

## CURRICULUM VITAE

**Jessica J. Ruiz, PsyD, ABAP**  
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**Date CV Prepared: September 16, 2024**

### EDUCATION & TRAINING

- 2009-2010 Post-Doctoral Fellow, Yale University School of Medicine, Division of Substance Abuse. New Haven, CT
- 2008-2009 Pre-Doctoral Internship, Yale University School of Medicine, Division of Substance Abuse. New Haven, CT
- 2003-2009 Psy.D., Clinical Psychology, Nova Southeastern University, Ft. Lauderdale, FL  
American Psychological Association, accredited program  
**Directed Studies Title:** Autobiographical narratives can be used with confidence to collect information about ex-smokers' reasons for quitting smoking.  
**Supervisor:** Linda C. Sobell, PhD, ABPP
- 2003-2006 M.S., Clinical Psychology, Nova Southeastern University, Ft. Lauderdale, FL  
American Psychological Association, accredited program
- 1997-2002 B.A., Major: Psychology, Florida International University, Miami, FL

### LICENSES/CERTIFICATIONS/TRAININGS

- Florida Licensed Psychologist (PY9612)
- Board Certified in Addiction Psychology through the American Board of Addiction Psychology (ABAP), a provisional board of the American Board of Professional Psychology
- EMDR Level I and II

### WORK EXPERIENCE

- 08/22-Present **Associate Professor, Director of the Healthy Lifestyles Guided Self-Change Clinic (HLGSC).** Nova Southeastern University, College of Psychology, Fort Lauderdale, FL  
Teach doctoral level courses for students enrolled in the PsyD and PhD Clinical Psychology program. Direct and oversee the HLGSC clinic providing evidenced-based motivational interventions for clients seeking treatment for problematic substance use and other behavioral concerns. Provide supervision and training of practicum students in the HLGSC. Course Lead for PSY4499- Advanced Professional Development. Member of the Clinical Training Committee and Admissions Committee. Courses: PSY 4499 Advanced Professional Development, PSY 1502 Diagnostic Interviewing, PSY 4776 Substance Use, Health and Mental Health.
- 09/17-06/22 **Chief Psychologist, Director of Behavioral Health**  
Goodman Jewish Family Services of Broward (GJFS). Davie, FL  
**Responsibilities:** Oversee daily operations and clinical services provided within the behavioral health program at two satellite locations. Lead team of clinicians providing trauma-informed services to individuals directly impacted by the school

shooting at Marjory Stoneman Douglas High School. Develop community relationships to promote patient-centered, trauma-informed care for clients throughout Broward County. Develop and implement clinical training for staff and doctoral student trainees. Provide clinical services to clients presenting with a variety of behavioral health concerns including trauma, substance use disorders, mood, anxiety, and adjustment difficulties. Oversight of the domestic abuse program and vocational social skills training program for neurodiverse adults. Member of the senior leadership team. Co-Chair of the Performance Improvement Committee preparing the organization to apply for CARF accreditation. Manage grants and contracts for behavioral health programming.

- 02/17-8/17 **Licensed Clinical Psychologist, Private Practice**  
Comprehensive Assessment Center, Miami Lakes, FL  
**Responsibilities:** Provided individual, group and couples therapy in both Spanish and English for clients with mental health concerns in a private practice setting. Conducted evidenced-based, motivational interventions for individuals co-occurring substance use problems. Psychological evaluations also provided for individuals applying for immigration waivers.
- 09/12-12/16 **Assistant Professor**  
Carlos Albizu University, Doctoral Program, Doral, FL  
**Responsibilities:** Teach doctoral level psychology courses including: *Compulsive and Addictive Behaviors, Psychopathology, Case Conceptualization, Group Psychotherapy, and Social Psychology*. Supervise student doctoral projects, provide academic advising and participate in doctoral qualifying examinations.
- 05/11- 06/12 **Senior Project Specialist**  
Area Health Education Centers (AHEC), Nova Southeastern University's College of Osteopathic Medicine (COM), Ft. Lauderdale, FL  
**Responsibilities:** Assisted in the coordination of training and cessation services for NSU AHEC programs throughout 19 counties in South Florida. Provided trainings for health care practitioners in the use of strategies to facilitate discussing smoking cessation with patients. Aided in the development of a seamless curriculum for medical students in the COM incorporating the assessment, treatment and prevention of tobacco related health concerns.
- 07/10- 02/11 **Clinical Faculty, Instructor**  
Yale University School of Medicine, Department of Psychiatry, Division of Substance Abuse, Substance Abuse Treatment Unit (SATU), New Haven, CT  
**Responsibilities:** Developed training seminars for pre-doctoral interns, psychiatry residents, medical students, and staff. Developed a motivational enhancement group for clients mandated to services by probation who were presenting with substance use challenges and were open to exploring benefits of changing. Supervised pre-doctoral psychology interns in group and individual treatment of clients with co-occurring disorders. Provided individual therapy to clients with co-occurring disorders including PTSD, substance use disorders, and mood disorders. Consultation services also provided at the University of New Haven's Student Counseling and Psychological Services center.

