

CURRICULUM VITAE
JANELL L. MENSINGER, PhD, FAED

(pronouns: she, her, hers)

College of Psychology
 Department of Clinical and School Psychology
 3301 College Ave., Maltz 1073
 Nova Southeastern University
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EDUCATION

- 2005 Postdoctoral training fellow, Biostatistics in Mental Health Research
 Center for Clinical Epidemiology and Biostatistics
 University of Pennsylvania School of Medicine
- 2004 Postdoctoral training fellow, Behavioral Health Research
 Center for Family Intervention Science, Department of Child Psychiatry
 Children’s Hospital of Philadelphia/ University of Pennsylvania School of Medicine
- 2003 Ph.D. Psychology (subprogram in environmental, concentration in health)
 The Graduate Center, City University of New York
- 1996 B.A. Psychology, *Summa cum laude*
 West Chester University of Pennsylvania

POSITIONS

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|--------------|---|
| 2021-present | Associate Professor, College of Psychology, Department of Clinical and School Psychology, Nova Southeastern University |
| 2019-2021 | Associate Professor, M. Louise Fitzpatrick College of Nursing, Villanova University |
| 2017–2019 | Associate Research Professor, Director, Biostatistics Service Center, Department of Epidemiology and Biostatistics, Dornsife School of Public Health, Drexel University |
| 2015–2017 | Associate Teaching Professor, Department of Health Sciences, College of Nursing and Health Professions, Drexel University |
| 2009-2015 | Assistant Teaching Professor, Department of Health Sciences, College of Nursing and Health Professions, Drexel University |
| 2007-2009 | Director of Research, Tower Health (Reading Hospital and Medical Center) |
| 2005-2007 | Assistant Professor (tenure-track), Department of Preventive Medicine and Community Health, SUNY Downstate College of Medicine |

RESEARCH AREAS

Substantive – Novel approaches to eating disorders treatment and prevention; weight stigma and traumatic stress in eating disorders; interoception and embodiment; mindfulness & HRV biofeedback to enhance resilience, health, & wellbeing; healthcare barriers

Methodological – Measurement; Mechanisms of change (mediators) for health outcomes and intervention/prevention programs; Moderators of treatment and health outcomes; Applied longitudinal modeling

HONORS & AWARDS

2023	University of Kentucky iMERS NIH grantsmanship workshop scholarship awardee
2019	Fellow, Academy for Eating Disorders
2019	Best Oral Presentation Award – Kongress Essstörungen 2019
2018	David Barlow Poster Award for Research Excellence, 28 th Annual Renfrew Center Foundation Conference on Eating Disorders
2018	Martha Montgomery Award for Sex and Gender Research, Best Research Talk Drexel University
2017	Inducted into Alpha Eta, National Honor Society for Allied Health
2004–2006	National Institutes of Health Loan Repayment Award, NIMH
2004–2005	Ruth L. Kirschstein National Research Service Award, NIMH
2002	Sue Rosenberg Zalk Dissertation Support Award, The Graduate School and University Center, CUNY
2000	Awarded Distinction on Second Qualifying Doctoral Exam, Department of Psychology, The Graduate School and University Center, CUNY
1998–2001	University Fellowship & Tuition Scholarships, Offices of the Provost and Student Affairs, The Graduate School and University Center, CUNY
1995	Outstanding Academic Achievement Award, Department of Psychology, West Chester University
1995	Outstanding Research Award, Department of Psychology, West Chester University
1995	Inducted into Pi Gamma Mu, International Social Science Honor Society
1994–1995	Presidential Swope Foundation Scholarship, West Chester University
1994	Northeast Regional Scholarship, United Nations Honors Semester, National Collegiate Honors Council
1994	Inducted into Psi Chi, National Psychology Honor Society

GRANTS & CONTRACTS AWARDED

2024-2028	NIGMS 1R16 GM 153679-01 (\$612,000 Total costs) IMPACT SCORE: 21 Role: Principal Investigator Project Title: <i>Optimizing the Validity of the Multidimensional Assessment of Interoceptive Awareness to Predict Disordered Eating</i>
2024-2028	NIGMS 1R16 GM 154692-01 (\$770,000 Total costs) IMPACT SCORE: 41 Role: Co-Investigator (PI – P.M. Brochu)

- Project Title: *Weight Stigma among Doctoral Clinical Psychology Students: Examining Change and Testing Underlying Mechanisms*
- 2023-2025 Faculty Research Fellowship – Nova Southeastern University, College of Psychology (\$3000 annually) Role: Principal Investigator
- 2021-2022 Veritas Faculty Grant – Villanova University, Office of the Provost (\$10,000)
Role: Principal Investigator
- Project Title: *Heart rate variability biofeedback for disordered eating among healthcare professionals during the COVID-19 pandemic: A pilot feasibility study*
- 2021-2022 FCN Research Development Grant – Villanova University, Fitzpatrick College of Nursing (\$10,000)
Role: Principal Investigator
- Project Title: *Heart rate variability biofeedback for disordered eating among healthcare professionals during the COVID-19 pandemic: A pilot feasibility study*
- 2021-2022 FCN Research Development Grant – Villanova University (\$10,000)
Role: Co-Principal Investigator
- Project Title: *Positive embodiment among childhood cancer survivors*
- 2021-2022 FCN Research Development Grant – Villanova University (\$10,000)
Role: Co-Investigator
- Project Title: *Suicide prevention in primary care*
- 2020-2022 Sponsored research courtesy of Travers Therapeutics, McKesson, and 1842 Day donors of Villanova University, (\$80,000)
Role: Co-Principal Investigator
- Project Title: *CHAMPS – A longitudinal study of the COVID-19 healthcare workforce*
- 2020-2021 Geriatric Interest Group – Villanova University (\$5000)
Role: Biostatistician/Co-Investigator
- Project Title: *Symptoms contributing to mobility limitations and fear of falls in older adults*
- 2019–2020 National Eating Disorders Association – through the Betty A. and D. Walter Cohen Foundation (\$50,000)
Role: Principal Investigator
- Project Title: *Building Research Capacity for Studying Body Trust®*
- 2019 Commonwealth Universal Research Enhancement Formula Grant Program, Drexel University and the Pennsylvania State Department of Health (\$75,000–returned due to sponsor regulations surrounding institutional transfers)
Role: Principal Investigator
- Project Title: *A Pilot Feasibility Trial of Body Trust®: A Trauma-Informed Internet-Based Guided Self-Help Program for Binge Eating*
- 2019 Discovery Behavioral Health Grant Contract (\$20,850)
Role: Principal Investigator
- Project Title: *Predictors of Trajectories of Change in Higher Levels of Eating Disorder Specialty Care.*
- 2017–2019 National Endowment for the Arts (\$450,000)

- Role: Biostatistician/Co-I
Project Title: *Arts Research on Chronic Stress*
- 2016–2017 Department of Health Sciences, Internal Faculty Research Grant, Drexel University (\$2500)
Role: Principal Investigator,
Project Title: *Weight stigma and body shame as mediators of stress and healthcare avoidance in women with high body mass index*
- 2009–2011 Edna G. Kynett Memorial Foundation for Cardiovascular Disease Prevention (\$35,000)
Role: Principal Investigator
Project Title: *Long-term health improvements in weight-centered vs. wellness centered interventions for women with obesity: A randomized controlled trial*
- 2008–2009 Edna G. Kynett Memorial Foundation for Cardiovascular Disease Prevention (\$50,000)
Role: Principal Investigator
Project Title: *Comparative health improvements in weight-centered vs. wellness centered interventions for women with obesity: A randomized controlled trial*
- 2005–2007 Dean’s Research Initiative Grant, SUNY Downstate Medical Center (\$25,000)
Role: Principal Investigator
Project Title: *Barriers to healthy eating among urban pregnant women*
- 2005–2007 Dean’s Research Initiative Grant, SUNY Downstate Medical Center (\$25,000)
Role: Co-Investigator/Statistician,
Project Title: *Infant feeding patterns and early childhood growth rates*
- 2005–2007 NICHD 5K12-HD 043428 (\$1,000,000)
Role: Fellow (Mentor - J. LaRosa)
Project Title: *Women’s health research: from molecules to therapies*
- 2004–2006 NIMH L30-MH 072180-01 (Loan Repayment)
Role: PI
Project Title: *A participatory investigation of pre-intake attrition*
- 2004–2005 NIAAA 5R01-AA 14850-02 (\$1,125,290)
Role: Data Analyst (PI – J. McKay)
Project Title: *Effectiveness of extended telephone monitoring for alcohol and cocaine abuse*
- 2004–2005 NIMH T32-MH 065218
Role: Post-doctoral Fellow (PI – T. Ten Have) (\$214,463)
Project Title: *Advancing biostatistical methods in mental health research*
- 2004 NIMH, 1R03 MH 071711-01A1 (\$50,000 - returned due to concurrent T32)
IMPACT SCORE: 1.65
Role: Principal Investigator
Project Title: *Pre-intake attrition in adolescent community mental health settings*
- 2003–2004 SAMHSA/CSAT, DHHS, 1KD1 TI 12546-01
Role: Post-doctoral Fellow (PI – Diamond)
Project Title: *Co-occurring Disorders Study*

- 2002 CUNY Graduate Center, Sue Rosenberg Zalk Dissertation Support Grant (\$500)
Role: Principal Investigator
Project Title: *Disordered eating, adherence to the superwoman ideal, and gender socialization in school environments*
- 2001 CUNY Graduate Center, Doctoral Student Research Grant Competition (\$500)
Role: Principal Investigator
Project Title: *Gender concerns among adolescent girls in coeducational and single sex schools*

PUBLICATIONS

Refereed Journal Articles: (* indicates student/mentee)

- Mensinger, J.L.,** Valls, A.*, Johnston, A.*, Rinaldi, K.* (2025). Eating pathology and interoceptive sensibility using the Brief Multidimensional Assessment of Interoceptive Awareness-2: Can there be too much of a good thing? *Journal of Personality Assessment*, Advanced online publication.
<https://doi.org/10.1080/00223891.2024.2445706>
- Brochu, P. M., **Mensinger, J. L.,** Moss, L. B.*, & Rothenberg, S. L.* (2024). Weight bias internalization statistically mediates the association between positive body image and intuitive eating: A cross-sectional study. *Journal of the Academy of Nutrition and Dietetics*, Advanced online publication.
<https://doi.org/10.1016/j.jand.2024.12.007>
- Mensinger, J.L.,** Weissinger, G.M., Cantrell, M.A., Baskin, R.* , George, C.* (2024). A pilot feasibility evaluation of a heart rate variability biofeedback app to improve self-care in COVID-19 healthcare workers. *Applied Psychophysiology and Biofeedback*, 49(2), 241-259.
<https://doi.org/10.1007/s10484-024-09621-w>
- Weissinger, G.M., **Mensinger, J.L.,** Arun, R.* (2024). Feasibility of primary care family-centered mental health treatment engagement intervention. *Journal for Nurse Practitioners*, 20(2), 104890.
<https://doi.org/10.1016/j.nurpra.2023.104890>
- Jebeile H., Lister N.B., Libesman S., Hunter K.E., McMaster C.M., Johnson B.J., Baur L.A., Paxton S.J., Garnett S.P., Ahern A.L., Wilfley D.E., Maguire S., Sainsbury A., Steinbeck K., Askie L., Braet C., Hill A.J., Nicholls D., Jones R.A., Dammery G., Grunseit A.M., Cooper K., Kyle T.K., Heeren F.A., Quigley F., Barnes R.D., Bean M.K., Beaulieu K., Bonham M., Boutelle K.N., Magnani Branco B.H., Calugi S., Cardel M.I., Carpenter K., Cheng H., Dalle Grave R., Danielsen Y.S., Demarzo M., Dordevic A., Eichen D.M., Goldschmidt A.B., Hilbert A., Houben K., Lofrano do Prado M., Martin C.K., McTiernan A., **Mensinger J.L.,** Pacanowski C., do Prado W.L., Ramalho S.M., Raynor H.A., Rieger E., Robinson E., Salvo V., Sherwood N.E., Simpson S.A., Skjakodegard H.F., Smith E., Partridge S., Tanofsky-Kraff M., Taylor R.W., Van Eyck A., Varady K.A., Vidmar A.P., Whitelock V., Yanovski J., Seidler A.L., on behalf of the Eating Disorders In weight-related Therapy (EDIT) Collaboration (2023). Eating Disorders In weight-related Therapy (EDIT): Protocol for a systematic review with individual participant data meta-analysis of eating disorder risk in behavioral weight management. *PLoS ONE*; 18(7): e0282401. <https://doi.org/10.1371/journal.pone.0282401>
- Harrop, E. N.* , Hutcheson, R., Harner, V., **Mensinger, J.L.,** & Lindhorst, T. (2023). "You Don't Look Anorexic": Atypical anorexia patient experiences of weight stigma in medical care. *Body Image*, 46, 48–61. <https://doi.org/10.1016/j.bodyim.2023.04.008>

