

Name of Club: Health Psychology Association (HPA)

Purpose:

- The purpose of this organization will be to provide opportunities for graduate students in psychology to advance their knowledge and understanding of health psychology. As the field of health psychology continues to grow and expand, this organization will keep up to date on the new research and findings, as well as disseminate this information in a way that is both palatable and applicable. This organization will do this by being active advocates in the surrounding community.

Faculty Advisor: Douglas Gibson, PsyD and Cassandra Feldman, PsyD

- Faculty advisor provides guidance to executive board members regarding meeting topics, guest speakers, research logistics, and event planning/participation.
- They will provide expertise on various psychological topics within the field of health psychology, allowing the organization to successfully advance members' understandings and experiences in the field.
- Additionally, they will be available to participate in organizational activities on an "as needed" basis.

Objectives:

1. Encourage student collaboration and exploration of common research interests, recent findings, and clinical interventions throughout the growing field of health psychology.
2. Bring in subject experts and other professionals to present and lecture on topics of health psychology, as well as recent research in the field.
3. Provide volunteering opportunities and promote participation in community events to increase student involvement.

By-Laws:

1. Hold a colloquia meeting once per month where a speaker will come to present on topics of interest within the field of health psychology.
2. Hold additional meetings with graduate students on an as needed basis, to organize community outreach events, brainstorm presentation ideas for the purpose of disseminating knowledge about the field of health psychology.
3. Advertise meetings, community involvement opportunities, and student research on the bulletin board of the College of Psychology.

4. Use social media and email lists to inform members of meeting times/places and pertinent information regarding club events.
5. Develop presentations specifically for individuals in the community and graduate students on topics related to health psychology (e.g., presentations on resilience, well-being, and mindfulness, among others).
6. Encourage and support member involvement in volunteer, charity, and other community events.
7. Network with other professionals who utilize health psychology in their practice at professional conferences for future collaboration and access to large data sets.
8. Network with professionals within the community in order to set up presentations with the purpose of expanding knowledge of elements of health psychology.
9. Collaborate on community outreach events with other organizations.

Executive Board Member Responsibilities: Chair/President: Nisa Raso

- Organize and conduct meetings with faculty advisor.
- Organize and lead monthly meetings among executive board members.
- Coordinate research meetings.
- Assist with community outreach efforts.
- Assist in assigning and supporting project team leaders to maximize productivity.
- Responsible for maintaining an up-to-date progress report on all current projects.

Vice President: Bridget Reid

- Reserve rooms for monthly general meetings and manage zoom links while operating within an online platform
- Update bulletin board monthly with meeting times.
- Create, approve, post, and remove flyers promoting upcoming club events.
- Handle Facebook affairs including creating events, inviting members to page, and updating as often as deemed necessary.
- Design T- shirts and/or promotional gear as necessary.
- Update membership database periodically and ensure that all board members have

Public Relations: Alyssa Marchetta

- Establish connections within the community.

- Network with other clubs and institutions.
- Coordinate club involvement in volunteer, charity, and other community opportunities.
- For charity events, record participants and funds raised by members of the club.
- Establish a calendar of volunteer, charity, and other community events for club members.
- Inform club members through prompt emails of all upcoming community opportunities.
- Maintain a comprehensive list of all past, current, and future community opportunities that our club can and will participate in.

Treasurer: Simion Sena

- Maintain accurate financial records throughout the year.
- Understand school and club policies regarding student financial accounts relating to school organization.
- Serve as club liaison for financial matters.
- Prepare and present budgets to board for approval and ensure activities adhere to budget.
- Fundraising

Secretary: Jorgia Wilson

- Record minutes during meetings and email them to HPA members
- Maintain active and up-to-date list of membership
- Keep accurate contact information for all members

Director of Social Chair: Stephanie Talavera

- Advertise events through social media platforms
- Work with public relations to advertise for events

First Year Representative: Jackie Moran

- Promote involvement from other first-year COP students
- Provide updates and information regarding HPA events within first-year cohort
- Encourage attendance for general meetings and events

General Member Duties

- Attend monthly meetings.
- Actively participate in community outreach events.
- Disseminate information and materials from the organization regarding health psychology to students outside of the organization.

Election of Board Members

- Selection of Board Members is based on leadership ability and commitment to the club. At the end of the academic term, current Executive Board Members will meet to discuss possible additions to the board based on member participation over the past year. An academic term is defined as a full school year from August 1st to July 31st. Individuals selected for board positions will be contacted by Executive Board members to discuss their interest in a position. They will also be introduced to the current bylaws, specific role responsibilities, and time commitments. The President and Vice-President will be chosen based on the current President and Vice-President decisions of exemplary board member commitment, performance in his or her role, and leadership qualities. The current President will be required to mentor the elected President to ensure that he/she is prepared to run the organization successfully.

Amendments

- These by-laws may be amended by the active members of the club, if the majority of the active members are in agreement that a change is necessary.
- Once amendments are made, the by-laws must be submitted to the Office of Student Activities and approved by the Dean.