## INTERNSHIP AND PRACTICA EXPERIENCE

- 07/09-06/10    **Postdoctoral Associate**  
Yale University School of Medicine, Department of Psychiatry, Division of Substance Abuse, Substance Abuse Treatment Unit (SATU), New Haven, CT  
**Responsibilities:** Individual therapy for clients with substance abuse and co-occurring disorders provided. Established a tobacco cessation group for clients receiving substance abuse treatment. Aided in the supervision of two pre-doctoral psychology fellows and two master's level interns.
- 07/08-06/09    **Pre-Doctoral Fellow**  
Pre-Doctoral Internship, Yale University School of Medicine, Department of Psychiatry, New Haven, CT  
**Responsibilities:** Individual, group and couples therapy provided for clients seeking services at the Substance Abuse Treatment Unit (SATU) and the Connecticut Mental Health Center (CMHC). At SATU, Co-facilitation of a Women's group and a monolingual Spanish-Speaking relapse prevention group. Individual therapy provided for clients with anxiety disorders including PTSD, personality disorders and other co-occurring disorders as part of Team C of the Connecticut Mental Health Center.
- 08/07-06/08    **Psychology Trainee**  
Elective Practicum, Guided Self- Change (GSC) Program, Nova Southeastern University (NSU), Ft. Lauderdale, FL  
**Responsibilities:** Brief, evidenced-based motivational treatment for clients with substance use (alcohol and illicit drug use) and lifestyle (gambling, eating, exercise) concerns provided. Aided in the supervision of incoming practicum students with individual, group and couples therapy.  
**Supervisors:** Linda C. Sobell, ABPP & Mark B. Sobell, ABPP
- 08/06-08/07    **Psychology Trainee**  
Student Counseling Center, NSU, Ft. Lauderdale, FL  
**Responsibilities:** Provided brief treatment for undergraduate and graduate students. Individual and couples therapy provided. Presentations and workshops for students, student affair representatives and department directors were conducted to help increase awareness of student mental health concerns.
- 08/05-08/06    **Psychology Trainee**  
Guided Self-Change Program (GSC), NSU, Ft. Lauderdale, FL  
**Responsibilities:** Provided evidence-based motivational intervention and assessments for clients with substance abuse or other lifestyle concerns. Treatment for smoking cessation and court referred DUI offenders offered. Individual, group, and couples therapy also provided.  
**Supervisors:** Linda C. Sobell, ABPP & Mark B. Sobell, ABPP

## ADDITIONAL TEACHING & SUPERVISION EXPERIENCE

08/19-Present    **Course Lead**

Nova Southeastern University, College of Psychology, Ft. Lauderdale, FL 33314

**Course: PSY 4499- Advanced Professional Development**

Update the course manual, lectures, and Canvas Courses for all sections of this course to ensure the faculty teaching the sections and students are receiving the most up to date information regarding the application process for pre-doctoral internship. Provide support to faculty teaching each section and act as liaison between faculty, students and the Clinical Training Director with respects to matters related to internship application.

08/17-07/22

**Adjunct Professor**

Nova Southeastern University, College of Psychology, Ft. Lauderdale, FL 33314

**Course: PSY 4499- Advanced Professional Development, Multiple Sections**

Provided doctoral level course instruction for clinical psychology students on preparing for the internship application process. Reviewed and provided feedback to students on drafts submitted of internship documents and provided opportunities for students to role-play and practice for internship interviews.

