

# Aya Shigeto

## *Curriculum Vitae*

Nova Southeastern University  
College of Psychology  
3301 College Avenue  
Fort Lauderdale, Florida 33314

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Languages: English and Japanese

### **EDUCATION/EMPLOYMENT**

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- 2017-present     **Associate Professor**  
Department of Psychology and Neuroscience  
College of Psychology  
Nova Southeastern University
- 2010-2017     **Assistant Professor**  
Department of Psychology and Neuroscience  
College of Psychology  
Nova Southeastern University
- 2010     **Ph.D., Developmental Psychology  
with a minor in Human Development and Family Studies**  
University of Illinois at Urbana-Champaign  
Advisor: Sarah Mangelsdorf, Ph.D., Professor of Developmental Psychology  
Dissertation: *Autonomy support, control, and structure at dinnertime: Contributions of parenting and temperament in predicting child adjustment*
- 2006     **M.A., Developmental Psychology**  
University of Illinois at Urbana-Champaign  
Advisor: Sarah Mangelsdorf, Ph.D., Professor of Developmental Psychology  
Thesis: *Parental and child influences on family interaction patterns*
- 2003     **B.A., Psychology**  
University of Arkansas at Fayetteville  
Advisor: Joel Freund, Ph.D., Professor of Experimental Psychology

### **PROFESSIONAL AFFILIATIONS**

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Society for Research in Child Development (SRCD)  
National Council on Family Relations (NCFR)  
American Psychological Association (APA) – Division 7 (developmental psychology)  
– Division 43 (couple and family psychology)

### **GRANTS**

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- 2024     Professional Development Award for Scholarship (\$979)  
*“Young Adults’ Sexual Decision-Making and Their Family Relationships”*  
College of Psychology, Nova Southeastern University
- 2020     Professional Development Award for Scholarship (\$4,080)  
*“Young Adults’ Stress and Coping during the COVID-19 Pandemic”*  
College of Psychology, Nova Southeastern University

- 2020 Professional Development Award for Scholarship (\$1,000)  
 “*The Current Status of Sex Education on College Campuses*”  
 College of Psychology, Nova Southeastern University
- 2019 Professional Development Award for Scholarship (\$1,000)  
 “*Implications of Parents’ Sex-related Communication and Behavioral Control for Sexual Behavior and Knowledge Among Emerging Adult College Students*”  
 College of Psychology, Nova Southeastern University
- 2011 Farquhar College of Arts and Sciences Faculty Mini-Grant (\$1,500)  
 “*The Effects of Grandmother Involvement on Teen Mothers’ Adjustment and Parenting in Hispanic Families*”  
 Nova Southeastern University

## RESEARCH

### RESEARCH EXPERIENCE

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- 2011-present ***Principal Investigator***  
 College of Psychology, Nova Southeastern University  
 Project names:  
 - *Sexual knowledge, attitude, and behavior among college students*  
 - *Sexual harassment and victimization among young adult women in college*  
 - *Young adults’ sexual decision making and their family relationships*
- 2009-2010 ***Research Assistant***, Laboratory for Evidence-Based Teaching and Learning  
 Department of Psychology, University of Illinois at Urbana-Champaign  
 Advisor: Dr. Sarah Grison  
 Topic: *Assessing cognitive effects of teaching and learning in Introductory Psychology programs*
- 2003-2010 ***Research Assistant***, Early Emotion Lab  
 Department of Psychology, University of Illinois at Urbana-Champaign  
 Advisor: Dr. Sarah Mangelsdorf  
 Topic: *Children’s socioemotional development in a family context*

### PUBLICATIONS

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Note: \* indicates an undergraduate student; \*\* indicates a graduate student.

#### ***Journal Articles***

**Shigeto, A., & Scheier, L. M.** (In press). Promoting sexual well-being of college students through wellness programs. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2024.2393099>

**Shigeto, A., & Scheier, L. M.** (In press). Learning about sex from different sources: Implications for sexual attitudes, sexual knowledge, and risky sexual behavior among college students. *Archives of Sexual Behavior*. <https://doi.org/10.1007/s10508-024-02901-w>

