

NSU Department of Counseling Newsletter

NSU DEPARTMENT OF COUNSELING

DEPARTMENTAL UPDATES TO INCREASE COMMUNICATION
ACROSS ALL CAMPUSES AND PROGRAMS

NSU Florida

NOVA SOUTHEASTERN UNIVERSITY

Volume 1: Issue 2: Winter 2019

Message from the Chair



Dear NSU Department of Counseling:

Welcome to the Winter 2019 term! I hope this finds you all firmly launched into the 2019 new year and continuing your personal and professional development. The Department of Counseling continues its important work training counselors across our concentrations, formats, and campuses to help improve the lives of diverse individuals and communities.

As a friendly reminder, please be sure that you are enrolled in the Department of Counseling Student Center in Canvas, and that your settings allow you to receive notifications and announcements. Notifications are even available on your phone on the Canvas mobile app. Important information about program deadlines, social events, and professional opportunities can be found on this site. Be sure to check out information about campus town halls, Counseling Student Organization (CSO) events, and professional conferences.

Speaking of conferences....NSU is excited to again have a strong faculty, student, and alumni presence at the American Counseling Association (ACA) Annual Conference this year in New Orleans, LA March 27-31, 2019. Several faculty and students have had presentations, posters, and roundtable sessions accepted for the conference. Additionally, faculty, students, and alumni are welcome to join the **NSU Reception** during the conference on Friday, March 29 at 6:30pm. More information is available in the Canvas Student Center and in your NSU email. We hope to see many of you there!

Go Sharks!

Tara S. Jungersen Ph.D., LMHC, CCMHC, NCC
Department Chair

Greetings from the Counseling Faculty!



NSU Counseling Department Sharks

Student Professional Development & Community Engagement



Students attending and presenting at the FMHCA conference in Lake Mary, Florida



Team CSO at AFSP's Out of the Darkness Walk Main Campus and Tampa Campus
Raising awareness and supporting those affected by suicide



Upcoming Student Events:

A Sip in the Park- April 5th at Ballpark of The Palm Beaches. Annual fundraising event by the Southeast Florida Chapter of the American Foundation for Suicide Prevention

Crystal Ball 2019- March 30th
Our annual formal is an incredible event to celebrate all our hard work and provide a proper send-off for our students about to leave for internship. Theme is Black and White!

CSO engaging with students during Mental Health Awareness Day



Counseling Student Spotlight



Megan Graham

Megan Graham has a year left in the Clinical Mental Health Counseling program at NSU on main campus. She is involved in the Counseling Student Organization (CSO) and serves as their secretary. Megan started her practicum this winter and is placed at Millenium Clinic Inc. in Hollywood. "I was initially nervous to be working with the substance abuse population because I was not very knowledgeable about it. However, after shadowing and facilitating groups I learned to love this population and work with the underlying co-morbid disorders that led the clients to abuse substances". She wishes to eventually work in a group practice and specialize in anxiety disorders and grief counseling.



CSO faculty Dr. Carly Paro and student Elise Gaudette visit Tallahassee for "Florida Counseling Association Day at the Capital"

NSU Counseling Department Sharks

Faculty Updates

Counseling Faculty Spotlight



Dr. Melanie Iarussi

***"I love the students' passion to serve as effective professional counselors, and I am grateful for the opportunity to contribute to their learning and growth experiences."
– Dr. Iarussi***

Dr. Melanie Iarussi is an Associate Professor in the Department of Counseling. She joined the NSU faculty in Winter 2018, and she has appreciated the privilege to teach and supervise students in the Clinical Mental Health Counseling concentration.

Dr. Iarussi moved to Fort Lauderdale from Alabama where she was a Licensed Professional Counselor and Supervisor (LPC-S). She is currently in the process of transferring her license to become a LMHC in Florida. She is also a nationally board-certified counselor (NCC). Her clinical practice has included substance use treatment, college counseling, private practice, and a domestic violence intervention center. She is a member of the Motivational Interviewing Network of Trainers (MINT), and she has extensive experience training others in MI, including community agencies and various helping professionals.