05/17-07/22

**Intensive Supervisor**

Nova Southeastern University, College of Psychology, Ft. Lauderdale, FL 33314

**Responsibilities:** Provided intensive supervision to doctoral psychology students enrolled in practicum to assist in developing students' skills in case conceptualization, differential diagnosis and treatment planning.

1/16-12/16

**Adjunct Professor**

Carlos Albizu University, PhD in Human Services Program and Masters in Mental Health Counseling Program, Doral, FL

**Responsibilities:** Teach Ethics Principles Applied to the Interventions with Individuals and Groups in Need to doctoral students enrolled in the PhD in Human Services Program as well as Advanced Abnormal Psychology and Substance Abuse Counseling to graduate students enrolled in the Masters in Mental Health Counseling Program.

2011-2012

**Consultant**

University of North Carolina, Department of Nutrition, Chapel Hill

**Responsibilities:** Reviewed and coded audio-taped counseling sessions to assess intervention fidelity using the Motivational Interviewing Treatment Integrity Code instrument. Provided feedback for supervision of the intervention counselors.

2010-2012

**Motivational Interviewing Coach**

Northrop Grumman CHOICES and CHOICES Plus projects, University of Texas, Austin, TX

**Responsibilities:** Provided telephonic coaching sessions for counselors involved in a multi-site CHOICES project to improve adherence and competence in the study protocol and use of Motivational Interviewing (MI). Audio-tape rating using a revised Motivational Interviewing Treatment Integrity Manual (MITI).

2010-2011

**Motivational Interviewing Supervisor**

Yale University School of Medicine and the New York State Quitline.

**Responsibilities:** Provided telephonic supervision sessions as part of a grant for coaches working as part of the New York Quitline to improve protocol adherence and competence in the use of Motivational Interviewing skills.

2010-2011 **Supervisor**  
Yale University School of Medicine, Department of Psychiatry, Options in Psychotherapy Training  
**Responsibilities:** Provided supervision of pre-doctoral interns who selected advanced training in Motivational Interviewing. Supervision of audio-taped sessions included tape review and rating using the Motivational Interviewing Adherence – Supervisory Tools for Enhancing Proficiency (MIA-STEP) system.

## POSTER PRESENTATIONS

Montgomery, M.A., Sobell, L.C., Sobell, M.B., Marker, C.D., & **Ruiz, J. J.** *A nationwide randomized controlled trial promoting self-change among problem drinkers. Does source of media recruitment of problem drinkers matter?* Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY, November 2009.

Marker, C. D. Sobell, L.C., Montgomery, M.A., Sobell, M.B., & **Ruiz, J. J.** *Trajectories of self-change: Examining natural recovery among problem drinkers with a treatment history.* Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY, November 2009

## PUBLICATIONS

Smith, J. C., Hyman, S. M., Andres-Hyman, R. C., **Ruiz, J. J.**, & Davidson, L. (2016, September 1). Applying Recovery Principles to the Treatment of Trauma. *Professional Psychology: Research and Practice*. Advance online publication. <http://dx.doi.org/10.1037/pro0000105>

Schroeder, R., Lewis, D., & **Ruiz, J.** (2016). *Developing a Peer Mentoring Program in an Ethnically Diverse Doctoral Psychology Program*. In Dominguez, N. & Gandert, Y. (Eds.). 9th Annual Mentoring Conference Proceedings: New Perspectives in Mentoring: A Quest for Leadership Excellence & Innovation. Albuquerque, NM: University of New Mexico.

Cuc, A., Sobell, L. C., Sobell, M. B., **Ruiz, J. J.**, Voluse, A. (2014). Autobiographical narratives can be used with confidence to collect information about ex-smokers' reasons for quitting smoking. *Substance Use and Misuse*, Early Online: 1-6.

## PRESENTATIONS AT PROFESSIONAL MEETINGS/CONFERENCES

Ruiz, J.J. (2019). *Building capacity for trauma-informed care: Lessons learned following Marjory Stoneman Douglas School Schooling*. Keynote Address for the Southern Organization for Human Services Conference, Miami, FL.

