The Hard Problem Is a Category Error: Consciousness as Content, Not Property—from Brains to AI.* The Science of Consciousness Conference, San Diego, CA.
50. Greenleaf, A. T. (2026, February). *Relational Emotional Literacy: Helping Students See Beneath the "Self" and the Feeling.* Innovative School Transformation Conference, Seattle, WA.
49. Greenleaf, A. T. (2025, July). *The Dynamis Theory Unveiled: Measuring Consciousness Across Brains, Plants, and Silicon.* The Science of Consciousness Conference, Barcelona, Spain.
48. Greenleaf, A. T. (2025, February). *Preparing Children for a Changed World: The Adaptive Purpose Model.* Innovative School Transformation Conference, Seattle, WA.
47. Greenleaf, A. T. (2024, February). *Adapting to Tomorrow: Transforming K-12 Education with the Adaptive Purpose Model in the AI Era.* Innovative School Transformation Conference, Seattle, WA.
46. Greenleaf, A. T. (2023, September). *Secrets of Success: Thank-a-Professor Recipients Unpack Their Effective Teaching Techniques.* NSU's Learning and Educational Center. Nova Southeastern University.
45. Greenleaf, A. T. (2023, April). *The Impact of Social Media on Teens: What Can Be Done?* Shark Chat, NSU College of Psychology.
44. Greenleaf, A. T. (2023, February). *Getting Outside the Office: The Steps to Walk and Talk Therapy in Schools.* Innovative School Transformation Conference, Seattle, WA.
43. Greenleaf, A. T. (2022, June). *Nature-Based School Counseling: Integrating the Benefits Of Nature into Comprehensive School Counseling Programs.* House System Institute –A National Symposium. Seattle, WA.
42. Greenleaf, A. T. (2022, May). *The Impact of Social Media on Teens: What Can Be Done?* Parental Training Workshop. Redmond High School, Redmond, WA.
41. Greenleaf, A. T. (2021, May). *Nature-Based Counseling: Integrating the Healing Benefits of Nature into Practice.* 2021 Celebration of Scholarship. Representative of the College of Education. Seattle University.
40. Greenleaf, A. T. (2021, March). *The Kids are Not Alright: Recommendations for Schools Dealing with an Epidemic of Mental Illness.* Innovative School Transformation Conference. Seattle, WA.
39. Greenleaf, A. T. (2019, May). *The Impact of Social Media on Teens: What Can Be Done?* Staff Professional Development Workshop. Redmond High School, Redmond, WA.
38. Greenleaf, A. T. (2019, March). *Pressing Pause: What are the Risks of Social Media On Generation Z?* Innovative School Transformation Conference. Seattle, WA.
37. Greenleaf, A. T. (2018, March). *Multicultural and Social Justice Competencies: A Leadership Framework.* Innovative School Transformation Conference. Seattle, WA.
36. Greenleaf, A. T., Weihe, H., & Nguyen, E. (2018, March). *Developing School Connectedness for Faculty and Staff.* Innovative School Transformation Conference. Seattle, WA.
35. Greenleaf, A. T., Weihe, H., & Nguyen, E. (2018, March). *Toolkit for a More Connected Counseling Team.* Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
34. Greenleaf, A. T. (2017, May). *Care Farming, Veterans, and Life Satisfaction: The Effectiveness of Ecotherapy on Wellness.* Professional Development Talk. Sponsored by the University of Nevada – Las Vegas.
33. Greenleaf, A. T. (2016, September). *Effects of Farming on Veteran's Well-Being.* Presentation at the Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference, Steamboat Springs, CO.
32. Greenleaf, A. T. (2016, May). *Effects of Farming on Veteran's Well-Being.* Presentation at the Association of Humanistic Counseling (AHC) Conference, Portland, OR.

31. Greenleaf, A. T. (2015, June). *Farming and Veteran's Well-Being: A Study*. Seattle University Alumni Association. Seattle, WA.

30. Greenleaf, A. T. (2015, March). *Keys to Effective Facilitation of Mentor Groups*. Staff Professional Development Training. O'Dea High School, Seattle, WA.

