

Taylor J. Irvine, Ph.D., LMHC, NCC, ACS

Assistant Professor

Department of Counseling – College of Psychology

Nova Southeastern University

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EDUCATION

- Ph.D. Doctor of Philosophy in Counselor Education and Supervision***
August 2019 – August 2022
Dissertation Title: *Validating the Effectiveness of a Gottman Method Couples Therapy Intervention, the Trust Revival Method, for Affair Recovery: A Randomized Control Trial*
Florida Atlantic University
- Ed.S. Education Specialist in Clinical Mental Health Counseling**
August 2016 – May 2019
Florida Atlantic University
- M.Ed. Master of Education Clinical Mental Health Counseling***
August 2016 – May 2019
Florida Atlantic University
- B.A. Bachelor of Arts in Psychology**
June 2016 – December 2015
Minors: French and Sociology
Florida Atlantic University

*CACREP Accredited Program

LICENSURE AND PROFESSIONAL TRAININGS

Licensed Mental Health Counselor (LMHC), Florida	# MH 19395
National Certified Counselor (NCC), National Board for Certified Counselors	#1402284
Approved Clinical Supervisor (ACS), Center for Credentialing & Education	#ACS-5188

ADVANCED TRAINING

Treating Affairs and Trauma Training, The Gottman Institute	2021
The Columbia-Suicide Severity Rating Scale Training	2020
The Renfrew Unified Treatment Model for Eating Disorders Clinical Training	2020
Gottman Method Couples Therapy: Level 3 Clinical Training	2020
Gottman Method Couples Therapy: Level 2 Clinical Training	2018
Gottman Method Couples Therapy: Level 1 Clinical Training	2017

The Specific Affect Coding System (SPAFF) Training
Psychological First Aid (PFA) Certification

2017
2017

TEACHING AND SUPERVISION EXPERIENCE

Nova Southeastern University, Ft. Lauderdale, FL
Assistant Professor, Dept. of Counseling

May 2023 – *Present*

- Prepare lessons and course syllabi, grade papers, and teach all classes.
- Maintain an active and productive research agenda, concentrating on opportunities for grant writing.
- Monitor and respond to student inquiries, grievances, and professional functioning.
- Integrate web-based technology across courses (e.g., Canvas and LiveText).
- Enforce academic standards and policies.
- Provide mentoring and support to master's-level students.

Taught the following CACREP accredited master's-level courses:

PYCL 0660: Community Mental Health

PYCL 0645: Couples & Family Counseling Strategies

PYCL 0666: Case Conceptualization & Treatment Strategies

PYCL 0582: Human Sexuality

Florida Atlantic University, Boca Raton, FL
Postdoctoral Fellow, Dept. of Counselor Education

Aug. 2022 – Apr. 2023

- Assist the department with re-accreditation of the Council on Accreditation for Counseling and Related Educational Programs, specifically developing section two of the CACREP self-study for the master's in mental health counseling program.
- Maintain an active and productive research agenda, concentrating on opportunities for grant writing.
- Execute requested research and grant writing duties.
- Prepare lessons and course syllabi, grade papers, and teach all classes.
- Monitor and respond to student inquiries, grievances, and professional functioning.
- Integrate web-based technology across courses (e.g., Canvas and LiveText).
- Enforce academic standards and policies.
- Provide mentoring and support to master's and doctoral-level students.

Taught the following CACREP accredited master's-level courses:

MHS 6070: Psychopathology in Counseling

MHS 6401: Counseling Theories & Techniques in Counseling

MHS 6830: Internship in Mental Health Counseling

MHS 5005: Processes in Counseling

Florida Atlantic University, Boca Raton, FL
Graduate Supervision Coach, Dept. of Counselor Education

Oct. 2021 – Dec. 2021

- Provide supervision and coaching to students.

- Support case conceptualization development during simulated counseling experiences in a CACREP accredited master's-level course.

Florida Atlantic University, Boca Raton, FL

Jun. 2019 – Aug. 2020

Graduate Teaching Assistant, Dept. of Counselor Education

- Assisted faculty with grading duties both in-person and online, using Canvas.
- Offered feedback on practicum/internship case conceptualization reports.
- Prepared a standardized clinical case for practicum/internship trainees' exit exams, serving as both a participant and rater.

