

Yun-Zhuo (Zoey) Liu

Ph.D., LMHC-NY, LPCC-OH, NCC

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EDUCATION

09/2022 – 08/2026
Kent, OH

Counselor Education and Supervision | PhD

Kent State University

CACREP Accredited

Dissertation title: The impact of master-level counseling programs' trauma education on internship students' perceived readiness to work with trauma-exposed clients

Committees co-chair: Cassie Storlie, Lena Salpietro

09/2018 – 05/2020
Boston, MA

Mental Health Counseling & Behavioral Medicine Program | MA

Boston University School of Medicine

CACREP Accredited

09/2014 – 06/2018
Shanghai, China

Psychology | BS

East China Normal University

08/2016 – 12/2016
Albany, NY

Psychology | Exchange Program

State University of New York at Albany

LANGUAGE SPOKEN

Mandarin Chinese
NATIVE

English
FLUENT

LICENSURE

Jan 2024-present

Licensed Professional Clinical Counselor (Ohio)

License Number: E.2403992

Dec 2022 – present

Licensed Mental Health Counselor (New York)

License Number: 013041

National Certified Counselor

Certificate Number: 1729498

Academic Appointment

2026 – Present
Fort Lauderdale, FL

Assistant professor

Nova Southeastern University

- PYCL 0632 Social and Cultural Foundations of Counseling
- PYCL 0680 Counseling Practicum
- Member of Department of Counseling Student Success Committee

2024 – 2025
Cleveland, OH

Adjunct professor

Cleveland State University

- Career Counseling

2023 – Present
Kent, OH

Instructor on record/Co-instructor/Supervisor

Kent State University

- Orientation and Ethics to Clinical Mental Health Counseling
- Small group process

Academic Appointment

- Practicum
- School Practicum
- Counseling Skill and Technique

PUBLICATIONS

Liu, Y., & Salpietro, L. (2026). Integrating Consensual Non-Monogamy in Counselor Education: Practical Guidelines and a Pilot Descriptive Study. *Journal of Counselor Preparation and Supervision*, 20(3). Retrieved from <https://research.library.kutztown.edu/jcps/vol20/iss3/6>

Salpietro, L., Jorgensen, M. F., Laux, J. M., Liu, Y.-Z., & Par, M. (2026). Counselors' perceptions of a peer who had a client die by suicide: A randomized controlled study. *Journal of Counseling & Development*, 104(2), 309–322. <https://doi.org/10.1002/jcad.70031>

Robins, L. B., Dockery, N. R., Chester, C. T. K., Morris, C., Moore, T., Liu, Z., & Johnson, K. F. (2026). The Adultspan Journal Fellowship Program: A structured mentorship experience. *Adultspan Journal*, 25(1), 1–14. <https://doi.org/10.33470/2161-0029.1216>

Liu, Y., & Storlie, C. (202#). Asian Americans' experience of broaching in counseling (Manuscript construction).

RESEARCH PRESENTATION

Liu, Y., & Storlie, C. (2025, October). Asian American clients' experiences with broaching in counseling. 50-minute Roundtable Discussion in ACES Conference, Philadelphia, PA.

Liu, Y. (2025, October). Counselor educators' biases on consensual non-monogamy. Poster Presentation in ACES Conference, Philadelphia, PA.

Ratanashevorn, G., Al-Khedairy, S., & Liu, Y. (2025, October). Decolonizing monogamy and deconstructing mononormativity in counselor education. 50-minute Education session for ACES Conference, Philadelphia, PA.

Liu, Y. (2024, October). Address Consensual Non-Monogamy in Counseling Education: Terminology, Biases, and Attachment Theory. 50-minute Roundtable Discussion in WACES, Tucson, AZ

Liu, Y., & Duran, D. (2024, October). Guidelines for Broaching in Supervisory Relationships: Cultural Humility, Modeling and Developing Skills, Knowledge, and Self-Awareness. 50-minute Roundtable Discussion in NCACES, Rosemont, Illinois.

Chester, C., Shuluga-Strogin, A., Trhlik, C., & Liu, Y. (2024, October). Fostering Teacher Identity: Evaluating Efficacy and Embracing Scholarly Practices in the Classroom. 50-minute Education Session in NCACES, Rosemont, Illinois.

Liu, Y., & Gabriel, M. (Nov. 10, 2023). Not just a skill: Being intentional about teaching broaching to counselor trainees. 60-minute webinar presented for North Central Association for Counselor Education and Supervision (NCACES) fall webinar series.

RESEARCH PRESENTATION

Liu, Y. (2023, April). Clients' perspectives on the timing of broaching. Poster presented in the Annual CSI Research Showcase, Kent, Ohio

Liu, Y., Martinez, D., van der Kolk, B., & Rogel, A. (2020, April). Are qEEG-based protocols better than standard protocols for adults with developmental trauma? Poster presented at the Association for Applied Psychophysiology and Biofeedback's 2020 Annual Scientific Meeting, La Jolla, CA.

