

# *NSU Department of Counseling Newsletter*

## *Fall 2019*

### **NSU DEPARTMENT OF COUNSELING**

DEPARTMENTAL UPDATES TO INCREASE COMMUNICATION  
ACROSS ALL CAMPUSES AND PROGRAMS

*Greetings from  
the Chair*



#### **Dear NSU Department of Counseling:**

Welcome new and returning Sharks to the 2019-20 Academic Year!

In August, faculty, staff, and students in the Department of Counseling welcomed new sharks to the program via our new student orientations conducted at the Fort Lauderdale/Davie, Tampa, Orlando, and Miami campuses. This was a great opportunity to showcase our program highlights and to meet some future professional counselors of tomorrow.

We are also excited to welcome three new full-time Counselor Education faculty members to the department: Dr. Cierra Davis, Dr. Anna Owens, and Dr. Ariann Robino all joined the faculty this summer. You can read more about them below in the newsletter. Additionally, Dr. Lydia Martinez has joined our Substance Abuse Counseling concentration as part-time core faculty. Their expertise and student-focus are wonderful additions to the program.

Our department continues to grow and enhance students' academic experience. Students will find a modified Canvas Student Center, which contains all course schedules, registration information, new student orientations, and practicum information for each concentration. Students can also access their 2019-20 Policies and Procedures Handbook via entry to the Student Center, and can link to other university and college resources as well.

We hope that you will take advantage of the myriad of professional and personal development opportunities through CSO, local and international humanitarian opportunities, and through professional conferences. Academic and Faculty Advisors are here to help guide you through your academic and professional journeys, and we encourage you to reach out and to participate!

Wishing you a happy, healthy, and productive year,  
Go Sharks!

Tara S. Jungersen Ph.D., LMHC, CCMHC, NCC  
Department Chair

# NSU

## Florida

### NOVA SOUTHEASTERN UNIVERSITY

Volume 2: Issue 1 Fall 2019



# Welcome New Counseling Faculty!



**Anna Owens, PhD**

Clinical interests include social-emotional learning interventions for children and adolescents, college and career readiness for students, comprehensive school counseling programs and creating access to school-based mental health services



**Cierra Davis, PhD, NCC, LPC**

Clinical interests include mentorship for students of color, recruitment and retention of marginalized students, spirituality, the Black Church and its role in wellness/mental health, group therapy, Black Greek life, self-care for helpers, and culturally competent supervision strategies



**Ariann Robino, PhD, LPC, NCC**

Clinical interests include animal-assisted interventions, addictions, criminal justice, assessment and evaluation, wellness, and human development



## Faculty tips for a successful semester



"Believe in yourself and know that you can and will be successful! Ask for help when you need it and surround yourself with people who are investing in your success! –

*Dr. Cierra Davis*

"Openly communicate with your professor if you're falling behind on assignments- don't wait until the end of the semester to do this! We care about your success in our class!" –

*Dr. Vanessa Teixeira*

"Build relationships with other students in the program! These are your future colleagues, and the community-building that happens inside of your graduate education cannot be underestimated. It is a powerful component of your learning and development into a counselor! –

*Dr. Ariann Robino*

# Counseling Student Organization

## Upcoming Fall CSO Events

**September 12<sup>th</sup>, 2019**

Speed Dating Brown Bag Event

**October 3<sup>rd</sup>, 2019**

Networking Event @ 6pm

**November 10<sup>th</sup>, 2019**

Out of the Darkness Walk

**December 2<sup>nd</sup>, 2019**

Fundraising Event

More information and details about each event will be added to our CSO Facebook page and the Canvas student portal



Counseling Student  
Organization  
2019-2020 Executive Board

Vivian Hariton  
President

Gretzky Fuentes  
Main Campus Vice President

Nicole Torek  
Secretary

Natalie Amian  
Treasurer

Karli Galo  
Mental Health Counseling  
Representative

Katya (Yekaterina) Sorsher  
Promotions Chair

LisaMarie Charles  
Online VP

Elise Gaudette  
Tampa VP

Leslie Denis  
Miami VP

### Counseling Student Spotlight



Vivian Hariton

Dear fellow counseling students,

I am currently a student in the Clinical Mental Health Counseling Master's program and serving as the President of NSU's Counseling Student Organization (CSO). Prior to starting this program, I worked as a banker. My desire to work with individuals in need and help them at vulnerable times in their lives led me to change careers and pursue my passion. I am currently interning at Broward Health Medical Center, where I work with adults of all ages and diagnoses. In the future, I hope to focus on working with adolescents and young adults because I believe that if we are able to help people while they are still young and developing, we have an opportunity to make the greatest impact in their lives, and help them towards a better and brighter future. I am particularly passionate about helping those who have been victims of bullying.

*"As CSO president, my plan is to increase student involvement and mental health awareness on campus."*

*- Vivian Hariton*

# Counselor Professional Development

Your development as a professional counselor goes above and beyond the NSU classroom. There are many areas of professional development in the counseling profession, including attending and presenting at professional conferences, writing about your experiences and areas of expertise in counseling newsletters and journals, and learning more about the licensure process. Reach out to your faculty advisor or professor to learn more about professional development opportunities.

## Save The Date!



**Florida Association for Behavior Analysis**  
Sept. 19-21, 2019 Ponte Vedra, FL  
<https://www.fabaworld.org/>

**The Association for Addiction Professionals**  
Sep. 28<sup>th</sup> – Oct. 3<sup>rd</sup> 2019 Orlando, FL  
<https://www.naadac.org/annualconference>

**Florida Counseling Association Convention**  
Oct. 4-5, 2019 Tampa, FL  
<https://www.flacounseling.org/>

**Florida School Counselor Association Convention**  
Nov. 7-9, 2019 Orlando, FL  
<https://www.fla-schoolcounselor.org/2019-convention/>

**Florida Mental Health Counselors Association Conference**  
Feb 6-8, 2020 Lake Mary, FL  
<https://fmhca.wildapricot.org/Conference>

**American Counseling Association Convention**  
April 16-19, 2020 San Diego, CA  
<https://www.counseling.org/conference>



## Click below to learn more about the following specializations of counseling

Florida Board of Clinical Social Work, Marriage & Family Therapy, & Mental Health Counseling  
<https://floridamentalhealthprofessions.gov/renewals/licensed-mental-health-counselor/>

Certified Addiction Counselor  
<https://flcertificationboard.org/certifications/certified-addiction-counselor/>

Board Certified Behavior Analyst  
<https://www.bacb.com/>

Florida School Counselor Certification  
<http://www.fldoe.org/teaching/certification/certificate-subjects/administrative-rules/6a-4-0181.stml>

Did  
you  
know  
...?

"School counseling is a special application of counseling that provides clinical, social, and academic support services in a school setting. School counselors provide academic, social, and career support to promote student success in school. School counselors frequently collaborate with others and provide consultation and coordination of school counseling programs. They also work at the classroom level with small groups and individuals. While school counselors do not provide long-term therapy, they focus on brief interventions and directing more chronic and severe issues to the appropriate care provider." - *Dr. Eric Thompson*