- Puhlman, D., Maurya, R., **Shigeto, A.**, Murillo-Borjas, G., & Vincenti, V. (In press). Family dynamics as the context for elder family financial exploitation: The application of Qualitative Genogram Analysis. *Family Relations*. <https://doi.org/10.1111/fare.13040>
- Komarc, M., **Shigeto, A.**, Scheier, L. M. (In press). Item response theory and computer adaptive testing of the sexual knowledge scale of the Sexual Knowledge and Attitude Test in a college sample. *Psychology & Sexuality*. <https://doi.org/10.1080/19419899.2024.2332630>
- Shigeto, A.**, & Anders, K. (In press). “It’s almost boring when it should be enjoyable and fun”: College students’ definitions of bad sex. *Journal of Sex Research*. <https://doi.org/10.1080/00224499.2024.2319258>
- Puhlman, D., **Shigeto, A.**, Murillo-Borjas, G., Maurya, R., & Vincenti, V. (2023). Qualitative Genogram Analysis (QGA): A methodology for theorizing family dynamics. *Journal of Family Theory and Review*, 15(2), 276-291. <https://doi.org/10.1111/jftr.12496>
- Astle, S., Anders, K., **Shigeto, A.**, & \*Rajesh, P. (2023). “Keep talking to me”: College-attending women’s desires for support from mothers, fathers, and friends/peers in healthy sexual decision-making. *Archives of Sexual Behavior*, 52, 1593-1606. <https://doi.org/10.1007/s10508-023-02538-1>
- Shigeto, A.**, & Scheier, L. M. (2023). The current status of sex education in U.S. colleges and universities: A school website content review. *American Journal of Sexuality Education*, 18(4), 640-667. <https://doi.org/10.1080/15546128.2022.2130489>
- Astle, S., Anders, K., **Shigeto, A.**, & \*Rodriguez, K. (2023). Sexual messages from mothers, fathers, friends/peers, and online media: A mixed-methods latent class analysis. *Emerging Adulthood*, 11(1), 133-147. <https://doi.org/10.1177/21676968221098453>
- Astle, S., **Shigeto, A.**, Anders, K., \*Rodriguez, K., & \*Rajesh, P. (2022). Emerging adult men’s reports of sexual messages and desired support from parents, friends/peers, and online media in making sexual decisions during college. *Sexuality Research and Social Policy*, 19, 1598-1610. <https://doi.org/10.1007/s13178-022-00696-w>
- Landy, J. F., **Shigeto, A.**, Laxman, D. J., & Scheier, L. M. (2022). Typologies of stress appraisal and problem-focused coping: Associations with compliance with public health recommendations during the COVID-19 pandemic. *BMC Public Health*, 22, 784. <https://doi.org/10.1186/s12889-022-13161-5>
- Scheier, L. M., & **Shigeto, A.** (2022). Developmental cascades in studies of adolescent and young adult substance use: A systematic review. *Addictive Behaviors Reports*, 15, 100420. <https://doi.org/10.1016/j.abrep.2022.100420>
- Brown, G. L., Mangelsdorf, S. C., Neff, C., **Shigeto, A.**, Aytuglu, A., & Thomas, C. R. (2022). Infant attachment configurations with mothers and fathers: Implications for triadic interaction quality and children’s parental preferences. *Early Childhood Research Quarterly*, 58, 155-164. <https://doi.org/10.1016/j.ecresq.2021.09.004>
- Shigeto, A.**, Laxman, D. J., Landy, J. F., & Scheier, L. M. (2021). Typologies of coping in young adults in the context of the COVID-19 pandemic. *Journal of General Psychology*, 148, 272-304. <https://doi.org/10.1080/00221309.2021.1874864>
- Shigeto, A.**, Grzywacz, J. G., & Cui, M. (2019). Parental control for Latinas and non-Latinas: Implications for emerging adult mental health. *Journal of Child and Family Studies*, 28, 1071-1083. <https://doi.org/10.1007/s10826-019-01345-4>

- Brown, G. L., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. S. (2018). Associations between father involvement and father-child attachment security: Variations based on timing and type of involvement. *Journal of Family Psychology*, 32, 1015-1024. <https://doi.org/10.1037/fam0000472>
- Jessee, A. C., Mangelsdorf, S. C., Wong, M. S., Schoppe-Sullivan, S. J., **Shigeto, A.**, & Brown, G. L. (2018). The role of reflective functioning in predicting marital and coparenting quality. *Journal of Child and Family Studies*, 27, 187-197. <https://doi.org/10.1007/s10826-017-0874-6>
- Henderson, T. L., **Shigeto, A.**, Ponzetti, J. J., Edwards, A. B., Stanley, J., & Story, C. (2017). A cultural variant approach to community-based participatory research: New ideas for family professionals. *Family Relations: Interdisciplinary Journal of Applied Family Studies*, 66, 629-643. <https://doi.org/10.1111/fare.12269>
- Shigeto, A.**, Mangelsdorf, S. C., & Brown, G. L. (2014). Roles of family cohesiveness, marital adjustment, and child temperament in predicting child behavior with mothers and fathers. *Journal of Social and Personal Relationships*, 31, 200-220. <https://doi.org/10.1177/0265407513490586>
- Jessee, A. C., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. (2012). Temperament as a moderator of the effects of parental depressive symptoms on child behavior problems. *Social Development*, 21, 610-627. <https://doi.org/10.1111/j.1467-9507.2011.00639.x>
- Jessee, A. C., Mangelsdorf, S. C., Brown, G. L., Schoppe-Sullivan, S. J., **Shigeto, A.**, & Wong, M. (2010). Changes in sensitivity during infancy: Effects of marital quality and parental personality. *Infant Behavior and Development*, 33, 442-452. <https://doi.org/10.1016/j.infbeh.2010.04.010>
- Seery, C. H., Watkins, R. V., Mangelsdorf, S. C., & **Shigeto, A.** (2007). Subtyping stuttering II: Contributions from language and temperament. *Journal of Fluency Disorders*, 32, 197-217. <https://doi.org/10.1016/j.jfludis.2007.07.001>