- Mensinger, J.L.**, Shepherd, B.F.*, Schapiro, S.*, Aware, Y.*, Brochu, P., Calogero, R., & Tylka, T., (2023). Mediating effects of a weight-inclusive health promotion program on maladaptive eating in women with high body mass index. *Eating Behaviors*, 49, 101730. <https://doi.org/10.1016/j.eatbeh.2023.101730>
- Copel, L.C., Smeltzer, S.C., Byrne, C.D*. Chen*, M.H., Havens, D.S., Kaufmann, P.K., Brom, H., Durning, J.D.*, Maldonado, L., Bradley, P.K., **Mensinger, J.L.** Yost, J. (2023) A thematic analysis of shared experiences of essential health and support personnel in the COVID-19 pandemic. *PLoS ONE* 18(3), e0282946. <https://doi.org/10.1371/journal.pone.0282946>
- McKay M.A., **Mensinger J.L.**, Whitehouse C.R. (2022). The relationship of fear of falling and quality of life: The mediating effects of frailty and depression. *Journal of Community Health Nursing*, 39(4), 251-261. <https://doi.org/10.1080/07370016.2022.2073792>
- McKay, M.A., **Mensinger, J.L.**, O'Connor, M.O., Leveille, S. (2022). Self-reported symptom causes of mobility difficulty contributing to fear of falling in older adults. *Aging Clinical and Experimental Research*, 34, 3089-3095. <https://doi.org/10.1007/s40520-022-02253-2>
- Kambanis, E.P*., Bottera, A.R.* , Mancuso, C.J.* , Spoor, S.P*., Anderson, L.M., Burke, N.L., Eddy, K.T., Forbush, K.T., Keith, J.F., Lavender, J.M., **Mensinger, J.L.**, Mujica, C., Nagata, J.M., Perez, M., & De Young, K.P. (2022) Eating Disorder Examination – Questionnaire and Clinical Impairment Assessment norms for intersectional identities using an MTurk sample. *International Journal of Eating Disorders*, 55(12), 1690-1707. <https://doi.org/10.1002/eat.23799>
- King, A.* , Russon, J., **Mensinger, J.L.**, Jin, B.* (2022). Parental psychological control, attachment insecurity and body shame: How relational factors impact disordered eating. *Journal of Child and Family Studies*, Advance online publication. <https://doi.org/10.1007/s10826-022-02374-2>
- Winter, L., **Mensinger, J.L.**, Moriarty, H., Robinson, K., McKay, M. Leiby, B.E. (2022). Age moderates the effect of injury severity on functional trajectories in traumatic brain injury. A Study Using the NIDILRR Traumatic Brain Injury Model Systems National Dataset. *Journal of Clinical Medicine*, 11, 2477. <https://doi.org/10.3390/jcm11092477>.
- Smeltzer, S.C., Copel, L.C., Bradley, P.K., Maldonado, L.T., Byrne, C. D.*, Durning, J.D.*, Havens, D. S., Brom, H., **Mensinger, J. L.**, Yost, J. (2022). Vulnerability, loss, and coping experiences of health care workers and first responders during the covid-19 pandemic: A Qualitative Study. *International Journal of Qualitative Studies in Health & Well-being*, 17(1), 2066254, <https://doi.org/10.1080/17482631.2022.2066254>
- Milliron, B. J., Ward, D., Granche, J.* , **Mensinger, J.**, Stott, D., Chenault, C., Montalto, F., & Ellis, E. V. (2022). Nature relatedness is positively associated with dietary diversity and fruit and vegetable intake in an urban population. *American Journal of Health Promotion*, 36(6), 1019-1024. <https://doi.org/10.1177/08901171221086941>
- Oliver, T. L., Shenkman, R., **Mensinger, J. L.**, Moore, C.*, Diewald, L. K. (2022). A study of registered dietitian nutritionists during COVID-19: From impact to adaptation. *Nutrients*, 14(4), 907. <https://doi.org/10.3390/nu14040907>
- Mensinger, J. L.**, Brom, H. Havens, D. S., Costello, A.* , D'Annunzio, C.* , Durning, J.D.*, Bradley, P.K., Copel, L.C., Maldonado, L., Smeltzer, S.C., Yost, J., Kaufmann, P.K. (2022). Psychological responses of hospital-based nurses working during the COVID-19 pandemic in the United States: A cross-sectional study. *Applied Nursing Research*, 63, 151517. <https://doi.org/10.1016/j.apnr.2021.151517>

- Cantrell, M.A., Ruble, K., **Mensinger, J.L.**, Birkhoff, S., Morris, A.*, Griffith, P. Adams, J. (2022). The use and effect of the Health Storylines™ mHealth app on female childhood cancer survivors' self-efficacy, health-related quality of life and perceived illness. *Cancer Nursing*. 45(1), 61-69. <https://doi.org/10.1097/ncc.0000000000000917>
- Mensinger, J. L.** (2022). Traumatic stress, body shame, and internalized weight stigma as mediators of change in disordered eating: a single-arm pilot study of the Body Trust® framework. *Eating Disorders*, 30(6), 618-646. <https://doi.org/10.1080/10640266.2021.1985807>
- Kaufmann, P.K., Havens, D.S., **Mensinger, J.L.**, Bradley, P.K., Brom, H.M., Copel, L.C., Costello, A.* , D'Annunzio, C.* , Durning, J.D.* , Maldonado, L., McKenzie A. B., Smeltzer, S.C., Yost, J., CHAMPS Study Investigators (2021). The COVID-19 study of healthcare and support personnel (CHAMPS): Protocol for a longitudinal observational study, *JMIR Research Protocols*, 10(10), e30757, <https://doi.org/10.2196/30757>
- Lengetti, E., Cantrell, M.A., Deiwald, L., DellaCroce, N.* , **Mensinger, J.L. (alphabetized beyond lead author)** Schenkman, R. (2021). Emergency remote teaching in COVID-19: How satisfied were students with the pivot to online learning? *Teaching and Learning in Nursing*, 16(4), 342-346. <https://doi.org/10.1016/j.teln.2021.07.004>
- Mensinger, J.L.**, Cox, S.A., & Henretty, J.R. (2021). Treatment outcomes and trajectories of change in patients attributing their eating disorder onset to anti-obesity messaging. *Psychosomatic Medicine*, 83(7), 777-786. <https://doi.org/10.1097/PSY.0000000000000962>
- Harrop, E.N.* , **Mensinger, J.L.**, Moore, M., & Lindhorst, T. (2021). Restrictive eating disorders in higher weight persons: A systematic review of atypical anorexia literature. *International Journal of Eating Disorders*, 54(8), 1328-1357. <https://doi.org/10.1002/eat.23519>
- Kirschen, M. P., Smith, K.A., Snyder, M., Zhang, B.* , Filbotte, J., Heimall, L., Budzynski, K., DeLeo, R., Cona, J., Bocage, C., Hur, L., Winters, M., Hanna, R., **Mensinger, J.L.**, Huh, J., Lang, S-S., Barg, F. R., Shea, J., Ichord, R., Berg, R. A., Levine, J. Nadkarni, V., Topjian, A. A. (2021). Serial Neurologic Assessment in Pediatrics (SNAP): A new tool for bedside neurological assessment of critically ill children. *Pediatric Critical Care Medicine*, 22(5), 483-495. <https://doi.org/10.1097/PCC.0000000000002675>
- Walker, S.B., Conlon, T.W., Zhang, B.* , **Mensinger, J.L.**, Fitzgerald, J.C., Himebauch, A., Glau, C., Nishisaki, A., Ranjit, S., Nadkarni, V., & Weiss, S.L. (2020). Clinical signs to categorize shock and target vasoactive medications in warm versus cold pediatric septic shock evaluations. *Pediatric Critical Care Medicine*, 21(12), 1051-1058. <https://doi.org/10.1097/PCC.0000000000002481>
- Mensinger, J.L.**, Granche, J.L.* , Cox, S.A., & Henretty, J.R. (2020). Sexual and gender minority individuals report higher rates of abuse and more severe eating disorder symptoms than cisgender heterosexual individuals at admission to eating disorder treatment. *International Journal of Eating Disorders*, 53(4), 541-554. <https://doi.org/10.1002/eat.23257>
- Kaimal, G., Carroll-Haskins K., **Mensinger, J.L.**, Dieterich-Hartwell, R., Biondo, J., & Levin, W. (2020). Outcomes of therapeutic artmaking in patients undergoing radiation oncology treatment: A mixed methods pilot study. *Integrative Cancer Therapies*, 19, 1534735420912835. <https://doi.org/10.1177/1534735420912835>
- Wolfe, H.A., Morgan, R.W., Zhang, B.* , Topjian, A., Fink, E., Berg, R.A., Nadkarni, V., Nishisaki, A., **Mensinger, J.L.**, & Sutton, R. M. & American Heart Association's Get With the Guidelines-Resuscitation Investigator. (2020). Deviations from AHA guidelines during pediatric resuscitation

