

MICHELE L. WOLFMAN, Psy.D

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AREA OF SPECIALITY

- Sexual Abuse
- Post-traumatic Stress
- Mental Illness
- Suicide Prevention
- Self-Mutilation
- Malingering
- Substance Abuse
- Forensic Issues

SKILLS

- Crisis Intervention
- Communication
- Leadership
- Time Management
- Collaboration
- Critical Thinking
- Creativity
- Program Development
- Problem-Solving
- Active Listening
- Empathy
- Oriented to Details

EXPERIENCE

01/13- Present

NOVA SOUTHEASTERN UNIVERSITY, Davie, Florida

Adjunct Professor/ On-line

Responsibilities include:

- Developed and implemented courses for masters-level students within the forensic psychology program.
- Conduct interactive monthly live chat discussions to help facilitate learning.
- Provide mentorship to master-level forensic psychology students completing capstone requirements towards graduation.
- Collaborate with students and faculty on a regular basis.

01/03-09/24

BROWARD SHERIFF OFFICE, Pompano Beach, Florida

Licensed Psychologist PY8301/Mental Health Treatment Supervisor

Responsibilities include:

- Developed and implemented the pre-doctoral internship program with Nova Southeastern University.
- Developed and implemented the mental health programs offered to inmates housed in the mental health units at North Broward Detention Center.
- Supervised a team of bachelor-and master-level clinicians working in the mental health units.
- Supervised post-doctoral interns, doctoral-level interns, and practicum students working in the mental health units.
- Collaborated with interdisciplinary team members to ensure integrated care for clients.
- Collaborated with a multidisciplinary team to provide comprehensive care for clients.
- Provided crisis intervention and support for clients in acute distress.
- Provided supportive individual counseling to clients housed on the mental health units.
- Monitor and provide referrals to Mental Health Misdemeanor Court and Felony Mental Health Court.
- Provided in-service training to civilian and/or detention staff on issues related to working with mentally ill and suicidal inmates.
- Assisted with Crisis Intervention Training (CIT) of certified detention staff.
- Served as a liaison between Broward Sheriff's Office and Nova Southeastern University for the pre-doctoral internship.
- Served as a liaison between Broward Sheriff's Office and Florida Assertive Community Treatment (FACT) team in partnership with Henderson Mental Health Center serving as a board member.

8/01 - 8/02

FEDERAL CORRECTIONAL INSTITUTION, Tallahassee, Florida

Psychology Intern

Responsibilities included:

- Medical consultations between psychiatrist and psychology department.
- Provided individual and group counseling for FDC-Tallahassee.
- Provided individual and group counseling for FCI-Tallahassee.
- Continued development and implementation of a therapeutic program, "Dealing From Within" addressing sexual abuse, self-harm, and incarceration.
- Provided crisis intervention and support to individuals in acute distress.
- Collaborated with interdisciplinary team members to ensure integrated care for clients.
- Collaborated with a multidisciplinary team to provide comprehensive care for clients.
- Provided drug abuse education screenings for inmates in the drug treatment program.
- Facilitated therapeutic programs to include: Living Free, Non-Residential Drug Abuse Education, Trauma, and Process groups with a focus on victims of sexual abuse.
- Conducted A&O orientations and screenings.
- Conducted psychological assessments and developed treatment plans for clients with diverse backgrounds.
- Utilized cognitive-behavioral therapy techniques to help clients improve coping skills and manage symptoms.
- Designed and implemented psychoeducational workshops on stress management and mindfulness techniques.
- Designed and implemented therapeutic programs focusing on victims of sexual violence.

8/01 - 8/02

TALLAHASSEE MEMORIAL BEHAVIORAL HEALTHCARE, Tallahassee, Florida

Psychology Intern

Responsibilities included:

- Conducted psychological assessments and developed treatment plans for clients with diverse backgrounds.
- Submitted written reports and reviewed with clients treatment recommendations based on their test results.