### **Encyclopedia Entries**

- Shigeto, A.** & \*\*De Jesus, C. (2023). Risk-taking behaviors: Rape/coercion. In T. K. Shackelford, G. Vance, M. K. Meehan (Eds.), *Encyclopedia of sexual psychology and behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_75-1](https://doi.org/10.1007/978-3-031-08956-5_75-1)
- Shigeto, A.** (2023). Attachment theory/style: Strange Situation procedure. In T. K. Shackelford, G. Vance, M. K. Meehan (Eds.), *Encyclopedia of sexual psychology and behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_74-1](https://doi.org/10.1007/978-3-031-08956-5_74-1)
- Shigeto, A.** (2019). Parental control. In J. Ponzetti (Ed.), *Macmillan encyclopedia of families, marriages, and intimate relationships* (pp. 613-617). Macmillan.
- \*\*Nguyen, S. L. & **Shigeto, A.** (2019). Impostor phenomenon. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *The encyclopedia of personality and individual differences*. Springer. [https://doi.org/10.1007/978-3-319-28099-8\\_2332-1](https://doi.org/10.1007/978-3-319-28099-8_2332-1)
- Shigeto, A.** (2018). The process and challenges in observational coding: Predicting child behavior with each parent in a longitudinal study. *SAGE Research Methods Cases – Psychology*. <https://doi.org/10.4135/9781526440389>
- Shigeto, A.**, \*Knowles, M., & Voltaire, M. (2018). Prenatal stress and infant temperament. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *The encyclopedia of personality and individual differences*. Springer. [https://doi.org/10.1007/978-3-319-28099-8\\_447-1](https://doi.org/10.1007/978-3-319-28099-8_447-1)

**Shigeto, A., & Voltaire, M.** (2018). The role of the family in personality development. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *The encyclopedia of personality and individual differences*. Springer.  
[https://doi.org/10.1007/978-3-319-28099-8\\_1932-1](https://doi.org/10.1007/978-3-319-28099-8_1932-1)

**Shigeto, A., & Voltaire, M.** (2014). Problem child. In M. J. Coleman & L. H. Ganong (Eds.), *The social history of the American family: An encyclopedia* (pp. 1077-1078). Sage Publications.

Mangelsdorf, S. C., & **Shigeto, A.** (2009). *Temperament*. In R. A. Shweder, T. R. Bidell, A. C. Dailey, S. D. Dixon, P. J. Miller, & J. Modell (Eds.), *The child: An encyclopedic companion* (pp. 989-992). The University of Chicago Press.

## **PUBLICATIONS UNDER REVIEW**

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## **CONFERENCE PRESENTATIONS**

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### ***Psychology/Family Science***

Anders, K., & **Shigeto, A.** (2024, November). *Co-rumination about sexual violence among female college students*. **Poster** to be presented at the annual conference of the Society for the Scientific Study of Sexuality (SSSS), San Diego, CA.

Puhlman, D. J., **Shigeto, A.**, Murillo-Borjas, G. A., Maurya, R. K., & Vincenti, V. B. (2023, November). *Qualitative Genogram Analysis*. **Part of the symposium** presented at the annual meeting of the National Council on Family Relations (NCFR), Orlando, FL.

**Shigeto, A.**, & Scheier, L. M. (2022, November). *Learning about sex from mothers, fathers, and friends: Implications for risky sexual behaviors among college students*. **Poster** presented at the annual meeting of the National Council on Family Relations (NCFR), Minneapolis, MN.

Puhlman, D. J., **Shigeto, A.**, Murillo-Borjas, G. A., Maurya, R. K., & Vincenti, V. B. (2022, November). *Family dynamics in the context of elder family financial exploitation: A genogram study*. **Paper** presented at the annual meeting of the National Council on Family Relations (NCFR), Minneapolis, MN.

Puhlman, D. J., **Shigeto, A.**, Murillo-Borjas, G. A., Maurya, R. K., & Vincenti, V. B. (2021, November). *Using genograms as a methodology for understanding family dynamics*. **Paper** presented at the Theory Construction and Research Methodology (TCRM) Workshop, at the annual meeting of the National Council on Family Relations (NCFR), virtual (due to the pandemic).