- are associated with decreased event survival. *Resuscitation*, 149, 89-99. <https://doi.org/10.1016/j.resuscitation.2020.01.035>
- Kaimal, G., **Mensinger, J.L.**, Carroll-Haskins K. *(2020). Outcomes of collage art-based and narrative self-expression among home hospice caregivers. *International Journal of Art Therapy*, 25(2), 52-63. <https://doi.org/10.1080/17454832.2020.1752756>
- Fiero, M.L., Rosenblatt, S., Zhang, B.*, Snyder, M., Priestley, M., Chuo, J., Fuller, K., **Mensinger, J.**, Bonafide, C.P., & Sutton, R.M. (2020). Providing early attending physician expertise via telemedicine to improve rapid response team evaluations. *Pediatric Critical Care Medicine*, 21(5), e221-e227. <https://doi.org/10.1097/PCC.0000000000002256>
- Whitney, J. E., Zhang, B.*, Koterba, N., Chen, F., Bush, J., Graham, K., Lacey, S. F., Melenhorst, J. J., Teachey, D. T., **Mensinger, J. L.**, Yehya, N., & Weiss, S. L. (2020). Systemic endothelial activation is associated with acute respiratory distress syndrome in pediatric patients with extrapulmonary sepsis. *Critical Care Medicine*, 48(3), 344-352. <https://doi.org/10.1097/CCM.0000000000004091>
- Subramanyam. R., Tapia, I., Zhang, B.*, **Mensinger, J.L.**, Garcia-Marcinkiewicz, A., Jablonka, D., Galvez, J., Arnez, K., & Scnoll, R. (2020) Second-hand smoke exposure and risk of obstructive sleep apnea in children. *International Journal of Pediatric Otorhinolaryngology*, 130, 109807. <https://doi.org/10.1016/j.ijporl.2019.109807>
- Garcia-Marcinkiewicz, A. G., Adams, H. D., Gurnaney, H., Patel, V., Jagannathan, N., Burjek, N., **Mensinger, J. L.**, Zhang, B.*, Peebles, K. N., Kovatsis, P. G., Fiadjoe, J. E., & Pe, D. I. C. (2020). A retrospective analysis of neuromuscular blocking drug use and ventilation technique on complications in the Pediatric Difficult Intubation Registry using propensity score matching, *Anesthesia & Analgesia*, 131(2), 469-479. <https://doi.org/10.1213/ANE.0000000000004393>.
- Kaimal, G., Carroll-Haskins, K.*, **Mensinger, J. L.**, Dieterich-Hartwell, R. M.*, Manders, E., & Levin, W. P. (2019). Outcomes of collage-art based and narrative self-expression among caregivers of patients in home hospice care: A pilot study. *European Journal of Oncology Nursing*, 42, 153-161. <https://doi.org/10.1016/j.ejon.2019.08.006>
- Olson, K.L., & **Mensinger, J.L.** (2019). Weight stigma mediates the relationship between body mass index and pain in women, *Body Image*, 30, 159-164. <https://doi.org/10.1016/j.bodyim.2019.07.005>.
- Meaney, P.A., Joyce, C., Setlhare, S., Smith, H., **Mensinger, J.L.**, Zhang, B.*, Kalenga, K., Kloeck, D., Kgosiesiele, T., Jibril H., Mazhani, L., de Caen, A., & Steenhoff, A.P. (2019). Provider knowledge performance after initial "Saving Children's Lives" training in Botswana. *BMJ Open*, 9(8), e029575. <https://doi.org/10.1136/bmjopen-2019-029575>
- Smith, K.A., Setlhare, S., DeCaen, A., Donoghue, A., **Mensinger, J.L.**, Zhang, B.*, Snow, B., Zambo, D., Ndlovu, K., Littman-Quinn, R., Bhanji, F., & Meaney, P. (2019). Feasibility and preliminary validity evidence for a remote video-based assessment in a global health setting, *PLOS One*, 14(8), e0220565. <https://doi.org/10.1371/journal.pone.0220565>
- Lang, S.S., Zhang, B.*, Yver, H., Palma, J., Kirschen, M.P., Topjian, A.A., Kennedy, B., Storm, P.B., Heuer, G., **Mensinger, J.L.**, & Huh, J.W. (2019) Reduction of ventriculostomy-associated CSF infection with antibiotic-impregnated catheters in pediatric patients: A single-institution study. *Neurosurgical Focus*, 47(2), E4. <https://doi.org/10.3171/2019.5.FOCUS19279>
- Cook-Sather, S.D., Castella, G., Zhang, B.*, **Mensinger, J.L.**, Galvez, J., & Wetmore, R.F. (2019). Principal factors associated with ketorolac-refractory pain behavior following pediatric myringotomy and

- pressure equalization tube placement: A retrospective cohort study. *Anesthesia & Analgesia*, 128(5), 730-739. <https://doi.org/10.1213/ANE.0000000000004226>
- Kirschen, M.P., Snyder, M., Smith, K., Lourie, K., Agarwal, K., DiDonato, P., Doll, A., Zhang, B.*, **Mensinger, J.L.**, Ichord, R., Shea, J., Berg, R.A., Nadkarni, V., & Topjian, A. (2019). Inter-rater reliability between critical care nurses performing a pediatric modification to the Glasgow Coma Scale. *Pediatric Critical Care Medicine*, 20(7), 660-666. <https://doi.org/10.1097/PCC.0000000000001938>
- Yuan, I., Landis, W.P., Topjian, A.A., Abend, N.S., Lang, S.S., Huh, J.W., Kirschen, M.P., **Mensinger, J.L.**, Zhang, B.*, & Kurth, C.D. (2019). Prevalence of isoelectric electroencephalography events in infants and young children undergoing general anesthesia for surgery. *Anesthesia & Analgesia*, 130(2), 462-471. <https://doi.org/10.1213/ANE.0000000000004221>
- Russon, J.*, **Mensinger, J.L.**, Herres, J., Shearer, A.*, Vaughan, K.*, Wang, K. B.*, & Diamond, G. (2019). Identifying risk factors for disordered eating among female youth in primary care. *Child Psychiatry and Human Development*, 50(5), 727-737. <https://doi.org/10.1007/s10578-019-00875-8>
- Kirschen, M.P., Francoeur, C., Murphy, M., Traynor, D., Zhang, B.*, **Mensinger, J.L.**, Ichord, R., Berg, R.A., Topjian, A., Nishisaki, A., & Morrison, W. (2019). Epidemiology of brain death in pediatric intensive care units in the United States. *JAMA Pediatrics*, 173(5), 469-476. <https://doi.org/10.1001/jamapediatrics.2019.0249>
- Yuan, I., Olbrecht, V.A., **Mensinger, J.L.**, Zhang, B.*, Davidson, A.J., von Ungern-Sternberg, B.S., Skowno, J., QingQuan Lian, Q., Song, X., Zhao, P., Zhang, J., Zhang, M., Zuo, Y., Graaff, J.C., de Vutskits, L., Szmuk, P., & Kurth, C.D. (2019). Statistical Analysis Plan (SAP) for “An international multicenter study of isoelectric electroencephalography (EEG) events in infants and young children during anesthesia for surgery.” *Pediatric Anesthesia*, 29(3), 243-249. <https://doi.org/10.1111/pan.13589>
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Book Chapters in Edited Volumes:

- Weinberger-Litman, S.L.*, Rabin, L.A., Fogel, J., **Mensinger, J.L.** (2016). Body dissatisfaction and disordered eating among Jewish women: The role of religious orientation and spiritual well-being. In: Latzer, Y., Stein, D. (Eds.) *Bio-psycho-social contributions to understanding eating disorders* (pp. 181-202). Springer, Cham. https://doi.org/10.1007/978-3-319-32742-6_13
- Calogero, R. M., Tylka, T. L., & **Mensinger, J. L.** (2016). Scientific weightism: A view of mainstream weight stigma research through a feminist lens. In T.-A. Roberts, N. Curtin, L. E. Duncan, & L. M. Cortina (Eds.), *Feminist perspectives on building a better psychological science of gender* (pp. 9–28). Springer International Publishing/Springer Nature. https://doi.org/10.1007/978-3-319-32141-7_2
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Refereed Journal Abstracts/Conference Proceedings

- Oliver, T., Diewald, L., Mensinger, J., Shenkman, R., & Moore, C. H. (2021). COVID-19 pandemic-related changes in weight, health behaviors, and professional practice: A study of dietitians. *Journal of the Academy of Nutrition and Dietetics*, 121(10), A123. <https://doi.org/10.1016/j.jand.2021.08.014>
- McKay, M., **Mensinger, J.L.,** O'Connor, M., *Costello, A., Leveille, S. (2021). Symptoms contributing to mobility limitations and fear of falling in older adults. *Innovations in Aging*, 5(Suppl 1), 448. <https://doi.org/10.1093/geroni/igab046.1731>

- Mckay, M., Whitehouse, C., & **Mensinger, J.L.** (2020). Frailty & Depression: Mediators of Fear of Falling and Quality of Life in Older Adults. *Innovation in Aging*, 4(Suppl 1), 909–909. <https://doi.org/10.1093/geroni/igaa057.3344>
- Walker, S., Conlon, T., Zhang, B. *, **Mensinger, J.**, Fitzgerald, J., Himebauch, A., Glau, C., Nishisaki, A., Ranjit, S., Nadkarni, V., & Weiss, S. (2019). Targeting vasoactive therapies to warm versus cold pediatric septic shock. *Critical Care Medicine*, 47(Suppl 1), 811. <https://doi.org/10.1097/01.ccm.0000552413.40173.c7>
- Kirschen, M. Francoeur, C., Murphy, M., Traynor, D., Zhang, B. * **Mensinger, J.**, Topjian, A., Berg, R., Nishisaki, A., & Morrison, W. (2019). Epidemiology of brain death in pediatric intensive care units in the United States. *Critical Care Medicine*, 47(1), 373. <https://doi.org/10.1097/01.ccm.0000551537.83019.fb>
- Pugh, C.J. *, Schmitz, A.L., & **Mensinger, J.L.** (2010). Recurrence of myomas after myomectomy in women pretreated with GnRH agonists. *Journal of Minimally Invasive Gynecology*, 17, S152-S177 (A531). <https://doi.org/10.1016/j.jmig.2010.08.394>
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- Lynch, K.G., McKay, J.R., Ten Have, T.R., & **Mensinger, J.** (2007). Mechanisms of change in telephone monitoring interventions. *Alcoholism-Clinical and Experimental Research*, 31(s2), 272A.
- Grier S.A., **Mensinger, J.L.**, Huang, S.H., Kumanyika, S.K., & Stettler, N. (2005). Ethnic differences in reported parent/caregiver exposure and responses to fast food marketing, *Obesity Research*, 13(10 Suppl), A7.

Published Educational Reports:

- Mensinger, J.L.** (August, 2001). *Gender and body concerns in adolescent females: Single Sex and coeducational school environments.* (Report No. CG 031 271). Paper presented at the Annual meeting of the American Psychological Association, San Francisco, CA. (ERIC Document Reproduction Service No. ED 457 490) <https://files.eric.ed.gov/fulltext/ED457490.pdf>
- Mensinger, J.L.** (July, 2000). *Conflicting gender role prescriptions and disordered eating in single sex and coeducational school environments.* (Report No. CG 030 452). Poster presented at the Annual meeting of the American Psychological Association, Washington, DC. (ERIC Document Reproduction Service No. ED 446 323 <https://files.eric.ed.gov/fulltext/ED446323.pdf>)

Book Reviews:

- Mensinger, J.L.** (1998). [Review of the book *Promiscuities: The secret struggle for womanhood*, by N. Wolf]. *Sex Roles: A Journal of Research*, 39 (9/10), 819-820]. <https://doi.org/10.1023/A:1018820420284>
- Mensinger, J.L.** (1998). [Review of the book *The body project: An intimate history of American girls*, by J.J. Brumberg]. *Sex Roles: A Journal of Research*, 39 (9/10), 817-818. <https://doi.org/10.1023/A:1018820420284>
- Mensinger, J.L.** (1997). [Review of the book *Eating problems: A feminist psychoanalytic treatment model*, by C. Bloom, A. Gitter, S. Gutwill, L. Kogel, L. & L. Zaphiropoulos]. *Sex Roles: A Journal of Research*, 37 (9/10), 819-821. <https://dio.org/10.1007/BF02936341>

Manuscripts under review

Weissinger, G., Evans, L.* , & **Mensinger, J.L.** (under review). *Parents as care managers around adolescent suicide crises.*

Robbins, M.* , Rinaldi, K.* , A. Brochu, P., & **Mensinger, J.L.** (under review). *Words have weight: Preferences for terminology related to body size among higher-weight individuals.*

PRESENTATIONS**Peer-Reviewed National/International Conferences:****Oral Paper sessions, Chaired Symposia, Workshops, Roundtable Discussions**

Shepherd, B. F., **Mensinger, J. L.**, & Brochu, P. M. (2024, November). Intraminority stress and eating disorder symptoms among gay and bi+ men: An intersectional social safety perspective. In Myers, T. (Chair), Brown, T. (Discussant). *Intersectionality of Eating Pathology in Sexual and Gender Minority Individuals: Prevalence and Related Sociocultural Factors*. Symposium to be presented at the 58th ABCT Annual Conference, Seattle, WA.

