

JOSEPHINE RODRIGUEZ

PH.D., NCC, LMHC, LMFT, MCAP, CBC, CCATP

Address: Maxwell Maltz Building, 3301 College Avenue, Maltz 2037A, Fort Lauderdale, Florida 33314

Phone: 954.856.4588 ▪ **Email:** jrodrig2@nova.edu

LECTURER AT NOVA SOUTHERN UNIVERSITY

EDUCATION

2017	BARRY UNIVERSITY MIAMI, FL (CACREP ACCREDITED) Doctorate in Counselor Education <ul style="list-style-type: none">– Award: Outstanding PhD Student– Dissertation: <i>Difference that Creates Differences: Integrating Solution-Focused Therapy and Mindfulness for Co-occurring Disorders</i>
2010	BARRY UNIVERSITY MIAMI, FL (CACREP ACCREDITED) Master of Science in Mental Health Counseling, Marriage, and Family Therapy
1988	UNIVERSITY OF FLORIDA GAINESVILLE, FL Bachelor of Arts in Political Science, Minor in English

TEACHING EXPERIENCE

NOVA SOUTHEASTERN UNIVERSITY FORT LAUDERDALE, FL Lecturer, Department of Counseling	Aug 2021–Present
Adjunct Professor, Counseling-Graduate Program	Jan 2018–Aug 2021
BROWARD COLLEGE WESTON, FL Adjunct Professor, Department of Counseling	2014–2021
BARRY UNIVERSITY MIAMI, FL Graduate Assistant, Marital and Family Systems and Family Counseling and Therapy	Jan 2015–May 2015

CAREER-RELATED EXPERIENCE

NOVA SOUTHEASTERN UNIVERSITY FORT LAUDERDALE, FL Student Supervisor	2021–Present
BARRY UNIVERSITY & CITY OF MIAMI BEACH MIAMI, FL Intern <ul style="list-style-type: none">• Supported university and parent/child partnerships• Managed Barry University counseling students on a weekly basis	Nov 2014–Jul 2015

Earlier Positions Held

CARE Center Counselor/Intake Coordinator, Success University	Oct 2013–Jan 2014
Student Counselor in Training, Dr. Maureen Duffy Family Enrichment Center	Jan 2011–Dec 2013
College Reach-Out Program Counselor, College Reach-Out Program-Counseling Department	Aug 2009–May 2010
	2009–2010

PROFESSIONAL EXPERIENCE

JLR CONSULTING PLLC CORAL SPRINGS, FL Practitioner <ul style="list-style-type: none">• Render counseling services to individuals, groups, and couples	Jul 2013–Present
TALK SPACE Therapeutic Provider	Jul 2018–Dec.2023
EPIC WELLNESS CENTER FORT LAUDERDALE, FL Co-Founder <ul style="list-style-type: none">• Provide wellness and therapeutic services to individuals, couples, families, and groups• Assume responsibility for the assessment, treatment plan development, referrals, and discharge planning• Offer individual, couple, and family therapy with children, adolescents, and families	Oct 2017–Present
CHILDREN HOME SOCIETY DAVIE, FL Supervisor for Mental Health and Marriage and Family Interns	Sep 2015–Present
Clinical Supervisor <ul style="list-style-type: none">• Hold accountability for delivering prevention and intervention therapeutic services, including in-home services to individuals and families, as well as group home and therapies• Take charge of assessing individuals, creating treatment plans, and coordinating referrals and discharge planning	Dec 2013–Dec 2014

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BETTER HELP.COM AND THERAPYQ.COM

E-Counselor

Dec 2013–Jul 2022

WORKSHOPS

Mar 2023	<i>Wellness 265 – Series of Health Talks</i> Managing Anxiety, Preventing Burnout, Introduction to Meditations, and Supporting Mental Health Wellness of Children and Teens
Jan 2016–May 2021 Jan 2014–May 2021	<i>Broward College</i> DEP 2005 –Developmental Psychology PSY 2012 – General Psychology
Nov 2018	<i>Biomedical Technologies Ltd.</i> Workshop on Customer Service and Goal Setting
Nov 2018	<i>Vitas House, Trinidad</i> Workshop on Social Intelligence
Oct 2018	<i>Trinidad and Tobago Cancer Society</i> Workshop on Customer Service
Oct 2018	<i>TC International Limited</i> Workshop on “Goal Setting and Getting Things Done”
Jan 2015–May 2015	<i>Barry University</i> Marital and Family Systems and Family Counseling and Therapy