Astle, S., Anders, K., **Shigeto, A.** (2021, November). *Emerging adult men's reports of sexual messages and desired support from mothers and fathers in making sexual decisions*. **Paper** presented at the biennial conference of the Society for the Study of Emerging Adulthood (SSEA), virtual (due to the pandemic).

Astle, S., Anders, K., **Shigeto, A.**, & Rajesh, P. (2020, November). *College students' desires for support in healthy sexual decision-making from three sources*. **Poster** virtually presented at the annual conference of the Society for the Scientific Study of Sexuality (SSSS), virtual (due to the pandemic).

Astle, S., Anders, K., **Shigeto, A.**, & Rodriguez, K. (2020, November). *Sexual messages from parents, peers, and media: Comparison of Latina vs. non-Latina college students*. **Poster** presented at the annual meeting of the National Council on Family Relations (NCFR), virtual (due to the pandemic).

- Nguyen, S., **Shigeto, A.**, & Laxman, D. (2019, November). *The impostor phenomenon among Latinxs and non-Latinxs: The role of parental control*. **Poster** presented at the annual meeting of the National Council on Family Relations (NCFR), Fort Worth, TX.
- Brown, G. L., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. S. (2017, April). *Father involvement and father-child attachment security: Differential consequences of fathers' parenting on work vs. non-workdays*. **Paper symposium** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Austin, TX.
- Shigeto, A.** (2015, March). *The link between perceived parenting and emotional adjustment: Comparison between non-Hispanic and Hispanic college students?* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Wong, M. S., Mangelsdorf, S. C., **Shigeto, A.**, Perez, J., & Hand, D. (2015, March). *Mothers' and fathers' romantic attachment: Associations with various aspects of their marital quality?* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Shigeto, A.**, Neff, C., Mangelsdorf, S. C., Brown, G. L., Wong, M. S., & Jessee, A. C. (2013, April). *Boundary problems during triadic family interaction at 3 years: Are some children more vulnerable than others?* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Wong, M. S., Mangelsdorf, S. C., **Shigeto, A.**, Brown, G. L., Schoppe-Sullivan, S. J. (2013, April). *Quality of early experiences inferred from the Adult Attachment Interview: Associations with parental sensitivity at 13 months*. **Paper symposium** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Manczak, E., Wong, M. S., **Shigeto, A.**, Jessee, A. C., Brown, G. L., & Mangelsdorf, S. C. (2013, April). *Influence of parental personality characteristics on parent-child reminiscing*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Manczak, E., Wong, M. S., **Shigeto, A.**, Schoppe-Sullivan, S. J., Brown, G. L., McAdams, D., & Mangelsdorf, S. C. (2013, April). *Parents' own autobiographical memories of childhood contribute to subjectivity in ratings of perceived child temperament*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Shigeto, A.**, Jessee, A. C., Wong, M. S., & Mangelsdorf, S. C. (2011, March). *Parental control during dinnertime: Moderating effects of surgency to predict child adjustment*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Shigeto, A.**, Gavidia, A., Wong, M. S., & Mangelsdorf, S. C. (2011, March). *Correlates of mothers' and fathers' parenting behavior during dinnertime at age 5*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Jessee, A. C., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. S. (2011, March). *Temperament as a moderator of the effects of parental depressive symptoms on child behavior problems*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Wong, M. S., **Shigeto, A.**, Jessee, A. C., Groh, A. M., & Mangelsdorf, S. C. (2011, April). *Mother-child and father-child discussion of past events: Associations with children's attachment representations*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.

- Brown, G. L., **Shigeto, A.**, Wong, M. S., Neff, C., Mullins, E. J., & Mangelsdorf, S. C. (2011, April). *Father involvement and father-child attachment security: Distinctions between workday and non-workday paternal engagement*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Shigeto, A.**, Neff, C., Mangelsdorf, S. C., Lorenz, F., & Brown, G. (2010, April). *Discontinuity in family interaction patterns between 13 and 36 months*. **Poster** presented at the biennial Conference on Human Development (CHD), New York City, NY.
- Jessee, A. C., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. S. (2010, April). *The protective role of temperament against the intergenerational transmission of depressive symptoms*. **Poster** presented at the biennial Conference on Human Development (CHD), New York City, NY.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., & Wong, M. S. (2009, April). *Predicting children's behavior with mothers and fathers: The roles of temperament and marital adjustment*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Jessee, A., Mangelsdorf, S. C., Brown, G. L., Schoppe-Sullivan, S. J., **Shigeto, A.**, & Wong, M. S. (2009, April). *Mothers' and fathers' sensitivity to their infants: Stability and predictors of change*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Brown, G. L., Mangelsdorf, S. C., Wong, M. S., **Shigeto, A.**, & Neff, C. N. (2009, April). *Fathering and father-child attachment across the first three years: Stability and longitudinal links*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Brown, G. L., Neff, C. N., **Shigeto, A.**, & Mangelsdorf, S. C. (2009, April). *Dyadic relationships and triadic family interaction: Linkages between attachment concordance and family dynamics*. **Paper** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., & Schoppe-Sullivan, S. J. (2008, April). *Stability in parental expectations or perceptions of infant temperament from pregnancy to 12 months*. **Poster** presented at the biennial Conference on Human Development (CHD), Indianapolis, IN.
- Brown, G. L., Neff, C., **Shigeto, A.**, & Mangelsdorf, S. C. (2008, March). *Infant-mother and infant-father attachment as predictors of triadic family interaction: The role of attachment concordance*. **Poster** presented at the biennial conference on the International Society on Infant Studies (ISIS), Vancouver, Canada.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., Wong, M. S., Schoppe-Sullivan, S. J., & Sokolowski, M. S. (2007, March). *Predictors of triadic family interaction patterns at 13 months postpartum*. **Paper** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Boston, MA.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., Neff, C. N., Schoppe-Sullivan, S. J., & Sokolowski, M. S. (2006, June). *Parental and child influences on family interaction patterns*. **Poster** presented at the biennial meeting of the International Society on Infant Studies (ISIS), Kyoto, Japan.
- Shigeto, A.**, Mangelsdorf, S. C., Schoppe-Sullivan, S. J., Sokolowski, M. S., Brown, G. L., & Neff, C. N. (2005, April). *Prebirth predictors of family interaction in the Triad*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Atlanta, GA.