Shepherd, B. F., López Jr., R., **Mensinger, J. L.**, & Brochu, P. M. (2024, November). A strengths-based, intersectional analysis of general belonging and status as moderators of the association between community-specific belonging and perceived stress among gay and bi+ men. In Shepherd, B. F. (Chair), Valentine, S. E. (Discussant). *Diverse Pathways to Stigma Resistance among LGBTQ+ Persons: A Strengths-based Approach to Addressing Mental Health Inequities*. Symposium to be presented at the 58th ABCT Annual Conference, Seattle, WA.

Shepherd, B. F., López Jr., R., **Mensinger, J. L.**, & Brochu, P. M. (2024, November). Fearing judgment from outside and within: Heterosexist stigma and intraminority stigma predict social anxiety symptom severity over time among gay and bi+ men. In Shepherd, B.F. & Tang, M. (Chairs), Feinstein, B. A. (Discussant). *Minority Stress and Mental Health among LGBTQ+ Persons Across the Lifespan: A Longitudinal, Developmentally Informed Approach*. Symposium to be presented at the 58th ABCT Annual Conference, Seattle, WA.

Shepherd, B. F., Zelaya, D. G., **Mensinger, J. L.**, & Brochu, P. M. (2024, October). Presiones desde adentro (Pressures from within): Intraminority body stigma and eating disorder symptoms among Latinx and non-Latinx gay and bi+ men. In Shepherd, B. F. (Chair), Zelaya, D. G. (Discussant). *Sociocultural Factors, Eating Disorder Symptoms, and Mental Health Help-Seeking Among Latinx Queer Persons: An Intersectional, Ecological Approach*. Symposium to be presented at the 2024 National Latinx Psychological Association Annual Conference, San Juan, Puerto Rico.

Mensinger, J.L., & Rinaldi, K.* (June, 2024). *Interoceptive sensibility and disordered eating: Too much of a good thing?* Paper presentation given at the 10th Biannual Appearance Matters Conference, Bristol UK.

Robbins, M.* , Rinaldi, K.* , **Mensinger, J.L.**, Brochu, P., (June, 2024). *Words matter! Reclaiming use of the term fat predicts positive outcomes.* Paper presentation given at the 10th Annual meeting of the International Weight Stigma Conference, Colchester, UK.

Schmidt, A.* , **Mensinger, J.L.**, Santos, R. Brochu, P. (June, 2024). *Applying the stereotype content model to understand therapists' perceptions of eating disorders and eating behaviors: A weight-inclusive perspective.* Paper presentation given at the 10th Annual meeting of the International Weight Stigma Conference, Colchester, UK.

- Shepherd, B.F.,* Kelly, L.M., **Mensinger, J.L.**, Maggs, J.L., Brochu, P.M. (June, 2024). An intersectional and interpersonal analysis of intraminority stress and risky alcohol use among gay and bi+ men of color. RSA Doctoral Student Small Grants Program-funded paper presented given at the 47th Annual Meeting for the Research Society on Alcohol, Minneapolis, MN.
- Mensinger, J.L.**, Bennett, M. (May, 2024). *Heart rate variability is a much better measure of health than body mass index*. Workshop given at the Annual Applied Psychophysiology & Biofeedback Conference, Denver, CO.
- Robbins, M.* , Rinaldi, K.* , Brochu, P., **Mensinger, J.L.** (March, 2024). *Words have weight: Preferences for terminology related to body size among higher-weight individuals*. Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Mensinger, J.L.** & Brochu, P.M. (January, 2024). *Weight stigma in the psychology classroom: Increasing awareness and identifying solutions*. Co-led a Participant Idea Exchange (PIE) at the 46th Annual National Institute on the Teaching of Psychology (NITOP), Bonita Springs, FL.
- Brownstone, L.M., Greene, A.K., Harrop, E.N. **Mensinger, J.L.** (June, 2023) *Introducing the Diet Culture Critical Consciousness Scale: Preliminary items and psychometric data*. Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, Washington, DC.
- Mensinger, J.L.**, Rinaldi, K.* , Robbins, M.* , Brochu, P. (June, 2023). *Is greater interoceptive awareness truly protective in disordered eating? Time to map a new conceptual model for eating disorder risk*. Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, Washington, DC.
- Mensinger, J.L.**, Cantrell, M.A., Weissinger, G. (March, 2022). *HRV biofeedback in healthcare workers: a pilot feasibility study*, Paper presentation presented at the 52nd Annual Scientific Meeting for the Association for Applied Psychophysiology and Biofeedback, Irving, TX.
- Harrop, E.N.* & **Mensinger, J.L.** (November, 2021). *Weight suppression and minimum BMI predict treatment delay in atypical anorexia nervosa*, Paper presentation presented at the 67th Annual Program Meeting for the Council on Social Work Education, Orlando, FL.
- Harrop, E.N.* & **Mensinger, J.L.** (June, 2021). *Weight history across the lifetime and medical complications in individuals with atypical anorexia nervosa: A systematic review*, Paper presentation given at the Annual meeting for the International Conference of Eating Disorders, Virtual.
- Cantrell, M.A., Ruble, K., **Mensinger, J.L.**, Birkhoff, S., Morris, A.* , Griffith, P. Adams, J. (March, 2021). The usability and effect of the Health Storylines™ mHealth app on female childhood cancer survivors' self-efficacy, health-related quality of life and perceived illness. Paper presentation at the Annual meeting of the Eastern Nursing Research Society, Virtual.
- McKay, M., Whitehouse, C., **Mensinger, J.L.** (March, 2021). *Frailty and depression: Mediators of fear of falling and quality of life in older adults*. Paper presentation at the Annual meeting of the Eastern Nursing Research Society, Virtual.
- Havens, D., **Mensinger, J.L.**, Kaufmann, P.K. (Feb, 2021). *The emotional wellbeing of nurses working during the US acute phase of the COVID-19 Pandemic*. Paper presentation at Sigma Theta Tau International, Creating Healthy Work Environments Conference, Virtual.

- Havens, D., (on behalf of CHAMPS Steering Committee, **Mensinger, J.L.**, study co-PI) (Nov, 2020). *Shaping systems to promote desired outcomes: Academic and Practice Partnerships*. Final Keynote for the Association for Leadership Science in Nursing, Virtual.
- Brom, H., (on behalf of CHAMPS Steering Committee, **Mensinger, J.L.**, study co-PI) (October, 2020). *Caring about health for all: A longitudinal study of the effects of COVID-19 on frontline workers*. Summit on Promoting Well-being and Resilience in Healthcare Professionals, Columbus, OH, Virtual.
- Mensinger, J.L.**, Granche, J.* , Cox, S., Henretty, J.R. (October, 2019). *Unintended consequences of the War on Obesity: Patients attributing their eating disorder onset to anti-obesity messaging enter treatment with more severe symptoms*. Paper presentation at the 27th International Congress on Eating Disorders, Alpach, Austria.
- Mensinger, J.L.**, Cox, S., Henretty, J.R. (June, 2019). *The effect of anti-fat messages on symptom severity and treatment outcomes in eating disorder patients entering higher levels of care*. Paper presentation at the 7th Annual International Weight Stigma Conference, London, Ontario, Canada.
- Mensinger, J.L.**, Calogero, R.M., Tylka, T.L., & Harrop, E.N.* (March, 2019). *Internalized weight stigma and intuitive eating explain changes in binge eating behaviors among women with high BMI*. Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Tylka, T.L., Calogero, R.M., **Mensinger, J.L.** (March, 2019). *Pressure to be thin and body acceptance by others mediate the relationship between BMI and intuitive eating*. Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Mensinger, J.L.**, Tylka, T.L., & Calamari, M.E.* (June, 2018). *Social identity threat and the implications of weight stigma on healthcare avoidance*. Paper presentation at the 6th Annual International Weight Stigma Conference, Leeds, Great Britain.
- Mensinger, J.L.**, Harrop, E.* , Turner, C., LaMarre, A, Kinavy, H., & Church, J. (April, 2018). *But what if my patient gets fat?: Research and clinical implications of weight stigma in treating higher-weight patients with eating disorders*. Workshop given at the International Conference on Eating Disorders, Chicago, IL
- Walker, S., Conlon, T., Zhang, B.* , **Mensinger, J.L.**, Fitzgerald, J., Himebauch, A., Glau, C., Nishisaki, A., Nadkarni, V., & Weiss, S. (May, 2018). *Application of clinical signs to differentiate warm versus cold pediatric septic shock*. Paper presentation at the Pediatric Academic Societies, Toronto, Canada.
- Mensinger, J.L.**, & Meadows, A. (June, 2017). *Internalized weight stigma diminishes improvements in physical activity outcomes following a healthy living program in women with high BMI*. Paper presentation in organized Symposium at the 5th Annual International Weight Stigma Conference, Prague, Czech Republic.
- Mensinger, J.L.**, Calogero, R.M., Hartman-McGilley, B., Harriger, J., Bazzi, K. (May, 2016). *Rethinking and restoring exercise for Health at Every Size: New integrative approaches for eating disorders treatment and recovery*. Coordinating Chair and Moderator on SIG Panel presentation at the Annual meeting of the International Conference on Eating Disorders, San Francisco, CA.
- DeJoy, S., Mandel, D., **Mensinger, J.L.**, Holladay, E., & Wicker, S. (September, 2015). *Pilot test of an obesity stigma reduction intervention in maternity care*. Paper presentation at the 3rd Annual International Weight Stigma Conference, Reykjavik, Iceland.

- Mensinger, J.L.** (July, 2015). *Healthy At Every Size® trumps behavioral weight loss in long-term results of a randomized controlled trial: HAES® research update*. Paper presentation at the Annual meeting of the Association for Size Diversity and Health, Boston, MA.
- Mensinger, J.L.** (November, 2014). *Long-term effects of a Health At Every Size approach versus a traditional dieting intervention on disordered eating among large women*. Paper presentation at the Annual meeting of the American Public Health Association, New Orleans, LA.
- Mensinger, J.L.** & Zotter, D. (March, 2014). *Weight bias internalization as a moderator of changes in disordered eating behaviors during a Health at Every Size vs. a standard dieting/lifestyle change intervention for large women*. Paper presentation at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Mensinger, J.L.**, Close, H.* & Ku, J. (November, 2009). *Intuitive eating: A novel health promotion strategy for obese women*. Paper presentation at the Annual meeting of the American Public Health Association, Philadelphia, PA
- Mensinger, J.L.**, Close, H.*, Marks, E.* & Ku, J. (August, 2009). *Healthy living project: Preliminary findings of a randomized controlled trial of health at every size vs. behaviorally-based weight loss*. Paper presentation at the Annual meeting of the Association for Size Diversity and Health, Washington DC
- Persad, M.D.* & **Mensinger, J.L.** (October, 2008). *Food insecurity, dietary quality, & psychosocial factors among urban pregnant women*. Paper presentation at the Annual meeting of the American Public Health Association. Selected for the Greg Alexander Outstanding Students Paper Session and won first place cash prize. San Diego, CA
- Mensinger, J.L.**, & Kostynuk, C. (July, 2008). *Research update: Implementation of a randomized controlled trial of a health at every size program*. Workshop presentation at the Annual meeting of the Association for Size Diversity and Health, Los Angeles, CA
- Mensinger, J.L.**, & Bonifazi, D.Z. (November, 2005). *Measurement issues in psychology: The superwoman ideal, a fading feminist construct*. Workshop given at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Grier S.A., **Mensinger, J.L.**, Haung, S.H., Kumanyika, S.K., & Stettler, N. (October, 2005). *Ethnic differences in reported parent/caregiver exposure and responses to fast food marketing*. Paper presented at the Annual meeting of the North American Association for the Study of Obesity, Vancouver, BC
- McKay, J.R., Lynch, K., **Mensinger, J.L.**, Ratichek, S., Koppenhaver, J., & Shepard, D. (August, 2005). *Services received and problem severities over a two-year post-treatment follow-up*. Paper presented at the Annual meeting of the Research Society on Alcoholism, Santa Barbara, CA
- Mensinger, J.L.**, & Bonifazi, D.Z. (October, 2004). *The superwoman of the 21st century: Doubly burdened or pathologically independent?* Workshop presentation at the Annual meeting for the Association for Women in Psychology, Perspectives on Women's Well Being: Feminist Psychology, Science, and Practice, Philadelphia, PA
- Mensinger, J.L.** (August, 2004). *Context matters: Lessons on relational functioning in young women with eating disorders*. Organizer and Roundtable discussion leader at the Annual meeting of the American Psychological Association, Honolulu, HI

McKay, J.R., Lynch, K., Shepard, D. & **Mensinger, J.L.** (August, 2005). *Contributions of alcohol research to the concepts of continuing care and disease management*. Paper presented at the Annual meeting of the American Psychological Association, Washington, DC.