Teaching Assistant in the following CACREP accredited master's-level courses:

MHS 6401: Counseling Theories and Techniques, Summer 2019 and Fall 2019

MHS 6820: Internship in School Counseling, Spring 2020

MHS 6710: Counseling Research and Evidence-Based Practice, Summer 2020

The Gottman Institute, Seattle, WA

Aug. 2020 – Present

SPAFF Coding Trainer, Virtual

- Trained recruits to become reliable in the Specific Affect Coding System (SPAFF).
- Provided a 10-week virtual training and review sessions with SPAFF recruits (i.e., demonstrating valid codes, comparing kappa scores, etc.).

SCHOLARSHIP

JOURNAL PUBLICATIONS

Refereed:

Owens, A., **Irvine, T.**, & Beattie, E. (in press). Intercultural issues in marriage counseling and couple therapy. *The Family Journal*.

Cunningham Abbott, A., **Irvine, T.**, Shure, L., Bayne, H., Freund, R., & Bowers, H. (in Press). Forging ahead in Florida: Teaching and supervision strategies in the face of legislative restrictions and medical bans. *Teaching & Supervision in Counseling*

Irvine, T., & Labarta, A. (2024). Enhancing counselor trainee preparedness for treating eating disorders: Recommendations for counselor educators. *The Professional Counselor*.

Irvine, T., Peluso, P., Benson, K., Cole, C., Cole, D., Gottman, J., Gottman, J.S. (2023). A pilot study examining the effectiveness of Gottman Method Couples Therapy over treatment-as-usual approaches for infidelity. *The Family Journal*, Online First, 1–14. <https://doi.org/10.1177/10664807231210123>

Labarta, A., **Irvine, T.**, & Peluso, P. (2023). Exploring clinician attitudes towards treating

- eating disorders: Bridging counselor training gaps. *Journal of Counselor Preparation and Supervision*, 17(1). Retrieved from <https://digitalcommons.sacredheart.edu/jcps/vol17/iss1/2>
- Irvine, T. J.,** Aults, C. D., & Menon, M. (2023). Self-esteem moderates the relationship between secure attachment and internalizing and externalizing problems in preadolescence. *Psychological Reports*, 126(2), 758–774. <https://doi.org/10.1177/003329412111061699>
- Labarta, A., Emelianchik-Key, K., & **Irvine, T.** (2022). Fostering body wellness among preadolescents with the Multidimensional Body Wellness Model. *Journal of Child and Adolescent Counseling*, 8(3), 181-196. <https://doi.org/10.1080/23727810.2022.2135885>
- Uribe, J., Clarke, N., Brenner, V., Revels, D., & **Irvine, T.** (2022). Chapter happenings: Facilitating engagement and advocacy within schools and the community. *Chi Sigma Iota Exemplar*, 37(3), 21–23. https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/fall_2022_exemplar.pdf
- Irvine, T. J.** (2022). *Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control Trial* (Publication No. 29320211). [Doctoral dissertation, Florida Atlantic University]. ProQuest.
- Emelianchik-Key, K., Labarta, A., & **Irvine, T.** (2022). Understanding education in sexuality counseling from the lens of trainees: A critical examination and call for increased attention and training. *Journal of Counseling Sexology and Sexual Wellness: Research, Practice, and Education*, 3(2), 70-81. <https://doi.org/10.34296/03021057>
- Irvine, T. J.,** & Peluso, P. R. (2022). An affair to remember: A mixed-methods survey examining therapists' experiences treating infidelity. *The Family Journal*, 30(3), 324–333. <https://doi.org/10.1177/106648072111061826>
- Irvine, T.,** Fullilove, C., Osman, A., Farmanara, L., & Emelianchik-Key, K. (2021). Enhancing competencies in counselor education: The Deliberate Practice and Coaching Framework. *Journal of Counselor Preparation and Supervision*, 14(4). Retrieved from <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/5>
- Irvine, T.,** Labarta, A., & Emelianchik-Key, K. (2021). Using a Relational-Cultural and Adlerian framework to enhance multicultural pedagogy. *The Professional Counselor*, 11(2), 233–247. <https://doi.org/10.15241/ti.11.2.233>

Non-Refereed:

- Irvine, T.,** & Dierickx, E. (2021, November). An international affair: Exploring infidelity

across the globe. *The Gottman Relationship Blog*. <https://www.gottman.com/blog/an-international-affair-exploring-infidelity-across-the-globe/>

Irvine, T. (2021, September). Review of Soul. *Counselor's Bookshelf- Movies & TV Shows. Chi Sigma Iota International*. <https://www.csi-net.org/forums/Posts.aspx?topic=1631138>

Irvine, T., & Peluso, P. (2020, October 8). Rebuilding after infidelity. *The Gottman Relationship Blog*. <https://www.gottman.com/blog/rebuilding-after-infidelity/>.