4/99 - 8/01

BROWARD CORRECTIONAL INSTITUTION, Pembroke Pines, Florida

Psychologist Specialist

Responsibilities included:

- Provided individual counseling to clients dealing with various mental health concerns. .
- Conducted psychological assessments and developed treatment plans for clients with various mental health concerns.
- Facilitated group therapy sessions focusing on interpersonal relationships and communication skills.
- Developed and implemented therapeutic programs addressing substance abuse and mental health issues.
- Collaborated with a multidisciplinary team to provide comprehensive care for clients.
- Implemented behavior modification techniques for clients with behavioral disorders.
- Provided crisis intervention and support to individuals in acute mental health crises.
- Conducted R&O orientations and screenings.
- Conducted confinement evaluations.
- Designated Sex Offender Treatment Specialist for the prison including preparation of Jimmy Ryce packets and conducting sex offender screenings required by the State.
- Developed and implemented suicide prevention for Department of Corrections Staff.
- Developed and implemented a therapeutic program, "Dealing From Within" addressing sexual abuse, self-harm, and incarceration.

8/98 - 4/99

FEDERAL DETENTION CENTER, Miami, Florida

Student Intern - Practicum

Responsibilities included:

- Provided individual counseling to clients dealing with various mental health concerns. .
- Conducted psychological assessments and developed treatment plans for clients with various mental health concerns.
- Submitted written reports and reviewed with clients treatment recommendations based on their test results.
- Developed and implemented therapeutic programs addressing substance abuse and mental health issues.
- Collaborated with a multidisciplinary team to provide comprehensive care to clients in the mental health units.
- Implemented behavior modification techniques for clients with behavioral disorders.
- Provided crisis intervention and support to clients in acute mental health crises.
- Conducted suicide housing unit (SHU) reviews on a regular basis.
- Conducted brief counseling and intake screenings.
- Received training on forensic evaluations including Rogers Criminal Responsibility Assessment Scale and SIRS.

1/98 - 8/98

BROWARD INTENSIVE HALFWAY HOUSE, Pompano Beach, Florida

Student Intern - Practicum

Responsibilities included:

- Provided individual counseling to clients with an emphasis on gang involvement, anger management, and impulse control .
- Conducted psychological assessments and developed treatment recommendations for clients with diverse backgrounds.
- Submitted written reports and reviewed with clients treatment recommendations based on their test results.
- Developed and implemented therapeutic programs addressing anger management, social skills, stress management, and relaxation techniques. .

EDUCATION

CARLOS ALBIZU UNIVERSITY, Miami, Florida

- Psy.D. Doctoral Program - Graduated: 12/02
- Masters of Science - Graduated 11/98

FLORIDA ATLANTIC UNIVERSITY, Boca Raton, Florida

- Bachelor of Arts in Education - Graduated 4/93

ROCKLAND COMMUNITY COLLEGE, Suffern, New York

- Associate of Arts in Early Childhood Education - Graduated 5/90

PROFESSIONAL AFFILIATIONS & HONORS

- Meritorious Service Award by Broward Sheriff's Office
- *Certificate of Appreciation* by Mental Health Association of Broward County
- *Certificate of Commendation* by Broward Sheriff's Office
- *Certificate of Appreciation* by Broward Sheriff's Office
- Florida Psychological Association

PROFESSIONAL AFFILIATIONS & HONORS CONTINUED

- *Recognition Award* by Bureau of Prisons- Federal Correctional Institution
- *Volunteer Recognition Award* by Florida Department of Juvenile Justice
- Phi Sigma Omicron-Honor Society awarded by SUNY Rockland Community College
- Crisis Intervention Training (CIT)
- Clinical Supervision: Models and Skills to Create an Intentional Learning Environment

FACILITATOR/ PANELIST FOR WORKSHOPS

- Crisis Intervention Training: Training BSO Sworn Staff
- A Closer Look at Self-Injurious Behaviors: A focus within Correctional and Hospital Settings
- Understanding Co-Occurring Psychiatric & Substance Use Disorders: A One-Day Interactive Training Workshop
- A Basic Introduction to Co-Occurring Psychiatric and Substance use Disorders: A One-Day Interactive Training Workshop
- Community Resource Fair- A Journey to Cultural Awareness
- Cognitive Impairment Screenings
- Working with Mentally Ill Inmates within a Correctional Setting
- Systems Transformation: From Separate to Parallel to Integrated: Broward County's Experience with System Transformation, 2006 National Gains Center Conference, Boston, MA.
- Self-Mutilation: A Dialogue on Cutting
- **Panelist:** Recovery and Resiliency Across the Life Span and Across Cultures, Broward MH/SA Coalition