Mensinger, J.L. (April, 2004). *Barriers to treatment for substance abusing adolescents: Consumer perspectives*. Paper presented at the Annual meeting of the Eastern Psychological Association, Washington, DC

Mensinger, J.L. (August, 2001). *Growing up female: Reflections on education, culture, and the body*. Organizer and Chair of Symposium at the Annual meeting of the American Psychological Association, San Francisco, CA

Mensinger, J.L. (April, 2000). *Gender concerns in adolescent females: The impact of single sex versus coeducational school environments*. Paper presentation at the 12th Greater New York Conference on Psychological and Social Research, New York, NY

Posters (selected listing)

*Aware, Y.G., & **Mensinger, J.L.** (August, 2024). *Eating pathology and optimal parenting in Asian Americans compared to the general population*. Poster presentation at the Annual meeting of the American Psychological Association, Seattle, Washington.

*Shepherd, B.F., **Mensinger, J.L.**, & Brochu, P.M. (August, 2024). *Intracommunity stigma, stress, belonging, and mental health among gay and bi+ men of color*. Poster presentation at the Annual meeting of the American Psychological Association, Seattle, Washington.

Mensinger, J.L., Brochu, P., Johnston, A.*, & Valls Palacios Reese, A.* (June, 2024). *Can we compare body-related constructs in people across the weight spectrum? A weight stigma perspective on measurement invariance of the Brief Multidimensional Assessment of Interoceptive Awareness (BMAIA-2)*. Poster presentation given at the 10th Annual meeting of the International Weight Stigma Conference, Colchester, UK.

*White, K. & **Mensinger, J.L.** (June, 2024). *Examining the relationship between social media platforms and eating disorder behaviors in adolescents: A systematic review*. Poster presentation at the Biannual 10th Biannual Appearance Matters Conference, Bristol UK.

*Shepherd, B.F., Kelly, L.M., **Mensinger, J.L.**, Maggs, J.L., & Brochu, P.M. (June, 2024). *An intersectional and interpersonal analysis of intraminority stress and alcohol use disorder risk among gay and bi+ men of color*. Poster presented at the 47th Annual Research Society on Alcohol, Minneapolis, MN (won the Enoch Gordis award)

Harrop, E., Sullivan, S.*, & **Mensinger, J.L.** (Sept., 2023). *"It wasn't recognized as an eating disorder. I was just a very good dieter": Patient perspectives on the role of dieting in eating disorder development and persistence*. Poster presented at the Eating Disorders Research Society Annual Conference, Boston, MA.

Rinaldi, K.*, & **Mensinger, J.L.** (Sept., 2023). *Evaluating measurement invariance of the Multidimensional Assessment of Interoceptive Awareness (MAIA-v2) in eating disorder risk, sex, and age groups*. Poster presented at the Eating Disorders Research Society Annual Conference, Boston, MA.

Batstone, A*. **Mensinger, J.L.** & Brochu, P. (June, 2023). *The effects of Westernization on non-Western body ideals and weight stigma*. Poster presented at the 9th Annual Weight Stigma Conference, Denver, CO.

- Robbins, M.*, Rinaldi, K.*, A. Brochu, P., & **Mensinger, J.L.** (June, 2023). *Words are heavy: A scoping literature review and discussion of size related terminology preference*. Poster presented at the 9th Annual Weight Stigma Conference, Denver, CO.
- Mensinger, J.L.**, Weissinger, G., Cantrell, M.A., Baskin, R.*, Cohn, A.*, George, C.*, Randall R*. (Sept, 2022). *A pilot feasibility study of a mobile heart rate variability biofeedback app for healthcare workers: Improvements in interoception, mindful self-care, and disordered eating*. Poster presented at the Eating Disorders Research Society Annual Conference, Philadelphia, PA.
- Harrop, E., **Mensinger, J.L.** (Sept, 2022). *Patients speak back to one-size-fits-all measures: Utilizing qualitative data to assess the fit and function of gold-standard eating disorder measures*. Poster presented at the Eating Disorders Research Society Annual Conference, Philadelphia, PA.
- McKay, M., **Mensinger, J.L.**, O'Connor, M., *Costello, A., Leveille, S. (March-April, 2022). Symptoms contributing to mobility limitations among older adults living in the community. Poster presentation at the 34th Annual Scientific Sessions of the Eastern Nursing Research Society, Providence, RI.
- Oliver, T., Shenkman, R., Diewald, L., **Mensinger, J.**, *Moore, C.H. (October, 2021) *COVID-19 psychological symptoms and pandemic-related lifestyle changes on weight*, Virtual poster presented at the American Public Health Association Annual Meeting and Expo, Denver, CO.
- Whitehouse, C., **Mensinger, J.L.**, McKay, M. (October, 2020). *Fear of falls and quality of life in community-dwelling older adults: Is diabetes an effect modifier?* Virtual poster presented at the Gerontological Society of America 2020 Annual Scientific Meeting
- McKay, M., **Mensinger, J.L.**, Whitehouse, C. (October, 2020). *Frailty and depression: Mediators of fear of falling and quality of life in older adults*. Virtual poster presented at the Gerontological Society of America 2020 Annual Scientific Meeting
- Mensinger, J.L.**, Sturtevant, D., Kinavey, H. (October, 2020). *Effectiveness of an online Body Trust[®] program for reducing traumatic distress, body shame, and disordered eating*. Virtual poster presented at the Eating Disorders Research Society Annual Conference.
- King, A.*, Russon, J., **Mensinger, J.L.**, (October, 2020). *The moderating effect of attachment insecurity on parental psychological control and disordered eating among young adult women*. Virtual poster presented at the Eating Disorders Research Society Annual Conference.
- Harrop, E.N.* & **Mensinger, J.L.** (October, 2020). *An exploration of the connection between weight-related variables and eating disorder treatment delay in a diverse sample of patients with a history of atypical anorexia nervosa*. Virtual poster presented at the Eating Disorders Research Society Annual Conference.
- Mensinger, J.L.**, Granche, J.*, Cox, S., Henretty, J.R. (September, 2019). *Gender and sexual minority individuals enter higher levels of eating disorder specialty care with more severe eating disorder symptoms and greater frequencies of trauma-related risk factors*. Poster presented at the Eating Disorders Research Society Annual Conference, Chicago, IL.
- Harrop, E. N.* & **Mensinger, J.L.** (September, 2019). *Restrictive eating disorders in higher-weight persons: A systematic review of Atypical Anorexia literature*. Poster presented at the Eating Disorders Research Society Annual Conference, Chicago, IL.
- O'Neil, M., **Mensinger, J.**, Dagan, M. Chompski, S., Wojciechowicz, C.*, Feehan, K. Turchi, R. (September, 2019). *Measuring physical activity during functional tasks in ambulatory youth with cerebral*

palsy. Poster Presentation at the 73rd Annual Meeting of the American Academy for Cerebral Palsy and Developmental Medicine, Anaheim, CA.

Mensinger, J.L., & Calamari, M.E.* (November, 2018). *Mechanisms underlying weight status and healthcare avoidance*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA.

Kirschen, M.P., Snyder, M. Smith, K., Lourie, K., Agarwal, K., DiDonato, P., Doll, A. Zhang, B., **Mensinger, J.L.,** Ichord, R., Shea, J.A., Berg, R.A., Nadkarni, V., & Topjian, A. (October, 2018). *Inter-rater reliability of a pediatric modification to the Glasgow Coma Scale in an academic PICU*. Poster presentation at the Child Neurology Society Meeting, Chicago, IL.

Mensinger, J.L., & Calogero, R.M. (November, 2016). *Unraveling internalized stigma undoes disordered eating: Results of a causal path model in a community-based sample of women with high BMI*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA.

Mensinger, J.L., Russon, J.*, Shearer, A., & Diamond, G. (October, 2016). *Dismantling the stereotypes about eating disorders and race: Who is really suffering behind the “Golden Cage”?* Poster presentation at the Annual Conference of the Eating Disorders Research Society, New York, NY.

Rompolski, K. **Mensinger, J.L.,** & Zillmer, E. (August, 2016). *Compulsive exercise and disordered eating among adult recreational exercisers: Is there a gender difference?* Poster presentation at the Annual meeting of the American Psychological Association, Denver, CO.

Mensinger, J.L., Russon, J.*, Diamond, G., & Atte, T. (November, 2015). *Eating disorder risk and trauma in a youth primary care sample*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA

Calogero, R.M., **Mensinger, J.L.,** & Tylka, T.L. (November, 2015). *Development and validity of the Experiential Exercise Scale: A new tool for measuring process vs. outcome-driven exercise*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA

Russon, J.*, **Mensinger, J.L.,** Diamond, G., Levy, S., & Atte, T. (October, 2015). *Suicide risk and eating disorders: Youth in primary care*. Poster presentation at the 2015 International Summit on Suicide Research Society. New York, NY.

Mensinger, J.L. & Calogero, R.M. (September, 2015). *Internalization of weight bias determines treatment success in a health at every size intervention*. Poster presentation at the 3rd Annual International Weight Stigma Conference, Reykjavik, Iceland.

Mensinger, J.L., MacBride, S.*, & Russell, V.* (November, 2014). *Changes in weight bias internalization explain disordered eating and psychological outcomes in an intervention study of obese women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA.

Mensinger, J.L., Quinn, K.*, & Lai, E*. (November, 2014). *Weight bias internalization and physical activity among large women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA

Mensinger, J.L., Kelly J.P.*, & Lai, E.* (October, 2014). *Intuitive Eating: A unique construct or simply a pole on the disordered eating continuum?* Poster presentation at the Annual Conference of the Eating Disorders Research Society, San Diego, CA.