Dr. Iarussi's research interests include using MI and CBT in clinical practice and supervision and training students and professionals in these approaches. She also researches and writes in the areas of addiction counseling and broader issues related to counselor education, supervision, and professional advocacy. Aside from having numerous peer-reviewed publications and book chapters, she has also been involved in several grant-funded projects including receiving external funding from Chi Sigma Iota and the Human Resources Services Administration (HRSA).

In her first year at NSU, Dr. Iarussi contributed to the development of the program's self-study to apply for CACREP accreditation, and the program was awarded a grant from NBCC to assist with their pursuit for accreditation. Dr. Iarussi is also active in professional service as she served as the Past President of the Southern Association for Education and Supervision in 2018 and she serves on three editorial boards for counseling journals. Dr. Iarussi loves her job and is eager to continue contributing to NSU's Department of Counseling and the greater counseling profession.

Faculty Accomplishments



Congratulations Dr. Jessica Haas for being honored with the Outstanding Dissertation Award at SACES in Myrtle Beach, SC



Welcome Dr. Justin Maki as a new faculty member in our counseling department!
Assistant Professor
(954) 262-5605
jmaki@nova.edu



Dr. Patrick Powell visited India with NSU medical students for outreach in conjunction with the medical college



Congratulations Dr. Mercedes B. ter Maat for winning the Outstanding Service Award to the European Branch of ACA

NSU Counseling Department Sharks Program Office Updates



Winter Semester 2019:
Jan 7, 2019 - May 5, 2019

Winter I 2019:
February 1, 2, 3 & March 1, 2, 3

Winter II 2019:
April 5, 6, 7 & May 3, 4, 5

CPCE Date:
Saturday, February 23, 2019



Summer Semester 2019:
May 6, 2019 - Aug 11, 2019

Summer I 2019:
May 31, June 1, 2 & June 21, 22, 23

Summer II 2019:
July 19, 20, 21 & August 9, 10, 11

CPCE Date:
Saturday, June 29, 2018

Scholarship Opportunities

<https://psychology.nova.edu/students/scholarships.html>

NSU Career Fair

Recruit a Shark Day
Thursday, March 14th 3:30-6:00pm
Rick Case Arena

Professional Development Opportunities

Florida Counseling Association

Student membership fee: \$20
Traumatology Symposium: May 17-18, 2019, Jacksonville, FL
<https://www.flacounseling.org/Traumatology-Symposium>
Annual Convention: October 4-5, 2019, Tampa, Florida
<https://www.flacounseling.org/>

American Mental Health Counselors Association (AMHCA)

Student membership fee: \$84
Conference: June 26-28, 2019, Herndon, Virginia
<http://www.amhca.org/conference>

American Counseling Association (ACA)

Student membership fee: \$99
Conference: March 27-31, 2019, New Orleans, Louisiana
<https://www.counseling.org/conference/counseling2019>



2019
CONFERENCE & EXPO
March 28-31 | New Orleans



NSU Reception at ACA 2019
Friday, March 29 at 6:30pm

Department of Counseling Highlights 2018-2019



Counseling Faculty attending the European Branch of ACA conference in Athens, Greece



Dwight Hollier, LPC, NCC was honored as the College Distinguished Alumnus of the Year



NSU Counseling Alum Dr. Pia Smal, CSO
Founding President, graduates with Ph.D. in
Counselor Education and Supervision from
Penn State



Faculty showcase their art skills in department
Holiday Party at Painting with a Twist

Would you like your
accomplishments to be
featured in our next
newsletter?

Please email
Dr. Vanessa Teixeira at
vteixeira@nova.edu



Faculty, staff and students kick off the
program's Inaugural Residential Institute