### ***Scholarship of Teaching and Learning***

- Boucher, L., Collins, W. M., Razza, T., & **Shigeto, A.** (2019, January). *Lessons learned from an introductory psychology poster conference*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Grison, S., Luke, S. G., **Shigeto, A.**, & Watson, P. (2011, November). *Using low-stakes repeated testing can improve student learning: How (some) practice makes perfect*. **Poster** presented at the Psychonomic Society, Seattle, WA.
- Grison, S., Luke, S. G., **Shigeto, A.**, & Watson, P. (2011, May). *When practice makes perfect: Using experimental classroom research to improve learning*. **Poster** presented at the Association for Psychological Science, Washington DC.
- Grison, S., Luke, S., **Shigeto, A.**, & Watson, P. (2011, May). *When practice makes perfect: Using experimental classroom research to improve learning*. **Poster** presented at the Association for Psychological Science (APS) – Society for the Teaching of Psychology (STP) Annual Convention, Washington, DC.
- Shigeto, A.**, Grison, S., Luke, S., & Watson, P. (2010, January). *Augmenting teaching and learning in a large introductory psychology program: Assessing student learning and attitudes*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Luke, S., Grison, S., **Shigeto, A.**, & Watson, P. (2010, January). *Augmenting teaching and learning in a large introductory psychology program: Assessing the pedagogical utility of and attitudes towards a popular student response system*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Watson, P., Grison, S., Luke, S., & **Shigeto, A.** (2010, January). *Augmenting teaching and learning in a large introductory psychology program: Assessing learning and attitudes in special student populations*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Shigeto, A.**, Grison, S., Luke, S., & Watson, P. (2010, February). *Some students are left behind: Despite positive attitudes, learning is modulated by prior academic achievement*. **Poster** presented at the annual Faculty Retreat, University of Illinois, Urbana-Champaign, Illinois.
- Luke, S., Grison, S., **Shigeto, A.**, & Watson, P. (2010, February). *Because you can't teach it all and they won't read it all: Student response systems do improve learning*. **Poster** presented at the annual Faculty Retreat, University of Illinois, Urbana-Champaign, Illinois.
- Watson, P., Grison, S., Luke, S., & **Shigeto, A.** (2010, February). *Practice makes perfect: Improving learning of at-risk students*. **Poster** presented at the annual Faculty Retreat, University of Illinois, Urbana-Champaign, Illinois.

# TEACHING

## TEACHING EXPERIENCE

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- 2011-present     **Instructor** (see the complete list of courses taught below)  
Nova Southeastern University  
Responsibility: Developing and implementing the entire course
- Undergraduate courses  
Introduction to Psychology (PSYC 1020)  
Interpersonal Communication (PSYC 2330)  
Life-Span Human Development (PSYC 2350)  
Early Childhood Growth and Development (PSYC 2370)  
Child and Adolescent Development (PSYC 2380)  
Psychological Research Methods (PSYC 3000)  
Psychology of Parenting (PSYC 3960)  
Multicultural Issues in Psychology (PSYC 3760)  
Senior Seminar in Psychology (PSYC 4880)
- Graduate courses  
Developmental Psychology (PSYC 5300)  
Research Methods in Experimental Psychology (PSYC 5920)
- 2009 (Spring)     **Supervisor**, James Scholar Honors Program for Introductory Psychology students  
University of Illinois at Urbana-Champaign  
Responsibility: Supervising work for honors program
- 2008-2009        **Instructor**, Introductory Psychology (4 terms)  
University of Illinois at Urbana-Champaign  
Responsibility: Developing and implementing the entire course
- 2006-2009        **Lab Instructor**, Laboratory in Developmental Psychology (3 terms)  
University of Illinois at Urbana-Champaign  
Responsibility: Leading a lab and guiding students to formulate research ideas
- 2006-2007        **Instructor**, Child Development (2 terms)  
University of Illinois at Urbana-Champaign  
Responsibility: Developing and implementing the entire course
- 2004-2007        **Teaching Assistant**, Child Development (3 terms), Introductory Psychology (1 term)  
University of Illinois at Urbana-Champaign  
Responsibility: Providing supportive service to faculty instructors