Ruiz, J.J. (2018). *Reflections and lessons learned following the tragedy at Marjory Stoneman Douglas High School*. Panel Discussion at the 2018 National Cantors Assembly Convention. West Palm Beach. FL.

Ruiz, J.J. (2016). *Motivational Interviewing: Helping patients consider healthy changes*. Presentation at the American Lung Association's 2016 Lung FORCE Expo., Davie, FL

Ruiz, J.J. & Fuereman, K. (2015). *Substance abuse and the transgender population*. Presentation at The 2015 Florida Alcohol and Drug Abuse Association Annual Convention, Orlando, FL.

## INVITED/GUEST LECTURES

- Ruiz, J.J. (2024). *Introduction to Person Centered Trauma-Informed Care and JFNA Innovation grant*. Presentations for GSC, PSED and NCCOA practicum students providing services under the JFNA's Innovation grant. NSU's Psychology Services Center, Davie, FL.
- Ruiz, J.J. (2024). *2-Day Motivational Interviewing training*. Presentation for students enrolled in Albizu University's HRSA-funded, Integrated Opioid Use Disorder and Substance Use Disorder Training Program. Albizu University, Doral, FL.
- Ruiz, J.J. (2024). *Motivational Interviewing Techniques to Enhance, Empower, and Encourage Therapeutic Change*. Presentation for Pre-Practicum Students. NSU College of Psychology, Davie, FL.
- Ruiz, J.J. (2024). *Using Motivational Interviewing Strategies to discuss COVID-19 Vaccine Hesitancy with Patients*. 4 4-hour Presentation for staff and medical personnel at Borinquen Medical Centers. Miami, FL.
- Ruiz, J.J. (2023). *Drug Free Schools and Communities Act*. Presentation for NSU's December President's Council Meeting. Nova Southeastern University, Ft. Lauderdale, FL.
- Ruiz, J.J. (2023). *Person-Centered Trauma-Informed Care: An Introduction*. Presentation for staff at Alpert Jewish Family Services. West Palm Beach, FL.
- Ruiz, J.J. (2023). *Why we need to build capacity for trauma-informed care: Lessons learned following Marjory Stoneman Douglas School Shooting*. Presentation for masters counseling students at Philadelphia College of Osteopathic Medicine. Provided Virtually.
- Sobell, L.C. & **Ruiz, J.J.** (2023). *Conducting Group Therapy Using Motivational Interviewing- Full Day Workshop*. Presentation for the Children's Services Council of Broward County. Ft. Lauderdale, FL.
- Ruiz, J.J. (2023). *2-Day Motivational Interviewing training*. Presentation for students enrolled in Albizu University's HRSA-funded, Integrated Opioid Use Disorder and Substance Use Disorder Training Program. Albizu University, Doral, FL.
- Ruiz, J.J. (2022). *New national definitions of recovery from substance use disorders: Implications for treatment services*. Colloquium for the Clinical and School Psychology program. Nova Southeastern University, Ft. Lauderdale, FL.
- Ruiz, J.J. (2022). *2-Day Motivational Interviewing training*. Presentation for students enrolled in Albizu University's HRSA-funded, Integrated Opioid Use Disorder and Substance Use Disorder Training Program. Albizu University, Doral, FL.
- Ruiz, J.J. (2022). *Trauma-Informed care with older adults*. Presentation for Jewish Federation of Greater Atlanta- AgeWell Atlanta. Provided Virtually
- Ruiz, J.J. (2021). *Person-centered trauma-informed care with older adults*. 2 Presentations for KIDS in Distress staff. Provided Virtually.
- Ruiz, J.J. (2021). *2-Day Motivational Interviewing training*. Presentation for students enrolled in Albizu University's HRSA-funded, Integrated Opioid Use Disorder and Substance Use Disorder Training Program, Provided Virtually.
- Ruiz, J.J. (2020). *Person-centered trauma-informed care for Holocaust survivors-Mental health clinician training*. Presentation for JFS Clinical Staff. Provided Virtually.
- Ruiz, J.J. (2020). *Full-Day Motivational Interviewing Training*. Presentation for students enrolled in Albizu University's HRSA-funded, Integrated Opioid Use Disorder and Substance Use Disorder Training Program, Provided Virtually.
- Ruiz, J.J. (2020). *Effectively & sensitively interacting with survivors, seniors, & the community: In a time of COVID 19 and social unrest*. Community Presentation hosted by the Jewish Federation of Broward. Provided Virtually.