Irvine, T. (2020). Fostering social justice and advocacy in the profession: Recommendations for best practice. *Counseling Times, Beta Rho Chi Chapter of CSI Newsletter*.

Irvine, T. (2019). Stressed Out? Self-care lessons learned from the burned out beyond. *Counseling Times, Beta Rho Chi Chapter of CSI Newsletter*.

Irvine, T. (2015). Secure attachment and self-esteem as interacting determinants of preadolescents' externalizing and internalizing problems. (*Unpublished undergraduate honors thesis*). Florida Atlantic University, Boca Raton, FL.

MANUSCRIPTS – UNDER REVIEW

N/A

BOOKS AND BOOK CHAPTERS

Peluso, P. & **Irvine, T.** (Eds.). (2024). *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed.). Routledge. <https://doi.org/10.4324/9781003314776>

Peluso, P. & **Irvine, T.** (2024). Infidelity: Introduction and overview. In P. Peluso, & T. Irvine (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 3-10). Routledge. <https://doi.org/10.4324/9781003314776>

Irvine, T., Benson, K., & Meunier, V. (2024). Extradyadic involvement among BIPOC relationships: Overview and assessment. In P. Peluso, & T. Irvine (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 197-214). Routledge. <https://doi.org/10.4324/9781003314776>

Meunier, V., Benson, K., & **Irvine, T.** (2024). Extradyadic involvement among BIPOC relationships: Conceptualization and treatment. In P. Peluso & T. Irvine (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 215-239). Routledge. <https://doi.org/10.4324/9781003314776>

Spring, J., Peluso, P., & **Irvine, T.** (2024). Interview with Dr. Janis Abrahms Spring—

- Reflections from an expert. In P. Peluso & **T. Irvine** (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 11-19). Routledge. <https://doi.org/10.4324/9781003314776>
- Fisher, H., Peluso, P., & **Irvine, T.** (2024). Interview with Dr. Helen Fisher—Reflections from an expert. In P. Peluso & **T. Irvine** (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 53-65). Routledge. <https://doi.org/10.4324/9781003314776>
- Gottman, J., Schwartz Gottman, J., Peluso, P., & **Irvine, T.** (2024). Interview with Dr. John M. Gottman and Dr. Julie Schwartz Gottman—Reflections from the experts. In P. Peluso & **T. Irvine** (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 107-125). Routledge. <https://doi.org/10.4324/9781003314776>
- Napier, A., Peluso, P., & **Irvine, T.** (2024). Interview with Dr. Augustus Y. (Gus) Napier—Reflections from an expert. In P. Peluso & **T. Irvine** (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2nd Ed., pp. 301-312). Routledge. <https://doi.org/10.4324/9781003314776>
- Irvine, T. J.**, Labarta, A. C., & Demezier, D. (2022). Examining multicultural pedagogy in counselor programs: Recommendations for enhanced clinical competency. In K. Johnson, N. M. Sparkman-Key, A. Meca, & S. Z. Tarver (Eds.), *Developing anti-racist practices in the helping professions: Inclusive theory, pedagogy, and application* (pp. 225–250). Palgrave Macmillan. https://doi.org/10.1007/978-3-030-95451-2_12

PROFESSIONAL PRESENTATIONS

International

- Irvine, T.**, Peluso, P., Beattie, E., & Cipriano, G. (2022, July). *Applying evidence-based strategies for facilitating affair recovery*. Education session presented at the Oxford Institute for Marriage, Couple, and Family Therapy, The University of Oxford, Oxford, England, UK.
- Irvine, T.**, Peluso, P., Beattie, E., & Cipriano, G. (2022, July). *An affair to remember: Evidence-based recommendations to help couples heal from infidelity*. Education session presented at the Oxford Institute for Marriage, Couple, and Family Therapy, The University of Oxford, Oxford, England, UK.

National

- Irvine, T.** & Labarta, A. (2024, September). *Using multimethod research strategies to identify eating disorder gaps in counseling training programs: A proposed plan for action*. Education session presented at the Association for Assessment and Research in Counseling Conference, Pittsburgh, PA.