## MENTORING EXPERIENCES

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- Fall 2023         **Mentor for Graduate Instructors**  
Mentoring two first-time graduate instructors for PSYC 1020: Introduction to Psychology  
Department of Psychology, College of Psychology  
Nova Southeastern University

- 2021 - 2023 ***Mentor at the NCFR Mentoring Academy***  
 2021-2022: A Ph.D. student at University of Minnesota as a mentee  
 2022-2023: A Ph.D. student at University of North Texas as a mentee  
 2023-2024: A master's student at University of Arkansas as a mentee  
*National Council on Family Relations (NCFR)*
- 2011-present ***Supervisor for Undergraduate/Graduate Research Assistants***  
 Department of Psychology, College of Psychology  
 Nova Southeastern University
- Undergraduate research assistants: Elizabeth Akin, Lladeris Rodriguez, Katie Dabrowski, Christina Perez, Marissa Kurtzer, Kristyl Mercedes Robinson, Rodrigo Lara, Liane Wellington, Jamie Carbon, Mia Knowles, Alina Alba, Samantha Mirman, Nehemie Dantica, Britany Dyer, Anastasia Giorgoudi, Magnus Poulsen, Julissa Gonzalez, Anna Susol, Kristin Rodriguez, Priya Rajesh, Patricia Linoz, Saajan Patel, Jake Ahmed, Chandana Dasari, Krishna Patel, Tyler Ahmed, Brigid Gunville, Kenneth Onofre, Isabella Celidonio, Alyssa Bonnee, Christina Dai, Ava Zappone, Tashfia Hasan, Srijia Padala, Olivia Batista, Jaylyn Marte, Brunella Rangel Cunha, Michael Garcia, Ava Hilgner, Vincent Langnecker  
Master's students: Stephanie Nguyen, Coralys De Jesus, Caitlin Stafford
- 2008-2010 ***Undergraduate Research Supervisor***, Honors Individual Study  
 Department of Psychology, University of Illinois at Urbana-Champaign  
 Thesis 1: *1-year predictors of triadic family interaction patterns at 3 years*  
 Thesis 2: *Childrearing disagreements between mothers and fathers: Their associations with parental control and structure*
- 2003-2010 ***Coding Projects Supervisor*** (for 14 undergraduates in total)  
 Department of Psychology, University of Illinois at Urbana-Champaign  
 Coding projects I supervised: family interaction, parenting, child behavior, temperament

## **CERTIFICATES**

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- 2010 **Advanced Graduate Teacher Certificate**  
 University of Illinois at Urbana-Champaign  
 Topic: *Program assessment in Introductory Psychology Classes*
- 2009 **Teacher Scholar Certificate**  
 University of Illinois at Urbana-Champaign  
 Topic: *Pedagogical techniques in the teaching of psychology*
- 2009 **Graduate Teacher Certificate**  
 University of Illinois at Urbana-Champaign  
 Topic: *Self reflection on teaching practices in Introductory Psychology*

# SERVICE

## PROFESSIONAL/SCHOLASTIC ACTIVITIES

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*Reviewer for Journal Articles (The number in parentheses reflect the number of manuscripts reviewed)*

- 2024            American Journal of Sexuality Education (1)  
Archives of Sexual Behavior (1)  
Family Relations (1)  
Journal of Child and Family Studies (3)  
Journal of Family Theory & Review (1)  
Journal of Sex Research (1)
- 2023            American Journal of Sexuality Education (1)  
Early Child Development and Care (1)  
Family Process (1)  
Family Relations (1)  
Journal of Child and Family Studies (3)  
Journal of Family Theory & Review (2)  
Journal of Sex Research (1)  
Sex Education (1)
- 2022            American Journal of Sexuality Education (1)  
Family Process (1)  
Family Relations (3)  
Journal of Applied Developmental Psychology (1)  
Journal of Child and Family Studies (3)  
Journal of Family Theory & Review (1)
- 2021            Addictive Behaviors Reports (1)  
Family Relations (1)  
Infant Mental Health Journal (1)  
Journal of Child and Family Studies (4)  
Journal of Social and Personal Relationships (1)
- 2020            Early Childhood Research Quarterly (1)  
Family Process (1)  
Family Relations (2)  
Journal of Child and Family Studies (1)
- 2019            Family Process (1)  
Family Relations (1)  
Infant Mental Health Journal (1)  
Journal of Applied Developmental Psychology (1)  
Journal of Family Issues (1)
- 2018            Current Psychology (1)
- 2017            Infant Mental Health Journal (1)  
Journal of Applied Developmental Psychology (1)  
Personality and Social Psychology Bulletin (1)