29. Greenleaf, A. T. (2015, March). *Facilitating Mentor Group Discussions on Social Justice Issues*. Staff Professional Development Training. O'Dea High School, Seattle, WA.

28. Greenleaf, A. T., Jones, A. M., Malone, I., & Kenney, V. (2015, February). *Nature Based School Counseling: Integrating the Benefits of Nature into Comprehensive School Counseling Programs*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.

27. Greenleaf, A. T. (2014, November). *School Connectedness: The Untapped Power of Schools*. Professional Development Presentation. O'Dea High School, Seattle, WA.

26. Ratts, M. R., & Greenleaf, A. T. (2014, February). *Child Abuse and Reporting*. Continuing Education Workshop. Washington School Counseling Association (WSCA) Conference, Seattle, WA.

25. Ono, S., Nay, S., Thomas, C., Howard, R., Ratts, M., & Greenleaf, A. T. (2014, February). *The Hidden Culture of Poverty in Schools: Addressing the Needs of Students in Poverty through PhotoVoice*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.

24. Greenleaf, A. T. (2013, April). *The Ecological Perspective: Understanding Human Behavior from a Person-Environment Lens*. 2013 Health Disparities Conference, Springdale, AR.

23. Greenleaf, A. T., Jones, S., Jungersen, T., Walker, Q., & Williams, J. (2013, March). *Deconstructing Mental Health Disparities and Social Justice in Action: A Nexus of Counseling Professionals*. Panel presentation at the American Counseling Association (ACA) Convention, Cincinnati, OH.

22. Greenleaf, A. T., & Ritter, G. (2013, February). *Research and public school partnerships: Razor C.O.A.C.H. Program*. The University of Arkansas, Office for Education Policy.

21. Greenleaf, A. T. (2013, January). *Positive Psychology and its Philosophies*. Presentation at The University of Arkansas Strengths Symposium, Fayetteville, AR.

20. Greenleaf, A. T., Kaplan, J., & Kester, J. (2012, October). *Metrics Next: Measuring Health, Happiness and Opportunity*. Panel presentation at the Sustainable Communities Leadership Summit, Fayetteville, AR.

19. Greenleaf, A. T., Carver, C., & Abbott, L. (2012, September). *Professional Counseling, Please Shake Hands with Positive Psychology*. Round-table discussion at the Southern Association of Counselor Education and Supervision (SACES) Conference, Savannah, GA.

18. Gutkin, T. B., Swearer, S. M., Doll, B. J., Meyers, J., & Greenleaf, A. T. (August, 2012). *Ecological School Psychology – Translating Theory and Research Into Evidence-Based Practice*. Symposium at the American Psychological Association Conference, Orlando, FL.

17. Newgent, R. A., Davis, H., Higgins, K. K., & Greenleaf, A. T. (2012, March). *Tips for Applying for Counselor Education Faculty Positions*. Poster presentation at the American Counseling Association (ACA) Convention, San Francisco, CA.

16. Greenleaf, A. T. (2012, February). *Positive Psychology: A Roadmap to Human Flourishing*. Presentation at the Arkansas Counselor Education and Supervision (ArACES) Conference, Fayetteville, AR.

15. Greenleaf, A. T. & White, J. (2011, November). *Is Positive Psychology Relevant? Why Understanding the "Good Life" Matters for the Counseling Profession*. Presentation at the Arkansas Counseling Association (ArCA) Conference, Hot Springs, AR.

14. Kissinger, D., Thomasson, T., Kirkpatrick, K., & Greenleaf, A. T. (2011, November). *Reactance Potential and the Supervisory Alliance*. Presentation at the Arkansas Counseling Association (ArCA) Conference, Hot Springs, AR.

13. Greenleaf, A. T. (2011, October). *Career Counseling in the Great Recession: Implications and Interventions for Assisting Emerging Adults in the College-to-Career Transition*. Round table discussion at the Association for Counselor Education and Supervision (ACES), Nashville, TN.

12. Wood, S. M., Thompson-Gillespie, L., & Greenleaf, A. T. (2011, March). *Promising Practices for School Counselors Working With Students of Military Families*. Poster session at the American Counseling Association (ACA) National Conference, New Orleans, LA.