- Mensinger, J.L.** (March, 2013). *Intuitive eating and responsiveness to the food environment among obese women*. Poster presentation at the Annual meeting of the Eastern Psychological Association, New York, NY.
- Pugh, C.J.*, Schmitz, A.L., & **Mensinger, J.L.** (November, 2010). *Recurrence of myomas after myomectomy in women pretreated with GnRH agonists*. Poster presentation at the 39th Global Congress of Minimally Invasive Gynecology, Las Vegas, NV
- Mensinger, J.L.**, Close, H.*, & Ku, J. (November, 2009). *The effectiveness of a traditional behavioral weight loss program versus a health at every size program for reducing disordered eating attitudes and behaviors in obese women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Weinberger-Litman, S.L.*, & **Mensinger, J.L.** (November, 2009). *Adherence to the Superwoman Ideal as a Mediator of the Association Between Religious Orientation and Disordered Eating in Jewish Women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Mensinger, J.L.**, Close, H.*, Marks, E.*, & Ku, J. (September, 2009). *Appetitive hyper-responsiveness & intuitive eating: new constructs for understanding disordered eating behavior and the treatment of obesity*. Poster presentation at the Annual Conference of the Eating Disorders Research Society, Brooklyn, NY
- Weinberger-Litman, S.L.*, **Mensinger, J.L.**, Rabin, L.A., Shimmyo, K.J., Fogel, J. Gantman, M., & Graves, J.V. (November, 2007). *Mediators of religious orientation on body image and eating disturbance in Jewish women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Mensinger, J.L.** & Dinkevich, E. (October, 2007). *Maternal feeding practices and infantile obesity*. Poster presentation at the Annual meeting of the North American Association for the Study of Obesity. New Orleans, LA
- Weinberger-Litman, S.L.*, Rabin, L.A., Shimmyo, K.J., Fogel, J. Gantman, M., Graves, J.V., & **Mensinger, J.L.** (May, 2007). *Effects of religious orientation on body image and eating disturbance in a sample of Jewish women*. Poster presentation at the Annual meeting of the International Conference on Eating Disorders, Baltimore, MD
- Dinkevich, E., **Mensinger, J.L.**, Leid, L., Heard, S., & Williams, N.* (May, 2007). *Maternal correlates of infant feeding practices*. Poster presentation at the Pediatric Academic Societies' Annual Meeting, Toronto, ON
- Mensinger, J.L.** (August, 2004). *School gender composition and disordered eating among adolescent females*. Poster presentation at the Annual meeting of the American Psychological Association, Honolulu, HI
- Mensinger, J.L.**, Wintersteen, M.B., Kahn, M., & Diamond, G.S. (April, 2004). *Barriers to university/community mental health research collaboration*. Poster presentation at the Annual meeting of the Eastern Psychological Association, Washington, DC
- Mensinger, J.L.** (October, 2003). *Eating pathologies among urban youth*. Poster presentation at the Annual meeting of the International Conference on Urban Health, New York, NY

Mensinger, J.L. (August, 2000). *Conflicting gender role prescriptions and disordered eating in single sex and coeducational school environments*. Poster presentation at the Annual meeting of the American Psychological Association, Washington, DC

Mensinger, J.L., McIntire, A., & Duncan, P.K. (May, 1995). *The differential effects of pay for performance and goal setting for increasing worker productivity*. Poster presentation at the Annual meeting of the Association for Behavior Analysis, Washington, DC

Invited Workshops/Presentations/Speaking Engagements:

Mensinger, J.L., (April, 2024). *New solutions for the unintended consequences of the ‘War on Obesity’: Why it is time to retire the BMI as a marker of health*. Invited lecture for the Department of Psychology Speaker Series, Union College, Schenectady, NY.

Mensinger, J. L. (October, 2023). *Health At Every Size – What it is, what it is not, and the research that backs it up!* Workshop given to Honors Course in Nutrition: Facts and Fiction, Dr. Kiran C. Patel College of Osteopathic Medicine, Department of Nutrition, Nova Southeastern University, Fort Lauderdale, FL

Mensinger, J.L., (April, 2022). *Unintended consequences of the war on “obesity”: Evidence for using a weight-inclusive lens as a way forward for eating disorders prevention and treatment*. Invited Research Workshop at the 2022 WIND (Weight Inclusive Nutrition and Dietetics) Spring Symposium, Virtual event.

Mensinger, J.L., Turner, C., Smith, J. Flores, A. (Feb., 2020). *Eating disorders: Where is the field today? and what are the gaps and opportunities for growth?* National Eating Disorders Awareness Week. Virtually held, FB Live Event.

Mensinger, J.L. & Sutherland, F. (March, 2019). *An interdisciplinary, social justice, and evidence-based approach to body image in the treatment of individuals of size with eating disorders*. Clinical Teaching Day half-day Workshop, International Conference for Eating Disorders, NY, NY.

Mensinger, J.L. (October, 2018). *Eating disorders in higher weight individuals: Time for a paradigm shift*. Congressional Mental Health Caucus, Capitol Hill, Washington, DC.

Mensinger, J.L. (May, 2015). *Weight stigmatization and its effect on mental and physical well-being: A call for more HAES® informed healthcare*. Continuing Education Workshop, “Best Practices in Sensitive Care of the Pregnant Client with a High BMI”, sponsored by the West Chester University Foundation and the Association of Teachers of Maternal Child Health.

Mensinger, J.L. (July, 2014). *Living well regardless of size: New strategies for health promotion in a society that vilifies fat*. Advena World Women’s Leadership Conference, Washington DC.

Mensinger, J.L., Andresen, S., Lemire, D., Bond, S., & Burgard, D. (August, 2009). *Internal access to Health at Every Size®: Building community in ASDAH*. Panel discussion at the Annual meeting of the Association for Size Diversity and Health, Washington DC

Mensinger, J.L. (February, 2008). *The ‘skinny’ on weight, diets, and cardiovascular disease*. The 2008 Cardiovascular Disease Update, The Reading Hospital and Medical Center, Reading, PA

Mensinger, J.L. (February, 2005). *Battling eating disorders on college campuses*. Eating Disorders Awareness Week, Wellness Center, West Chester University, West Chester, PA

Mensinger, J.L. (February, 2004). *Battling eating disorders on college campuses*. Eating Disorders Awareness Week, Wellness Center, West Chester University, West Chester, PA

- Mensinger, J.L.** (April, 2003). *Overcoming challenges in the transition from high school to college*. College Forum at the Hill School, Pottstown, PA
- Mensinger, J.L.** (May, 2003). *Resisting the superwoman ideal in the 21st century*. Presentation given to grades 9-11, The Purnell School, Pottersville, NJ
- Mensinger, J.L.** (May, 2003). *Getting into and through graduate school*. West Chester University's Psychology Club, West Chester, PA
- Mensinger, J.L.** (May, 2003). *Identifying and supporting a peer with an eating disorder*. Presentation given to Peer Mentoring Program at the Hill School, Pottstown, PA
- Mensinger, J.L.** (August, 2003). *Understanding Body Image*, Intensive Summer Workshop at West Chester University, West Chester, PA
- Mensinger, J.L.** (April, 2002). *Identifying and supporting a peer with an eating disorder*. Presentation given to College Sorority Peer Mentor Training, Sister-to-Sister Eating Disorders Prevention and Intervention Program at West Chester University, West Chester, PA
- Mensinger, J.L.** (April, 2002). *Eating disorder interventions on a college campus*. Training program for Resident Directors at West Chester University, West Chester, PA
- Mensinger, J.L.** (February, 2002). *Strategies for decreasing the eating disorders epidemic on college campuses*. West Chester University's Wellness Center, Eating Disorders Awareness Week, West Chester, PA
- Mensinger, J.L.** (February, 2001). *How to support a friend with an eating disorder*. Sister-to-Sister Prevention and Intervention Program at West Chester University

Local (Campus) or Regional Presentations and Workshops:

- Mensinger, J. L.** (March, 2021). *Effectiveness of an online Body Trust[®] program for reducing traumatic stress and disordered eating*. Paper presentation, Research and Scholarship Day, Fitzpatrick College of Nursing, Villanova University, Villanova, PA
- Mensinger, J.L. & Kaufmann, P.** (Oct, 2020). *Study design, vision, and preliminary results for the CHAMPS study and Registry*. Faculty Development Seminar, Fitzpatrick College of Nursing, Villanova University, Villanova, PA
- Mensinger, J.L.** (May, 2020). *The new era of mediators and moderators: Moving beyond Baron and Kenny's causal steps*. Faculty Research Brown Bag Presentation, Fitzpatrick College of Nursing, Villanova University, Villanova, PA
- Mensinger, J.L.** (January, 2020). *Weight bias and healthcare avoidance in women: The delicate balance of promoting health without harm*. Faculty Research Brown Bag Presentation, Fitzpatrick College of Nursing, Villanova University, Villanova, PA
- Mensinger, J.L.** (April, 2019). *The untold story on weight and health: Lessons learned from a randomized controlled trial for women with high BMI*. Grand Rounds, Hahnemann University Hospital, Department of Obstetrics and Gynecology
- Mensinger, J.L., Tylka, T.L., Calamari, M.*** (March, 2018). *Healthcare avoidance, weight stigma and body shame among women with high BMI*. Paper presentation at the 2018 Helen I. Moorehead-Laurencin Annual Sex and Gender Research Forum, Drexel University, Philadelphia, PA

Mensinger, J.L., Wang, X.* (March, 2018). *Mechanisms of change for binge eating behaviors after participating in a healthy living program in women with high body mass index*. Paper presentation at the First Annual Transdisciplinary Research Symposium on Weight, Eating Disorders and Lifestyle Sciences, Drexel University, Philadelphia, PA

Mensinger, J.L. (May, 2017). *Barriers to changing physical activity habits in women with high body mass index: Mediating and moderating mechanisms*. Paper presentation at the 2nd Annual International Research Showcase, Drexel University, Philadelphia, PA

Calamari, M.*, **Mensinger, J.L.** (May, 2017). *Exploring mediating mechanisms relating weight stigma to healthcare avoidance*. Poster presentation at Drexel University's Week of Undergraduate Student Excellence, Philadelphia, PA

Mensinger, J.L. (March, 2017). *A critical analysis of "disFigured" and the representation of the fat acceptance movement and eating disorders*. National Alliance for Mental Illness event on campus at Drexel University

Kelly, J.P.*, & **Mensinger, J.L.** (April, 2014). *Attrition in a randomized controlled trial of a lifestyle intervention for obese women*. Poster presentation at Drexel University's Annual Student Research Day, Philadelphia, PA

TEACHING AND SUPERVISION

Course Director, Current:

- PSY 1806 – *Intermediate Statistics* (Doctoral course in Clinical Psychology)
- PSY 2107 – *Theories of Measurement* (Doctoral course in Clinical Psychology)
- PSY 4678 – *Eating Disorders: Theory and Intervention* (Doctoral course in Clinical Psychology)

Teaching Assistants Supervised – College of Psychology, Nova Southeastern University

2024-2025 – Morgan Kath, Eliana Sidlow

2023-2024 – Katerina Rinaldi, Alyssa Rabade, Eliana Sidlow, Katelyn Fitzpatrick, Antione Lea, Orlando Foss

2022-2023 – Katerina Rinaldi, Alexandra Nuccio, Alyssa Ojeda, Benjamin Shepherd, Blanca Melero, Nicole Mantella

Course Director, College of Nursing and Health Professions, Drexel University

Teaching assignments across varied quarters 2009–2017 (workload – 36 credits/academic year):

- HSCI 314 (Face to Face) – *Advanced Research for Health Sciences*
- STS 350 (Face to Face) – *Advanced Statistics for the Clinical Sciences*
- STS 345 (Face to Face) – *Statistics for the Health Sciences*
- STS 345 (Online) – *Statistics for the Health Sciences*
- HSCI 313 (Face to Face) – *Clinical Trials Protocols*
- HSCI 470 (Face to Face) – *Weight Stigma, Eating Disorders, Body Image, and Health (multiple Special Research Topics courses)*
- HSCI 315 (Face to Face) – *Current Issues in Clinical Research*
- HSCI 310 (Face to Face) – *Introduction to Clinical Research*
- HSCI 310 (Hybrid) – *Introduction to Clinical Research*
- ARTS 505 (Face to Face) – *Diagnosing Clinical Psychopathology I*

- ARTS 513 (Face to Face) – *Diagnosing Clinical Psychopathology II*
- HSCI 480 (Independent Readings) – *Sociology of the Body and Health*

Founder & Director of the CHEERS lab (Connecting to Heal Eating and body distress through Empowerment and Resilience for all Sizes)

- Mentoring students on developing research and clinical skills using a weight inclusive approach to care for those with disordered eating and body concerns.