SPEAKING ENGAGEMENTS

2024	Nova Southeastern University ExEl Early Immersion Dream Psychology: Discovering Realistic Experiences and Methodology in Psychology- Dr. Josephine Rodriguez and Dr. G. Wright with CMHC Interns: Imani Campbell and Julia Friedman (Sept. 14 th , 2024) Zoom Webinar: From Idea to Submission: The Art of Crafting a Conference Proposal presented by Dr. G. Wright and Dr. J. Rodriguez. (July 18, 2024) SGA Private Event: Experienced Experts about Building a Successful Private Practice
2018 2015 2014 2014 2013 2012/2013 2012 2012	<i>Barry University, Miami, FL, USA</i> CSL 680 – Family Counseling/Therapy (Systems Theory) CSL 501 – Orientation to Counseling (Counseling specialization of Marriage and Family Counseling) Practicum Students Orientation (Supervision and Internship Experiences) Masters Student Class (Family Counseling/Therapy) Doctoral Students (Racism) Domestic Violence – Therapeutic Perspectives Path-Goal Theory, Concepts, and Instruction Solution Focus with Families Dealing with Suicide
2013	<i>Florida Counseling Association 64th Annual Convention, Tampa, FL, USA</i> Family Counseling/Therapy (Systems Theory) – <i>Re-storying Professional Identity through Narrative Reflecting Team Practices</i>
2013	<i>St. Andrew's Private School, Port of Spain, Trinidad, and Tobago</i> 2-Day Workshop on Suicide Awareness and Prevention
2013	<i>Syrian Lebanese Women's Association of Trinidad and Tobago (SLWA)</i> Bullying
2012	<i>Chi Sigma Iota Beta Upsilon Chapter</i> Life After School

PROFESSIONAL DEVELOPMENT

	Licensed Marriage and Family Therapist (LMFT) – MT 2712 <i>Department of Health, State of Florida</i>
	Licensed Mental Health Counselor (LMHT) – MH 11367

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	Department of Health, State of Florida
	Certified Master's Level Addiction Counselor (MCAP) Department of Health, State of Florida
	National Board-Certified Counselor (NBCC) National Board of Certified Counselors
	Board Certified Supervisor (MHC & MFT) State of Florida
	American Board-Certified Bariatric Counselor (CBC) American Association of Bariatric Counselors (AABC)
	Certified Clinical Anxiety Treatment Professional (ICATP) Evergreen Certifications
	Certification in Nutritional and Integrative Medicine for Mental Health Professionals Integrative Medicine with Heart
	Florida Supreme Court Certified Mediator Florida Courts

PROFESSIONAL AFFILIATIONS

Editorial Board Member, 2024 | *Psychology and Psychological Research International Journal (PPRIJ)*

Member | American Counseling Association (ACA)

Member | Association of Marriage and Family Therapy (AMFT)

Member | Association for Counselor Educator and Supervision (ACES/SACES)

Member | Florida Counseling Association (FCA)

Member | American Mental Health Counselors Association (AMHCA)

Member (Received recognition) | National Association of Professional Women (NAPW)

Member | Chi Sigma Iota Counseling Academic and Professional Honor Society International (CSI)

COMMITTEE SERVICES

Student Success Initiative Committee and Committee Lead, 2022–Present | Nova Southeastern University

Curriculum Review Committee, 2021–Present | Nova Southeastern University

Course Lead, 2023–2024 | PYCL 612/ Substance Abuse

Course Lead, 2022–2023 | PYCL 645 / Couples and Family Counseling Strategies

Student Review and Retention Committee, 2022 | Nova Southeastern University

PUBLICATIONS

Rodriguez, J. (2024). Infidelity: - "I do" (But I wish I didn't). *Psychology and Psychological Research International Journal (PPRIJ)*, 9(1). <https://doi.org/10.23880/pprij-16000388>

Rodriguez, J. (2013). Goal setting: Footprints. In Honderich, E. (Eds.), *Creative techniques manual* (pp.60). Virginia Association of Counselor Education and Supervision [VACES]. https://nsuworks.nova.edu/cps_facbooks/751

PRESENTATIONS

Rodriguez, J., & Leopold, P., Petion, A., Wright, G. (2025, March. 27-29). *Grief Before Loss: Navigating Anticipatory Grief from a Relational-Cultural Theoretical Model*. American Counseling Association (ACA) 2025 Conference and Expo, Orlando, FL.

Rodriguez, J., & Leopold, P., Petion, A., Wright, G. (2024, Nov. 7-9). *Grief Before Loss: Anticipatory Grief from a Relational-Cultural Supervision Lens*. Southern Association for Counselor Education and Supervision (SACES) Conference, Dallas, TX.

Rodriguez, J., & Leopold, P. (2024, February 1-3). *Parallel process: Modeling relational health in supervision*. International Association of Marriage and Family Counselors (IAMFC) World Conference, Relational Health is Mental Health, St. Petersburg, FL.

Rodriguez, J., & Wright, G. (2024, February 1-3). *The influence of retirement on marital satisfaction*. 2024 International Association of Marriage and Family Counselors (IAMFC) World Conference, Relational Health is Mental Health, St. Petersburg, FL.

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VIDEO/INTERVIEW

Rodriguez, J. (2024). Interview by Caroline Perjessy. Voices from the Field. *Counseling Theories and Case Conceptualizations: A Practice Based Approach*: Springer Publishing 2024.

Review of Video: *Group Counseling with Children: A Multicultural Approach* with Sam Steen, PhD and Sheri Bauman, PhD. Publication of The Professional Counselor (TPC): 2nd publication (Feb 2013).

SUBMITTED PROPOSAL/PUBLICATION

Rodriguez, J., & Wright, G., Leopold, P., Petion, A. The Bittersweet Journey of Anticipatory Grief: Nurturing our Aging Parents. Submitted for publication September 2024.

Rodriguez, J., & Wright, G. (2024, Nov. 7-8). *Inclusive Practices for Engaging and Supporting Mature Online Students*. LEC Teaching and Learning Virtual Conference 2024, Nova Southeastern University (Submitted August 2024)- **Denied**