GRANTS/AWARDS

2023 **Education, Health and Human Services (EHHS) Graduate Student Grant**
500 dollars

2024 and 2025 **ACES/Region Diversity Scholarship**
1,000 dollars

Kent State University Silver Teaching Recognition Award

Kent State University Bronze Teaching Recognition Award

RESEARCH EXPERIENCE

2023 - present **Fellowship**
Adultspan Journal

- Performed administrative work around manuscript acceptance, rejection, revision, and resubmission.
- Promoted accessibility of journal articles by creating videos on articles and managing the YouTube channel.
- Reviewed article submissions as an editor.

2023 – 2024
Kent, OH **Research Assistant**
Kent State University

Performed literature review and content analysis
Managed manuscript formatting, survey design, participant recruitment, and IRB submission

2023 **Proposal reviewer**
All Ohio Counselors Conference
Reviewed proposals for the 2023 All Ohio Counselors Conference

2024 **Proposal reviewer**
WACES 2024 Regional Conference
Reviewed proposals for the 2024 WACES Regional Conference

08/2019 – 03/2020
Brookline, MA **Biofeedback & Neurofeedback practitioner (intern), research coordinator**
Boston NeuroDynamics

BCIA certification training completed
Conducted qEEG to study patients' brain activities and created individualized Neurofeedback protocols
Provided Biofeedback & Neurofeedback training to 2-3 patients to help them navigate trauma-related physical symptoms

RESEARCH EXPERIENCE

Coordinated research projects among different institutions
Formatted and organized citations of articles for submission for publication

11/2018 – 12/2018
Boston, MA

Coder

The Trauma Center of Justice Resource Institute (JRI)

Reviewed recording of therapy sessions and coded level of arousal in real time to study the mechanisms of change in Sensory Motor Arousal Regulation Treatment (SMART), a body-based therapy for children and adolescents with complex trauma.

COUNSELING EXPERIENCE

10/2024 – 05/2025
Cuyahoga Falls, OH

Private Practice Counselor

Cultivate Counseling and Consultation Services

- Provided individual counseling 10 hours per week

09/2022 – 05/2024
Kent, OH

College Counselor/Supervisor

Kent State University Counseling Center

Provided individual counseling and crisis intervention 6 hours per week for one semester

Provided triadic supervision, group supervision, and weekly individual supervision for two semesters

09/2020 – 06/2022
Syracuse, NY

College Counseling

Syracuse University, Barnes Center (counseling)

Provided individual counseling 25 hours per week in English and Mandarin

Co-led weekly therapeutic groups, including the graduate student process group, anxiety skills group, and The Daring Way group

Provided same-day appointments and 24/7 crisis call service

Provided counseling and support to sexual violence survivors as a member of the sexual violence team

Collaborated with different offices throughout the university (recreational center, medical providers, dietitians, Dean of Students, etc.) to provide holistic support to students

08/2019 – 06/2020
Dorchester, MA

Clinical Internship

Boston Collegiate Charter School

Provided individual counseling 7-9 hours per week, assisting students with IEP (Autism/ Learning Disability/Emotional Impairment), self-injury behavior, bipolar, self-identity issues, relationship issues, anxiety

Led social skill/student of color/substance use/social media groups

Supported ESL students by leading discussions on

adjustment/identity/acclulturation, and provided community resources

Provided consultation to teachers and families regarding students' concerns

Behavior Intervention Planning (IEP/504/FBA)

Classroom observation

01/2019 – 05/2019
Boston, MA

Practicum Training

BayCove Community Crisis Services

COUNSELING EXPERIENCE

Conducted intake interview
Led process/CBT/mindfulness groups
Provided bedside interviews and crisis interventions to adults with severe mental health disorders, self-injury behaviors, substance use, trauma, and psychosis symptoms
Collected community resources
Created and documented discharge plan

LEADERSHIP

2024 – 2026	Treasurer The Ohio Association for Resiliency and Trauma Counseling
2024 – 2025	Research Committee member ACES
2023 – 2024	Co-chair of Resource Development Committee The Ohio Association for Resiliency and Trauma Counseling
2023 – 2024	Graduate student representative NCACES Graduate Student Committee
2023 – 2024	Chair of the Professional Development Committee Kappa Sigma Upsilon (Chi Sigma Iota)

CERTIFICATIONS

Certified Mindfulness-Informed Clinician – Level 1 (CMC-1)

The Child and Adolescent Needs and Strengths (CANS)

Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training

The Collaborative Institutional Training Initiative (CITI)
Social & Behavioral Research - Basic/Refresher

Biofeedback Certification International Alliance Intro to NFB Certificate

Counseling on Access to Lethal Means (CALM)

AI Fluency: Framework & Foundations — Anthropic (2025)