Dissertation, Thesis, Directed Study, & Capstone Examination Supervision:

- Gabriella Grau (Chair), PsyD in Clinical Psychology Nova Southeastern University (anticipated completion, 2025)
- Pearl Owolabi (Chair), PsyD in Clinical Psychology Nova Southeastern University (anticipated completion, 2025)
- Shaylynn Murphy (Chair), PsyD in Clinical Psychology Nova Southeastern University (anticipated completion, 2025)
- Lauren Austin (Chair), PsyD in Clinical Psychology Nova Southeastern University (anticipated completion, 2025)
- Brooke Greenberg (Committee), PhD in Clinical Psychology Nova Southeastern University (anticipated defense, 2025)
- Benjamin Shepherd (Committee), PhD in Clinical Psychology, Nova Southeastern University (anticipated defense, 2025)
- Brenda Calda (Committee), PsyD in Clinical Psychology, Nova Southeastern University (anticipated completion, 2025)
- Inniobong Etuk (Committee), PhD in Clinical Psychology Nova Southeastern University (anticipated defense, 2026)
- Yashvi Aware (Chair), PsyD in Clinical Psychology Nova Southeastern University (2024)
- Kayleigh White (Chair), PsyD in Clinical Psychology Nova Southeastern University (2024)
- Savacia Farmer (Committee), PsyD in Clinical Psychology Nova Southeastern University (2024)
- Alexandra Schmidt (Committee), PhD in Clinical Psychology, Nova Southeastern University (2024)
- Alexandra Khoudari (Chair), PsyD in Clinical Psychology, Nova Southeastern University (2023)
- Alicia Batshone (Committee), PsyD in Clinical Psychology, Nova Southeastern University (2023)
- Ashley King (Committee), PhD in Human Development of Family Studies, Virginia Tech Graduate School (2022)
- Erin Harrop (Committee), PhD in Social Welfare, University of Washington (2020)
- Caitlyn McCarthy (Examiner), MA in Creative Arts Therapy, Drexel University (2018)
- Kathy Hartman (Co-Chair), Doctorate of Nursing Practice, Drexel University (2017)
- Pat Scherle (Committee), Doctorate of Nursing Practice, Drexel University (2016)
- Rose Dormio (Committee), Doctorate of Nursing Practice, Drexel University (2016)
- Sara Boucher (Examiner), PhD in Preventive and Social Medicine, University of Otago, New Zealand (2015)
- Malini D. Persad (Chair), MD/MPH, Downstate College of Medicine, (2007) (Recipient of APHA Maternal-Child Health award for project)
- Sarah Weinberger-Litman (Committee), PhD in Health/Experimental Psychology, CUNY, Graduate Center, (2007)

Statistical Supervision on Theses and Capstone Projects:

- M. Velma Weitz – PhD Nursing (2019)

- Jill Schwartz – Doctorate of Nursing Practice (2017)
- Carol Ann Blank – Ph.D. in Creative Arts in Therapy (2017)
- Emily Werner – MS in Human Nutrition (2016)
- Craig Sorkin – Doctorate of Nursing Practice (2016)
- Loretta Bassion – Doctorate of Nursing Practice (2016)

Graduate Assistant/ Research Mentee –Department of Mathematic & Statistics, and the Fitzpatrick College of Nursing, Villanova University

- Rachel Randall – Undergraduate student in Nursing (2021-2022)
- Alexis Cohn – Undergraduate student in Nursing (2021-2022)
- Cerena George – PhD student in Nursing Science (2021-2022)
- Rachel Baskin – PhD student in Nursing Science (2020-2022)
- Alexander Costello – MS student in Applied Statistics (2020-2021)
- Jackline Mayaka – PhD student in Nursing Science (2020)
- Amanda Morris – MS student in Applied Statistics (2019-2020)

Graduate Assistants/ Research Mentees –Dornsife School of Public Health, Drexel University

- Janeway Granche – MS student in Epidemiology and Biostatistics (2018-2019)
- Breanna Branch – MPH student Epidemiology (2018-2019)
- Bingqing Zhang – MPH graduate Biostatistics / Statistician CHOP (2017-2019)
- Xie Wang – PhD student in Epidemiology (2017)

Teaching Practicum Preceptor –College of Nursing and Health Professions, Drexel University

- Christen Mendonca, PhD Candidate Rehabilitation Sciences (2016-2017)
- Kate Myers-Coffman, PhD Candidate Creative Arts Therapy (2016-2017)

Undergraduate Independent Study Research Advisees –Department of Health Sciences, College of Nursing and Health Professions, Drexel University:

- Margaret Calamari – Sociology of the Body and Health (2017)
- Sean MacBride – Healthy Living and Exercise (2014)
- Vincent Russell – Healthcare and Weight Stigma (2014)
- Kerry Quinn – Weight Bias and Exercise (2014)
- Edward Lai – Intuitive Eating and Health (2014)
- James P. Kelly – Health and Eating Behaviors (2013-2014)

Research Assistants/Advisees (undergraduate and graduate from affiliated universities)–Office of Research, The Reading Hospital and Medical Center of Tower Health :

- Ashley Bowersox (2011)
- Heather Close (2009-2010)
- Elizabeth Jones (2008)
- Elizabeth Marks (2008-2009)
- Kelly Lopez (2008-2009)

Early teaching experience (Course Directorships, Guest Lecturer, and Teaching Assistantships)

- 2007–2009 • Instructor and developer of lecture series, *Biostatistics and Study Design*, Graduate Medical Education, The Reading Hospital and Medical Center
- 2005–2007 • Course Director, URBA 5101 *Principals of Biostatistics*, Graduate Program in Public Health Program, SUNY Downstate Medical Center
- 2005–2007 • Course Director and developer, URBA 5316, *Public Health of Nutrition, Weight, and Eating Disorders*, Graduate Program in Public Health, SUNY Downstate Medical Center
- 2007 • Guest Lecturer, PHAS 3102, *Health Promotion and Disease Prevention*, Physician Assistant Program, SUNY Downstate Medical Center
- 2003–2004 • Guest Lecturer, *Research Methods and Statistics*, Psychiatry Fellows program, Children’s Hospital of Philadelphia
- 2004 • Guest Lecturer, *Developmental Psychopathology*, Master’s Program in Clinical Psychology, West Chester University
- 2002 • Course Director, PSY 501, *Introduction to Statistics and Research Methods for the Behavioral Sciences*, Master’s Programs in Clinical and Industrial Psychology, West Chester University
- 2001–2002 • Teaching Assistant, *Research Methods and Statistics*, Ph.D. Program in Sociology, The Graduate Center, CUNY
- 2000–2002 • Guest Lecturer, *Eating Disorders Seminar*, Department of Psychology, West Chester University
- 2000–2001 • Teaching Assistant, *Statistics and Computer Programming*, Ph.D. Program in Psychology, The Graduate Center, CUNY

PROFESSIONAL SERVICE**Invited National/International Committees/Expert Panels:**

- 2024–2025 • Invited participant in NIH iMERS ‘Train the Trainers’ program to enhance grantsmanship skills among faculty at minority-serving institutions
- 2019–2024 • Appointed Member, Diversity, Equity, and Inclusion Advisory Committee to the Board of the Academy for Eating Disorders
- 2021–2022 • Expert Panelist for Delphi study to determine a consensus definition of “healthy eating,” Lead PIs – Dr. Rachel Rodgers, APPEAR Lab, Department of Applied Psychology, Northeastern University, Dr. Kendrin Sonneville, University of Michigan, Nutrition Sciences
- Oct. 2020 • Invited expert to partake in a Strategic Planning Collaborative between NIMH and the National Eating Disorders Association for improving research training and funding priorities to fill knowledge gaps in the eating disorder field
- 2019–2020 • Expert Panelist for AGReMA consensus study to determine reporting requirements for studies utilizing mediation analysis, Lead PI – Hopin Lee, PhD, Botnar Research Centre, Centre for Statistics in Medicine, University of Oxford, Oxford, UK
- 2019–2020 • Expert Panelist for “Identifying research priorities for the study of Atypical Anorexia Nervosa: A Delphi Study,” Lead PI – Cynthia Bulik, PhD, Director, Centre for Eating Disorders Innovation (CEDI), Karolinksa Institute, Stockholm, Sweden

- 2019 • Invited expert for meeting with the Department of Health and Human Services, Office of Women's Health, *How to talk about healthy weight and healthy eating: A cross-disciplinary dialogue on messaging to promote healthy behaviors and positive body image*, Washington, DC
- 2018–2019 • Expert Panelist on Delphi consensus study for validating the operationalization of *Weight Stigma*, Lead PI –S. Papadopoulos, Australian Catholic University
- 2017–2018 • Member, Conference Planning Committee – Programming Sub-committee, Association for Size Diversity and Health
- 2017–2018 • Co-Chair, Weight Stigma and Social Justice SIG, Academy for Eating Disorders
- 2016–2017 • Co-Chair, Conference Planning Committee, Association for Size Diversity and Health – “*Uniting Against Oppression: Navigating the Learning Curves in the Health at Every Size® Movement*”
- 2015–2017 • Co-Chair, Health at Every Size SIG, Academy for Eating Disorders
- 2013–2015 • Secretary, Board of Directors, Association for Size Diversity and Health
- 2013–2015 • Co-Chair, Scouting Committee, Association for Size Diversity and Health
- 2008–2009 • Co-Chair, Research Committee, Association for Size Diversity and Health
- 2008–2009 • Member, Conference Planning Committee, Association for Size Diversity and Health

Editorial Work:

- 2021-2024 • Statistical Editor – *Sex Roles: A Journal of Research*

Ongoing Guest/Ad hoc peer reviewing (since 2003):

Acta Psychologica; Appetite; Applied Psychophysiology and Biofeedback; Body Image; British Journal of Health Psychology; Eating Disorders: A Journal of Treatment and Prevention; European Eating Disorders Review; Journal for the Academy of Nutrition and Dietetics; Journal of American College Health; Journal of Applied Social Psychology; Journal of Community Health; Journal of Consumer Affairs; Nutrients; Pedagogy in Health Promotion; Psychology of Women Quarterly; Psychosomatic Medicine; Public Health Nutrition; Sex Roles: A Journal of Research; Stigma & Health

Data Safety Monitoring Boards:

- 2019-2024 • NHLBI-funded RCT titled “Developing Oral LT3 Therapy for Heart Failure” (DOT3HF). PI – Anne R. Cappalo, MD, ScM, Professor of Medicine, Division of Endocrinology, Diabetes, and Metabolism, Perelman School of Medicine, University of Pennsylvania
- 2019-2025 • NIMH-funded RCT titled “Shifting Perspectives: Enhancing Outcomes in Anorexia Nervosa with CRT” PI – C. Alix Timko, Assistant Professor of Psychology in Psychiatry, Perelman School of Medicine, University of Pennsylvania

Scientific meeting Abstract Reviewing:

- 2023 • Academy for Eating Disorders Evaluator of submissions for the 2024 International Conference on Eating Disorders

Grant Reviewing:

Ad hoc Reviewer

- 2024 • Social Sciences and Humanities Research Council (SSHRC) of Canada
- 2020 • Michigan Nutrition Obesity Research Center Program
- 2015 • California Breast Cancer Research Program