11. Greenleaf, A. T., & Williams, J. M. (2010, October). *Ecological Counseling: Potential Contributions to Social Justice and Advocacy in School Settings*. Presentation at the North Central Association for Counselor Education and Supervision (NCACES), Itasca, IL.

10. Greenleaf, A. T., & Williams, J. M. (2010, September). *Ecological Counseling: Potential Contributions to Social Justice and Advocacy in School Settings*. Presentation at the North Atlantic Region Association for Counselor Education and Supervision (NARACES), New Brunswick, NJ.

9. Greenleaf, A. T. (2010, August). *Positive Psychology*. Continuing Education Workshop. Annual Summer School for Professional Helpers. Iowa City, IA.

8. Williams, J. M., & Greenleaf, A. T. (2010, March). *Social Justice Counseling and Therapy: Philosophy and Theory in Action*. Poster session presented at the American Counseling Association (ACA) National Conference, Pittsburgh, PA.

7. Greenleaf, A. T., & Williams, J. M. (2009, October). *Wellness Counseling: Targeting Transformative Societal Change*. Presentation presented at the Association for Counselor Education and Supervision (ACES) National Conference, San Diego, CA.

6. Williams, J. M., & Greenleaf, A. T. (2009, October). *Balancing the Imbalance: Reframing the Medical Model from a Multicultural Perspective*. Presentation presented at the Association for Counselor Education and Supervision (ACES) National Conference, San Diego, CA.

5. Cigrand, D. & Greenleaf, A. T. (2009, October). *Recognizing Ego Depletion in Ourselves and Its Relational Effects*. Association for Counselor Education and Supervision (ACES), San Diego, CA.

4. Greenleaf, A. T., Williams, J. M., Dean, A. A. (2008, October). *Wellness Counseling of African American Adolescents*. Presentation presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.

3. Stoner-Harris, T., Bacon, L.C., Williams, J.M., Viviani, A., Dean, A., Greenleaf, A. T., Lin, Y., Washington, A. (2008, October). *A Response to the Challenge: A Doctoral Student's Adjustment from Community Counseling to School Counseling*. Poster session presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.

2. Dean, A. A., Greenleaf, A. T., & Williams, J. M. (2008, October). *There's Nothing New Under the Sun: Understanding Acedia*. Poster session presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.

1. Witherspoon, S., Henfield, M. S., Greenleaf, A. T., Washington, A., & Goldsmith, S. (2007, October). *Exploring Trends in Doctoral Students' Advising Experiences*. Program presented at the Association for Counselor Education and Supervision (ACES), Columbus, OH.

SCHOLARSHIP IN THE NATIONAL MEDIA

Sun Sentinel (January 10, 2025). "Will Generation Beta be at mercy of AI? South Florida experts predict future of newest age group." https://www.sun-sentinel.com/2025/01/10/south-florida-experts-make-predictions-for-generation-beta/

Seattle Times (May 26, 2024). "More Seattle-area therapists are taking their sessions outdoors." https://www.seattletimes.com/seattle-news/mental-health/more-seattle-area-therapists-are-taking-their-sessions-outdoors/

Martha Stewart Living (July 18, 2019). "Here's how sunlight can impact your mood and your overall mental health." https://www.marthastewart.com/1540908/how-sunlight-impacts-mood-overall-mental-health

Woodstock Magazine (July 1, 2019). "Invite the outdoors in." https://www.woodstockmagazine.com/2019/07/01/202651/invite-the-outdoors-in

Velux (June 5, 2019). "Let nature in campaign." https://www.prnewswire.com/news-releases/new-global-survey-finds-were-lacking-fresh-air-and-natural-light-as-we-spend-less-time-in-nature-300861918.html

MedIndia (July 11, 2017). "Care farming aids in improving veterans' mental, physical health." https://www.medindia.net/news/care-farming-aids-in-improving-veterans-mental-physical-health-171584-1.htm