- Ruiz, J.J. (2020). *Building resilience through hope, positivity and connection*. Presentation for members of Temple Dor Dorim, Weston, FL. Provided Virtually.
- Ruiz J.J., Patterson, K.G., (2020). *Coping with traumatic loss*. Presentation for Wayman Aviation Academy for senior leadership, flight instructors and students. Provided Virtually.
- Ruiz, J.J. (2020). *Person-centered trauma-informed care for Holocaust survivors-Health care provider training*. Presentation for the College of Medicine's Area Health Education Centers- National Network. NSU, Davie, FL.
- Ruiz, J.J. (2019). *Person-centered trauma-informed care for Holocaust survivors*. Multiple presentations for JFS Staff, Volunteers and Community Members. Davie, FL
- Ruiz, J.J. (2019). *The oys and joys of caregiving*. Presentation for the David Posnack JCC Senior Program, Davie, FL.
- Ruiz, J.J. (2019). *Communication skills for working with people in need*. Presentation for Bikur Cholim group at Young Israel of Hollywood, Hollywood, FL.
- Ruiz, J.J. (2018). *Recognizing and coping with psychological trauma*. Presentation for community members. BankUnited in Coral Springs, FL.
- Ruiz, J.J. (2018). *Coping with psychological trauma*. Presentation for Goodman JFS employees. Davie, FL.
- Ruiz, J.J. (2018). *An introduction to Motivational Interviewing*. Goodman JFS. Presentation to clinical staff and doctoral students. Davie, FL.
- Ruiz, J.J. (2017). *An introduction to Motivational Interviewing*. NSU AHEC Presentation for Hope Center Patient Advocates. Davie, FL.
- Ruiz, J.J. (2017). *Motivational Interviewing for healthcare practitioners*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2017). *Using Motivational Interviewing- Quit Smoking Now tobacco cessation facilitator training*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2017). *Promoting tobacco cessation using Motivational Interviewing strategies*. Presentation at the AHEC and Broward County Dental Hygienists' Association Training.
- Ruiz, J.J. (2016). *Using Motivational Interviewing- Quit Smoking Now tobacco cessation facilitator training*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2015). *MI strategies: Deepening reflections*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2015). *Motivational Interviewing in tobacco cessation*. 2 Presentations for Walgreens Pharmacy with the Area Health Education Centers (AHEC), Miramar, FL
- Ruiz, J.J. (2015). *Using Motivational Interviewing- Quit Smoking Now Tobacco cessation facilitator training*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2015). *Motivational Interviewing for healthcare practitioners*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2015). *Stopping tobacco with assessment, referrals and treatment*. Area Health Education Centers (AHEC), Doral, FL
- Ruiz, J.J. (2015). *Using Motivational Interviewing strategies to enhance breastfeeding counseling*. Presentation at Florida Health Department yearly WIC training, Doral, FL.
- Ruiz, J.J. (2015). *Using Motivational Interviewing to help clients quit smoking*. Presented at Miami-Dade Area Health Education Centers, Miami, FL.
- Ruiz, J.J. (2015). *Motivational Interviewing: A brief introduction*. Presentation at Grand Rounds. Citrus Health Network, Hialeah, FL.
- Ruiz, J.J. (2014). *DSM-5 updates and changes*. Carlos Albizu University doctoral students, Doral, FL (2 presentations).
- Ruiz, J. J. (2013) *DSM-5 updates and changes*. Carlos Albizu University's Alumni Association. Doral, FL.