- 2016 Early Child Development and Care (1)
- 2014 Journal of Family Studies (2)
- 2011-2012 Journal of Social and Personal Relationships (3)

***Reviewer for Conference Proposals/Awards***

- 2021 (annual) ~ National Council on Family Relations (NCFR) Honors Student Recognition Program
- 2021 (annual) ~ National Council on Family Relations (NCFR) Theory Construction and Research Methodology (TCRM)
- 2019 (annual) ~ National Council on Family Relations (NCFR) Reuben Hill Award
- 2019 (annual) ~ National Council on Family Relations (NCFR) the Résumé and Curriculum Vitae Review Program
- 2016 (annual) ~ Society for Research in Child Development (SRCD) Biennial Meeting
- 2012 (annual) ~ National Council on Family Relations (NCFR) Annual Conference
- 2016, 2020, 2021  
2023 National Council on Family Relations (NCFR) Jessie Bernard Award
- 2023 Society for Research in Child Development (SRCD) Anti-racist developmental Science Summit
- 2019 Society for Research on Adolescence (SRA) Biennial Conference
- 2018 The Southeastern Council on Family Relations (SECFR) Annual Conference
- 2017 National Council on Family Relations (NCFR) Anselm Strauss Award for Qualitative Family Research
- 2013 Alabama Association for Marriage and Family Therapy (ALAMFT) and the Southeastern Council on Family Relations (SECFR) Joint Annual Conference

***Reviewer for Grant/Fellowship Proposals***

- 2024 (June) Visionary Grants  
American Psychological Foundation
- 2024 (March) Elizabeth Munsterberg Koppitz Child Psychology Graduate Student Fellowship  
American Psychological Foundation

***Discussant or Panelist for Conference Presentations***

- 2023 Invited to be a panelist for symposium entitled *Changes in the lives of families and family science amid a syndemic: Perspectives of faculty appointed at minority-serving institutions* at National Council on Family Relations (NCFR), Orlando, FL.

2021 Reviewer for paper symposium entitled *Antiracism and Families*  
National Council on Family Relations (NCFR) Theory Construction and Research  
Methodology (TCRM)

***Others (e.g., editorial board, committee member for a professional organization)***

2023 - present Editorial board member as a Review Editor for *Frontiers in Psychology*  
Specialty sections: Developmental Psychology; Gender, Sex, and Sexuality

2023 - present A chair of the SRCD Teaching Committee  
*Society for Research in Child Development* (SRCD)

2022 - present Editorial board member for the *Journal of Family Theory & Review* (JFTR)

2019 - present Board member for the *Journal of Family Theory & Review* (JFTR) Digital Scholarship  
Board (DSB) - Building Bridges with Practice & Application

2023 Member of the Organizing Committee for “Developmental Science Teaching Institute”  
(SRCD sponsored pre-conference)  
*Society for Research in Child Development* (SRCD)

2022 - 2023 Member of the SRCD Rapid Assessment and Response Strategy (RARS) Team  
*Society for Research in Child Development* (SRCD)

2021 - 2022 Liaison between the SRCD Teaching Committee and Anti-racist Ally & White Working  
Group (AAWWG)  
*Society for Research in Child Development* (SRCD)

2021 - 2023 Member of the SRCD Teaching Committee  
*Society for Research in Child Development* (SRCD)

2018 Associate editor for *Macmillan Encyclopedia of Families, Marriages, and Intimate  
Relationships*

***Reviewer for Textbooks/Books***

2024 McGraw Hill (a digital resource, McGraw Hill GO)

2023 Macmillan (a textbook for introduction to psychology; sexuality chapter)  
Macmillan (a textbook for child and adolescent development)

2022 Routledge (a textbook for infant development)

2022 W. W. Norton (a textbook for introduction to psychology)

2021 Cambridge University Press (a proposal for a book focused on economic inequality)

2017 Sage (a textbook for cultural psychology)

2016 Sage (a textbook for cultural psychology)  
McGraw Hill (a textbook for introduction to psychology)  
Macmillan (a textbook for introduction to psychology)

- 2014 Sage (a textbook for developmental psychology)
- 2013 Sage (a textbook for parenting)  
W.W. Norton (a textbook for introduction to psychology)