News Medical (July 10, 2017). "Care farming helps improve veterans' mental and social well-being, study shows." https://www.news-medical.net/news/20170710/Care-farming-helps-improve-veterans-mental-and-social-well-being-study-shows.aspx

Health Medicine Network (July 10, 2017). "Farm work may improve veterans' mental health." http://healthmedicinet.com/i/farm-work-may-improve-veterans-mental-health/

MedicalXpress (July 10, 2017). "Farm work may improve veterans' mental health." https://m.medicalxpress.com/news/2017-07-farm-veterans-mental-health.html

AWARDS AND HONORS

2017–2018	Top Downloaded Article, Certificate of Achievement, *The Journal of Humanistic Counseling*
2016	Distinguished Reviewer of the Year, *The Journal of Humanistic Counseling*
2015	Junior Faculty Professional Development Award, Seattle University
2009	Exceptional Graduate Student Award, The University of Iowa
2007–2011	Chi Sigma Iota, International Honor Society, The University of Iowa
2007–2011	Audrey Qualls Scholarship, The University of Iowa

TEACHING

Courses Taught

Nova Southeastern University

Community Mental Health Counseling	PYCL 0660
Human Sexuality	PYCL 0582
Career Counseling	PYCL 0631
Counseling Theories & Practice	PYCL 0502
Counseling Practicum	PYCL 0680

Seattle University

Professional and Ethical Issues in Counseling	COUN 5080
Tests and Measurements	COUN 5270
Crisis Counseling	COUN 5700
Career Guidance for K-12 Schools	COUN 5160
Comprehensive School Counseling	COUN 5090
Consultation, Leadership, & Advocacy	COUN 5140
Counseling Across the Lifespan	COUN 5070
Counseling Theories	COUN 5110
Lifespan Career Development	COUN 5120
School Counseling Practicum	COUN 5540
School Counseling Internship and Graduate Project I	COUN 5550
School Counseling Internship and Graduate Project II	COUN 5560
School Counseling Internship and Graduate Project III	COUN 5570
Multicultural and Social Justice Counseling (Independent Study)	COUN 5130
Group Counseling (Independent Study)	COUN 5170
Counseling with Children and Adolescents (Independent Study)	COUN 5610
Diagnosis and Assessment (Independent Study)	COUN 5400
Introduction to Educational Research (Independent Study)	EDUC 5000

The University of Arkansas

Clinical Applications of Marriage and Family Counseling	CNED 6123 (Doctoral Seminar)
Counseling and Human Development	CNED 5993
Counseling Practicum	CNED 5343
Cultural Foundations and Counseling	CNED 6343 (Doctoral Seminar)
Foundations of Marriage & Family Counseling	CNED 6023 (Doctoral Seminar)
Individual Appraisal	CNED 5303
Lifestyle and Career Development	CNED 5213

The University of Iowa

Positive Psychology	07C:174
Alcohol and Your College Experience	027:020
Group Counseling (co-instructor)	07C:202
Group Processes for Related Professions	07C:190
Resiliency and Your College Experience	027:022
Understanding Stress and Coping	28:174

American Public University System

School Counseling Practicum	EDUC 696
School Counseling Internship	EDUC 691, 692
Psychodiagnostics and Assessment	EDUC 533

Thesis Committee

Master's Thesis Committee, University of Arkansas, Fall and Winter 2012. Student: Alexandra Lachance. Title: *Effect of body size and exercise on mood state.*