- Ruiz, J. J. (2013). *Using Motivational Interviewing techniques to enhance, empower & encourage therapeutic change*. Carlos Albizu University's Alumni Association. Doral, FL.
- Ruiz, J. J. (2012). *How tobacco affects you and your family*. Topic Presented at Kids in Distress. Wilton, Manors, FL.
- Ruiz, J. J. (2011). *Internship applications: Writing matters*. Presentation to fourth-year students in the Clinical Psychology Doctoral Program, NSU. Ft. Lauderdale, FL.
- Ruiz, J. J. (2011). *Using Motivational Interviewing to help patients quit smoking*. Naples Community Hospital. Naples, FL.
- Ruiz, J. J. (2011). *Using Motivational Interviewing to help patients quit smoking*. Hendry Regional Medical Center. Clewiston, FL.
- Ruiz, J. J. (2011). *Using Motivational Interviewing to help patients quit smoking*. Lakeside Medical Center. Belle Glade, FL.
- Ruiz, J. J. (2010). *Motivational Interviewing: Learning the OARS*. Presentation at the Core Addictions Seminar. Yale University School of Medicine. New Haven, CT.
- Ruiz, J. J. (2010). *Couples, communication and the Guided Self-Change Program*. Presentation for Guided Self-Change practicum students, NSU. Ft. Lauderdale, FL.
- Ruiz, J. J. (2010). *Motivational Interviewing: An introduction*. Presentation at the Core Addictions Seminar. Yale University School of Medicine. New Haven, CT.
- Ruiz, J. J. (2007). *How to talk to mentees about substance abuse*. Presented at Excellence in Peer Mentoring program. NSU, College of Osteopathic Medicine. Ft. Lauderdale, FL.
- Ruiz, J. J. (2007). *Couples therapy and the Guided Self-Change Practicum*. Presented to the Guided Self-Change practicum students, NSU. Ft. Lauderdale, FL.
- Ruiz, J. J. (2007). *Suicide prevention and assessment*. Presented to the Guided Self-Change practicum students, NSU. Ft. Lauderdale, FL.
- Ruiz, J. J. (2006). *Couples therapy and the Guided Self-Change Practicum*. Presented to the Guided Self-Change practicum students, NSU. Ft. Lauderdale, FL.
- Ruiz, J. J. (2006). *Suicide prevention and assessment*. Presented to the Guided Self-Change practicum students, NSU. Ft. Lauderdale, FL.
- Sobell, L. & **Ruiz, J. J.** (2009). *Using Motivational Interviewing to help patients change risky/problem behaviors*. Presentation at Kristi House. Miami, FL.
- Sobell, L. & **Ruiz, J. J.** (2007). *Using Motivational Interviewing to enhance patients' commitment to stop smoking*. Area Health Education Center, NSU, College of Osteopathic Medicine.

## **MEDIA APPEARANCE/INTERVIEWS**

- Goodman, C. (2022, June 11). "Shock, anger guilt: What Parkland can teach Uvalde about mental health struggles ahead." *South Florida Sun Sentinel*. <https://trib.al/cHZaZP1>
- NBC6 in the Mix. (2021, July 8). "Coping with the condo collapse tragedy." *NBC Miami*. <https://www.nbcmiami.com/entertainment/6-in-the-mix/coping-with-condo-collapse-tragedy/2489050/>
- Goodman, C. (2020, August 21). "Stressed out from online back-to-school? South Florida experts offer advice to navigate this unusual year." *South Florida Sun Sentinel*. <https://www.sun-sentinel.com/coronavirus/fl-ne-school-year-covid-mental-health-20200821-efxym6ucpfgdfltn6vwxz62h7a-story.html>
- Thomas, A. J. (2020, July 6). COVID-19: "The mental health side of the pandemic." *Community Health Magazine*. [https://www.communityhealthmagazine.com/coronavirus/covid-19-the-mental-side-of-a-pandemic/article\\_63547704-e946-5c73-8915-dbce0af0c6b8.html](https://www.communityhealthmagazine.com/coronavirus/covid-19-the-mental-side-of-a-pandemic/article_63547704-e946-5c73-8915-dbce0af0c6b8.html)
- Ramos, R. (2020, February 27). "Parent pleads with Deerfield Beach High to offer more resources."