- LaFever, C., Uribe, J., Baker, E., Clarke, N., Gummaluri, S., **Irvine, T.**, McMullen, J., & Worley, K. (2024, April). *Advocacy identity in professional counseling*. Webinar presented as part of the Chi Sigma Iota 2024 Webinar Series.
- Gottman, J., Gottman Schwartz, J., **Irvine, T.**, & Peluso, P. (2023, December). *Treating affair couples*. 3-hour education workshop presented at the Evolution of Psychotherapy Conference, Anaheim, CA.
- Cunningham Abbot, A., Shure, L., **Irvine, T.**, & Bayne, H. (2023, October). *Forging ahead in Florida: A Cross-Institutional Approach to Bans & Legislative Restrictions*. Education session presented at the Association for Counselor Education and Supervision conference, Denver, CO.
- Moshe, R., Alayza, M., Kwok, S., Ponce, J., & **Irvine, T.** (2023, October). *Burn bright and not out: Infusing wellness in supervision models for burnout prevention in counseling*. Education session presented at the Association for Counselor Education and Supervision conference, Denver, CO.
- Irvine, T.**, Clarke, N., Revels, D., Uribe, J., & Brenner, V. (2023, March). *Rolling up our sleeves: Transformational advocacy and engagement in schools and communities*. Webinar presented as part of the Chi Sigma Iota 2023 Webinar Series.
- Peluso, P., & **Irvine, T.** (2023, January). *Treating infidelity*. Preconference learning institute presented at the International Association of Marriage and Family Counselors conference, St. Petersburg, FL.
- Owens, A., Beattie, E., & **Irvine, T.** (2023, January). *The role of the social media use among millennial relationships*. Education session presented at the International Association of Marriage and Family Counselors conference, St. Petersburg, FL.
- Peluso, P., **Irvine, T.**, & Winters, H. (2022, September). *Using mathematical modeling of the therapeutic relationship to predict clinical outcomes*. Education session presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.
- Irvine, T.**, Peluso, P., & Winters, H. (2022, September). *Dyadic research in couple therapy: Analyzing relational data from couples recovering from infidelity*. Poster session presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.
- Irvine, T.**, Labarta, A., Emelianchik-Key, K. (2022, April). *Using the Multidimensional Body Wellness Model to foster positive body image and wellness*. Poster presented at the American Counseling Association conference- CSI Days, Atlanta, GA.
- Irvine, T.**, & Peluso, P. (2022, April). *Closing the infidelity gap: An evidence-based*

- approach to affair recovery*. Education session presented at the American Counseling Association conference, Atlanta, GA.
- Peluso, P, **Irvine, T.**, & Beattie, E. (2022, April). *Modeling the therapeutic relationship using affect coding and dynamical systems*. Education session presented at the American Counseling Association conference, Atlanta, GA.
- Gash, T., Glowiak, M., **Irvine, T.**, & Revels, D. (2022, February). *Resiliency in the face of adversity: Caring for self and others*. Webinar presented as part of the Chi Sigma Iota 2022 Webinar Series.
- Irvine, T.**, Peluso, P, & Beattie, Erin. (2022, January). *Infidelity: What's love got to do with it?* Education session presented at the International Association of Marriage and Family Counselors conference, New Orleans, FL.
- Beattie, E., **Irvine, T.**, & Peluso, P. (2022, January). *Analyzing the influence of affective exchanges and who is talking on the therapeutic alliance*. Education session presented at the International Association of Marriage and Family Counselors conference, New Orleans, FL.
- Irvine, T.**, Cipriano, G., & Winters, H. (2021, October). *Bridging infidelity training and practice gaps: Validation of Gottman Method Couples Therapy vs. treatment-as-usual for affair recovery*. Education session presented at the Association for Counselor Education and Supervision conference, Atlanta, GA.
- Irvine, T.**, Labarta, A., & Emelianchik-Key, K. (2021, October). *A cross-paradigm pedagogical approach: Promoting an equitable learning environment through the Relational-Cultural and Adlerian Multicultural Framework in counselor education*. Education session presented at the Association for Counselor Education and Supervision conference, Atlanta, GA.
- Emelianchik-Key, K., Labarta, A., & **Irvine, T.** (2021, October). *The birds and the bees: Exploring student lived experiences in sexuality counseling courses*. Poster presented at the Association for Counselor Education and Supervision conference, Atlanta, GA.
- Nice, M., Lewis, O., Budesa, Z., **Irvine, T.**, & Stargell, N. (2021, September). *Membership in AARC: A gathering space for graduate students and new professionals*. Education session presented at the Association for Assessment and Research in Counseling conference, Cincinnati, OH.
- Labarta, A., **Irvine, T.**, & Peluso, P. (2021, September). *Spotlighting eating disorder research and training gaps: Results from a quantitative survey on clinician attitudes towards treating eating disorders*. Education session presented at the Association for Assessment and Research in Counseling conference, Cincinnati, OH.
- Irvine, T.**, Peluso, P., Cipriano, G., & Winters, H. (2021, September). *Bridging infidelity*