Study Section Member

- 2018 • California Breast Cancer Research Program

Scientific Advisory Boards

- 2022-present • Member, Optimal Innovation Group
- 2019-2021 • Member, COPE (Center for Obesity Prevention Education)

University level service:Nova Southeastern University

- 2023-present • Faculty representative, Financial Conflicts of Interest Committee
- 2022-present • Co-Faculty Advisor, Eating Disorder Awareness Association

Drexel University

- 2017–2019 • Member, Undoing Racism® Group, 11th St Family Health Services Center
- 2014–2019 • Member, Social Science Research Initiative Committee
- 2012–2013 • Evaluator of student reflection essays on experiences in co-operative study
- 2012–2013 • Member, Senate Committee for Academic Affairs
- 2012-2013 • Member, Undergraduate Subcommittee for SCAA
- 2012 • Expert Reviewer of an eating disorders continuing education online course module for student completing a Masters' of Public Health, School of Public Health, Drexel University, Philadelphia, PA

College/Department level service:College of Psychology, Nova Southeastern University

- 2023-present • Co-Chair, Research Committee, Department of Clinical and School Psychology
- 2023-present • Member, Undergraduate Bridge Committee (Shark Preview Interviewer), Department of Clinical and School Psychology
- 2022-present • Member, Admissions Committee, Department of Clinical and School Psychology
- 2022-present • Member, Research Committee, Department of Clinical and School Psychology
- 2022-present • Member, Health Concentration, Department of Clinical and School Psychology
- 2022-present • Member, Inclusive Learning Community
- 2022 • Virtual Research Conference Chair, Department of Clinical and School Psychology

Fitzpatrick College of Nursing, Villanova University

- 2020-2021 • Member, Faculty Development Committee
- 2020-2021 • Member, Inclusive Excellence Committee
- 2020-2021 • Member, Health and Human Values Continuing Education Series Planning Committee
- 2019-2021 • Member, Research Advisory Committee
- 2019-2021 • Member, Strategic Planning Committee – Research

Dornsife School of Public Health, Department of Epidemiology and Biostatistics, Drexel University

- 2017–2019 • Member, Inclusion and Diversity Task force/Working Group

College of Nursing and Health Professions, Department of Health Sciences, Drexel University

- 2016–2017 • Faculty Mentor, Josiah Macy Undergraduate Leadership Fellows Program (training program for healthcare professionals based in an equity and *social justice lens*)
- 2016–2017 • Appointed advisor to faculty on issues of Diversity, Equity, and Inclusion
- 2015–2016 • Member, Faculty Search Committee
- 2014–2017 • Chair, 4-year Co-op Student Advising Committee
- 2012–2017 • Chair, Clinical Research and Statistics Curriculum Committee
- 2013–2014 • Appointed member of Self-Study Team, *Program Alignment Review*
- 2010–2015 • Faculty Ambassador for Annual Drexel University Accepted Students Days
- 2010–2016 • Faculty Ambassador for Drexel University Open House Events
- 2011–2012 • Member, Faculty Search Committee

Department of Preventive Medicine and Community Health, SUNY Downstate

- 2005–2007 • Student Outcomes Committee, Master of Public Health Program

Other Professional Service & Committees:

- 2024 • Tenure & Promotion Dossier External Reviewer, Jeffrey Hunger, PhD, *Department of Psychology, College of Arts and Sciences, Miami University, OH*
- 2017-2018 • Promotion Dossier External Reviewer, Stephen Samindinger, PhD, *Department of Health Sciences College of Nursing and Health Professions, Drexel University, PA*
- 2014-2015 • Tenure & Promotion Dossier External Reviewer, Sharon DeJoy, PhD, *Department of Health, College of Health Sciences, West Chester University, PA*
- 2008–2009 • Chair, Research Advisory Committee, The Reading Hospital and Medical Center, Reading, PA
- 2008–2009 • Institutional Review Board, The Reading Hospital and Medical Center
- 2008–2009 • Certified Practicum Advisor, Master of Arts Program in Community Counseling, Alvernia University

Media Articles/Interviews/Appearances (select recent)

- 2024 • Podcast interview with OptimalHRV Chief Innovation Officer Matt Bennett discussing new NIH grant on interoceptive sensibility and recent feasibility study published in *Applied Psychophysiology and Biofeedback*
<https://www.optimalhrv.com/podcast/episode/4e72e47b/dr-janell-mensinger-discusses-hrv-biofeedback-interoceptive-sensibility-and-disordered-eating>
- 2022 • Podcast interview with Jeff Somers and Matt Bennett to discuss recent research using the Optimal HRV smartphone app.
<https://www.youtube.com/watch?v=VNCHHVNXmyU>
- 2021 • Interviewed by Sandy Bauers for *The Philadelphia Inquirer*. The ‘war on obesity’ has backfired, and scientists know why. <https://tinyurl.com/36c5rbs2>
- 2021 • Interviewed by Anna Myers for *Self Magazine* article on the reasons why enjoying our physical activity routine is so important. <https://www.self.com/story/benefits-of-10-minute-workouts>
- 2020 • Interviewed by Bethany Ao for *Philadelphia Inquirer* article on how COVID-19 has affected body image in young people. <https://tinyurl.com/yxwv7wx2>

- 2020 • Interviewed by Simone Scully for *Healthline* article on challenging fatphobia as a parent. <https://tinyurl.com/y559rtq3>
- 2020 • Authored essay entitled *Recognizing Institutionalized Weight Bias* published in the 2020 Eating Disorder Gurze-Salucore Resource Catalogue <https://tinyurl.com/t7ptcpf>
- 2019 • Interviewed by Virginia Sole-Smith for the development of Medium.com article surrounding weight stigma in the field of eating disorders. <https://tinyurl.com/v3qaogx>
- 2019 • Interviewed by Kat Tenberg, Breaking News Fellow, Business Insider, for the development of an article discussing consequences of YouTube sensationalizing eating disorders with the viral documentary over Eugenia Cooney’s comeback. <https://tinyurl.com/v3qaogx>
- 2018 • Interviewed by Michael Hobbes for the development of Huffington Post article “*Everything You Know About Obesity is Wrong*” <https://tinyurl.com/y844xny3>
- 2018 • Interviewed by Rebecca Scritchfield for the development of Washington Post article “*What if physicians stopped weighing heavier patients? Healthcare might improve*” <https://tinyurl.com/y6fs5my8>
- 2018 • Interviewed by Kristen Fischer for the development of www.sheknows.com article “*What to do if you are putting off a doctor visit because of weight*”
- 2018 • Interviewed by Richard Scott for article in CareDash (an online health and wellness news source) “*Hight Weight Women More Likely to Avoid Doctors*” <https://tinyurl.com/y2axx4rt>.
- 2018 • Interviewed by Frank Otto for article in DrexelNow “*Bias and Discrimination Keep Women with Higher Body Weights Away from the Doctor – Drexel Study*” <https://tinyurl.com/y5nmo2bh>

PROFESSIONAL DEVELOPMENT/CONTINUING EDUCATION ACTIVITIES (selected)

- January 2024 • *National Institute on the Teaching of Psychology Conference* -- attended 4 days of workshops, lectures, and teaching demos to advance teaching skills for 21st Century students
- May 2021 • *Applied Measurement Modeling*, 5-day certified virtual course, Instructors: Patrick Curran & Greg Hancock, Curran & Bauer Analytics/CenterStat
- May 2021 • *Intro to Structural Equation Modeling*, 3-day certified virtual course, Instructors: Patrick Curran & Daniel Bauer, Curran & Bauer Analytics/CenterStat
- March 2021 • *Biofeedback Training for Mental health and Medical Professionals*, 5-day certified virtual workshop in partial fulfillment of training requirements towards certification through the Biofeedback Certification International Alliance (BCIA)
- Fall 2020 • *Writing Intensive Proposal Development Seminar*, semester-long interdisciplinary workshop, Sponsored by the Villanova Institute for Research and Scholarship, Villanova University
- January 2020 • *How to Use Writing Groups to Advance Your Research Productivity*, full day academic writing workshop, Sponsored by the Villanova Institute for Research and Scholarship, Villanova University
- December 2019 • *Reporting and Critiquing RCTs in Cardiology from a Statistical Perspective*, Instructor: Stuart Pocock, half-day short-course, Cardiovascular Clinical Trials Recent Statistical Advances Masterclass, French Embassy, Washington DC

- February 2019 • *Structural Equation and Multilevel Modeling approaches to Examining Change Over Time*. Half-day short course, Instructor: Kevin Grimm, American Statistical Association's Conference on Statistical Practice, New Orleans, LA
- November 2018 • *The Embodied Practitioner*, 3-day retreat-based training in using the Body Trust® approach to aid people dealing with a disconnected relationship with eating and their body. Kripalu Center for Yoga and Health, Stockbridge, MA
- October 2018 • *LGBTQ+ Ally Training*, Workshop for Faculty and Staff Sponsored by Drexel University Office of Equality and Diversity
- June 2018 • *Multilevel Modeling of Non-Normal Data*, 3-day short course, Instructor: Donald Hedeker, Statistical Horizons, Philadelphia, PA
- March 2018 • *ColorBrave Campus Dialogues*, Workshop for Faculty to aid with the discomfort of addressing issues of race and culture, Sponsored by Drexel University Office of Faculty Affairs and Office of Equality and Diversity
- Oct. 2017 • *Writing Effective Mixed Methods/Multi-Methods Grant Proposals*, (Attended and Co-organized), Sponsored by the Drexel University Office of Research and Social Science Research Committee
- Feb. 2016-2018 • *Annual Anti-Oppression and Intersectionality Training*, online half-day workshop, sponsored by the Association for Size Diversity and Health
- September 2016 • *Changing Patterns of Oppression: Ways to be an Ally to Diverse Communities*. Penn Alumni Education Webinar by Professor Marybeth Gasman
- January 2015 • *Diversity/Anti-Oppression Training*, online two-day workshop, for Board members of the Association for Size Diversity and Health to promote greater organizational inclusion among members
- December 2014 • *NIH Grant Writing Workshop*, full day training sponsored by the Office of Research, Drexel University, Philadelphia, PA
- April 2012 • NIH sponsored workshop on *Binge Eating Disorder: The Next Generation of Research*, Uniformed Services University, Bethesda, MD
- December 2008 • 64th Annual Deming Conference on Applied Statistics, completed courses on *Mixed Models for Clustered Data* and *Statistical Meta-Analysis with Applications*, Atlantic City, NJ
- October 2007 • *Grant Writing Teaching Day* at the 13th Annual Eating Disorders Research Society Meeting, Pittsburgh, PA
- March 2006 • National Heart, Lung, and Blood Institute, *Cardiovascular Epidemiology, Biostatistics and Behavioral Medicine Training Workshop*, Phoenix, AZ
- July 2004 • *SAS Programming I: Essentials*, Certified by the SAS Institute Inc., Wayne, PA
- January 2004 • *Introduction to Structural Equation Modeling*, Certified attendee of two-day short course (Instructor: Greg Hancock), University of Maryland Department of Measurement, Statistics, and Evaluation, College Park, MD
- February 2004 • *Applications of Structural Equation Modeling in Social Science Research*, Certified workshop attendee, Association for Women in Psychology and Penn Center for Continuing Education, Philadelphia, PA

Current Professional Memberships

- 2021–present • Association for Applied Psychophysiology and Biofeedback
- 2007–present • Eating Disorders Research Society (elected membership)
- 1999–present • Fellow, Academy for Eating Disorders (elected as Fellow in 2019)

Past Professional Memberships (select)

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| 1999–2008 | • Member, American Psychological Association (Divisions 5, 9, 35 & 38) |
| 2001–2005 | • Member, American Statistical Association |
| 2006–2015 | • Member, American Public Health Association |