*ABC Local 10 News*. <https://www.local10.com/news/local/2020/02/27/third-student-to-die-from-deerfield-beach-high-was-17-year-old-girl/>

Munoz, C. (2020, February 14). "Trauma's lasting effects: Checking in with yourself and others two years after the Parkland tragedy." *WLRN*. <https://www.wlrn.org/news/2020-02-14/traumas-lasting-effects-checking-in-with-yourself-and-others-two-years-after-the-parkland-tragedy>

NBC6 in the Mix. (2018, November 6). "How to talk to your kids about the 2018 elections." *NBC6 South Florida*. [https://www.nbcmiami.com/entertainment/6-in-the-mix/how-to-talk-to-your-kids-about-2018-elections\\_miami/49481/](https://www.nbcmiami.com/entertainment/6-in-the-mix/how-to-talk-to-your-kids-about-2018-elections_miami/49481/)

NBC6 In the Mix. (2018, August 22). "How to calm back to school anxieties." *NBC6 South Florida*. [https://www.nbcmiami.com/entertainment/6-in-the-mix/how-to-calm-back-to-school-anxieties\\_miami/172669/](https://www.nbcmiami.com/entertainment/6-in-the-mix/how-to-calm-back-to-school-anxieties_miami/172669/)

Tapper, J. (2018, March 2018). "Israeli trauma experts help counselors in Parkland, Florida." *CNN*. <https://edition.cnn.com/2018/03/08/health/parkland-trauma-israel/index.html>

### GRANTS AND CONTRACTS

2024	Jewish Federations of North America, <b>Program Director, NSU</b>	\$252,000 (2 year)
2023	ParklandCares, <b>Program Director, NSU</b>	\$5,000
2022	Jewish Federations of North America, <b>Program Director, GJFS</b>	\$500,000 (2 year)
2022	Parkland Cares, <b>Program Director, GJFS</b>	\$75,000
2022	DeLuca Foundation, <b>Program Supervisor, GJFS</b>	\$75,000
2021	Jewish Federation of Broward, <b>Program Director, GJFS</b>	\$70,000
2021	DeLuca Foundation, <b>Program Director, GJFS</b>	\$57,893
2021	ParklandCares, <b>Program Director, GJFS</b>	\$40,000
2020	ParklandCares, <b>Program Director, GJFS</b>	\$50,000
2020	Jewish Federation of Broward, <b>Program Director, GJFS</b>	\$65,000
2020	ParklandCares, <b>Program Director, GJFS</b>	\$50,000
2019	Jewish Federations of North America, <b>Program Director, GJFS</b>	\$250,000 (2 year)
2019	Jewish Federation of Broward, <b>Program Director, GJFS</b>	\$65,000
2019	ParklandCares, <b>Program Director, GJFS</b>	\$70,000
2018	Jewish Federation of Broward, <b>Program Director, GJFS</b>	\$55,000
2018	ParklandCares, <b>Program Director, GJFS</b>	\$25,000

### AWARDS AND RECOGNITIONS

2009	Robert D. Weitz Student Psychology Award, Nova Southeastern University
2008	Distinguished Student Practice Award, Society of Clinical Psychology (Division 12) of the American Psychological Association
2006	Center for Psychological Studies Student Leadership Award, Nova Southeastern University

### OFFICES AND SERVICE IN PROFESSIONAL ORGANIZATIONS

2021- Present	Member, Board of Directors, American Board of Addiction Psychology (provisional), Affiliate of the American Board of Professional Psychology
2022- Present	Chair of the Awards and Diversity Committees, American Board of Addiction Psychology (provisional) of the American Board of Professional Psychology

## **UNIVERSITY AND DEPARTMENT SERVICE**

2023-Present Chair, NSU's Drug Free Schools and Communities Act Committee  
2022-Present Member, NSU's College of Psychology's Clinical Training Committee  
2022-2023 Member, NSU's College of Psychology's Admissions Committee  
2022-2023 Member, NSU's College of Psychology's Goals and Plans Committee  
2022-2023 Member, NSU's College of Psychology's Diversity Faculty Search Committee

## **PROFESSIONAL AFFILIATIONS**

2010-Present Motivational Interviewing Network of Trainers (MINT), Member  
2002-Present American Psychological Association, Member  
• Division 50, Society of Addiction Psychology, Member

## **LANGUAGES**

Bilingual: English/Spanish