training and practice gaps: Validation of Gottman Method Couples Therapy vs. treatment-as-usual for affair recovery. Education session presented at the Association for Assessment and Research in Counseling conference, Cincinnati, OH.

Irvine, T., Labarta, A., Katz, J., & Demezier, D. (2021, April). *Bridging the wellness gap in counselor education programs: A Developmental Counseling and Therapy Plan.* Poster presented at the American Counseling Association conference- CSI Days, Virtual.

Osman, A., **Irvine, T.,** Fullilove, C., Farmanara, L., & Emelianchik-Key, E. (2021, April). *Enhancing clinical competencies: A Deliberate Practice Coaching Framework.* Research education session presented at the American Counseling Association conference, Virtual.

Irvine, T., Ghaness, A., Beattie, E., Baker, A., & Peluso, P. (2020, May). *Examining the role of negative interactional patterns among couples in conflict: An Adlerian treatment approach.* Poster presented at the North American Society of Adlerian Psychology conference, Virtual.

Irvine, T., Ghaness, A., Beattie, E., & Peluso, P. (2020, January). *Apocalypse now: Examining the role of negative affect and interactional patterns among couples in conflict.* Poster presented at the International Association of Marriage and Family Counselors conference, New Orleans, FL.

Regional

Irvine, T. (2022, November). *Addressing sizeism in counselor education through a holistic body wellness lens.* Roundtable session presented at the Southern Association for Counselor Education and Supervision conference, Baltimore, MD.

Irvine, T. (2022, November). *Promoting equity in counselor education: The Relational-Cultural and Adlerian Multicultural Framework.* Education session presented at the Southern Association for Counselor Education and Supervision conference, Baltimore, MD.

Labarta, A., & **Irvine, T.** (2021, October). *Promoting culturally-informed eating disorder training: Recommendations for pedagogy, social justice, and advocacy in counselor education.* Webinar presented as part of the Southern Association for Counselor Education and Supervision Fall 2021 Webinar Series.

Aults, C.D., **Irvine, T.,** Pauletti, R., Cooper, P., & Perry, D.G. (2015, April). *Self-efficacy for demonstration behaviors as moderators of children's aggressive reactions to rejection: The person rejecting you matters.* Poster presented at the Southeastern Psychological Association conference, New Orleans, LA.

Irvine, T., Aults, C.D., & Perry, D.G. (2015, April). *Secure attachment and self-esteem as*

interacting determinants of preadolescents' externalizing and internalizing problems.
Poster presented at the 2016 Southeastern Psychological Association conference,
New Orleans, LA.

State and Institutional

Bajwa., Y., Hyun., J., **Irvine., T.**, Veloso, E., & Wright., G. (2024, March). *We are here to help: International student mental health.* Session presented during International Education Week, Nova Southeastern University, Ft. Lauderdale, FL.

Labarta, A. & **Irvine, T.** (2021, October). *Spotlighting eating disorder research and training gaps: Results from a quantitative survey on clinician attitudes towards treating eating disorders.* Session presented at the Doctoral Research Symposium, Department of Counselor Education, Florida Atlantic University, Virtual.

Irvine, T. (2021, April). *Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control trial.* Session presented at GPSA Research Day, Florida Atlantic University, Virtual.

Irvine, T., Fullilove, C., Osman, A., & Farmanara, L. (2021, April). *Enhancing clinical competencies: A Deliberate Practice Coaching Framework.* Session presented at the Doctoral Research Symposium, Department of Counselor Education, Florida Atlantic University, Virtual.

Irvine, T., & Labarta, A. (2021, March). *Promoting equity within and beyond the classroom: The integration of Relational-Cultural and Adlerian Theory principles in higher education.* Poster session presented at the College of Education Research Symposium, Florida Atlantic University, Virtual.

Irvine, T., & Beattie, E. (2021, February). *Implications of the COVID-19 pandemic on counselors' and clients' mental health: Recommendations for best practice.* Educational session presented at the Chi Sigma Iota Florida Statewide Networking conference, Virtual.