### **SCHOLASTIC/PEDAGOGICAL WORKSHOPS/FORUMS/WEBINARS**

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- 2023-present Moderator for webinars sponsored by the Society for Research in Child Development (SRCD) and organized by the SRCD Teaching Committee  
7/18/23: “Decentering your syllabus: How to implement equity-mindedness in your class”  
7/25/23: “Coffee-hour roundtable discussion: Getting your syllabus ready for the Fall”  
11/7/23: “How to accommodate diverse undergraduate student needs to enhance learning and engagement”  
3/28/24: “Mastering academic job applications: Key strategies for success”  
6/25/24: “Navigating non-academic pathways: Insights from Ph.D. professionals”  
10/15/24: “Landing your academic position: Presenting your teaching skills effectively”
- 2023 (April) Invited presentation at a webinar “Sex Ed Lecture Series”  
Title: “Sex education for college students: What is being taught and where?”
- 2014 (June) Invited presentation for the Japan Committee for Children (Tokyo, Japan)  
Title: Research on Social Emotional Learning (SEL) and its implementation around the world: What “we” can learn from it (Japanese title: 世界・アメリカにおける SEL 研究・実践の全体像、それからみた日本での SEL・セカンドステップのあり方)  
Audience: ~20 Japanese instructors for the bullying prevention program called Second Step
- 2014 (Jan.) Presentation at Hollywood Beach Culture and Community Center (Hollywood, FL)  
Topic: Grandparenthood
- 2007-2010 College Teaching Effectiveness Network (CTEN)  
University of Illinois at Urbana-Champaign  
Advisors: Dr. Michael Loui, Dr. Sandy Goss Lucas  
The workshops I have coordinated:  
1. *How to establish effective group online discussions: What teaching tools are out there?* (11/6/2007)  
2. *Teaching Issues for International TAs* (9/2/2008)  
3. *Peer observation: Being the eyes and ears for your peer instructors* (3/11/2009)  
4. *Interviewing skills for academic positions* (12/10/2009)
- 2008-2009 Led the cross-cultural classroom communication session for international TAs  
Graduate Academy for College Teaching,  
University of Illinois at Urbana-Champaign
- 2009 (April) Presented at the Introductory Psychology training workshop for new graduate instructors  
Department of Psychology, University of Illinois at Urbana-Champaign
- 2008 (August) Led a micro-teaching session for new TAs  
Graduate Academy for College Teaching  
University of Illinois at Urbana-Champaign

## **COMMITTEE INVOLVEMENT AT NSU**

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Winter 2021~	General Education task force (university-level)
Fall 2012~	Graduate curriculum committee (department-level)
Winter 2024 2022-2024	Artificial intelligence task force (college-level) Search committee for two full-time psychology positions
Fall 2019	Internal Review Committee for Public Administration, Masters (MPA) program
Winter 2017	College committee for the online program task force
Fall 2015	College committee for graduate TAs for undergraduate courses
Fall 2014	College committee for problem-based learning
Winter 2014	College committee for the student course evaluation
Winter 2014	University committee for the Foundations of Excellence (Learning dimension)
Fall 2012	Departmental committee for the Introduction to Psychology course

## **WORKSHOPS/PRESENTATIONS AT NSU**

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2021 (Nov.)	Invited presentation for the NSU chapter of Psi Chi Topic: Impostor syndrome, burnout, and stress management
2016 (Oct.)	Breadstick Friday (university-wide, informal faculty pedagogical forum) (co-presented with Michael Voltaire, Sarah Valley-Gray, and Ralph (Gene) Cash)
2012 (July)	Presentation for high school students at the NSU Behavioral Neuroscience Summer Training Program Topic: What determines academic achievement?
2012 (March)	Workshop for undergraduate students presenting papers at the Undergraduate Student Symposium (USS) (co-presented with Dr. Chetachi Egwu)

## **REVIEWER FOR VARIOUS PROPOSALS AT NSU**

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2015 (annual) ~	Judge to screen entries for the Holocaust Reflection Contest
2011 (annual) ~	Judge for paper/poster presentations at the Undergraduate Student Symposium
2011 (annual) ~	Reviewer for grant proposals for the President's Faculty Research & Development Grant (PFRDG) (a reviewer in 2011, 2014, 2018, 2019; a panel chair in 2016, 2017, 2021; an alternate in the other years)

## **OTHER SERVICE ACTIVITIES AT NSU**

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Fall 2024	Professor of the Year review, College of Psychology
Fall 2022	Sabbatical application review, College of Psychology
Winter 2017, 2019, 2020, 2024	Shark Preview interviews
Winter 2017	Faculty representative for Department of Psychology and Neuroscience during the Spring 2017 Open House
Winter 2017	Faculty representative for College of Psychology for Shark Preview – Honors Reception
Winter 2017	Faculty evaluator for adjunct faculty members (Toni Richardi, Tina Jules)
Fall 2016	Faculty evaluator for adjunct faculty member (Bobbie Hayes)