SERVICE

Service to the College and University

2026–2027	Chair, Technology & AI in Counselor Education Committee, Nova Southeastern University
2026–2027	Internal Review Committee, Outside Member, Nova Southeastern University
2026–2027	AI Committee, Nova Southeastern University
2024–2026	Promotion Committee, Nova Southeastern University
2023–2027	Department of Counseling Curriculum Committee, School Counseling Subcommittee, Nova Southeastern University
2023–2026	Application Review Committee, Nova Southeastern University
2022–2025	Admissions Committee, Nova Southeastern University
2022	Faculty Handbook Review Committee, Seattle University
2020–2021	ROC-ACR Academic Calendar Review Committee, Seattle University
2020–2021	ROC-ACR Student Engagement Sub-committee, Seattle University
2019–2022	Chair, Academic and Curriculum Review Committee, College of Education, Seattle University
2019–2020	Assessment Liaison, Mental Health and School Counseling Program, College of Education, Seattle University
2018–2021	Chair, Faculty Handbook Committee, Seattle University
2018–2020	Academic Assembly, Bylaws Committee, Seattle University
2018–2020	Intercollegiate Athletics Advisory Board, Faculty Representative, Seattle University
2018–2019	Leadership and Finance Team, Associate Professor Representative, College of Education, Seattle University
2018–2019	PEAB Liaison, School Counseling Program, College of Education, Seattle University
2017–2020	Academic Assembly, College of Education Representative, Seattle University
2017–2018	Academic Assembly, Deans Evaluation Committee, Seattle University
2017–2018	Academic Assembly, Administrator Assessment Committee, Seattle University
2017–2018	Leadership and Finance Team, Large Programs Representative, College of Education, Seattle University
2017	Chair, Search Committee, Boeing-William M. Allen Endowed Chair, College of Education, Seattle University
2016–2022	Chair, Faculty Bylaws Committee, College of Education, Seattle University
2016–2019	Graduate Commencement, Name Reader, Seattle University
2016–2019	Leadership and Finance Team, Bylaws Committee Representative, College of Education, Seattle University

2015–2017	Institutional Review Board, College of Education Representative, Seattle University
2015	Chair, Search Committee, Boeing-William M. Allen Endowed Chair, College of Education, Seattle University
2015	Member, Strategic Planning Committee, Differentiated Workload, College of Education, Seattle University
2014–2020	Admissions Liaison, Mental Health and School Counseling Program, College of Education, Seattle University
2014–2017	Leadership and Finance Team, Assistant Professor Representative, College of Education, Seattle University
2014–2016	Summer Faculty Fellowship Committee, College of Education Representative, Seattle University
2014, 2018	PEAB Liaison, School Counseling Program, College of Education, Seattle University
2014	Member, Strategic Planning Committee, College of Education, Seattle University
2012–2013	Member, Professional Development Committee, Arkansas Health Disparities Conference, University of Arkansas–Fayetteville
2011–2013	Member, Faculty Advisory Council, Applied Sustainability Center, University of Arkansas–Fayetteville

Service to the Profession

2022–2025	Editorial Board, *Journal of Counselor Leadership and Advocacy*
2018–2022	Associate Editor of Theory and Practice, *Journal of Counseling & Development*
2013–2018	Editorial Board, *The Journal of Humanistic Counseling*
2024–Present	Reviewer, *Trauma Counseling and Resilience*
2019–Present	Reviewer, *Aging and Mental Health*
2019–Present	Reviewer, *Current Psychology*
2018–Present	Reviewer, *Frontiers in Psychology*
2017–Present	Reviewer, *The International Journal of Environmental Research and Public Health*
2014–Present	Reviewer, *The Journal of Counselor Leadership & Advocacy*
2011–Present	Reviewer, *Journal for Social Action in Counseling and Psychology*
	Reviewer, *International Journal of Professional Counseling*
2013	Communications Officer, Counselors for Social Justice, Division of the American Counseling Association
2011–2012	Member, Strategic Planning Committee, Counselors for Social Justice, Division of the American Counseling Association
2009	Student Representative, Association of Multicultural Counseling and Development, National Awards Committee

Additional Service

2014–2021	Member, Advisory Council, Growing Veterans

COUNSELING EXPERIENCE

2024–Present	**Mental Health Counselor**, Headway, Weston, FL
2021–Present	**Owner and Counselor**, Arie Greenleaf Counseling, LLC. Mental health counseling and hypnotherapy
2021–2022	**Mental Health Counselor**, Counseling Services for Wellbeing, Seattle, WA
2014–2015	**Counselor**, mental health and career counseling, Edmonds Community College, Edmonds, WA
2007–2009	**Counselor**, mental health and career counseling, Kirkwood Community College, Iowa City, IA
2006–2007	**Counselor**, couples and family counseling, WestGate Consultation Network, Spartanburg, SC

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)