Fullilove, C., **Irvine, T.**, & Farmanara, L. (2021, February). *Enhancing multicultural competence across counselor education programs: A Deliberate Practice Coaching Framework.* Mini education session presented at the Chi Sigma Iota Florida Statewide Networking conference, Virtual.

Irvine, T., & Labarta, A. (2020, February). *Bridging the gap in multicultural education: A Relational-Cultural and Adlerian pedagogical approach.* Education session presented at the 2nd Inaugural Chi Sigma Iota Florida Statewide Networking conference, Barry University, Miami, FL.

INVITED SPEAKER ENGAGEMENTS

Irvine, T. (Invited Speaker) (2023, March 16). *Conceptualizing and treating infidelity*. [Community seminar]. The Faulk Center for Counseling, Boca Raton, FL.

Irvine, T. (Invited Speaker – Research & Program Evaluation in Counseling Course) (2022, October 14). *A look at experimental designs: A deep dive into conducting a randomized control trial*. [Lecture]. Mercer University, Department of Counseling, Virtual.

Irvine, T. (Invited Speaker – Advanced Research in Counseling Course) (2022, July 25). *A look at observational coding methods: The Specific Affect Coding System*. [Lecture]. Florida Atlantic University, Department of Counselor Education, Virtual.

Irvine, T. (Invited speaker) (2022, February 16). *Membership town hall guest speaker: Student self-care*. [Video podcast]. American Counseling Association.
<https://youtu.be/88odcwB32qo>

Irvine, T. (Invited speaker) (2020, October 11). *Racial perceptions*. [Video podcast]. Salubrity Channel. <https://www.youtube.com/watch?v=WyMaoXOtnKc>

Irvine, T. (Invited Speaker – Counseling Theories & Techniques Course) (2019, October 24). *Reality therapy: Theory and techniques*. [Lecture]. Florida Atlantic University, Department of Counselor Education, Boca Raton, FL.

Irvine, T. (Invited Speaker) (2018, September 5). *Trauma and the importance of engaging in self-care*. [Community seminar]. The Faulk Center for Counseling, Boca Raton, FL.

Stupec, J., & **Irvine, T.** (Invited Speaker) (2017, July 14). *Stress management: Tips and techniques*. [Community seminar]. Florida Atlantic University, Office for Academic and Student Services (OASS), Boca Raton, FL.

GRANT ACTIVITY

Funded:

2024

Project Title: Health Professions Divisions Grant – *LGBTQ+ Counseling Competencies Training*

Funded Source: Nova Southeastern University

Role: Co-Investigator; Teixeira, V., Dunagan, M., & **Irvine, T.**

Funded Amount: \$7,500

2022

Project Title: Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control trial

Funded Source: Thesis & Dissertation Grant FAU Graduate College

Role: Principal Investigator

Funded Amount: \$500, one-year duration

2021

Project Title: Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control trial

Funded Source: Thesis & Dissertation Grant FAU Graduate College

Role: Principal Investigator

Funded Amount: \$2,844, one-year duration

2021 – 2022

Project Title: Statewide/Regional Networking Grant

Funded Source: Chi Sigma Iota International

Funded Amount: \$800, one-year duration

2020 – 2021

Project Title: Statewide/Regional Networking Grant

Funded Source: Chi Sigma Iota International

Funded Amount: \$800, one-year duration

2019 – 2020

Project Title: Chapter Development Grant

Funded Source: Chi Sigma Iota International

Funded Amount: \$100, one-year duration

2019 – 2020

Project Title: Statewide/Regional Networking Grant

Funded Source: Chi Sigma Iota International

Funded Amount: \$800, one-year duration

Applied For – Under Review:

N/A

Applied For – Not Funded:

2021 – 2022

Project Title: AERA Dissertation Grant

Funded Source: American Educational Research Association

Amount Requested: \$25,000

2021 – 2022

Project Title: Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery couples

Funded Source: American Psychological Foundation, Roy Scrivner Memorial Research Grant

Amount Requested: \$8,000

2021 – 2022

Project Title: Validating the effectiveness of Gottman Method Couples Therapy on relational wellness and affair recovery following infidelity: An international randomized control trial

Funded Source: ACES' Supported Scholarship Program

Amount Requested: \$2,500

2021 – 2022

Project Title: Student Research Grant

Funded Source: International Association of Marriage and Family Counselors

Amount Requested: \$500

2021 – 2022

Project Title: Validating the Effectiveness of Gottman Method Couples Therapy on Relational Wellness and Affair Recovery Following Infidelity: An International Randomized Control Trial

Funded Source: CSI International, Excellence in Counseling Research Grant

Amount Requested: \$2,500

PROFESSIONAL SERVICE, LEADERSHIP, AND ADVOCACY

Editorial Service

Teaching and Supervision in Counseling (TSC)

Editorial Board Member

Jul. 2021 – *Present*

Journal of Counseling Sexology and Sexual Wellness (JCSSW)

Editorial Board Member

Jun. 2021 – *Present*

American Journal of Family Therapy (AJFT)

Ad Hoc Reviewer

May 2022 – Dec. 2022

International & National Service

Chi Sigma Iota (CSI) International

Editor, *Community Connect* Newsletter

Feb. 2023 – *Present*

Chair, Counselor Community Engagement Committee

Jul. 2022 – *Present*

Member, Counselor Community Engagement Committee

Aug. 2021 – *Present*

Reviewer, Statewide/Regional Networking Grants Panel	Nov. 2021
Reviewer, Excellence in Counseling Research Grants Panel	Nov. 2021
International Association for Marriage and Family Counselors (IAMFC)	
Chair, Membership Committee	Sep. 2022 – <i>Present</i>
Member, Membership Committee	Sep. 2020 – <i>Present</i>
Reviewer, Conference Proposal Committee	Oct. 2019
Association for Assessment and Research in Counseling (AARC)	
Member, Diversity, Inclusion, & SJ Graduate Committee	Oct. 2021 – Apr. 2022
• Editor, Spring 2022 Newsletter	Mar. 2022
Member, Research Committee	Oct. 2021 – Apr. 2022
Association for Counselor Education and Supervision (ACES)	
Reviewer, Conference Proposal Committee	Apr. 2021
<u>Regional & University Service</u>	
College of Psychology, Nova Southeastern University	
Chapter Faculty Advisor, Nu Sigma Omega CSI Chapter	Aug. 2024 – <i>Present</i>
Member, Applications Committee	Aug. 2024 – <i>Present</i>
Member, DEIBW Committee	Feb. 2024 – <i>Present</i>
Chi Sigma Iota (CSI), Florida Chapters	
Reviewer, FL CSI 4th Statewide Conference Proposal Committee	Nov. 2021
Co-Chair, FL CSI 4th Statewide Conference Plan Committee	Oct. 2021 – Feb. 2022
Co-Chair, FL CSI 3rd Statewide Conference Plan Committee	Oct. 2020 – Feb. 2021
Member, FL CSI 2nd Statewide Conference Plan Committee	Oct. 2019 – Feb. 2020
Beta Rho Chi Chapter of Chi Sigma Iota (CSI), Florida Atlantic University	
Doctoral Mentor	Aug. 2020 – Aug. 2021
President	Jan. 2019 – Jan. 2020
<i>Major accomplishments during tenure:</i>	
○ Attained large-chapter status, hosting one of the largest member initiation ceremonies within our chapter.	
○ 2020 recipient of the CSI International Outstanding Chapter Newsletter Award (Large Chapter).	
○ Secured a CSI International Chapter Development Grant	
○ Collaborated with other state chapters to bring about the 2 nd Inaugural Florida CSI Statewide Annual Networking Conference	
○ Organized and oversaw the following major events and trainings: AVDA-sponsored domestic violence and sexual assault panel, Gottman Couples Clinical Trainings (1-3), eating disorders multidisciplinary expert panel, etc.	
Editor, <i>Counseling Times</i> Newsletter	Aug. 2019 – Aug. 2020
President-Elect	Jan. 2018 – Jan. 2019
Chair, Events Committee	Jan. 2017 – Jan. 2019

Member, Executive Committee Board	Apr. 2017 – Jan. 2022
College of Education, Florida Atlantic University	
Student Speaker, University of Paloma, Columbia, Site Visit	Dec. 2021
Student Delegate, ACA Conference, New Orleans, LA	Apr. 2019

AWARDS AND HONORS

National

American Counseling Association (ACA)	
ACA Best Practices in Research, Student Award	2022
International Association of Marriage and Family Counselors (IAMFC)	
Professional Research Award	2023
Graduate Student Research Award	2022
Emerging Leader	2021 – 2022
Chi Sigma Iota (CSI) International	
Leadership Fellow	2021 – 2022
Outstanding Doctoral Student Award	2021
Association for Assessment and Research in Counseling (AARC)	
Emerging Leader	2021 – 2022

Institutional & State

Beta Rho Chi Chapter of Chi Sigma Iota (CSI), Florida Atlantic University	
Outstanding Florida Doctoral Student Award	2021
Outstanding Chapter, Large Status, Award	2020
Outstanding Chapter Newsletter Award	2020
Florida Atlantic University, Boca Raton, FL	
Provost's Certificate of Recognition for Publishing Award	2022
Academic Excellence Fellowship	2021 – 2022
Newell Doctoral Fellowship	2020 – 2022
Presidential Fellowship	2020 – 2021
James Woodruff Scholarship	2019 – 2021
National Society of Collegiate Scholars (NSCS) Student	2012 – 2015

COUNSELING AND PROFESSIONAL EXPERIENCE

The Renfrew Center for Eating Disorders, Coconut Creek, FL	
<i>Counselor</i>	Jun. 2020 – Jun. 2021

- Conducted individual therapy and facilitated both process and support groups for adolescent and adult women in a residential eating disorder facility.
- Engaged with clients' families and provide family counseling services as needed.
- Consulted with the multidisciplinary clinical staff.
- Provided crisis intervention when required and support to clients during mealtimes.

The Faulk Center for Counseling, Boca Raton, FL

Mental Health Intern

Jan. 2018 – Apr. 2019

- Provided individual counseling services to various populations and age groups, such as young/middle/older adults, children/adolescents, couples, and families.
- Worked directly with a diverse range of issues, including personality disorders, trauma, bipolar disorder, anxiety, depression, ADHD, neurocognitive disorders, and more.
- Conducted weekly intake assessments and case staffing presentations.
- *Served as a co-located mental health intern, conducting additional counseling groups at:* Freedom Shores Elementary School, Boynton Beach, Florida and N.E. Focal Point Senior Center, Deerfield Beach, Florida

Clinical Facilitator

Feb. 2015 – Mar. 2016

- Completed the Faulk Center for Counseling's clinical facilitator training course.
- Facilitated weekly support groups at White Hall Nursing and Rehabilitation in Boca Raton, Florida.
- Attended weekly skill-building groups and clinical supervision meetings.

Office for Academic and Student Services, Florida Atlantic University, Boca Raton, FL

Graduate Assistant

Jan. 2017 – Aug. 2022

- Processed incoming graduate applications and completed administrative duties.
- Created a database to track all graduate records in the College of Education.
- Promoted graduate programs at university-sponsored events.

RESEARCH EXPERIENCE

The Gottman Institute, Seattle, WA

Research Coordinator

Aug. 2019 – Present

- Facilitate recruitment of therapists and couples for a randomized control trial validating Gottman Method Couple Therapy for infidelity treatment.
- Organize and code collected data.
- Train a team to become reliable in the Specific Affect Coding System (SPAFF).

Florida Atlantic University, Boca Raton, FL

The Alliance Lab

Research Assistant

Jun. 2015 – Aug. 2022

- Principal Investigator: Dr. Paul Peluso.
- Completed the Specific Affect Coding System (SPAFF) training.

- Reliably code therapy session tapes used to examine the therapeutic alliance and predict treatment outcomes.

The Social Development Lab

Research Assistant

Jan. 2015 – Mar. 2015

- Principal Investigator: Dr. David Perry.
- Analyzed and interpreted data used to examine the influence of social and personality development throughout early childhood.
- Studied attachment styles in preadolescence to understand the future development/adjustment in children with secure vs. insecure attachment styles.

The Situations and Mindfulness Lab

Research Assistant

Jan. 2014 – Mar. 2014

- Principal Investigator: Dr. Ryne Sherman.
- Analyzed and categorized data in spreadsheets to examine individual perceptions of day-to-day situations and the impact of personality and situational characteristics on behavior.

The Multisensory Development Lab

Research Assistant

May 2013 – Aug. 2013

- Principal Investigator: Dr. David Lewkowicz.
- Co-facilitated parent interviews.
- Monitored children during assessments.
- Coded and input data into a spreadsheet to examine infant perceptual development.

ACTIVE PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)

Association for Assessment and Research in Counseling (AARC)

Association for Counselor Education and Supervision (ACES)

Southern Association for Counselor Education and Supervision (SACES)

Chi Sigma Iota (CSI) International

International Association of Marriage and Family Counselors (IAMFC)